



1.3.2 NUMBER OF VALUE-ADDED COURSES OFFERED DURING THE LAST FIVE YEARS THAT IMPART TRANSFERABLE AND LIFE SKILLS.

1.3.2.1 Number of value-added courses offered during the last five years that impart transferable and life skills.

S.NO	DOCUMENT	PAGENO.
1.	List of Value-added course	2
2.	Brochures of Value -added Courses 2018-2019	3-4
3.	Brochures of Value -added Courses 2019-2020	5-6
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5.	Brochures of Value -added Courses 2021-2022	8-13
6.	Brochures of Value -added Courses 2022-2023	14-23



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Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



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E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

List of value-added courses 2018-2023

S.No.	Name of value-added course	Course code	Year of offering	Page No.
1.	Lactation management	VACLM-002	2018-2019	1
2.	Yoga		2018-2019	2-9
3.	Lactation management	VACLM-002	2019-2020	10
4.	Yoga		2019-2020	11-13
5.	Yoga		2020-2021	14-16
6.	Lactation management	VACLM-002	2021-2022	17
7.	Yoga		2021-2022	18-20
8.	Diabetic care	VADC-005	2021-2022	21-22
9.	Disaster management	VADM-004	2021-2022	23
10.	Comprehensive training course on water birth for nurses	VAWB-001	2021-2022	24
11.	Evidenced based practice in nursing	VAEB-0 05	2021-2022	25
12.	Lactation management	VACLM-002	2022-2023	26
13.	Diabetic care	VADC-005	2022-2023	27-28
14.	Comprehensive training course on water birth for nurses	VAWB-001	2022-2023	29
15.	Evidenced based practice in nursing	VAEB-005	2022-2023	30
16.	Assertiveness training	VAAT-006	2022-2023	31
17.	Malnutrition	VAMN-004	2022-2023	32
18.	High risk drug administration	VAHRDA-003	2022-2023	33-34
19.	CPAP & Basic ventilation	VACB-002	2022-2023	35
20.	Home Based Preterm Care	VAHBPC-002	2022-2023	36
21.	Basic function of statistics in MS Excel	VABSF-006	2022-2023	37



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Brochures of Value -added Courses 2018-2019

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Choithram Hospital & Research Centre
Manik Bagh Road, Indore MP 452014
Affiliate to INC, MPNRC & MPMSU

VALUE ADDED COURSE
LACTATION MANAGEMENT
Course Code- **VACLM002**

Course Detail -

Duration of Course	- 20 hours
Periodicity of the course	- January Month of every year
Course Commencement	- 15th January 2019
Class Schedule	- 5 hours /week (1 months)
Eligibility	- BSc Nursing III year students
Students Intake	- 20 students
Course fee	- Free certificate course

COURSE COORDINATOR-
Mrs. Shreeja Vijayan
Associate Professor/HOD Child Health Nursing Department
Choithram College of Nursing
Mobile No- 9977306995
Email id- shreeja.vijayan@yahoo.com

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2018-2019

BROCHURE

ABOUT US

Yoga is a mind and body practice. Choithram college of nursing provide opportunity for our nursing student's to practice in house yoga certification course.



BENEFITS OF YOGA

- Deep relaxation for stress healing
- Feel more positive and confident
- Management of depression
- Improve concentration and learning abilities

TEACHER

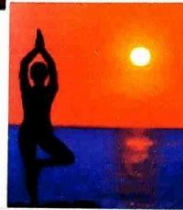
MRS. SANDHYA SHrivASTAV



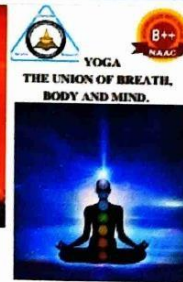
TRAINING INCLUDES

- TOTAL HOURS 1-48**
- Basic yoga training
- Various asanas
- Meditation & relaxation training
- Different types of pranayama

"True yoga is not about the shape of your body, but the shape of your life. Yoga is not to be performed; yoga is to be lived. Yoga doesn't care about what you have been; yoga cares about the person you are becoming. Yoga is designed for a vast and profound purpose, and for it to be truly called yoga, its essence must be embodied."



We can't control what goes on the outside. But we can always control what goes on the inside. Yoga is not about being good at something. It is about being good at yourself.



YOGA
THE UNION OF BREATH,
BODY AND MIND.



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LACTATION MANAGEMENT
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Course fee	- Free certificate course

COURSE COORDINATOR-
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2019-2020

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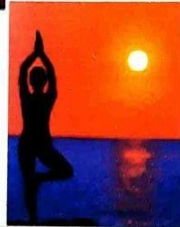
MRS. SANDHYA SHrivASTAV



TRAINING INCLUDE **TOTAL HOURS :- 48**

- Basic yoga training
- Various asanas
- Meditation & relaxation training
- Different types of pranayama

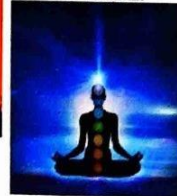
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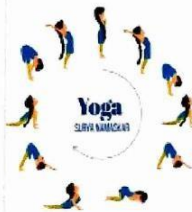
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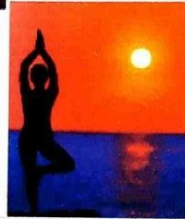
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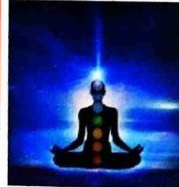
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Yoga Soul

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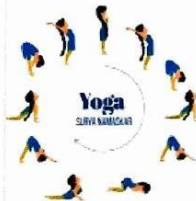
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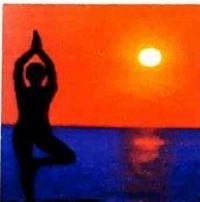
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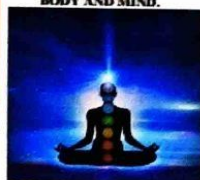
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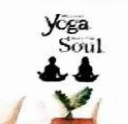


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Yoga Soul



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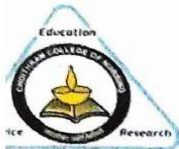
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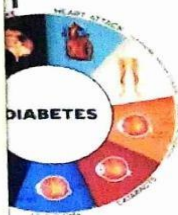
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Value-Added Course on **DIABETES CARE**

Course Code-VADC -005

DATE: AUGUST 2021



-COURSE DETAILS-

Duration of course	-	20 hours
Periodicity of the course	-	September Month of every year
Eligibility	-	BSC Nursing
Intake	-	30 students
Course Fee	-	Free certificate course

Course Coordinator

Prof. Shweta Pattnaik

HOD, Medical Surgical Nursing Dept. , CCON

Mobile No. – 8889190222

Email id- shweta.pattnaik@choithramnursing.com

Course Faculty

Ms. Monika Chandore, Asst. Professor, CCON

Mr. Ankit Nand, Asst. Lecturer, CCON

Ms. Priyanka Tiwari, Asst. Lecturer, CCON

Ms. Vibhuti Trivedi, Dietitian, CHRC

Phone- 0731-49399909

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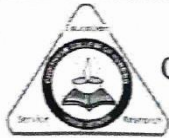
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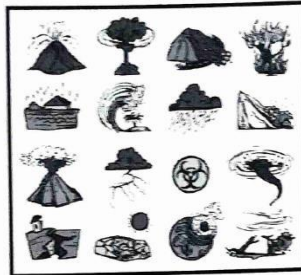
Manikbagh Road, Indore (M.P.)

Affiliated to INC, & MPMSU

Presents



Value Added Course
Disaster Management
Course Code-VADM-004



Course Details	
Course Duration	20 Hours
Schedule	5 hours per week
Eligibility	All graduates and Post Graduates
Seats	25
Hours	20
Fee:	Free

Course Coordinator
Prof Sheetal Saxena
Dept of Community Health Nursing
Mob. -9827657249
sheetal.saxena@choithramnursing.com
Phone- 0731-4939909
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Notice for students



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Brochures of Value -added Courses 2021-2022



CHOITHRAM COLLEGE OF NURSING

CHOITHRAM HOSPITAL & RESEARCH CENTRE



VALUE ADDED COURSE ON

*"COMPREHENSIVE TRAINING ON WATER
BIRTH FOR NURSES"*



COURSE DETAILS:

DATE : 12/12/22 - 16/12/22
DURATION OF COURSE : 15 HRS
PERIODICITY OF COURSE : 3HRS / DAY
MINIMUM ELIGIBILITY : B.SC.(N) 4TH YR
INTAKE : 20 STUDENTS
COURSE FEE : NO COST

Contact Us!

0731-4939909

Manik Bagh Road, Indore,452014

COURSE CO-ORDINATOR:

MRS. MARLENE PETER
ASSOCIATE PROFESSOR
OBG NURSING DEPARTMENT
9826050496
marlene.peter20@gmail.com

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VALUE ADDED COURSE

EVIDENCE BASED PRACTICE (EBP) IN NURSING

Course code: VAEB- 005

21st March 2022 -7th April 2022



Course Details

Duration of course	- 20 Hours
Periodicity of the course	- March month of every year
Class Schedule	- 8 Hours/ week
Eligibility	- B.Sc. Nursing III & IV year students
Intake	- 25 students
Course fee	- Free certification course

Course co-ordinator

Ms. Twinkle Gloria Daniel
Assistant Lecturer

Medical Surgical Nursing Department
Choithram College of Nursing

Mobile no: 6267324120

email id: twinkleavei1990@gmail.com



FOR INFORMATION TO STUDENTS



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VALUE ADDED COURSE
LACTATION MANAGEMENT
Course Code- VACLMO02

COURSE CONTENT -

Duration of Course	- 20 hours
Periodicity of the course	- January Month of every year
Course Commencement	- 15th January 2019
Class Schedule	- 5 hours /week (1 months)
Eligibility	- BSc Nursing III year students
Students Intake	- 20 students
Course fee	- Free certificate course

COURSE COORDINATOR-
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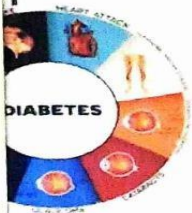
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Value-Added Course on **DIABETES CARE**

Course Code-VADC -005

DATE: AUGUST 2021



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Brochures of Value -added Courses 2022-2023



CHOITHRAM COLLEGE OF NURSING

CHOITHRAM HOSPITAL & RESEARCH CENTRE

VALUE ADDED COURSE ON

**"COMPREHENSIVE TRAINING ON WATER
BIRTH FOR NURSES"**



COURSE DETAILS:

DATE : 5/8/23 - 02/9/23
DURATION OF COURSE : 15 HRS
PERIODICITY OF COURSE : 3HRS / SATURDAY
CLASS SCHEDULE : EVERY SATURDAY
MINIMUM ELIGIBILITY : B.SC.(N) 4TH YR
INTAKE : 20 STUDENTS
COURSE FEE : NO COST

Contact Us!

0731-4939909

Manik Bagh Road, Indore, 452014

COURSE CO-ORDINATOR:

MRS. MARLENE PETER
ASSOCIATE PROFESSOR
OBG NURSING DEPARTMENT
9826050496
marlene.peter20@gmail.com

"Flyer For Information"





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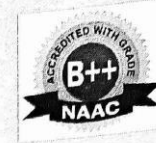
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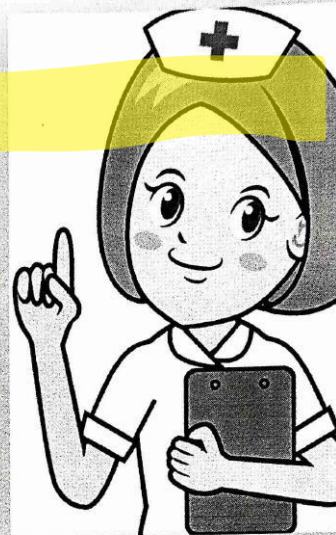


VALUE ADDED COURSE

EVIDENCE BASED PRACTICE (EBP) IN NURSING

Course code: VAEB- 005

6th March 2023 -23rd March 2023



Course Details

Duration of course	- 20 Hours
Periodicity of the course	- March month of every year
Class Schedule	- 8 Hours/ week
Eligibility	- B.Sc. Nursing III & IV year students
Intake	- 25 students
Course fee	- Free certification course

Course co-ordinator

Ms. Twinkle Gloria Daniel
Assistant Lecturer

Medical Surgical Nursing Department
Choithram College of Nursing
Mobile no: 6267324120
email id: twinkleavi1990@gmail.com

FOR INFORMATION TO STUDENTS



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ASSERTION AND BEHAVIOR IN TIME MAKES THE PERSON'S CAREER AND LIFE BETTER

AIM

OUR AIM IS TO TRAIN THE STUDENTS TO SPEAK AND BEHAVE IN THE WAY OUR PROFESSION DEMANDS IN THE TIME.


COURSE COORDINATOR
MRS. SUNIMOL AJITKUMAR



VALUE ADDED COURSE ON ASSERTIVE TRAINING

Effective Communication

- 1 Active listening skills
- 2 Speak to the point
- 3 Start conversations
- 4 Share thoughts
- 5 Consider body language
- 6 Remain calm





CONTACT US

ADDRESS
Manik Bagh Road, Indore

MAIL
choithramdocx@gmail.com

COURSE DETAILS

- DURATION OF THE COURSE
15 HOURS
- PERIODICITY OF THE COURSE
JUNE MONTH OF EVERY YEAR
- CLASS SCHEDULE
5 HOURS PER WEEK (3 WEEKS)
- ELIGIBILITY
BASIC B.SC. NURSING I & III YEAR
- INTAKE
20 STUDENTS
- COURSE FEE
FREE OF COST BY THE INSTITUTE



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Value added course

MALNUTRITION



DATE:- 1ST JUNE-17TH JUNE 2023

Course Details	
Course Duration	15 Hours
Schedule	5 Hours per week
Eligibility	All graduate
Hours	15
Fee:	Free

Course Coordinator
Ms. Dolly Sawner
Assistant lecturer
Community Health Nursing Dept. CCON
Mob.-9399003009
dollysawner13@gmail.com

Course Faculty
Dr. Sheetal Saxena, HOD CHN Dept. CCON
Prof. Yasmin Sharma, CCON
Prof. Ancy Varkey, CCON
Mr. Abhilash Kolare, Asst.Lecturer,CCON



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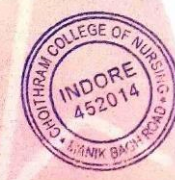


Manik Bagh Road, Indore (M.P)
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Presents

VALUE ADDED COURSE ON “High Risk Drugs Administration” Course Code- VAHRDA-003

Duration of course	- 20 Hours
Periodicity of the course	- June Month every year
Class Schedule	- 5 hrs/week (1 month)
Date	- 19/06/2023
Eligibility	- BSc Nursing I year
Intake	- 20 students
Course Fee	- Free

Course Coordinator
Ms. Vibha Lal
Mob. -9340338465
Nursing Foundation
vibhalal55@gmail.com
Phone- 0731-49399909
www.choithramnursing.com



Notice for students



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VALUE ADDED COURSE-
CPAP & BASIC VENTILATION
COURSE CODE- VACB002



Course Details-

- Duration of the Course - 18 hours
- Periodicity of the course - May month of every year
- Class Schedule - 1 and 1/2 Hours/day (2 weeks)
- Eligibility - B.Sc. Nursing III and IV year students
- Intake - 20 students
- Course fee - Free certificate course
- Year of Commencement : May 2023

COURSE CO-ORDINATOR
Prof. Rakhi Chandel, Professor
(rakhi.chandel@choithramnursing.com)
Ms. Hemlata Birla, Assistant Professor
(birlahemlata@gmail.com)
Child Health Nursing Department





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CHOITHRAM COLLEGE OF NURSING

**VALUE ADDED COURSE ON HOME
BASED PRETERM CARE**

COURSE CODE- VAHBPC002

COURSE DETAIL
DURATION OF COURSE -3 MONTH
CLASS SCHEDULE - EVERY SATURDAY
ELIGIBILITY - B.Sc(N)2nd year
INTAKE - 30
COURSE FEE-FREE CERTIFICATE COURSE
COMMENCEMENT YEAR -2023

COURSE COORDINATOR
MS.PRIYA SHARMA
CHILD HEALTH NURSING
MOBILE NO 6268595394
EMAILID- ps1015883@gmail.com



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B.S.C. (N) 3RD YEARS

Enrol Before 04/11/23

FREE

For more info:
Contact : Anmol Joseph
Assistant Professor
anmol.joseph@choithramnursing.com