



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



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2.2.3 Institution facilitates building and sustenance of innate talent/ aptitude of individual students (extramural activities/ beyond the classroom activities such as student clubs, cultural societies, etc.)

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SUMMARY OF EXTRAMURAL ACTIVITIES (2018-2023)

List of Extramural Activities 2018-19

SN	Date	Event	Nature
1	24 th September – 1 st October 2018	Workshop on "Counselling and Psychotherapy to enhance quality of life" organized by Govt. M.L.B.P.G Girls College, Dept. of Psychology	Personality Development
2	6/10/18	'Drive for Gender Equality', CAS project.	Gender sensitization
3	8/10/2018	Mental health week celebration- "Young people and Mental health in changing world"	Health Awareness
4	9/10/18	Awareness program for school students	Health Awareness
5	13/10/18	Folk Dance Competition	Honing talents
6	17/10/2018	Talent Hour of Freshers	Exhibiting talents
7	18/10/2018	Navratri Celebration	Fostering culture of engagement
8	29/10/2018	150 years of Celebrating Mahatma Two days workshop on "Gandhi-150: Gandhi Darshan" organized by Universal Peace & Social Development Society	Inculcating human values, ethics & social responsibility
9	31/10/2018	"Mission Sahasi" Mega demonstration. - A Joint Initiative of ABVP & Vidyarthi Nidhi in Association with Shifuji's Mission Prahar. "Making of the fearless"	Women empowerment
10	15/11/2018	Annual Sports (By SNA & Sports Committee) Children's Day	Sportsmanship and leadership
11	20/11/2018	NEW BORN WEEK CELEBRATION 15th -21st Nov 2018 a skill enhancement training on KMC and its technique ,Prevention of Hypothermia and importance of Breast feeding for the Anganwadi workers ,ASHA workers ,USHA workers and Social Workers.	Awareness programme
12	1/12/2018	World AIDS Day skit	Health prevention and promotion
13	3/12/2018	"International Day of Persons with Disabilities" In collaboration with Choithram College of Nursing and IDSS	Showcasing potentials at local levels





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14	3/12/2018	Role Play (World AIDS Day) in collaboration with NGO Vishwas	Health awareness
15	20/12/2018	Christmas Celebration	Enriching cultural diversity
16	12/1/2019	National Youth Day celebrated as Swami Vivekananda's birthday- Samudayik Surya Namaskar	Social responsibility
17	22/1/2019	Yoga and Personality Development" by students of DEV SANSKRITI VISHWVIDHYALA, HARIDWAR	Personality development
18	23/1/2019	Intercollege youth competition	Showcasing potentials
19	5/2/2019	World Cancer Day, Skit	Awareness programme
20	12/4/2019	Health Camp at anganwadi of Malwa Shenshah nagar, Khajrana in collaboration with Indore Dioceses of Social Service (IDSS)	Organization of health camps: encouraging active participation of students in community
21	4/5/2019	International Midwives Day- Skit on Women's right during Birth	Learning community behaviour
22	27/5/2019	Health Camp	Organization of health camps: encouraging active participation of students in community
23	12/6/2019	Seminar on Traffic Awareness	Inculcating human rights
24	21/6/2019	International Yog Day	Personality development
25	26/6/2019	Inter College Poster Competition	Creativity
26	29/6/2019	Dance for Cause by Thalassaemia Child Welfare Group (TCWG)	Inclusivity
27	1/8/2019	Poster Competition – Breast Feeding Week	Creativity
28	9/8/2019	"Empower Parents, Enable Breastfeeding" in Collaboration with IDSS (Indore Daises of Social Service) Awareness program	Emotional development





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29	13/8/2019	Annual Day Celebration by SNA	Showcasing potentials
30	15/8/2019	Independence Day Celebration	Celebrating nationality
31	24/8/2019	Public walking march- "Shudh ke liye yudh" (War for Purity)	Learning community behaviour
32	5/9/2019	Teachers Day Celebration	Inculcating human values
33	17/9/2019	ONAM Celebration	Celebrating cultural diversity
34	18 th & 19 th September 2019	Upgraded Nursing Training Program	Professional development
35	27/9/2019	World Rabies Day, theme "Vaccinate to Eliminate". awareness program and Health check-up	Health Awareness





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List of Extramural Activities 2019-20

SN	Date	Event	Nature
1	1/10/2019	World Heart Day with this year's theme "Your heart My heart" awareness program and health check-up	Health promotion and awareness programme
2	2/10/2019	Recitation of Gandhiji's utmost life principles from Gandhiji's famous books ' Satya Ke Prayog and Hind Swaraj'	Inculcating human values, ethics & social responsibility
3	5/10/2019	Art and craft exhibition	Creativity
4	10/10/2019	Awareness skit - Mental health promotion and Suicide prevention" with IDSSS, and NGO Vishwas	Health promotion and awareness programme
5	17/10/2019	Dance Movment Therapy	Personality development
6	18/10/2019	School Health Program	Health Awareness
7	20/10/2019	PINKATHON (Kho Kho and Kabaddi)	Sportsmanship and leadership
8	22/10/2019	Demonstration CPR 10	Peer group interactions
9	1/12/2019	Awareness Program on AIDS	Health Awareness
10	5/12/19	Skit- " Communities makes difference" World Aids day	Health Awareness
11	23/12/2019	Christmas Celebration	Celebrating cultural diversity
12	12/1/2020	National Youth Day	Inculcating human values
13	17/1/2020	Health Awareness Program	Health Awareness
14	26/1/2020	71 st Republic Day	Celebrating nationality
15	4/3/2020	Athena Tech Fest -2020	Creativity
16	7/3/2020	Womens Day- Self Defense Training	Women Empowerment





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17	19/6/20	INTER-COLLEGIATE COMPETITIONS: TALENT VISTA: CREATIVITY UNLOCKED (Virtual Paltform)	Exhibiting talents
18	21/6/2020	International Yog Day	Personality Development
19	1/8/2020	2 minutes Video Making Event on Breast Feeding Awareness	Professional development and advancement
20	15/8/2020	74 th Independence Day- Virtual	Celebrating nationality





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List of Extramural Activities 2020-21

SN	Date	Event	Nature
1	26/1/2021	72 nd Republic Day	Celebrating nationality
2	31/5/2021	No Tobacco Day- Slogan Competition	Creativity
3	5/6/2021	World Environment Day- Speech & Poster making Competition	Cognitive development
4	21/6/2021	International Yog Day	Personality development
5	15/8/2021	75 th Independence Day	Celebrating nationality
6	21/8/2021	ONAM Celebration	Celebrating cultural diversity
7	6/9/2021	Teachers Day Celebration	Inculcating human values





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List of Extramural Activities 21-22

SN	Date	Event	Nature
1	1/12/2021	Awareness Program on AIDS day	Health Awareness
2	2/12/2021	SNA Virtual Conference- Poster Competition	Creativity
3	13/12/2021	Singing Program on Christmas eve	Exploring passion
4	18.12.2021	Christmas Celebration	Celebrating cultural diversity
5	19/12/2021	Workshop on "Emerging Water, Sanitation & Hygiene needs of women frontlines (Safalmitras) and communities in Indore Municipal Corporation	Inculcating social responsibility
6	16/5/2022	Skit - National Dengue Day	Health Awareness
7	27/5/2022	Menstrual Hygiene Day 2022 Theme: - "To create a world where no women or girl is held back because they menstruate, by 2030"	Peer group interactions
8	31/5/2022	WORLD NO TOBACCO DAY THEME – "Protect the Environment" & "Tobacco: Threat to our environment," Skit	Health Awareness
9	1/6/2022	Rally- Vector Borne Disease Awareness	Encouraging active community participation
10	6/6/2022	World Environment Day- Best Out of The Waste	Creativity
11	14/6/2022	Blood Donor Day	Inculcating social responsibility
12	21/6/2022	IYD- Yog For Humanity	Personality Development
13	23/6/2022	Expert Lecture on Moral Education By Brahmakumaris	Personality Development
14	25/6/2022	INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING- Skit	Health Awareness
15	1/7/2022	Technical conference organised by USA Dry Pea and Lentil Council	Increasing aptitude





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16	4/7/2022	Religious Song Competition	Showcasing talents
17	23/7/2022	Fun Day: Fun For All	Peer group interaction
18	29/7/2022	Inter Batch Dance Competition	Leadership & exploring passion
19	2/8/2022	Poster Competition- Breast Feeding Week	Creativity
20	6/8/2022	Road Traffic Awareness Program	Inculcating social responsibility
21	13/8/2022	Workshop on Yog Therapy	Personality Development
22	13/8/2022	Har Ghar Tiranga Abhiyan	Inculcating social responsibility
23	15/8/2022	75 th Independence Day	Celebrating nationality
25	25/9/22	Skit on Home Based Care of Newborn	Health promotion





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List of Extramural Activities 2022-23

SN	Date	Event	Nature
1	15.10.22	National poster competition	Creativity
2	16.10.22	Medical Books in Hindi	Awareness programme
3	12 th & 13 th November 2022	International Conference on Health Care Quality and Patient Safety	Cognitive development
4	17/11/22	Skit on Home Based Care of Newborn	Health promotion
5	18 th & 19 th .01.23	Animal House Visit	Field visits
6	20.1.2023	IGEN Green Champaigner 2022	Leadership
7	21.1.2023	Animal House Visit	Field visits
8	1.2.2023	Visit- Infantry, Water Purification, CHC Depalpur	Field visits
9	4.2.2023	Skit on world Cancer Day	Health Awareness
10	5.2.2023	Indore Marathon	Leadership & sportsmanship
11	13.2.2023	International Naturopathy Organization Day	Cognitive development
12	25.2.2023	Conference on Critic care	Cognitive development
13	18.3.23	National Immunizaion Day	Cognitive development
14	24.3.2023	World Tb Day Awareness skit	Health Awareness
15	1.8.2023	Breast Feeding Week- Health Education	Health promotion
16	2.8.2023	ORS Day	Health promotion
17	20.8.2023	Central India Tiranga Run	Enriching nationality
18	17.9.2023	Red Run- Marathon 7.5 km	Sportsmanship
19	18.10.2023	Visit to Oldage home	Inculcating emotional and social responsibility





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EXTRAMURAL ACTIVITIES 2018-2019

Choithram College of Nursing facilitates building and sustenance of innate talent/aptitude of individual students through many extramural activities which are conducted by students, cultural committees and various departments. **Number of cultural activities/competitions organized by the Institution during the year 2018-2019.**

SN	Date	Event	Venue	Participants
1	24 th September – 1 st October 2018	Workshop on "Counselling and Psychotherapy to enhance quality of life" organized by Govt. M.L.B.P.G Girls College, Dept. of Psychology	Gujrati Girls College, Indore	Mrs. Sunimol Ajitkumar and Mrs. Ramya Pillai (Asst. Lecturers) and M. Sc. (N) Final Year student
2	6/10/18	'Drive for Gender Equality', CAS project.	from Agrasen Square to Bhavarkuan	72 students of <u>B.Sc</u> Nursing (Ind year, under the supervision of teachers Mrs. Yasmin Sharma and Ms. Anu Rajan
3	8/10/2018	mental health week celebration- "Young people and Mental health in changing world"	C21 Mall, Indore	8 B sc & 9 M Sc (N) students with HOD Prof Blessy Antony, Mrs Ramya Pillai and Ms Jyoti Srivastav
4	9/10/18	awareness program for school students	M.G.M School, Indore.	8 B sc & 9 M Sc (N) students with HOD Prof Blessy Antony, Mrs Ramya Pillai
5	13/10/18	Folk Dance Competition	St. Paul Institute of Professional Studies, Indore	6 B Sc (N) III year students
6	17/10/2018	Talent Hour of Freshers	Choithram Auditorium	All Fresher Students and IV SNA Post Holders
7	18/10/2018	Navratri Celebration	Choithram Ground	All Batches of CCON
8	29/10/2018	150 years of Celebrating Mahatma Two days workshop on "Gandhi-150: Gandhi Darshan" organized by Universal Peace & Social Development Society	Shri MadhyaBharat Hindi Sahitya Samiti, RNT Road, Indore	Dr Usha Ukande (Principal), Prof Sheetal Saxena, 5 M Sc (N) students- Ms Ancy, Ms Hema Kutrahe, Ms Jini Jose, Mr Lokendra





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				Rana, & Ms Monica Rathore.
9	31/10/2018	"Mission Sabasi" Mega demonstration. - A Joint Initiative of ABVP & Vidyarthi Nidhi in Association with Shifuji's Mission Prabar. "Making of the fearless"	Dashahara Maidan Indore	All 66 students of B. Sc (N) 1 st year
10	15/11/2018	Annual Sports (By SNA & Sports Committee) Children's Day	Choithram Sports Ground	All four houses of CCON
11	20/11/2018	NEW BORN WEEK CELEBRATION 15th -21st Nov 2018 a skill enhancement training on KMC and its technique ,Prevention of Hypothermia and importance of Breast feeding for the Anganwadi workers ,ASHA workers ,USHA workers and Social Workers.	Anganwadi Musakhedi	
12	1/12/2018	World AIDS Day skit	Malwa Mill, Indore	13 M Sc (N) and 10 B Sc (N) students with faculty
13	3/12/2018	"International Day of Persons with Disabilities" In collaboration with Choithram College of Nursing and IDSS	IDSS Indore	5 M Sc (N) Students Principal , Ms Ramya Pillai (Faculty)
14	3/12/2018	Role Play (World AIDS Day) in collaboration with NGO Vishwas	Choithram Sabji Mandi	13 M Sc (N) and 10 B Sc (N) students with faculty
15	20/12/2018	Christmas Celebration	Choithram Auditorium	All batches
16	12/1/2019	National Youth Day celebrated as Swami Vivekananda's birthday- Samudayik Surya Namaskar	Choithram Ground	65 nursing students and 15 participants of Management Nursing Training program under NHM
17	22/1/2019	Yoga and Personality Development" by students of DEV SANSKRITI VISHWVIDHYALA, HARIDWAR	Choithram Auditorium	All batches





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18	23/1/2019	Intercollege youth competition was organized	Rukmadevi Pannalal Ladda Maheshwari college	4 B Sc (N) III & IV yr students
19	5/2/2019	World Cancer Day, Skit	Martand Nagar Indore	13 M Sc (N) students with Faculty
20	12/4/2019	health Camp at anganwadi of Malwa Shenshah nagar, Khajrana in collaboration with Indore Dioceses of Social Service(IDSS)	Malwa Shehanshah Nagar Anganwadi Khajrana	23 M Sc (N) Students and faculty
21	4/5/2019	International Midwives Day-Skit on Women's right during Birth	Choithram Hospital OPD	7 M Sc (N) students
22	27/5/2019	Health Camp	Village Julwaniya (Jhabua)	7 M Sc (N) Students with faculty
23	12/6/2019	seminar on Traffic Awareness	Reserve Indore Traffic Police Organisation. And Eicher group	30 students of 1 st year and 3 rd year B.Sc. Nursing
24	21/6/2019	International Yoga Day	Choithram Ground	All batches of CCON
25	26/6/2019	Inter College Poster Competition	Mental hospital, Banganga	5 M Sc (N) students with faculty
26	29/6/2019	Dance for Cause by Thalassemia Child Welfare Group (TCWG)	Buddies Cafe, Indore	11 M Sc (N) Final Year students
27	1/8/2019	Poster Competition – Breast Feeding Week	Choithram Hospital	All batches of CCON, staff nurses and interns of Dietetics
28	9/8/2019	“Empower Parents, Enable Breastfeeding” in Collaboration with IDSS (Indore Daises of Social Service) Awareness program	in community Hall of Shiv Nagar, Musakhedi,	4 B.Sc. & 4 M Sc (N) Students
29	13/8/2019	Annual Day Celebration by SNA	Choithram Auditorium	SNA Committee and All Batches of CCON
30	15/8/2019	Independence Day Celebration	Choithram CON	All Batches of CCON





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31	24/8/2019	Public walking march- "Shudh ke liye yudh" (War for Purity)	from Nehru Statue at Madhumilan square to RNT square. Indore	42 students B Sc. (N) IV years with faculty
32	5/9/2019	Teachers Day Celebration	Choithram CON	All Batches of CCON
33	17/9/2019	ONAM Celebration	Choithram Auditorium	All Batches of CCON
34	18 th & 19 th September 2019	Upgraded Nursing Training Program by Dept. Of psychiatry, MGM Medical College, Indore	Mental Hospital Indore	9 M sc (I & II year students) with faculty
35	27/9/2019	World Rabies Day, theme "Vaccinate to Eliminate". awareness program and Health check-up	Jijabai Govt. Girls P.G. College	7M Sc and 11 B Sc (N) students with 2 faculty





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WORKSHOP ON "COUNSELLING AND PSYCHOTHERAPY TO ENHANCE QUALITY OF LIFE" ORGANIZED BY GOVT. M.L.B.P.G GIRLS COLLEGE, DEPT. OF PSYCHOLOGY

Workshop on "Counselling and Psychotherapy to enhance quality of life" was organized by Govt. M.L.B.P.G Girls College, Dept. of Psychology, Indore From 24th September to 1st October, 2018. Dr. Saroj Kothari, HOD, Dept of Psychology was the convener and Prof. Khatri, Clinical Psychologist, from National Post Graduate College, Lucknow was the Resource Person. Workshop was a worth learning experience with practical sessions of counselling and psychotherapy skills like active listening ,empathy and SOLAR techniques, Projective technique (Rorschach) and gestalt therapy skill of empty chair were dealt. Mrs. Sunimol Ajtkumar and Mrs. Ramya Pillai (Asst. Lecturers) and M.Sc. Final Year student of Choithram College of Nursing got opportunity to participate in the workshop. Around 150 delegates from different fields of Psychiatric attended and benefited from the workshop.



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‘DRIVE FOR GENDER EQUALITY’, CAS PROJECT.

Considering the gender discrimination rampant in today's world, 72 students of B.Sc Nursing IInd year, Choithram College of Nursing and 30 students from Choithram International have taken up the responsibility of spreading awareness in the wider community beyond college and school, an Rally was organised on 6th October'18 from 8:30-10:30 a.m. from Agrasen Square to Bhavarkuan under the supervision of teachers Mrs. Yasmin Sharma and Ms.Anu Rajan Choithram college of nursing. The rally was conducted under the project ‘Drive for Gender Equality’, CAS project.




Signature of event co-ordinator



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MENTAL HEALTH WEEK CELEBRATION- "YOUNG PEOPLE AND MENTAL HEALTH IN CHANGING WORLD"

Choithram College of nursing observed Mental Health Week from 06/10/2018 to 10/10/2018 under the guidance of Dr. Usha Ukande, Principal Choithram College of nursing, Prof. Blessy Antony, Head of department of Mental Health Nursing. An awareness program in C21 Mall on 8th in the form of Street play was performed. Prof. Blessy Antony was present throughout the program in both the areas to clarify the doubts of the masses and spread the awareness of this year's theme. Mrs. Sunimol Ajithkumar, Mrs. Ramya Pillai and Ms. Namita Bathre, Asst. Lecturers, were also present in the program. The program was enjoyed by the public in both the areas as shown by their enthusiasm and overwhelming responses.



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AWARENESS PROGRAM FOR SCHOOL STUDENTS

A **School health programme** was organized by M.Sc. Nursing final year students of Choithram College of Nursing at MGM School, Indore on **6th Feb 2018**. The camp was started at 11:30 am under the guidance of Prof. Sheetal Saxena. The camp was aimed to assess the health status of school children. The students were organized according to their classes [Nursery and 12th standards] for health assessment measures including health education on hand washing. The total students were 642 from which 422 were boys and 220 were girls.



Sheetal
Signature of event co-ordinator



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Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2362491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

Ref. No.	CCON/STU/CCA/EM
Date	8/10/2018

NOTICE

FOLK DANCE COMPETITION

Dear Students

This is for your kind information that St. Paul's Institute of Professional Studies college is organizing a Inter College Folk Dance competition for all batches of B.Sc. and M.sc. Nursing. Students can register their names for this competition by 5/10/2018.

We urge everyone to engage actively in this competition.

EVENT DETAILS

Date	13/10/18
Time	11 am to 12:30 pm
Venue	St. Paul's Institute of Professional Studies

Thank you for your attention and support.




Event Co-ordinator



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FOLK DANCE COMPETITION

The will to win, the desire to succeed, the urge to reach your full potential, These are the keys that will unlock the door to achievement." B.Sc Nursing students got 3rd prize in Intercollegiate group folk dance competition held at St. Paul Institute of Professional Studies on 13th oct 2018.




Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING


Ref.No	CCON STU CCA 012
Date	10 10 2018

NOTICE

**THEME: TALENT SHOW
CALLING ALL TALENTS!**

We are excited to announce that our students Talent Show is just around the corner! This is a fantastic opportunity to showcase your skills, whether you're a singer, dancer, musician, comedian, or have any other unique talent for B.Sc and M.Sc fresher Batch.

Date	16/10/2018
Time	11-1pm
Venue	Choithram Auditorium


Program Co-ordinator
CCON





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TALENT HOUR OF FRESHERS

"Talent is a universal gift, but it takes a lot of courage to use it. Don't be afraid to be the best".

Talent Hour of new fresher batch of B.sc and M.sc First Year was organised on 16th october 2018. In this programme students depicted Indian culture in various dance forms.




Signature of event co-ordinator



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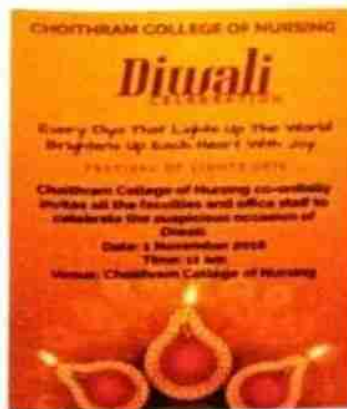


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NAVRATRI CELEBRATION

On the occasion of Diwali, the students of Choithram College of Nursing organized Garba Night for all the B.Sc Nursing batches. All the students participated actively and enjoyed the fullest performing Garba and having delicious pakwan on the occasion.




Signature of event co-ordinator



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150 YEARS OF CELEBRATING MAHATMA

Two days workshop on "gandhi-150: gandhi darshan" organized by universal peace & social development society

Two days workshop on "Gandhi-150: Gandhi Darshan" organized by Universal Peace & Social Development Society at Shri MadhyaBharat Hindi Sahitya Samiti, RNT Road, Indore attended by Dr Usha Ukande, Prof Sheetal Saxena, M Sc (N) students-Ms Ancy, Ms Hema Kutrahe, Ms Jini Jose, Mr Lokendra Rana, & Ms Monica Rathore.

Speakers of the workshop were- Shri Prashant Bhushan (President, Gandhi Shanti Pratishthan, New Delhi) Dr S N Subbarao (Gandhian & Great Sarvodaya Leader, Living Spirit Of Gandhi) Shri Rakesh Paliwal (Gandhian, Income Tax commissioner Bhopal), Shri Ashwin Ojha (Resaerch Scholar, Gandhi Reaserch Foundation, Jalgaon) Dr seema Soni (Educationist, Bhopal), Dr Narendra Dhakad (VC, DAVV, Indore)



shrit
Signature of event co-ordinator



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"MISSION SAHASI"

Mega demonstration. - a joint initiative of abvp & vidyarthi nidhi in association with shifuji's mission prahar. "making of the fearless"

On October 13, 2018 B Sc (N) first year students participated in "Mission Sahasi" Mega demonstration. A Joint Initiative of ABVP & Vidyarthi Nidhi in Association with Shifuji's Mission Prahar. "Making of the fearless" the tagline for this project is salience of training by Master Trainer Shifuji Shaurya Bhardwaj, who has trained some of the finest security forces in the country & chief guest of program.



shrit

Signature of event co-ordinator



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INTERNATIONAL YOGA DAY

On World International Yoga Day, a workshop was co-ordinated by Choithram College of Nursing in association with Sunderbai Phoolchandji Adarsh Shiksha Samsthan (SPSS) Indore at Choithram Auditorium on 22nd June'2019. The Chief Guests speakers were Dr.Bharat Rawat, Asso. Director Cardiology Medanta Hospital and Dr. Himanshu Sharma, Principal, Sant Hridhram Medical College of Naturopathy Yogic Science. The programme was moderated under the guidance of Prof.Sheetal Saxena ,Principal CCON , Dr.A.K.Jain Director (SPSS) and Mrs.Jini Varghese, Asst.Professor .CCON, which started with lamp lighting and Saraswati Vandana. The chief speakers presented with a short talk on healthy lifestyle.An fervent Yoga dance performance was staged by our B.Sc nursing students. Thereafter, All the renowned personnels in the field of yoga and natural science were awarded along with the volunteers. In the end, free health checkup was systematized by yolo health members for the audience.



S. Jini
Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref. No.	CCON/SIU/CCA/ETA
Date	17/06/2019

NOTICE

INTERCOLLEGE POSTER COMPETITION

Dear Students

This is for your kind information that Mental Hospital, Bangana is organizing a Inter College Poster competition on the occasion of International De-addiction Day on the topic Health For Justice and Justice For Health. All batches of B.Sc. and M.sc. Nursing students can register their names for this competition.

We urge everyone to engage actively in this competition.

EVENT DETAILS

Date	26/06/2019
Time	11 am to 12:30 pm
Venue	Ravindra Natyagarh

Thank you for your attention and support.



Event Co-ordinator



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INTER COLLEGE POSTER COMPETITION

International de addiction day was celebrated by Mental hospital Banganga on 26th June 19 at Ravindra-natyagrah, Indore. On this occasion Symposium on "HEALTH FOR JUSTICE AND JUSTICE FOR HEALTH" was conducted in which various dignitaries spoke about it from their personal experiences. The honourable chief guest of the day was **Mr. Sushil kumar gupta (Retd. Chief Justice of M.P high court)** , and the speakers for the symposium were **Mr. Prasant Choubey(Asp Mp.Police), Dr. K.K Arora, Mr. Shailashanand Giri, Dr .Brijbala Tiwari (Secr. Ima), Dr. Tripathi** and guest from **Shantikunj Haridwar** . All the speakers provided a lecture on eradicating drug abuse from our country by starting it with initial phase. About 300 students of various nursing colleges participated in different competitions such as skit competition was on the theme "Nasha evam aparadh, Poster competition was based on "Nashiley Padartho Ke dushprabhav" and Model competition on " ". Students of Choithram college of Nursing were awarded for bagging 1st position in poster competition. At the end everyone who was present on this occasion took the pledge for making drug free Indore.



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Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref. No.	CCON STO CCA EM
Date	19/06/2019

NOTICE

DANCE FOR CAUSE

Dear Students

This is for your kind information that Thalassemia Child Welfare Group is organizing a Dance competition on the occasion of Thalassemia Day. An awareness program in the form of prevention of thalassemia free by 2025 at Buddies Cafe. All batch. M.sc. Nursing I Year students can register their names for this program.

We urge everyone to engage actively in this program.

EVENT DETAILS

Date	29/06/2019
Time	10 am to 12:30 pm
Venue	Buddies Caf� Indore

Thank you for your attention and support.




Event Co-ordinator



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DANCE FOR CAUSE BY THALASSEMIA CHILD WELFARE GROUP (TCWG)

On 29/06/2019 MSc. Nursing 1st year students, Participated in program on Thalassaemia Awareness at Buddies Cafe, Indore. The program was sponsored by Thalassaemia Child Welfare Group (TCWG) under the presidential leadership of Dr. Rajani Bhandari, and secretary Mrs. Purnima Raut. The theme was # "Dance for Cause" in which students danced and signed on a backdrop where the pledge was stated as "I pledge that I will spread maximum awareness about prevention of thalassaemia to help India become thalassaemia free by 2025". This was the complete package of dance on music played randomly. Choithram College of Nursing was honored with the memento for # maximum entries. Prof. Sheetal Saxena, Officiating Principal and Mrs. Rakhi Chandel, Asso Professor coordinated the program.



Signature of event co-ordinator



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POSTER COMPETITION – BREAST FEEDING WEEK

World Breastfeeding week marked its beginning, with The Poster Competition with the theme, "Empower Parents, Enable Breast Feeding" on 1st August 2019. The Programme was inaugurated by Dr. Sunil Chandiwai, Director Medical Service, CH&RC, Dr Amit Bhatt, DDMS, Mrs. Margrate Roy Gowrinath, DNS Dr. Shikhar Jain, and Prof. Sheetal Saxena, Officiating Principal, CCON, at Choithram OPD. The judges for the event were Dr. Sushma Jhamad Dean Academics CH&RC, Dr. Jenisha Jain, Neonatologist; Prof. Aradhana Michael, HOD Community Health Nursing Department CCON; Mr. Chetan Sharma, Infection Control Incharge; Ms. Divya Saxena Quality Control Nurse. The posters were exhibited and simultaneously awareness on breastfeeding was given by the MSc Nursing Students. The beneficiaries were all patients and their relatives attending OPD's. The Whole event was co-ordinated by Choithram College of Nursing in collaboration with Choithram Hospital & Research Centre.




Signature of event co-ordinator



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“EMPOWER PARENTS, ENABLE BREASTFEEDING” IN COLLABORATION WITH IDSS (INDORE DAISES OF SOCIAL SERVICE) AWARENESS PROGRAM

On 02/08/2019 a skit was conducted by the BSc. Nursing 3rd year students in the community area of Ambika Nagar Anganwadi, Tillor Khurda. Mrs. Rakhi Chandel, Assistant Professor Child Health Nursing & Mrs. Yasmin Sharma, Asst. Professor, Community Health Nursing conducted the program. The skit was conducted in which the story was about a family consisting of three members. It consisted of Antenatal, Intranatal and postnatal elements. It also dealt with techniques and benefits of breastfeeding. A briefing was given about the motherly bond and nutrition. The skit ended up morally with a sweet message on the theme “Empower Parents, Enable Breast Feeding”. The beneficiaries were women and lactating mothers. **Skit was very informative and motivational contributed for the cause of enabling breastfeeding.**




Signature of event co-ordinator



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ANNUAL DAY CELEBRATION BY SNA

"Annual day" was celebrated by Student Nurses Association committee in which various competitions and cultural event were organised.



Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref.No	CCON	STU	CCA	014
Date	05	08	2019	.

NOTICE

THEME: INDEPENDENCE DAY

Join us as we celebrate the Independence Day of India!

Programme:

- Flag Hoisting Ceremony
- National Anthem
- Patriotic Songs and Dance Performances
- Speeches by esteemed guests
- Distribution of sweets

Date	15/8/2019
Time	8am
Venue	Choithram Auditorium

All are cordially invited to attend the celebration!

Dress Code: Traditional attire encouraged


Program Co-ordinator

CCON





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INDEPENDENCE DAY CELEBRATION

73rd Independence Day was celebrated by Choithram College of Nursing with unprecedented patriotic fervor. Principal Professor Sheetal Saxena, hoisted the Tricolor along with Prof. Aradhana Michael and all faculty members while the national anthem echoed in the entire campus. A number of students sang songs full of Patriotism. MSc Nursing student Ms Neha Christine Kerketa, delivered a speech which enlightened us on the contribution of unsung heroes of the Indian freedom struggle. At the end Prof. Sheetal Saxena, Principal College of Nursing encouraged the students with her motivational words. The celebration concluded with thanks giving by Ms. Nikita Joseph, MSc Nursing student.




Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref. No.	CCON STU CCA EM
Date	11/08/2019

NOTICE

WAR FOR PURITY

Dear Students

This is for your kind information that the public walking march on the instructions of Chief Minister Kamal Nath ji. An awareness food adulteration. All batches of B.Sc. and M.Sc. Nursing students can register their names.

We urge everyone to engage actively in this competition.

EVENT DETAILS

Date	24/08/2019
Time	11 am to 12:30 pm
Venue	Nehru Statue at Madhumilan square to RNT square

Thank you for your attention and support.

Event Co-ordinator



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PUBLIC WALKING MARCH- "SHUDH KE LIYE YUDH" (WAR FOR PURITY)

On 24 August 2019, a public walking march was organised in Indore with the theme of "Shudh ke liye yudh" (War for Purity). Students from Choithram College of Nursing participated along with two teachers Mr. Nischal Pathak and Ms. Pallavi Verma. March was organised in Indore on the instructions of Chief Minister Kamal Nath Ji to make Madhya Pradesh free from food adulteration. Padmashri Janak Palta Ji organized an Oath taking ceremony appealing the people for awakening against adulteration. The walking march began from Nehru Statue at Madhumilan square to RNT square.



Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref.No	CCON STU CCA 019
Date	26 08 2019

NOTICE

THEME: TEACHERS DAY CELEBRATION

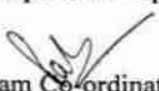
We are delighted to announce that our college will be celebrating Teachers' Day on September 5, 2019, to honor and express our gratitude to our esteemed teachers.

Program Highlights:

- Welcome address by the Principal
- Felicitation of teachers by the students and management
- Cultural programs and performances by students
- Speeches and words of appreciation by students and parents
- Distribution of gifts and certificates to teachers

Date	5/9/2019
Time	11am
Venue	Choithram Auditorium

We invite all students and staff to join us in celebrating this special day. Let us come together to show our appreciation and gratitude to our teachers who have made a positive impact on our lives.


Program Co-ordinator
CCON





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TEACHERS DAY CELEBRATION

On the occasion of teachers day, students of Choithram college of nursing celebrated the day by showing their respect and love towards teachers. A program was organised by them in which they expressed their veiws in the form of poem and speech.They also arranged some games for the teachers.




Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref.No	CCON STU CCA 020
Date	09 09 2019

NOTICE

THEME: ONAM CELEBRATION

We are delighted to announce that our school will be celebrating Onam, the festival of harvest and prosperity

Program Highlights:

- Traditional Onam procession (Sadhya)
- Traditional Kerala games and activities (Onakalikal)
- Cultural programs and performances by students
- Distribution of traditional Onam sweets and snacks

Date	17/9/2019
Time	1:30pm onwards
Venue	Choithram Auditorium

Students are encouraged to wear traditional Kerala attire to add to the festive spirit.

We invite all students and staff to join us in celebrating this joyous occasion. Let us come together to experience the rich culture and traditions of Kerala.

Program Co-ordinator

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ONAM CELEBRATION

On 17th September 2019 Choithram College of Nursing organized and celebrated onam festival. The programme was held in auditorium at 12:30 p.m. The students of the college presented various dance performances and showed the audience the culture of Kerala. The guests for the event were Mr. Satish Motiani, Managing Trustee Choithram Hospital & Research Centre, Mr. Vivek Singh, Secretary, Mr. Sunil Chandiwai, Director Medical Services and Dr. Norman Sharma. The event was followed by Onam sadhya (feast).




Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref. No.	CCON STU CCA EM
Date	08/09/2019

NOTICE

UPGRADED NURSING TRAINING PROGRAMME

Dear Students

This is for your kind information that Mental Hospital Indore is organizing a Nursing Upgradation training program. This training program has upgraded the knowledge of nurses. All batches of M.Sc. Nursing students attend this program.

We urge everyone to engage actively in this competition.

EVENT DETAILS

Date	18/09/2019 – 19/09/2019
Time	11 am to 02:30 pm
Venue	Mental Hospital Indore

Thank you for your attention and support.



Event Co-ordinator



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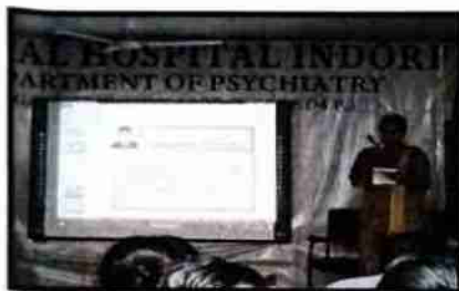


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UPGRADED NURSING TRAINING PROGRAM BY DEPT. OF PSYCHIATRY, MGM MEDICAL COLLEGE, INDORE

Mental Hospital, Indore has organized two days training programme (18/9/2019-19/9/2019) on "NURSING UPGRADATION TRAINING PROGRAMME 2019". Students of M.sc Nursing previous year and final year got an opportunity under the guidance of Principal Prof. Sheetal Saxena to attend this training programme. As the workshop was started with the inaugural session lamp lightening, floral welcoming and sarswati vandana and welcome address delivered by Dr. Ram Ghulam Razdan (Medical Superintendent, Mental Hospital, Indore). The following topics were dealt by experts during this training programme.



Signature of event co-ordinator



CHOITHRAM COLLEGE OF NURSING

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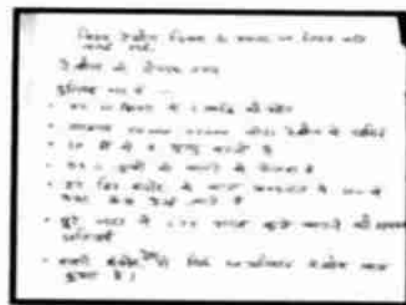
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WORLD RABIES DAY, THEME "VACCINATE TO ELIMINATE". AWARENESS PROGRAM AND HEALTH CHECK-UP

World Rabies day was observed on 27th September, 2018. The theme for this year was "Spread the Message: Save A Life" which laid emphasis on spreading awareness and prevention of Rabies. The Medical Surgical Nursing Department along with community health department organized an awareness programme at Valmiki Nagar, Indore under the expert guidance of Dr. Usha Ukande, Principal.

The Purpose of this program was to make people aware about rabies and to give related information to enhance health awareness among them. M.Sc. Nursing previous students gave a health talk on rabies, its causes, sign, symptoms and prevention. Around 40-50 community people participated and were benefited through the health awareness programme.





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EXTRAMURAL ACTIVITIES 2019-2020

Choithram College of Nursing facilitates building and sustenance of innate talent/aptitude of individual students through many extramural activities which are conducted by students, cultural committees and various departments. **Number of cultural activities/competitions organized by the Institution during the year 2019-2020.**

List Of Extramural Activities 2019-20

SN	Date	Event	Venue	Participants
1	1/10/2019	World Heart Day with this year's theme "Your heart My heart" awareness program and health check-up	Jyoti Niwas (Missionaries of charity) Navlakha	9 B Sc & 3 M sc students with 3 faculty
3	5/10/2019	Art and craft exhibition	Mental Hospital, Banganga	30 B Sc (N) II Iyear student with faculty
4	10/10/2019	Awareness skit - Mental health promotion and Suicide prevention" with IDSSS, and NGO Vishwas	IDSSS unit, pithampur	9 B Sc & 4 M sc Students with faculty
5	17/10/2019	Dance Movment Therapy	Choithram Auditorium	All students and faculty
6	18/10/2019	School Health Program	Devi Ahilyashram Govt School	55 B Sc (N) IV year students
7	20/10/2019	PINKATHON (Kho Kho and Kabaddi)	Shri Vaishnav Institute of Technology & Science, Indore	41 B Sc (N) students
8	22/10/2019	CPR 10	Govt. School, Banganga	10 B Sc (N) students with faculty
9	1/12/2019	Awareness Program on AIDS	Indore Diocese of Social Service Society (IDSSS) at Seva Ashram school, Pipri.	20 B Sc (N) IV yr students and faculty
10	5/12/19	Skit- " communities makes difference" World Aids day in collaboration with NGO Vishwas	Choithram Sabji Mandi	10 B Sc (N) III year students
11	23/12/2019	Christmas Celebration	Choithram Auditorium	All students





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12	12/1/2020	National Youth Day	Choithram CON ground	50 B Sc (N) Students
13	17/1/2020	Health Awareness Program	St. Mary Champions School, Indore	3 M sc (N) students with Faculty
14	26/1/2020	71 st Republic Day	Choithram CON ground	All students
15	4/3/2020	Athena Tech Fest -2020	Vikrant Group of Institutions, Indore	5 B Sc (N) students with faculty
16	7/3/2020	Womens Day- Self Defense Training	Choithram Auditorium	All Batches
17	19/6/20	INTER-COLLEGIATE COMPETITIONS- TALENT VISTA: CREATIVITY UNLOCKED (Virtual Paltform)	ST. Paul Institute of Professional Studies	5 B Sc (N) IV year students
18	21/6/2020	International Yog Day	Virtual	346 B Sc (N) & M Sc (N) Students and Faculty
19	1/8/2020	2 minutes Video Making Event on Breast Feeding Awareness	Virtual	10B Sc & 6 M Sc (N) Students
20	15/8/2020	74 th Independence Day- Virtual	Zoom Platform	B Sc (N) Students





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WORLD HEART DAY WITH THIS YEAR'S THEME "YOUR HEART MY HEART" AWARENESS PROGRAM AND HEALTH CHECK-UP

Choithram College of Nursing observed World Heart Day with this year's theme "Your heart My heart". A small awareness program and health check-up was organised for the residents of Jyoti Niwas (Missionaries of charity) Navlakha. Approximately 90-100 elderly got benefited with this program. Prof. Sheetal Saxena, Principal (O), Dr. Mayank Jain, Consultant Cardiologist, Choithram Hospital & Research Centre, Prof. Shweta Pattnaik, Mr. Nischal Pathak & Mrs Rosana James of Medical Surgical Nursing Dept. co-ordinated for the health check-up of the elderly. M.Sc Nursing 1st year students of Medical surgical dept. and B. Sc nursing 2nd year demonstrated exercises and assessed various parameters like Hb, BSR etc. Medicine & fruit distribution was done for the residents. Overall the program concluded well with the message to take care of our hearts with healthy & happy living.



S. S. S.
Signature of event co-ordinator



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ART AND CRAFT EXHIBITION

An art and craft exhibition was conducted at Choithram College of Nursing on 29th Oct 2018 which was organized by Manovridhi Kendra, Phootkhoti. The exhibition included various vibrant hand-made diyas specially for Diwali festival, bags, folders and jewelry prepared by intellectually disabled children. The faculty, students and other staff of Choithram College of Nursing contributed to make this exhibition successful.



Smit

Signature of event co-ordinator



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AWARENESS SKIT - MENTAL HEALTH PROMOTION AND SUICIDE PREVENTION" WITH IDSSS, AND NGO VISHWAS

World mental health week was observed by Choithram College of Nursing on 10th and 11th October, 2019. World Mental Health day is celebrated every year on 10th October. The theme for this year given by WHO is "Mental health promotion and suicide prevention" Keeping this theme in mind, Mental Health Nursing Department has conducted an awareness program in the form of talk and a skit. The program was guided by Prof. Sheetal Saxena, Principal and Mrs. Vaishali Tiwari, HOD, Mental Health Nursing Department. On 10th October with the collaboration of IDSSS (Indian Diocese of Social Service and society) an awareness program was conducted at IDSSS unit Pithampur among women health workers.



Sheetal
Signature of event co-ordinator



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DANCE MOVMENT THERAPY

On 17 October 2019, Medical surgical department of Choithram college of nursing organised an expert lecture on "Dance movement therapy" by Ms. Shubha Bangur (Dance movement psychotherapist) in Choithram auditorium for the students and faculty under the guidance of Prof. Sheetal Saxena (Officiating Principal) and Prof. Shweta Pattnaik

(HOD Medical surgical Nursing department). Ms. Shubha dealt with Healthy Aging in which she emphasized the role of Dance movement therapy especially on individuals suffering from Parkinson's disease which help them to improve their movements significantly.



slmit
Signature of event co-ordinator



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SCHOOL HEALTH PROGRAM

School Health Program was organized on 18 oct 2019 at Deviahilyashram Govt School by Community Health Nursing Department, Choithram College of Nursing. Total 144 students are registered in this camp. Physical examination including height, weight, vision check up and HB estimation was performed on students. Health Education on the topic Personal Hygiene including menstrual hygiene, Anemia and Environmental Sanitation was given to the students.



slmit

Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

NOTICE

Ref. No.	CCON SU CCA EM 015
Date	10/10/2019

PINKATHON

Dear Students

We are pleased to inform you that Shri Vaishnava Vidhyapith Vishwavidhalya organized the Pinkathon program i.e. Kho-Kho, Kabaddi, Relay. Those who are interested register their name in our college.

We urge everyone to engage actively in this competition.

EVENT DETAILS

Date	20/10/19
Time	12 pm to 03:00 pm
Venue	Shri Vaishnava Vidhyapith Vishwavidhalya Indore

Thank you for your attention and support.




Event Co-ordinator



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PINKATHON (KHO-KHO AND KABADDI)

Students of Choithram colleges of Nursing had participated in various competition on **20th October, 2019** organized by *Shri Vaishnava Vidhyapith Vishwavidhalya* like kabbadi, Kho-Kho, Relay etc. in which our students got second Position in Kho-Kho and Kabbadi and they were awarded with the Medals and trophy.




Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

NOTICE

Ref. No.	CCON	STU	CCA	EM	DIY
Date	12/10/2019				

CPR 10 TRAINING PROGRAM

Dear Students

We are pleased to inform you that our college has conducted a CPR 10 training program at Government School Banganga. Those who will participate in this program register their name in our college.

We urge everyone to engage actively in this competition.

EVENT DETAILS

Date	22/10/19
Time	12 pm to 01:00 pm
Venue	Government School Banganga

Thank you for your attention and support.




Event Co-ordinator



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CPR 10

Students of Choithram College Of Nursing Conducted CPR 10 Training Program on 22/oct/19 by Community Health Nursing Department, Choithram College Of Nursing at Govt. School Banganga under the Guidance of Prof. Sheetal Saxena (Officiating principal). Total 150 Govt. School Girls was trained in this program for CPR 10 Repeat demonstration was done by girls. CPR 10 Presentation was presented and explained to the students.



Sheetal
Signature of event co-ordinator



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AWARENESS PROGRAM ON AIDS

Choithram College of Nursing observed World AIDS Day on December 5th, 2019. The theme for this year was **"Communities Make the Difference"** which laid emphasis on awareness, motivation and prevention that several communities and organizations are undertaking. This was organized by Psychiatric Nursing Department, Choithram College of Nursing in collaboration with Vishwas NGO at Choithram Mandi, Indore. The program was successfully conducted under the guidance of Prof. Aradhana Michael, Principal, Choithram College of Nursing, Mrs. Vaishali Tiwari, HOD, Psychiatric Nursing Department, Mr. Anmol Joseph, Asst. Lecturer, Choithram College of Nursing and Sister Jaya, Program Coordinator, Vishwas group. A skit was performed by the B.Sc. nursing 2nd year Students of Choithram College of Nursing at Choithram Mandi, Indore. The skit covered every aspect of the theme and instilled a thought of responsibility towards AIDS awareness among the people and the efforts needed for an AIDS free generation



Smit
Signature of event co-ordinator



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SKIT- "COMMUNITIES MAKES DIFFERENCE" WORLD AIDS DAY IN COLLABORATION WITH NGO VISHWAS

Choithram College of Nursing observed World AIDS day on 2nd December, 2019. The theme for this year was "**Communities Make the Difference**" which laid emphasis on awareness, motivation and prevention that several communities and organizations are undertaking. The program was organized by the Department of Medical Surgical Nursing under the guidance of Principal Prof. Aradhana Michael and HOD Prof. Shweta Pattnaik in collaboration with Indore Diocese of Social Service Society (IDSSS) at Seva Ashram school, Pipri. The program started with a rally. A small introduction about HIV/AIDS was given by Fr. Mukesh. A skit was performed by the B.Sc. nursing 2nd year Students of Choithram College of Nursing and Group Interaction and counselling was given to the village people. A health camp was also conducted which benefited the adolescent school children and people of Pipri village. More than 100 people benefited from this program.



slmit
Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref.No	CCON STU CCA 024
Date	05 12 2019

NOTICE

THEME: CHRISTMAS CELEBRATION

You're Invited to Our Christmas Party!

Join us for an evening of festive fun, friends, and cheer as we celebrate the magic of Christmas!

Enjoy:

- Delicious dinner
- Uplifting Christmas carols and music
- Exciting games , activities & Camp fire
- A special visit from Santa Claus!
- A chance to win prizes.

Date	16/12/2019
Time	6pm onwards
Venue	Choithram Auditorium

Dress Code: Festive attire encouraged

Let's make this a Christmas to remember!

Program Co-ordinator

CCON





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CHRISTMAS CELEBRATION

Choithram College of Nursing organised a Christmas Program for the all B.Sc. Nursing, M.Sc. Nursing students, faculty, invitees residing in the campus and Heads of all the departments. The event was organized under the guidance of Prof. Aradhana Michael, Principal Choithram College of Nursing. The purpose of the event was to bring joy, smile and celebrate the essence of Christmas day. A special Floral and sapling welcome were presented to the chief guest Rev. Dr. Sunjay Soloman Pastor at Lilly grove church by Secretary CH & RC, Mr. Vivek Singh. Other guests were Dr. Sunil Chandiwal Director Medical Services CH & RC, Dr. Ajay Jain, Director Planning & Development, Dr. Amit Bhatt, Deputy Director Medical Services, Ms. Margret Roy Gowrinath DNS, Senior Consultant of Choithram Hospital & Research Center Indore and faculty members of college of nursing. Various programs were conducted by nursing students like Mime, Dance, Solo Song, Group Song, Carol Singing, Group Dance and Tablo depicting the birth of Jesus Crist. The most attractive program was the entry of Christmas Father- Santa Claus who offered gifts and chocolates to the kids. Special performance of prayer Song was given by Mrs. Asha Soloman accompanied by her son Mast. Sam. Token of remembrance represented to chief guest. At last the program was ended with Campfire arranged at college ground followed by the dinner.




Signature of event co-ordinator



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NATIONAL YOUTH DAY

Choithram College of Nursing celebrated National Youth Day on 12th January 2020, on the occasion of Swami Vivekananda's 157th birthday in Collaboration with Sunderbai Phoolchand ji Adarsh Shiksha Sansthan (SBPASS). The programme was organized under the expert guidance of Prof. Aradhana Michael, Principal Choithram College Of Nursing .




Signature of event co-ordinator



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HEALTH AWARENESS PROGRAM

Students of Choithram College of Nursing organised organ donation awareness Programme on 18/oct/19 in collaboration with Choithram Hospital and Research Center, Community Health Nursing department (Choithram College Of Nursing) Choithram Institute of Health science and State Organ and Tissue Transplant Organization. On this occataion a skit was performed at OPD's of Choithram Hospital by student This program is graced by the presence of Dr. Maneesh Purohit Nodel Officer SOTTO, State Organ and Tissue Transplant Organization Mr. Ritesh Section Officer SOTTO, And Mr. Subash Dangi SOTTO, Mr. Sandeepan Arya Muskan Group.



S. Shrivastava
Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref.No	CCON STU CCA 025
Date	16 01 2020

NOTICE

THEME: REPUBLIC DAY

We are cordially invited to join us as we celebrate the Republic Day of India, commemorating the adoption of our Constitution

Participate in:

Flag hoisting ceremony

- Patriotic song and dance performances
- Inspirational speeches and quotes
- Traditional Indian sweets and refreshments
- Cultural events and activities

Date	26/01/2020
Time	8am
Venue	Choithram College Ground

Dress Code: Traditional Indian attire encouraged

Let us come together to honor our nation's sovereignty and celebrate the spirit of unity and diversity.

Jai Hind!

Program Co-ordinator

CCON





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71ST REPUBLIC DAY

71st republic day was celebrated at Choithram College of Nursing with all it's solemnity and grandeur on 26th January 2020. The Principal took the salute and unfurled the National Flag of India, followed by speech on the current scenario of India and how we can reduce the unrest by being a responsible citizen. This was followed by various cultural programs for students




Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

NOTICE

Ref. No.	CCON	STU	CCA	EM	OIB
Date	24/02/2020.				

ATHENA TECH FEST 2020

Dear Students

We are pleased to inform you that Vikrant Group Of institution has conducted a Athena Tech Fest 2020 different competitions i.e. model making & poster to encourage young mind. Those who will participate in this program register their name in our college.

We urge everyone to engage actively in this competition.

EVENT DETAILS

Date	04/03/20
Time	12 pm to 02:00 pm
Venue	Vikrant Group Of institution

Thank you for your attention and support.



Event Co-ordinator



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ATHENA TECH FEST -2020

Athena Tech Fest -2020 was organized by Vikrant Group of Institutions on 04/03/20. Students of various streams participated in different competitions to encourage the young minds. B.Sc. Nursing 1st year students of our college participated in model making and poster competition with the Theme for Poster competition- Cardiac Emergency an it's Management Protocol and for Model Making- CNS. Students bagged 1st prize in both the events among other 5 nursing colleges. The students were guided and motivated by our Principal Dr. Prof. Aradhana Michael and Prof. Rakhi Chandel.




Signature of event co-ordinator



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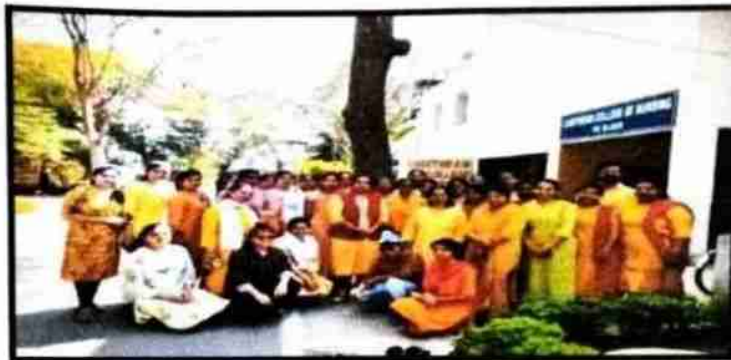


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WOMENS DAY- SELF DEFENSE TRAINING

On the occasion of women's day the faculties of Choithram College of Nursing took initiative and motivated their talents. To change the gender stereotypes on this # women's day all the faculty members dressed in yellow to portray a gender-neutral colour for a gender-equal nation. All the Faculty members of the college participated and promoted gender equality with the slogan Women can only be strong if she builds up a confidence in herself. Keeping that in mind a demonstration class of self-defence was taken by an expert staff nurse from dialysis department of CH&RC. The program was then followed by songs, dances, musical instruments & poetry recitation by the talented faculty members with zeal and enthusiasm.




Signature of event co-ordinator



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NOTICE

Ref. No.	CCON	STU	CCA	EM	
Date	9/06/2020				

INTER COLLEGIATE COMPETITIONS TALENT VISTA

Dear Students

This is for your kind information that St. Paul Institute of Professional studies is organizing Inter Collegiate competitions: Talent Vista :Creativity unlocked a Virtual Platform to Display their creativity. B.Sc. Nursing IV Year students will participate in this competition.

We urge everyone to engage actively in this competition.

EVENT DETAILS

Date	19/06/20
Time	12 pm to 02:00 pm
Venue	Virtual Platform

Thank you for your attention and support.




Event Co-ordinator



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2362491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

INTER-COLLEGIATE COMPETITIONS: TALENT VISTA: CREATIVITY UNLOCKED (Virtual Platform)

In this period of lockdown students of CHOITHRAM COLLEGE OF NURSING showed their plentiful talent with making pace with technology. Under the guidance and continuous support of Principal Dr. Aradhana Michael, Our students won prizes in INTER-COLLEGIATE COMPETITIONS: TALENT VISTA: CREATIVITY UNLOCKED a virtual platform to display their creativity provided by ST. Paul Institute of Professional Studies. Prizes bagged in various competitions by students are:

- Surbhi Bahad - BSc II year - 1st Prize in Ramp Walk
- Aarzo Khan - BSc III year – 1st Prize in Hair style competition
- Chaitali lakde -BSc II year – 2nd Prize in Ramp Walk
- Eshika David - BSc I year – 3rd Prize in Solo Dance





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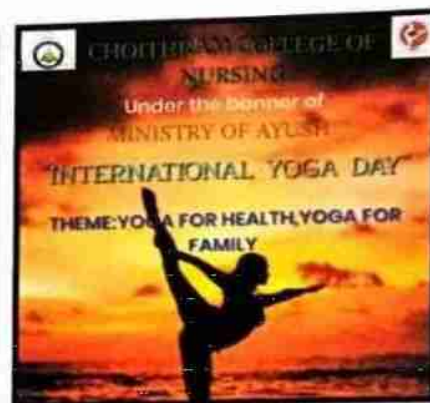



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INTERNATIONAL YOGA DAY

On the occasion of International Yoga Day 21st June 2020 Choithram College of Nursing under the banner of Ministry of Ayush, Govt of India and IQAC observed the day under the leadership of Dr. Prof. Aradhana Michael, Principal Choithram College of Nursing. The main focus this year was to join with family and thousand others for the encouragement of healthy lifestyle. Approx 346 students and faculty members with their family participated online from their respective homes for doing a 45 mins long common yoga protocol drill at home to show their efforts in these times also. Event was coordinated by Prof. Shreeja Vijayan & Ms. Sinsu Alex, Asst.Lecturer.




Signature of event co-ordinator



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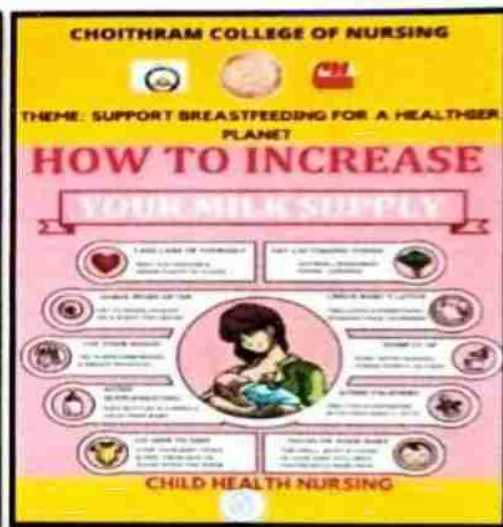


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2 MINUTES VIDEO MAKING EVENT ON BREAST FEEDING AWARENESS

Every year, Choithram College of Nursing, Indore in collaboration with Choithram Hospital & Research Centre, celebrates World Breast Feeding Week by conducting various community-based activities. Looking at the circumstances of today, and following social distancing, we are fulfilling our duty. This year we have chosen **E-platform** to convey our message to the community people. THEME of the year 2020 is - : "Support Breastfeeding for a Healthier Planet". To explore the theme, a 2 minutes video making event was organized under the guidance of Principal Dr. Prof. Aradhana Michael. The programme was coordinated by Prof. Shreeraja Vijayan HOD Child Health Nursing Department. Prof. Rakhi Chandel & Mrs. Saranya S. Child Health Nursing department, through E-platform and to make this event a success, our students prepared videos with immense passion and efforts while even staying at home. They focused more over importance of breastfeeding and its benefits. These 7 days, we utilized e-platform as the main source of educating our community and tried reaching to the most number of people we could.



Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref.No	CCON	STU	CCA	028
Date	05	08	2020	

NOTICE

THEME: INDEPENDENCE DAY

Join us as we celebrate the Independence Day of India!


Programme:

- Flag Hoisting Ceremony
- National Anthem
- Patriotic Songs and Dance Performances
- Speeches by esteemed guests
- Distribution of sweets

Date	15/8/2020
Time	8am
Venue	Choithram Auditorium ,Online Zoom meet

All are cordially invited to attend the celebration!

Dress Code: Traditional attire encouraged


Program Co-ordinator

CCON





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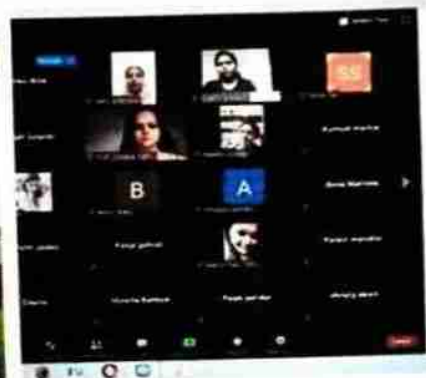



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74TH INDEPENDENCE DAY- VIRTUAL

Amidst the period of COVID 19, The students and faculties of Choithram College of Nursing celebrated 74th Independence Day on virtual platform (ZOOM meet). All students participated with great enthusiasm and zest with feeling of patriotism.




Signature of event co-ordinator



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EXTRAMURAL ACTIVITIES 2020-2021

Choithram College of Nursing facilitates building and sustenance of innate talent/aptitude of individual students through many extramural activities which are conducted by students, cultural committees and various departments. **Number of cultural activities/competitions organized by the Institution during the year 2020-2021.**

List of Extramural Activities 2020-21

SN	Date	Event	Venue	Participants
1	26/1/2021	72 nd Republic Day	CCON Ground	Faculty
2	31/5/2021	No Tobacco Day- Slogan Competition	CCON	15 B Sc & 5 M Sc Students
3	5/6/2021	World Environment Day- Speech & Poster making Competition	Virtual Zoom Platform	13 B Sc (N) & M Sc (N) students
4	21/6/2021	International Yoga Day	CCON ground	5 M Sc (N) students and faculty
5	15/8/2021	75 th Independence Day	Choithram Auditorium	All students
6	21/8/2021	ONAM Celebration	Choithram Auditorium	All batches & Faculty
7	6/9/2021	Teachers Day Celebration	Choithram Auditorium	All Students



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CHOITHRAM COLLEGE OF NURSING

Ref.No	CCON STU CCA 035
Date	16/01/2021

NOTICE

THEME: REPUBLIC DAY

We are cordially invited to join us as we celebrate the Republic Day of India, commemorating the adoption of our Constitution

Participate in:

- Flag hoisting ceremony
- Patriotic song and dance performances
- Inspirational speeches and quotes
- Traditional Indian sweets and refreshments
- Cultural events and activities

Date	26/1/2021
Time	8am
Venue	Choithram College Ground

Dress Code: Traditional Indian attire encouraged

Let us come together to honor our nation's sovereignty and celebrate the spirit of unity and diversity.

Jai Hind!

Program Co-ordinator

CCON





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72ND REPUBLIC DAY

Choithram College of Nursing, proudly celebrated 72nd Republic Day in college premises under the guidance of our Principal Dr. Prof. Aradhana Michael who hoisted the National flag with future leaders, our little kids followed by National Anthem. Principal Dr. Prof. Aradhana Michael addressed the gathering with the message that we should feel proud to celebrate this spirit in unity along with an opportunity to express ourselves. All the faculty members and kids attended the sports event with great zeal and enthusiasm. The take away message was not to sit back amidst this time but to move forward and enjoy your freedom.




Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

NOTICE

Ref. No.	CCON/STU/CCA/EM/017
Date	02/05/2021

NO TOBACCO DAY- SLOGAN COMPETITION

Dear Students

This is for your kind information that our college is organizing a slogan competition on the occasion of No Tobacco Day. An awareness program in the form of health education for housekeeping workers at Choithram Hospital. All batches of B.Sc. and M.sc. Nursing students can register their names for this competition.

We urge everyone to engage actively in this competition.

EVENT DETAILS

Date	31/05/2021
Time	11 am to 12:30 pm
Venue	Choithram College of Nursing

Thank you for your attention and support.




Event Co-ordinator



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NO TOBACCO DAY- SLOGAN COMPETITION

Under the guidance of our Principal Dr. (Prof.) Aradhana Michael, Choithram College of Nursing, Medical Surgical Nursing and Community Health Nursing departments jointly observed this day. An awareness program in the form of health education for housekeeping workers of Choithram Hospital and a slogan competition on 'No Tobacco Use' for BSc and MSc Nursing students was organized.



Smit

Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

NOTICE

Ref. No.	CCON STU CCA EM 016
Date	25/06/2021

13

WORLD ENVIRONMENTAL DAY- SPEECH & POSTER MAKING COMPETITION

Dear Students

We are pleased to inform you that our College is hosting a poster-making & speech competition in observance of World Environment Day. This event was organized for both B.Sc and M.Sc Nursing students.

We urge everyone to engage actively in this competition.

EVENT DETAILS

Date	05/06/21
Time	10 am to 11:00 am
Venue	Choithram College Of Nursing

Thank you for your attention and support.




Event Co-ordinator



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WORLD ENVIRONMENT DAY- SPEECH & POSTER MAKING COMPETITION

On the occasion of World environment day on 5th June 2021, Poster and speech making competition was organized for B.Sc. Nursing and M.Sc. Nursing students.




Signature of event co-ordinator



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INTERNATIONAL YOGA DAY

The students along with the faculty members of Choithram College of Nursing celebrated International Yoga Day by performing different yog aasans in the beauty of nature.



S. Bhat

Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref.No	CCON	STU	CCA	038
Date	05	08	2021	

NOTICE

THEME: INDEPENDENCE DAY

Join us as we celebrate the Independence Day of India!

Programme:

- Flag Hoisting Ceremony
- National Anthem
- Patriotic Songs and Dance Performances
- Speeches by esteemed guests
- Distribution of sweets

Date	15/8/2021
Time	9am
Venue	Choithram Auditorium

All are cordially invited to attend the celebration!

Dress Code: Traditional attire encouraged

Program Co-ordinator

CCON





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75th INDEPENDENCE DAY

This year as On 15th august 2021, 75th Independence day was held in a mesmerizing way by Choithram College of nursing , Indore. The program was commenced by the National Flag hoisting , which was done by our respected Principal Madam Prof. Dr. Aradhna Michael at 9:00am , followed by National Anthem. There after few cultural events were organized by our nursing students by abiding to the pandemic protocol. In this all the B.Sc nursing batches participated with great enthusiasm and zeal. The program began by welcoming our honorable Principal mam by a token of love , followed a patriotic song sung. Furthermore , the nursing students danced followed by a speech given by a student. The speech laid emphasis on the journey , the struggles and victories our Nation has gone through to be an Independent and Proud Nation. To put an end to the program , few valuable words were shared by our Respected Principal mam on the auspicious occasion followed by Vote of thanks by Ms. Aleena Elizabeth Mathew. The event was a great success .




Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref.No	CCON	STU	CCA	039
Date	11	08	2021	

NOTICE

THEME:ONAM CELEBRATION

We are delighted to announce that our school will be celebrating Onam, the festival of harvest and prosperity

Program Highlights:

- Traditional Onam procession (Sadhya)
- Traditional Kerala games and activities (Onakalikal)
- Cultural programs and performances by students
- Distribution of traditional Onam sweets and snacks

Date	21/8/2021
Time	1:30pm onwards
Venue	Choithram Auditorium

Students are encouraged to wear traditional Kerala attire to add to the festive spirit.

We invite all students and staff to join us in celebrating this joyous occasion. Let us come together to experience the rich culture and traditions of Kerala.

Program Co-ordinator
CCON





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ONAM CELEBRATION

On 21st August 2021, Choithram College of Nursing celebrated Onam with all its vigor. The celebrations started with setting up of an attractive floral decoration (pookalam) in the college auditorium and dinning area that was reminiscent of the agrarian past of Kerala. Impressive designs and artistic creativity were the hallmarks of the Pookalam, which turned out to be attractive and mesmerizing and took everyone into a world of festivity and fun. The cultural programme began at 11.30 am with Thiruvathira Kali by our nursing students. The other main attractions of the programme were , skits, speech, group songs, solo songs and group dance by our college students. The arrival of Mahabali amid the beats of panchavadyam was well-received by the audience. Another attraction of the day was the traditional 'onasadhya' that comprised various dishes served on banana leaves and included varieties of vegetables, rice, banana and payasam. Moreover , few eminent guests from the hospital also partake with us.



Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref.No	CCON STU CCA DHO
Date	26 8 2021

NOTICE

THEME: TEACHERS DAY CELEBRATION

We are delighted to announce that our college will be celebrating Teachers' Day on September 5, 2021, to honor and express our gratitude to our esteemed teachers.

Program Highlights:

- Welcome address by the Principal
- Felicitation of teachers by the students and management
- Cultural programs and performances by students
- Speeches and words of appreciation by students and parents
- Distribution of gifts and certificates to teachers

Date	6/9/2021
Time	11am
Venue	Choithram Auditorium

We invite all students and staff to join us in celebrating this special day. Let us come together to show our appreciation and gratitude to our teachers who have made a positive impact on our lives.

Program Co-ordinator
CCON





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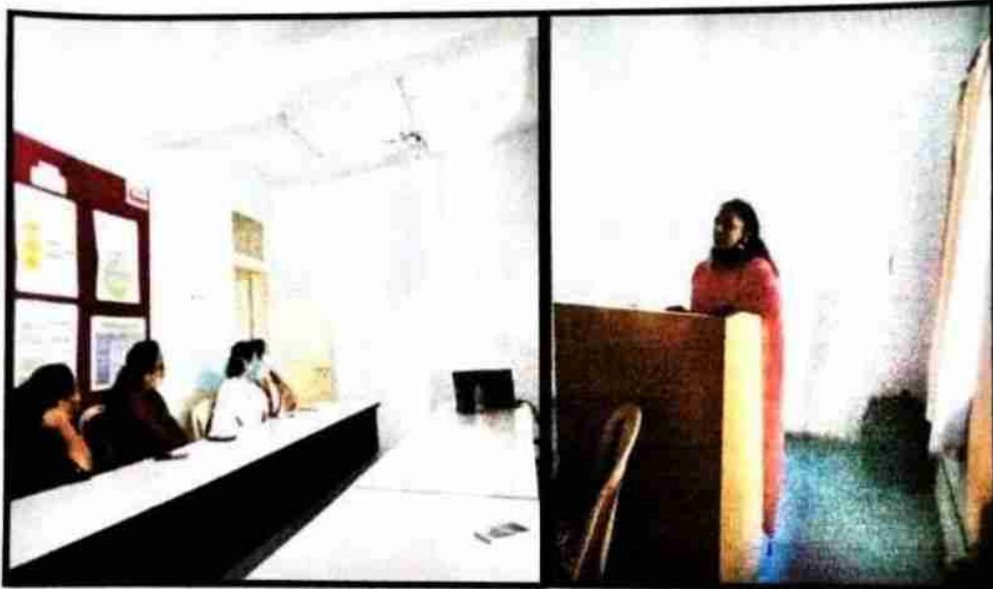
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TEACHERS DAY CELEBRATION

"Teachers play an important role in the development, progress, shaping, and enlightenment of society. Teacher and student relationships are among the most precious in the world"

Students of Choithram College of Nursing celebrated teachers day 2020, In COVID pandemic, students are at their home but their love and respect for us is not less. To render their feelings, students have prepared a video including students of all the batches and send us. Their gesture of love overwhelmed us. Prof. Dr. Aradhana Michael, on behalf of all the faculty members extended their gratitude towards students.




Signature of event co-ordinator



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EXTRAMURAL ACTIVITIES 2021-2022

Choithram College of Nursing facilitates building and sustenance of innate talent/aptitude of individual students through many extramural activities which are conducted by students, cultural committees and various departments. **Number of cultural activities/competitions organized by the Institution during the year 2021-2022**

S.No.	Date	Event	Venue	Participants
1	1/12/2021	Awareness Program on AIDS day	Aarogyam Health Centre, Bicholi Hapsi	12 students with faculty
2	2/12/2021	SNA Virtual Conference- Poster Competition	Virtual	8 B Sc (N) Students
3	13/12/2021	Singing Program on Christmas eve	White Church	5 B Sc & 4 M Sc Students with Principal & Faculty
4	18.12.2021	Christmas Celebration	Choithram Auditorium	All students
5	16/5/2022	Skit - National Dengue Day	CHC Banganga	12 B Sc (N) IV students
6	27/5/2022	Menstrual Hygiene Day 2022 Theme - "To create a world where no woman or girl is held back because they menstruate, by 2030"	Choithram Auditorium	50 B Sc (N) II students
7	31/5/2022	WORLD NO TOBACCO DAY THEME - "Protect the Environment" & "Tobacco. Threat to our environment," Skit	CHC. Banganga, Indore	8 B Sc (N) IV students
8	1/6/2022	Rally- Vector Borne Disease Awareness	CMHO to Rajwada	60 B Sc (N) IV students
9	6/6/2022	World Environment Day- Best Out of The Waste	CCON Ground	60 Students from all Batches
10	14/6/2022	Blood Donor Day	Choithram Hospital	40 B Sc (N) III students
11	21/6/2022	IYD- Yog For Humanity	Hospital Auditorium	68 B Sc (N) students
12				
13	23/6/2022	Expert Lecture on Moral Education By Brahmakumaris	Choithram Auditorium	120 B Sc (N) II & III students
14	25/6/2022	INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING- Skit	CHC Banganga, Indore	8 B Sc (N) IV students





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WORLD AIDS DAY

Under the guidance of our Principal Dr. (Prof.) Aradhana Michael, Choithram College of Nursing, Medical Surgical Nursing and Community Health Nursing departments jointly observed this day. An awareness program in the form of Health Education for General population by BSc Nursing Interns and Community Health Officers (CHO) students was organized at different areas in Community, CHC's, PHC's and Anganwadi Centers of Indore.




Signature of event co-ordinator



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WORLD AIDS DAY

Students and Faculty Of Choithram College of Nursing organized an awareness program along with "VISHWAS" NGO working for the people affected with HIV at **Choithram Sabji Mandi** on 3rd December 2018. The program was started with slogans followed by role play. Role play was based on story of people affected with HIV and their lives. Message of Awareness, and social stigma related with AIDS was given to the people. Vendors and sellers, vegetable handlers and drivers were present at the site and watch the role play.




Signature of event co-ordinator



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29th National SNAI Virtual Biennial Conference 2022

POSTER COMPETITION

On the 21st and 22nd of January 2022 the 29th SNAI Biennial Conference was conducted on virtual platform partnering with "WHO, Nursing SLC ebek, The white Ribbons Alliance, Laerdal and technical partner ITS FOR YOU". The formal opening of the meet was addressed by Messages from 'ble Prime Minister of India Shri Narendra Modi Ji, Vice President of India Shri Venkaiah Naidu Ji, Health Minister Mr. Mansukh MandavyaJi, Chief Nursing officer-WHO Ms. Elizabeth Iro & National President, TNAI, Prof. Dr. Roy. K. George to grace the event. All students from Choithram College of Nursing register and attended this virtual SNAI conference. Choithram College of Nursing represents MP State through a dance act on transgender equality It's honored to announce our students won prizes in e- poster presentation at National level. M s. Nithya Ross (B.Sc. Nursing 4th Year) won **FIRST PRIZE** on the topic "Birthing Center" & Ms. Dhanya Poly (B.Sc. Nursing 3rd Year) won **SECOND PRIZE** on the topic "Primordial Prevention of Communicable Disease".



[Handwritten Signature]
Signature of event co-ordinator



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Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



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CHOITHRAM COLLEGE OF NURSING

NOTICE

Ref. No.	CCON	STU	CCA	EM	02.1
Date	3/12/21				

SINGING PROGRAM ON CHRISTMAS EVENT

Dear Students

We are pleased to inform you that our college has conducted a singing competition White church Indore. All students & faculty of our college will participate in the competition.

We urge everyone to engage actively in this competition.

EVENT DETAILS

Date	13/12/21
Time	12 pm to 01:00 pm
Venue	White Church Indore

Thank you for your attention and support.




Event Co-ordinator



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OUT REACH FOR SINGING COMPETITION

Under the guidance of Dr. Aradhana Michael, Principal, Choithram College of Nursing conducted a singing program in White Church Indore. College faculties and students of Choithram College of Nursing participated in the program




Signature of event co-ordinator



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Ref.No	CCON	STU	CCA	054
Date	07/12/2022			

NOTICE

THEME: CHRISTMAS CELEBRATION

You're Invited to Our Christmas Party!

Join us for an evening of festive fun, friends, and cheer as we celebrate the magic of Christmas!

Enjoy:

- Delicious dinner
- Uplifting Christmas carols and music
- Exciting games , activities & Camp fire
- A special visit from Santa Claus!
- A chance to win prizes.

Date	17/12/2022
Time	6pm onwards
Venue	Choithram Auditorium

Dress Code: Festive attire encouraged

Let's make this a Christmas to remember!

Program Co-ordinator

CCON





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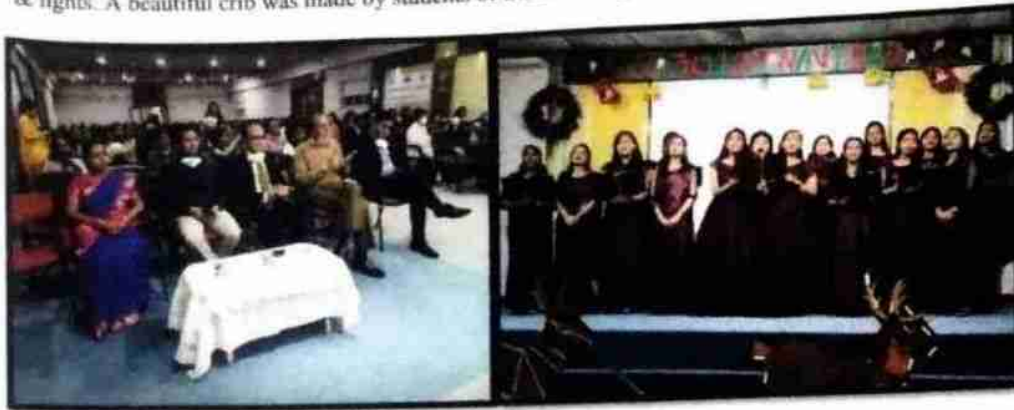


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CHRISTMAS CELEBRATION

Christmas celebration at Choithram College of Nursing was organized on 18th December this year. Under the guidance of Dr. (Prof.) Aradhana Michael, Principal, CCON. The programme witnessed by all the dignitaries Mr. Satish Motaini, (Managing Trustee), Mr. Vivek Singh (Secretary, CHRC), Dr. Ajay Jain (Director Planning & development, CHRC), Dr. Sunil Chandiwal (Director of Medical Services, CHRC), Dr. Amit Bhatt (Deputy Director of Medical services CHRC), Mr. Gaurakh Singh (ESTATE OFFICER), Mr. Anil Lakhwani (Asst. Director of Hospital Services) CHRC & H.O.Ds of various departments, all faculty members and fellow students. The Guest of honour for the programme was Reverent Dr. John Shankar Rao. The college was decorated beautifully with glitters & lights. A beautiful crib was made by students of B.sc Nursing 3rd year.




Signature of event co-ordinator



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NATIONAL DENGUE DAY

On National Dengue Day, under the guidance and support of our Principal Dr. Prof. Aradhana Michael Choithram College of Nursing, an awareness program on prevention of vector borne diseases has been conducted by the students of B.Sc. Nursing IV year Choithram College of Nursing at Urban Community Health Centre, Banganga (Indore) in the presence of Dr. Yatin Sharma, In-charge Medical Officer.




Signature of event co-ordinator



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MENTRUAL HYGEINE DAY

Community Health Nursing Department, Choithram College of Nursing organized awareness program on Menstrual Hygiene Day. A small lecture on the topic Menstruation Cycle and hygiene is taken by **Ms. Rashmi Prasad, Senior Sales Manager, Unicharm India Pvt. L.L.d.** Program was organized under the direction of **Dr. (Prof.) Aradhana Michael, Principal Choithram College of Nursing.**



Signature of event co-ordinator



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VECTOR BORNE DISEASE AWARENESS

Chief Medical and Health Office, National Rural Mission in collaboration with **Choithram College of Nursing** organized a rally to sensitize the public under the National Vector Borne Disease Control Program to prevent malaria. The rally was organized under the joint effort and support of Director Dr Ashok Dagaria, (t Sanchalak Indore), Dr B.S Septia (CMHO) and Dr (Prof.) Aradhana Michael, Prin ipal, Choithram College of Nursing, B.Sc. Nursing Final year students of Choithram College of Nursing participated in the rally. Rally started from MTH compound to Ram Bazar kila maidan road, around the Gandhi Hall and the rally ended at Chief Medical and Health Office Indore. Program is telecast on various news channels also.



S. Shiv

Signature of event co-ordinator



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WORLD ENVIRONMENT DAY

Models presented by UG students of Choithram College Of nursing based on the theme. All were in green attire to support the occasion. Sapling distribution to faculties by Dr.(Prof.) Aradhana Michael, Principal Choithram College of Nursing was also done.




Signature of event co-ordinator



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BLOOD DONATION DAY

"On the occasion of World Blood Donor Day, students and faculties of Choithram College of Nursing participated in Blood Donor Drive on 14th June 2022 organized by Choithram Hospital and Research Center. All donor were felicitated.



WORLD BLOOD DONATION DAY



Signature of event co-ordinator



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YOG FOR HUMANITY

"Yoga is a light which once lit will never dim, the better your practice the brighter your flame." On the occasion of International Yoga day 21 June 2022, Choithram College of Nursing observed the day under the guidance of Dr. Prof. Aradhana Michael, Principal CCON. The theme for this year is "YOGA FOR HUMANITY" a yoga session was organized by Choithram College of Nursing Indore in collaboration with SBPASS (Sundarbhai Phoolchandji Adarsh Shiksha Sansthan). Live message of CM Shri Shivraj Singh Chouhan on the International Yoga Day, was also shown to the students. Token of gratitude was presented to all the faculty and instructors of SBPASS.



INTERNATIONAL YOGA DAY



Shweta
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EXPERT LECTURE- MORAL EDUCATION BY BRAMHAKUMARIS

Choithram College of Nursing in collaboration with Choithram Hospital & Bramakumaries organized an Expert Lecture on Moral Education. The Guest speaker was Dr. Dilip Nagle.




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INTERNATIONAL DAY AGAINST DRUG ABUSE & ILLICIT TRAFFICKING

The International Day against Drug Abuse and Illicit Trafficking, or World Drug Day, is marked on 26 June every year, to strengthen action and cooperation in achieving the goal of a world free of drug abuse. This global observance aims to raise awareness of the major problem that illicit drugs represent to society. Conflicts, climate disasters, forced displacement and grinding poverty create fertile ground for drug abuse — with COVID-19 making a bad situation even worse. At the same time, people living through humanitarian emergencies are far less likely to have access to the care and treatment they need and deserve. Around 275 million people used drugs worldwide in the last year, while over 36 million people suffered from drug use disorders, according to the 2021 World Drug Report, released by the United Nations Office on Drugs and Crime (UNODC).



Smit

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CHOITHRAM COLLEGE OF NURSING

NOTICE

Ref. No.	CCEN	STU	CCA	EM	020
Date	01/06/2022				

TECHNICAL CONFERENCE

Dear Students

This is the kind of information that technical conferences organized by the USA for students were encouraged and motivated to use pulses in their daily diet. B.Sc. Nursing 1 year students will participate in this conference.

We urge everyone to engage actively in this competition.

EVENT DETAILS

Date	01/07/22
Time	12 pm to 01:00 pm
Venue	

Thank you for your attention and support.




Event Co-ordinator



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TECHNICAL CONFERENCE ORGANISED BY USA

B.Sc. Nursing 1st year students of Choithram College of Nursing participated in a technical conference organised by USA Dry Pea and Lentil Council in association with IDA MP chapter & Deen Dayal Upadhyay Kaushal Kendra (DDU-KK), DAVV, Indore on 1st July 2022 at J.W. Marriott. The students were encouraged and motivated to use pulses in their daily diet and the use of this diet was explained.



Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

NOTICE

Ref. No.	CCON	STO	CCA	EM	019
Date	23	06	22		

RELIGIOUS SONG COMPETITION

Dear Students

We are pleased to inform you that the Religious Forum of Indore is hosting a religious song competition. Those who will participate in this competition can register their name in our college.

We urge everyone to engage actively in this competition.

EVENT DETAILS

Date	03/07/22
Time	12 pm to 03:00 pm
Venue	St. Raphael's School Indore

Thank you for your attention and support.




Event Co-ordinator



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RELIGIOUS SONG COMPETITION

Choithram college of Nursing students participated in a religious group song competition organized by the religious forum of Indore on 3rd July 2022 at St. Raphael's School.



Smit
Signature of event co-ordinator



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FUN DAY: FUN FOR ALL

Fun and games are also integral part of the Education system. It helps in the attainment of the ultimate aim of education i.e., the achievement of holistic development. Games and sports play a vital role in the student's life. A student should study hard to be successful in competitive examinations. But they should also play games to enjoy the health and vigor of life. All the students of B.Sc. Nursing and M.Sc. Nursing along with faculties and staff participated in the indoor games. Various Games like chess, Chinese checker, uno cards, carom, ludo etc, were organized.



sknit
Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

NOTICE

Ref. No.	CCON	STU	CA	EM	OIB
Date	19/07/2022				

INTER-BATCH CULTURAL DANCE COMPETITION

Dear Students

This is kind of information that the College is organizing an inter-batch cultural dance competition for B.Sc. Nursing, M.Sc. Nursing and Paramedical students. Those who will interested in this competition can register their name in our college.


We urge everyone to engage actively in this competition.

EVENT DETAILS

Date	29/07/22
Time	12 pm to 03:00 pm
Venue	Choithram Hospital Auditorium

Thank you for your attention and support.




Event Co-ordinator



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DANCE FIESTA

INTER BATCH DANCE COMPETITION

Choithram College of Nursing organized Inter Batch Dance Competition on 29th July 2022 under the leadership of Principal Dr. Prof. Aradhana Michael. In this program, the nursing and paramedical students presented various types of dance. In Kuchipudi, Haryanvi, Punjabi, Rajasthani, Gujarati, Marathi, and Kashmiri dances were included. The judges for this program were Mr. Rakshit Yadav, HOD Arts, Choithram International School, and dance teacher, and Mrs. Samiksha Patankar, Dance Teacher, Choithram International School was present. The objective of this cultural competition is for them to showcase their talent and promote their creativity. In which a total of 67 students participated, out of which the first prize was won by Group 2 (Haryanvi), the second prize was won by Group 5 (Rajasthani Kalbelia), and the third prize was received by Group 1 (Marathi), and 3 (Kashmiri).




Signature of event co-ordinator



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BREAST FEEDING WEEK

POSTER COMPETITION

World Breastfeeding Week marked its beginning with poster competition with the theme PROTECT BREASTFEEDING "A SHARED RESPONSIBILITY" on 06th August 2021. POSTER COMPETITION was organized in the Hospital OPD which was inaugurated by Dr. Sunil Chandiwala, DMS, CH&RC, Dr. Amit Bhatt, DDMS, Dr. Prof. Aradhana Michael, Principal (CCON), Dr. Rashmi Shad, Senior Consultant Pediatrics, Dr. Jenisha Jain, Ms. Vijaylaxmi Nair, Nurse Manager, Dr. Purnima Bhale, Senior Dietician and Prof. Shreeja Vijayan, HOD, Child health nursing department. The judges of the event were Dr. Jenisha Jain, Neonatologist, Dr. Rashmi Shad, Senior Consultant Pediatrics and Ms. Vijaylaxmi Nair, Nurse Manager. The beneficiaries were all patients and their relatives attending OPDs.



Signature of event co-ordinator



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ROAD TRAFFIC AWARENESS PROGRAM

Choithram College of Nursing organized a Road safety awareness program in collaboration with Reserve Indore police organization, under guidance of Dr. Prof. Aradhana Michael, Principal, coordinator of program was Prof. Sheetal Saxena Guest speakers were Ms. Aarti Mourya (State officer), Rakesh Sharma (Additional State officer), Reserve Police Department, and Ms. Laxmi Dhurve (Sub Inspector) Police Department, Indore. They explained about Traffic rules, Motor Vehicle Act 2019, and a Road safety application. All the batches and faculty members attended the program and cleared doubts related to the topic.

चोइथराम कॉलेज ऑफ नर्सिंग में सड़क सुरक्षा पर कार्यक्रम



इंदौर। चोइथराम कॉलेज ऑफ नर्सिंग ने शनिवार को रिजर्व पुलिस संगठन के साथ मिलकर सड़क सुरक्षा जागरूकता कार्यक्रम का आयोजन किया। प्रिंसिपल डॉ. प्रो. आराधना माइकल और प्रो. शीतल सक्सेना के अनुस्तर कार्यक्रम में मुख्य वक्ता के रूप में रिजर्व पुलिस संगठन से स्टेट ऑफिसर आरती मौर्य एवं राकेश शर्मा, पुलिस विभाग से सब इंस्पेक्टर लक्ष्मी भूर्वे एवं आइएस ग्रुप ऑफ फाउंडेशन के मैनेजर तनवीर मौजूद थे। कार्यक्रम में रोड सैफ्टी चैप एप के बारे में जानकारी दी गई।



Sheetal

Signature of event co-ordinator



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WORKSHOP ON YOG THERAPY

Choithram College of Nursing organized a 2-day workshop on "Yoga Therapies" for our B.Sc. Nursing I year students. The main resource person and trainer was Mr. R.S Shrivastav, Yoga Therapist and Naturopath. The programme was conducted under the guidance of Dr. Prof. Aradhana Michael, Principal. Other resource persons were Mr. Uma Shankar Prasad- Yoga Master and Naturopath, Mrs. Abha Shrivastav- Yoga Teacher, and Dr. Mrs. Sandhya Shrivastav- Yoga Teacher.



Shruti
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75th INDEPENDENCE DAY

Choithram College of Nursing celebrated 75th Independence Day from 13th August to 15th August by organizing different events under the leadership of Dr. Prof. Aradhana Michael, Principal CCON. On 15th August, the day of celebration, programme started with hoisting of the National Flag by Principal Dr. Prof. Aradhana Michael, followed by National Anthem. Celebration was continued with the group song competition, portray of freedom fighters through fancy dress competition and skit on social issues competition. The judges of the programme were Dr. Mr Pradeep Kumar Pandey, Educationalist and Mrs. Sushma Shukla Kaushik, Artist Designer and Educationist. All the performances were remarkable. At the end of the programme, students were awarded with first, second and third prize for the competition.



Signature of event co-ordinator



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GANESH CHATURTHI

Choithram college of nursing celebrated Ganesh Chaturthi to symbolize the journey of lord Ganesha from his heavenly abode to Earth. Ecofriendly Ganesh sthapana was done in student's hostel to welcome Lord Ganesha with great zeal and enthusiasm.



Signature of event co-ordinator



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HOME BASED CARE OF NEWBORN

World Newborn Week, 2022

Theme for the year 2022 was "Home care of Newborn in Urban Area."

Choithram College of Nursing, Indore has organized an awareness program on essential care of newborn baby at home, on 17th November 2022 at sub-center Kalaria, Dhar road, Indore. The whole program was co-ordinated by Prof. Rakhi Chandel, Child Health Nursing Department, CCON. B.Sc. Nursing third year students and MSc Nursing students had acquainted the antenatal and postnatal mothers regarding care of newborn baby at home.




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CHOITHRAM COLLEGE OF NURSING

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Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2362491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

EXTRAMURAL ACTIVITIES 2022-2023

Choithram College of Nursing facilitates building and sustenance of innate talent/aptitude of individual students through many extramural activities which are conducted by students, cultural committees and various departments.

Number of cultural activities/competitions organized by the Institution during the year 2022-2023

CHOITHRAM COLLEGE OF NURSING, INDORE EVENTS CELEBRATED 2022-2023

S.No.	NAME OF THE EVENT	CELEBRATED ON	PARTICIPANTS
OCTOBER 2022			
1.	Aarambh #Orientation Programme for Fresher's	10/10/22	B.Sc. Nursing 1 st & 4 th Years
2.	World Mental Health Day	10/10/22	B.Sc. Nursing 3 rd Years
3.	World Arthritis Day	12/10/22	B.Sc. Nursing 3 rd Years
4.	Diwali Celebration	24/10/22	B.Sc. Nursing & M.Sc. All Batches
5.	National Peace Day	31/10/22	B.Sc. Nursing 4 th Years
NOVEMBER 2022			
6.	Children's Day	14/11/22	B.Sc. Nursing & M.Sc. All Batches
7.	World Newborn Week	17/11/22-19/11/22	B.Sc. Nursing 4 th Years
8.	World Prematurity Day	17/11/22	B.Sc. Nursing 3 rd Years
9.	Lamp Lighting Ceremony	22/11/22	B.Sc. Nursing 1 st Years (Old Batch)
10.	National Constitution Day	26/11/22	B.Sc. Nursing 4 th Years
DECEMBER 2022			
11.	World AIDS Day	01/12/22	B.Sc. Nursing 4 th Years
12.	Christmas Cultural Fest 2022	17/12/22	B.Sc. Nursing & M.Sc. All Batches
JANUARY 2023			
13.	National Youth Day	12/01/23	B.Sc. Nursing 1 st Years
14.	Annual Athletic Meet	23 - 26/01/23	B.Sc. Nursing & M.Sc. All Batches
15.	Republic Day Celebration	26/01/23	B.Sc. Nursing & M.Sc. All Batches
16.	Vasant Panchami Celebration	26/01/23	B.Sc. Nursing &



Signature of event co-ordinator



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			M.Sc. All Batches
FEBRUARY 2023			
17.	World Cancer Day	04/02/23	B.Sc. Nursing 2 nd Years
18.	7 Days Special NSS Residential Camp	05 – 11/02/23	B.Sc. Nursing 4 th Years
MARCH 2023			
19.	International Women's Day	09/03/23	B.Sc. Nursing & M.Sc. All Batches
20.	Holi Celebration	07/03/23	B.Sc. Nursing & M.Sc. All Batches
21.	World Kidney Day	09/03/23	M.Sc. Nursing All Batches
22.	National Immunization Day	18/03/23	B.Sc. Nursing 4 th Years
23.	World Water Day	22/03/23	B.Sc. Nursing 1 st Years
24.	World TB Day	24/03/23	B.Sc. Nursing 2 nd Years
APRIL 2023			
25.	World Health Day	07/04/23	B.Sc. Nursing 4 th Years
26.	National Safe Motherhood Day	11/04/23	B.Sc. Nursing 4 th Years
27.	Lamp Lighting/Graduation Ceremony	20/04/23	B.Sc. Nursing 1 st Years
28.	World Malaria Day	25/04/23	B.Sc. Nursing 2 nd Years
29.	World Immunization Week Celebration	24 – 29/04/23	B.Sc. Nursing 3 rd & 4 th Years
MAY 2023			
30.	World Hand Hygiene Day	05/05/23	M.Sc. Nursing All Batches
31.	International Day of Midwives	05/05/23	B.Sc. Nursing 4 th Years
32.	World Lupus Day	31/05/23	M.Sc. Nursing All Batches
33.	No Tobacco Day	02/06/23	B.Sc. Nursing & M.Sc. All Batches
34.	World Hand Hygiene Day	05/05/23	M.Sc. Nursing All Batches
JUNE 2023			
35.	World Environment Day	05/06/23	B.Sc. Nursing 4 th Years
36.	World Blood Donation Day	14/06/23	B.Sc. Nursing All Batches
37.	International Yoga Day	21/06/23	B.Sc. Nursing 1 st Years





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JULY 2023			
38.	Farewell Ceremony	10/07/23	B.Sc. Nursing 2 nd & 4 th Years
39.	World Population Day	11/07/23	B.Sc. Nursing 2 nd Years
40.	World Hepatitis Day	28/07/23	B.Sc. Nursing 2 nd Years
AUGUST 2023			
41.	ORS Day Celebration	02/08/23	B.Sc. Nursing 2 nd Years
42.	World Breast Feeding Week	01/08/23-06/08/23	B.Sc. Nursing & M.Sc. All Batches
43.	Independence Day	15/08/23	B.Sc. Nursing & M.Sc. All Batches
44.	Anti-Ragging Awareness Week	18/08/23	B.Sc. Nursing All Batches
45.	Women's Equality Day	25/08/23	B.Sc. Nursing & M.Sc. All Batches
46.	Onam Celebration	29/08/23	B.Sc. Nursing & M.Sc. All Batches
SEPTEMBER 2023			
47.	Teachers Day Celebration	05/09/23	B.Sc. Nursing & M.Sc. All Batches
48.	World Suicide Prevention Day	12/09/23	B.Sc. Nursing 2 nd & 3 rd Years
49.	Personality Contest	18/09/23	B.Sc. Nursing All Batches
50.	Hindi Diwas Celebration	18/09/23	B.Sc. Nursing & M.Sc. All Batches
51.	National Nutrition Month "Nutrizzione"	21/09/23	B.Sc. Nursing & M.Sc. All Batches
52.	World Rabies Day	26/09/23	B.Sc. Nursing & M.Sc. All Batches
53.	Ganesh Chaturthi Celebration	28/09/23	B.Sc. Nursing & M.Sc. All Batches
54.	World Heart Day	29/9/23	B.Sc. Nursing & M.Sc. All Batches
OCTOBER 2023			
55.	World Mental Health Week	11/10/23	B.Sc. Nursing 3 rd Years & M.Sc. Nursing Students
56.	Kalash Yatra Diwas	09/10/23	B.Sc. Nursing 3 rd Years
57.	Global Hand Washing Day	16/10/23	B.Sc. Nursing 2 nd Years
58.	World Elderly Day	18/10/23	B.Sc. Nursing 3 rd Years M.Sc. Nursing Students





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59	Garba Celebration	17/10/23	B.Sc. Nursing & M.Sc. All Batches
60	World Cancer Day	28/10/23	B.Sc. Nursing 3 rd Years & M.Sc. Nursing Students
61	National Unity/Peace Day	31/10/23	B.Sc. Nursing 3 rd Years





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AARAMBH #ORIENTATION PROGRAMME FOR FRESHER'S

On 10th October 2022 Choithram College of Nursing organized Aarambh #beginning of healing touch an Orientation Programme for fresher's.



Signature of event co-ordinator



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CHILDREN'S DAY

On 14th November 2022 Choithram College of Nursing celebrated Children's Day with great joy and enthusiasm




Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref.No	CCON	STU	CCA	054
Date	07	12	2022	

NOTICE

THEME: CHRISTMAS CELEBRATION

You're Invited to Our Christmas Party!

Join us for an evening of festive fun, friends, and cheer as we celebrate the magic of Christmas!

Enjoy:

- Delicious dinner
- Uplifting Christmas carols and music
- Exciting games , activities & Camp fire
- A special visit from Santa Claus!
- A chance to win prizes.

Date	17/12/2022
Time	6pm onwards
Venue	Choithram Auditorium

Dress Code: Festive attire encouraged

Let's make this a Christmas to remember!


Program Co-ordinator

CCON





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CHRISTMAS CULTURAL FEST 2022

On 25th December 2022 Choithram College of Nursing celebrated Christmas Cultural Fest on theme- Star of Bethlehem. All students of B.Sc. Nursing batches participated with great zeal.




Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref.No	CCON	STU	CCA	056
Date	16/01/2023			

NOTICE

THEME: REPUBLIC DAY

We are cordially invited to join us as we celebrate the Republic Day of India, commemorating the adoption of our Constitution

Participate in:

Flag hoisting ceremony

- Patriotic song and dance performances
- Inspirational speeches and quotes
- Traditional Indian sweets and refreshments
- Cultural events and activities

Date	26/01/2023
Time	8am
Venue	Choithram College Ground

Dress Code: Traditional Indian attire encouraged

Let us come together to honor our nation's sovereignty and celebrate the spirit of unity and diversity.

Jai Hind!

Program Co-ordinator

CCON





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REPUBLIC DAY CELEBRATION

On 26th January 2023 Choithram College of Nursing celebrated **Republic Day** with great pride.




Signature of event co-ordinator



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7 DAYS SPECIAL NSS RESIDENTIAL CAMP

National Service Scheme Unit of Choithram College of Nursing has organized **7 days Special Residential Camp** on the theme "Health, Family Welfare and Nutrition" at village Chordia, Patalpani from 05/02/23 to 11/02/23 with the aim to develop the personality by community interaction and rendering service.



- Sports
- Self Defence Practice
- Cultural Event



PROJECT WORK



HEALTH SURVEY



Signature of event co-ordinator



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LAMP LIGHTING CEREMONY

On 20/04/2023 Choithram College of Nursing celebrated **Lamp Lighting Ceremony** for B.Sc. Nursing fresher's batch in presence of Dr. Bhure Singh Saitya, CMHO, Indore.




Signature of event co-ordinator



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WORLD NO TOBACCO DAY

Choithram College of Nursing celebrated **World No Tobacco Day** and benefited the population i.e., all the workers of Choithram Unit by making them aware about the ill effects of the use of tobacco.




Signature of event co-ordinator



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INTERNATIONAL YOGA DAY

Choithram College of Nursing celebrated **International Yoga Day** on 21/06/2023 with the theme "Vasudhaiva Kutumbaka". Yoga sessions were taken by Ms. Sakshi Jadav, Ms. Roshani Galani and Suraj Jai




Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref.No	CCON	STU	CCA	058
Date	24	02	2023	

NOTICE

THEME: BELLA CIAO

Farewell Party for Our Beloved Students!

You are cordially invited to bid a fond farewell to our outgoing students on their completion of Graduation!


Date	04/03/23
Time	11am
Venue	Choithram School Auditorium

Join us as we celebrate the memories, achievements, and friendships made during their time with us.

Program highlights:

- Slideshow presentation
- Speeches and testimonials
- Cake cutting and refreshments
- Award distribution (if any)
- Group photos and farewell messages

Let's come together to make this a memorable occasion for our dear students!


Program Co-ordinator
CCON





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FAREWELL CEREMONY

Choithram College of Nursing celebrated Farewell Ceremony on 10/07/2023 for B.Sc. Nursing final year 2018-2023 batch.




Signature of event co-ordinator



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CHOITHRAM COLLEGE OF NURSING

Ref.No	CCON	STU	CCA	063
Date	20	09	2023	

NOTICE

THEME:ONAM CELEBRATION

We are delighted to announce that our school will be celebrating Onam, the festival of harvest and prosperity.

Program Highlights:

- Traditional Onam procession (Sadhya)
- Traditional Kerala games and activities (Onakalikal)
- Cultural programs and performances by students
- Distribution of traditional Onam sweets and snacks

Date	29/9/23
Time	1:30pm onwards
Venue	Choithram Auditorium

Students are encouraged to wear traditional Kerala attire to add to the festive spirit.

We invite all students and staff to join us in celebrating this joyous occasion. Let us come together to experience the rich culture and traditions of Kerala.

Program Co-ordinator

CCON





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ONAM CELEBRATION

Choithram College of Nursing celebrated Onam #Aarpoo 2023 with prosperity, joy and happiness.



Signature of event co-ordinator



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GARBA CELEBRATION

#Rangeela Raas #Garba Night #Navratri 2023 was a three day event in which Garba (Dandiya) was played in the evening for which the participants were the UG as well as PG students along with teachers. Various Chief Guest's were invited for the Aarti (Pooja) in the evening on various dates. Snacks were provided for the participants playing Garba on these nights.



Indore, Madhya Pradesh, India
MVQ2+3W2, Choithram compound, Indore, Madhya Pradesh, 452009, India



Indore, Madhya Pradesh, India
MVQ2+3W2, Choithram compound, Indore, Madhya Pradesh, 452009, India



Indore, Madhya Pradesh, India
MVQ2+3W2, Choithram compound, Indore, Madhya Pradesh, 452009, India



Indore, Madhya Pradesh, India
MVQ2+7W2, Choithram compound, Indore, Madhya Pradesh, 452009, India




Signature of event co-ordinator