



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



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2.3.2 Institute facilitate the use of Clinical Skills Laboratory /

Simulation Based learning Index

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Report on – Clinical Skill training on Physical Examination

Date	:	27.12.2018
Venue	:	Nursing Foundation Lab
Time	:	3-5 pm
Participants	:	Nursing Faculty

On 27/12/2018, Choithram College of Nursing, Indore, conducted a specialized training program focusing on "**Physical Examination**," a crucial aspect of nursing practice that is vital for accurate diagnosis and effective patient care. The primary objective of the training was to enhance the faculty's proficiency in performing comprehensive physical examinations, thereby equipping them to impart these essential skills to nursing students.

The training program was specifically designed to improve the teachers' ability to assess a patient's physical state and identify any abnormalities through direct observation and palpation. The training covered both the theoretical and practical aspects of physical examination.

Mrs. Yasmin Sharma, Associate Professor, led the session. She provided detailed explanations and live demonstrations in the clinical skill lab with the help of a hybrid simulation mode on standardized patients.



The training covered the following key components:

1. **General Inspection:** Observation of the patient's overall appearance, gait, and behavior.
2. **Vital Signs:** Measurement of temperature, pulse, respiration rate, and blood pressure.
3. **Head-to-Toe Examination:**
 - **Head and Neck:** Examination of the eyes, ears, nose, throat, and lymph nodes.
 - **Chest and Lungs:** Assessment of respiratory rate, breath sounds, and chest symmetry.





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- **Cardiovascular System:** Evaluation of heart sounds, rhythm, and pulses.
- **Abdomen:** Inspection, palpation, percussion, and auscultation for any abnormalities.
- **Extremities:** Checking for edema, range of motion, and muscle strength.

Techniques Used in Physical Examination

The following techniques were demonstrated during the training:

1. **Inspection:** Visual examination of body parts to identify signs of disease.
2. **Palpation:** Use of hands to feel organs and tissues for tenderness or abnormalities.
3. **Percussion:** Tapping on the body surface to evaluate the underlying structures.
4. **Auscultation:** Listening to internal sounds with a stethoscope for diagnostic purposes.

The training emphasized the importance of thoroughness, empathy, and precision in performing physical examinations. It was concluded that educators should focus on teaching these skills comprehensively to ensure that nursing students are well-prepared to perform accurate assessments and contribute to optimal patient outcomes. By mastering these techniques, future nurses will be better equipped to handle a wide range of clinical situations with confidence and competence.

Feedback-

Feedback was gathered from the faculty members, indicating overall satisfaction with the training, especially highlighting the positive impact of the hands-on experience.



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Report on – Clinical Skill Training on Physical Examination

Date : 27.12.2018
Venue : Nursing Foundation Lab
Time : 3-5 pm
Participants : Nursing Faculty

List of attendees

Attendance-

S.NO	NAME	SIGNATURE
1.	Dr.Usha Ukande	
2.	Prof.Aradhana Michael	
3.	Prof.Blessy Antony	
4.	Prof.Manju Joshi	
5.	Prof. Sheetal Saxena	
6.	Prof. Shreeja Vijayan	
7.	Mrs.Shweta Pattnaik	
8.	Mrs. Rakhi Chandel	
9.	Mrs. Ancy Varkey	
10.	Mrs.Prachi Gupta	
11.	Mrs.Yasmin Sharma	
12.	Mrs. Vaishali Tiwari	
13.	Mrs.Nibha Soy	
14.	Ms.Anu Rajan	
15.	Ms.Shiny Evans	
16.	Ms.Jinny Varghese	
17.	Ms.Pallavi Verma	
18.	Ms.Namita Bathre	
19.	Ms.Jyoti Shrivastava	
20.	Ms.Juby Jacob	
21.	Ms.Rupal Chouhan	
22.	Ms.Sunimol Ajithkumar	





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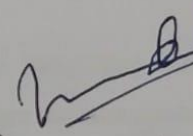
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23.	Ms.Rosana James	<i>Rosana</i>
24.	Ms.Kamlesh K.Rathore	<i>Kamlesh</i>
25.	Ms.Saranya S.	<i>Saranya</i>
26.	Ms.Deepika Singh	<i>Deepika</i>
27.	Ms. Arya G.Nair	<i>Arya</i>
28.	Mr.Nishchal Pathak	<i>Nishchal</i>
29.	Ms.Ramya T.R.	<i>Ramya</i>
30.	Ms.Asha Nair	<i>Asha</i>
31.	Ms.Sushmita Choudhary	<i>Sushmita</i>
32.	Ms.Priya Pandit	<i>Priya</i>
33.	Ms.Christy Abish	<i>Christy</i>


PRINCIPAL
DR. USHA UKANDE





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Training Programs 2019-20

Clinical skill training Program for Teachers on Perineal & Catheter Care

Date	3.1.2020
Time	3 -5 pm
Venue	Nursing Foundation Lab
Participants	New Faculty of Nursing College

A training session on Perineal & Catheter Care on 3rd January 2020 was scheduled for new faculty in which emphasizing was given on importance of perineal care along with catheter care for preventing infections and promoting comfort in patients.

Objective

The main goal of this training was to ensure that the new faculty members were well-prepared to provide effective perineal and catheter care. This training was designed to help them teach these important skills to nursing students.

During the session, Prof. Rakhi Chandel explained the importance of perineal and catheter care in nursing practice. She provided a step-by-step demonstration on the mannequin of how to perform perineal care and manage catheters safely and effectively, highlighting the importance of hygiene, patient comfort, and infection prevention.

During the training, participants were allowed to practice the techniques in a controlled environment, which greatly enhanced their understanding and confidence in performing these tasks.

After the session, feedback was collected from the participants. The faculty members expressed overall satisfaction with the training, particularly appreciating the hands-on experience, which they found to be very beneficial.

The training was successful, and the participants gained valuable knowledge and skills in perineal and catheter care.





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Training Programs 2019-20

Clinical skill training Program for Teachers on Perineal & Catheter Care

Date	3.1.2020
Time	3 -5 pm
Venue	Nursing Foundation Lab
Participants	New Faculty of Nursing College

Faculty list

ATTENDANCE

S.NO	NAME	SIGNATURE
1.	Prof Aradhna Michael	
2.	Prof. Blessy Antony	
3.	Prof. Manju Joshi	
4.	Prof. Sheetal Saxena	
5.	Prof. Shreeja Vijayan	
6.	Mrs. Shweta Pattnaik	
7.	Mrs. Rakhi Chandel	
8.	Mrs. ancy varkey	
9.	Mrs. Prachi Gupta	
10.	Mrs. Yasmin Sharma	
11.	Mrs. Vaishali Tiwari	
12.	Mrs. Nibha soy	
13.	Ms. Anu Rajan	
14.	Ms. Shiny Evans	
15.	Ms. Jinny Varghese	
16.	Ms. Pallavi Verma	
17.	Ms. Namita bathre	
18.	Ms. Jyoti Shrivastava	
19.	Ms. Juby Jacob	
20.	Ms. Rupal Chauhan	
21.	Ms. Sunimol Ajith Kumar	
22.	Ms. Rosana James	
23.	Ms. Kamlesh k. Rathore	
24.	Ms. Saranaya S.	
25.	Ms. Deepika Singh	
26.	Ms. Arya G. Nair	
27.	Mr. Nishchal Pathak	
28.	Ms. Ramya T.R	
29.	Ms. Asha Nair	
30.	Ms. Sushmita Choudhary	
31.	Ms. Priya pandit	
32.	Ms. Christy Abish	

Prof. Aradhna Micheal
Principal



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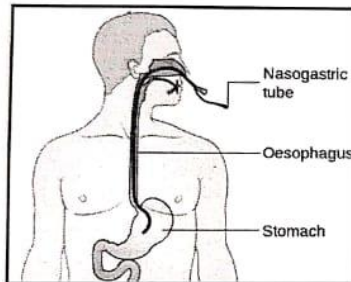
Training Programs 2020-21

Clinical Training Skill Program for Teachers on Ryle's Tube Insertion & Feeding

Date	22.6.2021
Time	3 -5 pm
Venue	Nursing Foundation Lab
Participants	New Faculty of Nursing College

Choithram College of Nursing, Indore conducted a Clinical Training Skill Program focusing on Ryle's Tube Insertion and Feeding on June 22, 2021, The training program was designed to enhance the skills of the new faculty members in performing and teaching these essential clinical procedures.

The training was conducted by Prof. Shweta Pattanaik, Head of the Department of Medical-Surgical Nursing. She provided expert instruction on Ryle's Tube insertion and feeding techniques.



The session was attended by new faculty members of the Nursing College. They actively engaged in the training to improve their practical skills.

The program covered the following key areas:

- **Ryle's Tube Insertion:** Techniques and procedures for proper placement and management of the tube.
- **Feeding:** Methods for safe and effective feeding using the Ryle's Tube.

Feedback

Feedback was collected from all participants at the end of the training. The responses indicated excellent learning outcomes, with participants expressing a high level of





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satisfaction with the program. There was also a request for more such programs in the future to further enhance their clinical skills.

The positive feedback highlights the success of the training and the need for additional similar programs to continue supporting faculty development.

Training session was fruitful for the teachers as they learn new things about naso gastric tube insertion and feeding as well. Session was concluded by 5.30 pm tea and snacks.

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Clinical Training Skill Program for Teachers on Ryle's Tube Insertion & Feeding

Date	22.6.2021
Time	3 -5 pm
Venue	Nursing Foundation Lab
Participants	New Faculty of Nursing College

List of attendees

ATTENDENCE

S.NO	NAME	SIGNATURE
1)	Prof. Sheetal Saxena	<i>Sheetal</i>
2)	Prof. shreeja Vijayan	<i>Shreeja</i>
3)	Mrs. Shweta Pattanaik	<i>Shweta</i>
4)	Mrs. Rakhi Chandel	<i>Rakhi</i>
5)	Mrs. ancy varkey	<i>Ancy</i>
6)	Mrs. Prachi Gupta	<i>Prachi</i>
7)	Mrs. Yasmin Sharma	<i>Yasmin</i>
8)	Mrs. Vaishali Tiwari	<i>Vaishali</i>
9)	Mrs. Nibha soy	<i>Nibha</i>
10)	Ms. Ramya Pillai	<i>Ramya</i>
11)	Mrs Marlene peter	<i>Marlene</i>
12)	Ms. Martina Stanly	<i>Martina</i>
13)	Ms. Reetika William	<i>Reetika</i>
14)	Ms. Divya Saxena	<i>Divya</i>
15)	Mrs. Christy abish	<i>Christy</i>
16)	Mrs.sunimol Ajit Kumar	<i>Sunimol</i>
17)	Ms Rupal Chauhan	<i>Rupal</i>
18)	Ms. Deepika Singh	<i>Deepika</i>
19)	Ms. Jessica Crozer	<i>Jessica</i>
20)	Ms. Priya pandit	<i>Priya</i>
21)	Mr. Anmol joseph	<i>Anmol</i>
22)	Ms. Sinsu Rachel Alex	<i>Sinsu</i>
23)	Ms. Sherin Masih	<i>Sherin</i>
24)	Ms. Twinkle gloria Daniel	<i>Twinkle</i>
25)	Ms. Nanika joseph	<i>Nanika</i>
26)	Ms. Dolly sawner	<i>Dolly</i>
27)	Mr. Ankit J. Nand	<i>Ankit</i>
28)	Ms. Nisha kushwah	<i>Nisha</i>
29)	Ms. Neha gill	<i>Neha</i>
30)	Mr. Arnold peter	<i>Arnold</i>
31)	Ms. Jyoti Chauhan	<i>Jyoti</i>
32)	Mr. Abhilash kolare	<i>Abhilash</i>
33)	Ms. Monika chandore	<i>Monika</i>
34)	Ms. Divyani choure	<i>Divyani</i>
35)	Ms. Eunice Solomon	<i>Eunice</i>
36)	Ms. Hemlata Birla	<i>Hemlata</i>
37)	Ms. Pooja Hardiya	<i>Pooja</i>

de
Prof. Aradhna Michcal
Principal



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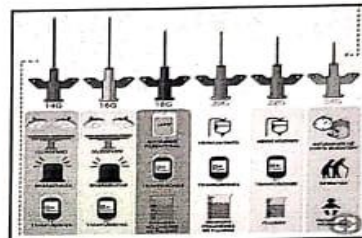
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Clinical Training Program for Teachers on IV Cannulization

Date	4. 9. 2021
Time	3 -5 pm
Venue	Nursing Foundation Lab
Participants	New Faculty of Nursing College

On September 4, 2021, a clinical training program on IV Cannulization was held for the new faculty members of the Nursing College. The goal of the program was to teach the participants how to properly perform IV cannulization.



The training was conducted by Prof. Yasmin Sharma, who is an expert in the field. She provided instruction on the techniques and procedures involved in IV cannulization.

Participants had the opportunity to practice IV cannulization under the supervision of Prof. Yasmin Sharma. This hands-on experience was crucial for reinforcing the theoretical knowledge gained during the session

Feedback was collected from all participants after the training. The responses highlighted a high level of satisfaction with the program, noting the effectiveness of the hands-on practice and the clarity of the instructions provided. Participants expressed a strong interest in attending additional similar training sessions to further enhance their clinical skills.


Clinical Coordinator





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Clinical Training Program for Teachers on IV Cannulization

Date	4. 9. 2021
Time	3 -5 pm
Venue	Nursing Foundation Lab
Participants	New Faculty of Nursing College

List of Attendees

ATTENDENCE

S.NO	NAME	SIGNATURE
1)	Prof. Sheetal Saxena	
2)	Prof. shreeja Vijayan	
3)	Mrs. Shweta Pattnaik	
4)	Mrs. Rakhi Chandel	
5)	Mrs. ancy varkey	
6)	Mrs. Prachi Gupta	
7)	Mrs. Yasmin Sharma	
8)	Mrs. Vaishali Tiwari	
9)	Mrs. Nibha soy	
10)	Ms. Ramya Pillai	
11)	Mrs Marlene peter	
12)	Ms. Martina Stanly	
13)	Ms. Reetika William	
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15)	Mrs. Christy abish	
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21)	Mr. Anmol joseph	
22)	Ms. Sinsu Rachel Alex	
23)	Ms. Sherin Masih	
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25)	Ms. Nanika joseph	
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27)	Mr. Ankit J. Nand	
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29)	Ms. Neha gill	
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33)	Ms. Monika chandore	
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Clinical Skill Training Program: Basic Neonatal Resuscitation

- **Date** : September 16, 2021
- **Time** : 3:00 - 5:00 PM
- **Venue** : Child Health Nursing Lab
- **Participants** : New Faculty of Nursing College
- **Resource Person** : Prof. Shreeja Vijayan, HOD, Child Health Nursing

The Clinical Skill Training Program on Basic Neonatal Resuscitation was conducted on September 16, 2021, at the Child Health Nursing Lab. The session aimed to enhance the skills and knowledge of new faculty members in neonatal resuscitation techniques.

Objectives:

- To familiarize new faculty with basic neonatal resuscitation procedures.
- To ensure that faculty members are equipped with the necessary skills to handle neonatal emergencies effectively.

Prof. Shreeja Vijayan introduced the importance of neonatal resuscitation and outlined the objectives of the training program. The session covered essential topics including: Assessment of the newborn, Basic resuscitation steps, Use of resuscitation equipment, Simulation of resuscitation scenarios, Practical Demonstrations: Hands-on demonstrations and practice sessions were conducted to reinforce learning.

An interactive question-and-answer segment allowed participants to clarify doubts and gain deeper insights into neonatal resuscitation.

Feedback:

Feedback was collected from the participants to assess the effectiveness of the training program. The responses highlighted:





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- Positive Aspects: The clarity of the demonstrations, the relevance of the content, and the practical approach of the training.
- Areas for Improvement: Suggestions included extending the duration for more in-depth practice and including additional case studies.

The training program successfully achieved its objectives by providing new faculty with crucial skills in neonatal resuscitation. The feedback received will be used to enhance future training sessions.

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Webiste : www.choithramnursing.com

Clinical Skill Training Program: Basic Neonatal Resuscitation

- **Date** : September 16, 2021
- **Time** : 3:00 - 5:00 PM
- **Venue** : Child Health Nursing Lab
- **Participants** : New Faculty of Nursing College
- **Resource Person** : Prof. Shreeja Vijayan,
HOD, Child Health Nursing

List of Attendees

ATTENDANCE

S.NO	NAME	SIGNATURE
1)	Prof. Sheetal Saxena	Sheetal
2)	Prof. shreeja Vijayan	Shreeja
3)	Mrs. Shweta Pattanaik	Shweta
4)	Mrs. Rakhi Chandel	Rakhi
5)	Mrs. ancy varkey	Ancy
6)	Mrs. Prachi Gupta	Prachi
7)	Mrs. Yasmin Sharma	Yasmin
8)	Mrs. Vaishali Tiwari	Vaishali
9)	Mrs. Nibha soy	Nibha
10)	Ms. Ramya Pillai	Ramya
11)	Mrs. Marlene peter	Marlene
12)	Ms. Martina Stanly	Martina
13)	Ms. Reetika William	Reetika
14)	Ms. Divya Saxena	Divya
15)	Mrs. Christy abish	Christy
16)	Mrs.sunimol Ajit Kumar	Sunimol
17)	Ms Rupal Chauhan	Rupal
18)	Ms. Deepika Singh	Deepika
19)	Ms. Jessica Crozer	Jessica
20)	Ms. Priya pandit	Priya
21)	Mr. Anmol joseph	Anmol
22)	Ms. Sinsu Rachel Alex	Sinsu
23)	Ms. Sherin Masih	Sherin
24)	Ms. Twinkle gloria Daniel	Twinkle
25)	Ms. Nanika joseph	Nanika
26)	Ms. Dolly sawner	Dolly
27)	Mr. Ankit J. Nand	Ankit
28)	Ms. Nisha kushwah	Nisha
29)	Ms. Neha gill	Neha
30)	Mr. Arnold peter	Arnold
31)	Ms. Jyoti Chauhan	Jyoti
32)	Mr. Abhilash kolare	Abhilash
33)	Ms. Monika chandore	Monika
34)	Ms. Divyani choure	Divyani
35)	Ms. Eunice Solomon	Eunice
36)	Ms. Hemlata Birla	Hemlata
37)	Ms. Pooja Hardiya	Pooja

Prof. Aradhna Micheal
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Training Program 2021-22 Workshop on CPAP & Basic Ventilation

Date	5 th 6 th October 2021
Time	10-5 pm
Venue	Hospital Auditorium
Participants	Faculty of Nursing College

As a part of public private sector collaboration, under the banner of **NHM, Choithram Hospital & Research Center and Pediatric Dept., Choithram College of Nursing** organized 21st workshop of CPAP & Basic Ventilation on 5th & 6th October 2021 to contribute in the reduction of neonatal mortality and strengthen the Doctors and Nurses working in the SNCU of various districts of the Madhya Pradesh for the effective usage of CPAP and Ventilators.

Dr. Shikhar Jain and **Dr. Prof. Aradhana Michael** along with the faculty members **Dr. Jenisha Jain**, **Dr. Madhu Goyal** and External faculties **Dr. Sunil Arya**, Associate Professor, MGM Medical College, Indore and **Dr. Vivek Athwani**, Assistant Professor, Medical College Jabalpur were the faculty for training program

The workshop was inaugurated by **Dr. Amit Bhatt**, (Deputy Director, CH & RC.) **Dr. Vishal Jaiswal** from NHM, , and other faculty members were also present.

The participants have learned about the hands on techniques of CPAP and Basic ventilation.



In summary, mastering CPAP and basic ventilation techniques is crucial for nurses to effectively manage patients with respiratory issues. Understanding these methods ensures you can provide optimal care, improving patient outcomes by maintaining adequate oxygenation and ventilation.

Clinical Co-Ordinator





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Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2362491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

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Webiste : www.choithramnursing.com

Training Program

2021-22 Workshop on CPAP

& Basic Ventilation

Date	5 th 6 th October 2021
Time	10-5 pm
Venue	Hospital Auditorium
Participants	Faculty of Nursing College

List of attendees

ATTENDANCE

S.NO	NAME	SIGNATURE
1)	Prof. Sheetal Saxena	<i>Sheetal</i>
2)	Prof. Shreeja Vijayan	<i>Shreeja</i>
3)	Mrs. Shweta Pattnaik	<i>Shweta</i>
4)	Mrs. Rakhi Chandel	<i>Rakhi</i>
5)	Mrs. ancy varkey	<i>Ancy</i>
6)	Mrs. Prachi Gupta	<i>Prachi</i>
7)	Mrs. Yasmin Sharma	<i>Yasmin</i>
8)	Mrs. Vaishali Tiwari	<i>Vaishali</i>
9)	Mrs. Nibha soy	<i>Nibha</i>
10)	Ms. Ramya Pillai	<i>Ramya</i>
11)	Mrs Marlene peter	<i>Marlene</i>
12)	Ms. Martina Stanly	<i>Martina</i>
13)	Ms. Reetika William	<i>Reetika</i>
14)	Ms. Divya Saxena	<i>Divya</i>
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17)	Ms Rupal Chauhan	<i>Rupal</i>
18)	Ms. Deepika Singh	<i>Deepika</i>
19)	Ms. Jessica Crozer	<i>Jessica</i>
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32)	Mr. Abhilash Kolare	<i>Abhilash</i>

Aradhna Micheal
Prof. Aradhna Micheal
Principal



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Clinical skill Training on Essential Newborn care

Date	12.11.2021
Time	3-5 pm
Venue	OBG lab
Participants	Faculty of Nursing College

The Clinical Skill Training Program on Essential Newborn Care was conducted on November 12, 2021, at the OBG Lab. The training aimed to enhance the skills and knowledge of nursing faculty in essential newborn care practices.



Objectives:

- To provide faculty with updated knowledge and skills on essential newborn care.
- To ensure that faculty can effectively teach and guide students in newborn care practices.

The resource person was Prof. Rakhi Chandel, Professor. The session began with an overview of the importance of essential newborn care and its impact on neonatal outcomes.

Key topics included Initial newborn assessment and care, Thermal protection and maintaining normothermia, Proper feeding techniques and guidance, Hygiene and infection prevention and Identification and management of common newborn issues.

Hands-on demonstrations and simulations were provided to reinforce theoretical knowledge. Participants engaged in a Q&A session to address specific questions and concerns regarding newborn care.

Feedback:

Feedback was collected from the participants to evaluate the effectiveness of the training. The responses indicated:





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- **Positive Aspects:** The relevance of the training content, the hands-on approach, and the expertise of the resource person.
- **Areas for Improvement:** Suggestions included increasing the duration for more in-depth practice and incorporating case studies for a better understanding of real-life scenarios.

The training program successfully met its objectives by equipping faculty with essential skills in newborn care. The feedback collected will be used to refine and enhance future training sessions.

Clinical Co-Ordinator





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Venue	OBG lab
Participants	Faculty of Nursing College

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Training on Installation and use of Manikin by 3B Scientific

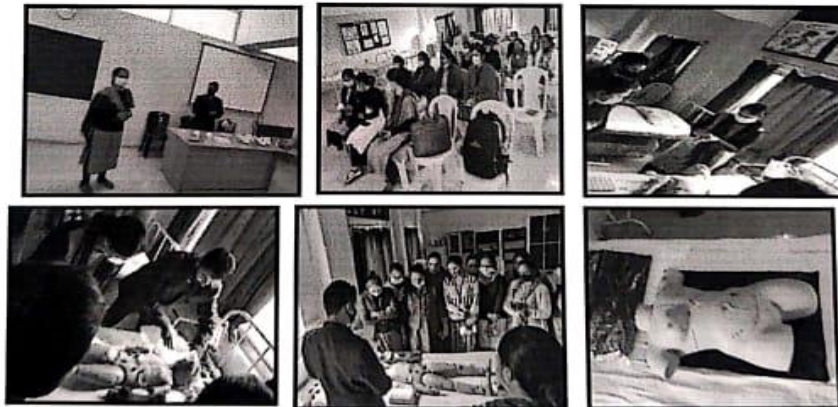
Date	-	17 th December 2021
Venue	-	Advance Nursing Lab
Participants	-	All senior Faculty members & M.Sc Nursing first year & second years Students
Demonstration by	-	Mr. Shemrez Khan Regional Head, Department of Delta Health Care Indore (M.P)

A demonstration and training program on installation and using techniques of Manikin was organized in Choithram College of Nursing Indore. Mr. Shemrez khan Regional Head, Department of delta health care Indore was the coordinator for the training program, A Manikin is a life-sized anatomical human model used in education, The most famous of these, the Transparent Anatomical Manikin (TAM) is a three-dimensional, transparent model of a human being, created for medical instructional purposes, The program was a benefit to all the nursing faculty, nursing practitioners, and students. Manikin though it is a costly instrument, it provides various emergency trainings. The trainee of Manikin could be the life saver in rural regions.

Facilitator of the Training was Prof Shweta Pattnaik, HOD, Medical Surgical Nursing, Dept.

It covered the skill-based essentials of Critical Care procedures such as CPR, Tracheal Intubation, Heart, Skull and Female pelvis, wound dressing. Male & female catheterization.

All senior faculty members and M.Sc Nursing first-year & second-year Students participated in this program and are present.





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Clinical Co-ordinator





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Training on Installation and use of Manikin by 3B Scientific

Date	-	17 th December 2021
Venue	-	Advance Nursing Lab
Participants	-	All senior Faculty members & M.Sc Nursing first year & second years Students
Demonstration by	-	Mr. Shemrez Khan Regional Head, Department of Delta Health Care Indore (M.P)

List of attendees

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SIMULATOR MAPPING FOR MAXIMUM UTILIZATION (SMMU) ADVANCED NURSING SKILL LAB

Date	25 Jan 2022
Time	3- 5 pm
Venue	Advance Nursing Lab
Participants	Nursing Faculty

A training program for nursing faculty was arranged on 25th Jan 2022 for demonstration of utilization of simulators. Facilitator of the Training was Prof Shweta Pattnaik. During the training different kind of simulators and how to use them was explained by Mr Shemrez from 3 B Scientific. He demonstrated the following models & Manniquin-

1. Name of the Simulator / Mannequin : 3B Scientific Nursing mannequin PRO – P10/1

Description :- The 3B Scientific Nursing Manikin is a medical training simulator specifically designed for nursing education with a wide range of practice options that include first aid and emergency situations. The external structure and movement of the nursing manikin is modeled on the human body. The nursing manikin was developed for practical, hands-on use. This manikin is designed so as the faculties can demonstrates various advanced procedure which will enhance knowledge and skills of the students. Various procedure like diabetic foot care, suturing, amputation care , catheterization of both male and female

S.NO	Title of Procedure	Program	Year	Course Name	Size of Group	No. of Group	Prescribed Hours
1	Female & Male Catheterization	B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
2	Colostomy care	B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
3	Tracheostomy care	B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
4	Suturing	B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
5	Amputation care	B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic	First	Advanced	5	1	60 minutes





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6	Care of chest tube drainage	Nursing M.Sc	First	Nursing Practice	7	1	60 minutes
		B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
7	Naso gastric feeding	M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
8	Endotracheal Intubation	M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
9	Gastric lavage /Gavage	M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
10	Care of Pressure Injury	M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
11	Eye & Ear Irrigation	M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		B.Sc Nursing	Third	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
12	Oro , Nasal and tracheal suctioning	M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		B.Sc Nursing	Third Year	Advanced Nursing Practice	15+6	5+1	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
13	Neurological Examination	M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		B.Sc Nursing	Third Year	Advanced Nursing Practice	15+6	5+1	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
14	Care of Thoracentesis	M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes





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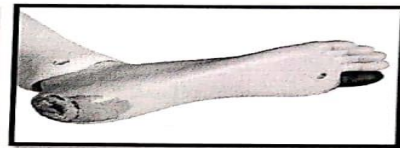
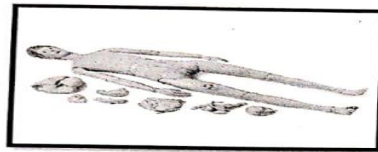
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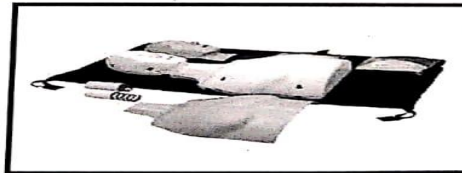
15	Care of Lumbar Puncture	M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
16	Care of Paracentesis	M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes



2. Name of the Simulator / Mannequin : BLS Simulator BASIC billy

Description - It is a Cardiopulmonary Resuscitation (CPR) training model for educating our graduate and post graduate students life saving skills .The simulator is compliant with the latest CPR guidelines. It offers all the necessary features to learn about the life-saving algorithm, comprising of cardiac massage and ventilation for adults and children.

S.NO	Title of Procedure	Program	Year	Course Name	Size of Group	No. of Group	Prescribed Hours
1	Cardio Pulmonary Resuscitation	B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		M.Sc Nursing	Final year (CTVS specialty)	Advanced Nursing Practice	2	1	60 minutes





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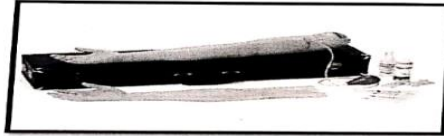
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3. Name of the Simulator / Mannequin :- Laerdal Arterial Stick Arm

Description :- The Arterial Stick Arm is a full-size, lifelike adult right arm with replaceable skin and arteries. It is specifically designed so as we can demonstrate procedure as sample collection , blood transfusion , Iv cannulation , and monitoring arterial blood gases .

S.NO	Title of Procedure	Program	Year	Course Name	Size of Group	No. of Group	Prescribed Hours
1	IV Cannulation	B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
2	Blood transfusion	B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
3	ABG Analysis	B.Sc Nursing	Third Year	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		M.Sc Nursing	Final year (CIVS specialty)	Advanced Nursing Practice	2	1	60 minutes



4. Name of the Simulator : Gaumard Breast Self Examination Simulator

Description - This Breast Examination Simulator provides a realistic look, feel and texture. The breasts, nipples and areola have realistic features. The cysts and masses located in the breasts have distinct textures useful in recognizing normal and abnormal conditions found in breasts. As such, the

simulator provides an excellent platform on which trainees can learn how to perform a breast examination as well as demonstrate breast self-examination to women who want to learn how to do it.





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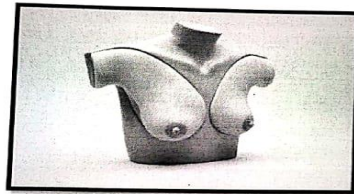
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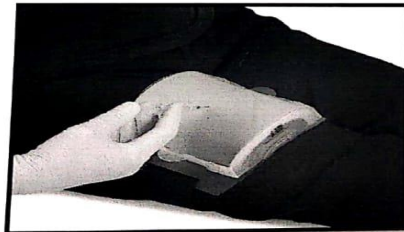
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S.NO	Title of Procedure	Program	Year	Course Name	Size of Group	No. of Group	Prescribed Hours
1	Breast Self Examination	B.Sc Nursing	Third	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		M.Sc Nursing (oncology specialty)	Final Year	Advanced Nursing Practice	1	1	60 minutes



5. Name of the Simulator / Mannequin - Laerdal Injection Trainer

Description - This is basically a multi - layered tissue pad for learning various skills like Subcutaneous injection , Intradermal injection , Intramuscular injection and Management of tissue.





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S.NO	Title of Procedure	Program	Year	Course Name	Size of Group	No. of Group	Prescribed Hours
1	Subcutaneous , Intradermal , Intramuscular Injection	B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes

6. Name of the Simulator / Mannequin - Laerdal NG tube and Trach care Trainer

Description- The NG Tube and Trach Care Trainer is a lifelike manikin torso, which realistically simulates a patient. It is specifically designed for training professionals in the practice of basic tracheostomy care, NG tube insertion and airway management skills.

S.NO	Title of Procedure	Program	Year	Course Name	Size of Group	No. of Group	Prescribed Hours
1	Endotracheal Intubation	B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		M.Sc Nursing	Final year (CTVS specialty)	Advanced Nursing Practice	2	1	60 minutes
2	Naso gastric Insertion	B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
3	Tracheostomy care	B.Sc Nursing	Second	Advanced Nursing Practice	15	5	60 minutes
		Post Basic Nursing	First	Advanced Nursing Practice	5	1	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	7	1	60 minutes
		M.Sc Nursing	Final year (CTVS specialty)	Advanced Nursing Practice	2	1	60 minutes



[Signature]

Clinical Co-Ordinator





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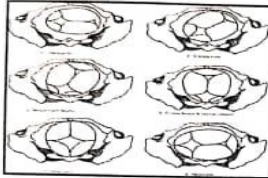


amoffice@gmail.com

Training Program for Teachers Fetal Position

Date:	4 Feb 2022
Time:	3-5pm
Venue:	OBG Lab
Participants:	4 M. Sc. Teachers
Beneficiaries:	M. Sc. Teachers of OBG Dept

A specialized training program aimed at enhancing midwifery skills among teachers was conducted on February 4, 2022. The primary focus of the program was to improve the participants' skills in performing pelvic examinations.



Objectives:

- To enhance teachers' proficiency in conducting pelvic examinations.
- To provide practical knowledge on assessing fetal position and related clinical signs.

The program covered the key areas, to use a fetal Doppler or stethoscope to listen to fetal heart tones, Understanding how to interpret fetal heart tones to determine fetal position. For instance, if heart tones are best heard on the maternal abdomen's side, this may suggest a back-to-side fetal position. Instruction on using ultrasound imaging to visualize fetal position, presentation, and other important factors such as fetal growth and amniotic fluid levels, Emphasis on how ultrasound provides a precise view of fetal positioning and overall health, Observing physical signs such as the shape of the maternal abdomen and fetal movements, Using these observations to gain insights into the fetal position and potential complications.

Participants provided feedback on the training program, highlighting that the practical demonstrations and the clarity of instructions were appreciated. The hands-on approach significantly enhanced their understanding and skills. Suggestions included extending the duration of the training for more in-depth practice and including additional case studies to better address real-life scenarios.





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The training program effectively met its objectives by equipping teachers with advanced skills in performing pelvic examinations. The feedback received will guide future training sessions to ensure continued improvement and relevance.

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Traing Program for Teachers Fetal Positin

Attendees

Date:	4 Feb 2022
Time:	3-5pm
Venue:	OBG Lab
Participants:	4 M. Sc. Teachers
Beneficiaries:	M. Sc. Teachers of OBG Dept

ATTENDANCE

S.NO	NAME	SIGNATURE
1)	Prof. Sheetal Saxena	<i>Sheetal</i>
2)	Prof. Shreeja Vijayan	<i>Shreeja</i>
3)	Mrs. Shweta Pattanaik	<i>Shweta</i>
4)	Mrs. Rakhi Chandel	<i>Rakhi</i>
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30)	Mr. Arnold Peter	<i>Arnold</i>
31)	Ms. Jyoti Chauhan	<i>Jyoti</i>
32)	Mr. Abhilash Kolare	<i>Abhilash</i>

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Prof. Aradhna Micheal
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Training Program for Teachers Ante Natal Palpation

Date:	29 April 2022
Time:	3-5pm
Venue:	OBG Lab
Participants:	4 M. Sc. Teachers
Beneficiaries:	M. Sc. Teachers of OBG Dept

On April 29, 2022, the Department of Midwifery conducted a training program aimed at enhancing midwifery skills among teachers, with a specific focus on antenatal palpation. The program was supervised by Prof. Prachi Awasthi and provided teachers with hands-on experience using a dummy model.

Objectives of the training program were to improve teachers' skills in antenatal palpation and to provide practical, hands-on experience with guidance and assessment.

Teachers were trained in the methods of antenatal palpation, an essential skill for assessing fetal position and health during pregnancy. Participants practiced palpation techniques using a dummy model, allowing them to apply theoretical knowledge in a practical setting. Teachers received individualized supervision and feedback to refine their skills. A performance checklist was utilized to assess each teacher's proficiency and ensure that they met the training objectives.

Feedback from participants indicated:

- **Positive Aspects:** The hands-on practice and detailed guidance were highly appreciated. Teachers found the use of the dummy model to be an effective way to learn and apply palpation techniques.
- **Areas for Improvement:** Participants suggested extending the training duration for additional practice and including more detailed case scenarios to further enhance learning outcomes.

The training program successfully achieved its goal of enhancing midwifery skills in antenatal palpation. The hands-on experience, coupled with effective supervision and assessment, provided valuable learning opportunities for the teachers. Feedback will be used to make improvements in future training sessions.





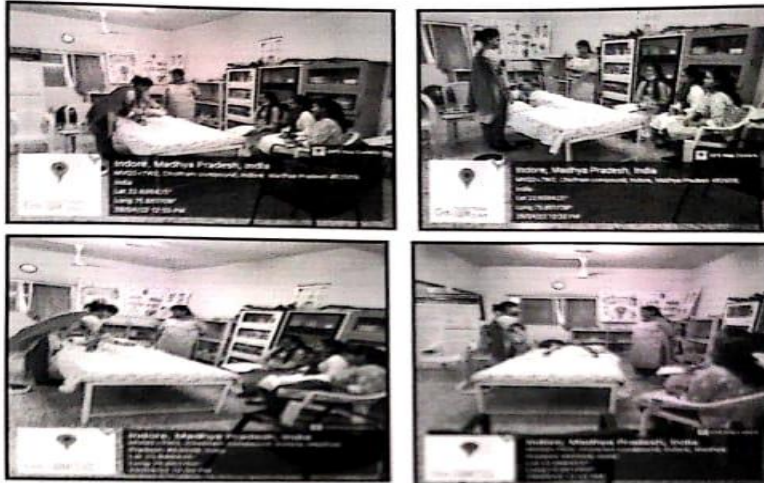
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Training Program for Teachers Ante Natal Palpation

Date: 29 April 2022
Time: 3-5pm
Venue: OBG Lab
Participants: 4 M. Sc. Teachers
Beneficiaries: M. Sc. Teachers of OBG Dept

List of attendees

ATTENDENCE		
S.NO	NAME	SIGNATURE
1)	Prof. Sheetal Saxena	
2)	Prof. Shreeja Vijayan	
3)	Mrs. Shweta Pattnaik	
4)	Mrs. Rakhi Chandel	
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Clinical Training program for Teachers on Maternity Care and counseling

Date	5 th May 2022
Time	3 -5 pm
Venue	OBG Lab
Participants	Faculty of OBG Dept.

A clinical training program focusing on maternity care and counselling was held on May 5, 2022, from 3:00 PM to 5:00 PM at the OBG Lab. The program was designed for the faculty members of the OBG Department to enhance their skills and knowledge in providing comprehensive maternity care and effective counselling.

The objectives of the training were to update faculty members on best practices in maternity care and to improve counselling techniques for better support and guidance to pregnant women.

The program covered various aspects of maternity care, including:

- Prenatal assessments
- Labor and delivery procedures
- Postpartum care
- **Counseling Techniques:** Focus was also given to counseling methods, including:
 - Effective communication strategies with expectant mothers
 - Addressing common concerns and questions
 - Providing emotional and psychological support
- **Practical Demonstrations:** The session included demonstrations of key procedures and techniques relevant to maternity care and counseling.

Feedback from the participants collected that depicted **that** practical demonstrations and the relevance of the content were well-received. Faculty members appreciated the opportunity to enhance their skills and knowledge in both clinical and counseling aspects.





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All teachers participated and shared their knowledge and experience on the antenatal, intra natal and post natal Care. They were taught about the Respectful maternity Care, how to manage the mother during all stages.

The training session was concluded by 5 pm after discussion and question answer session.

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Clinical Training program for Teachers on Maternity Care and counseling

Date	5 th May 2022
Time	3 -5 pm
Venue	OBG Lab
Participants	Faculty of OBG Dept.

Attendees -

ATTENDENCE

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Clinical Training Program for Teachers on Vital Signs

Clinical Training Program for Teachers on Vital Signs Monitoring

Date	17.6.2022
Time	3 -5 pm
Venue	Nursing Foundation Lab
Participants	Nursing Faculty

Choithram College of Nursing organized a training program on vital signs monitoring, recognizing it as a fundamental aspect of patient assessment and ongoing care. Accurate measurement and interpretation of vital signs—heart rate, blood pressure, respiratory rate, and temperature—are crucial for detecting changes in a patient's condition and guiding treatment decisions. The training session was conducted by Prof. Yasmin Sharma, focusing on the importance of monitoring vital signs in assessing patient health, identifying abnormalities, and monitoring the efficacy of treatments.



Key Learning Points from the Training Session:

1. Heart Rate Monitoring:
 - Techniques such as palpation of the pulse at various sites (e.g., radial, carotid) and using electronic monitors were explained.
 - The importance of assessing not only the rate but also the rhythm and strength of the pulse was emphasized.
2. Blood Pressure Measurement:
 - Proper techniques for cuff placement, inflation, and deflation using sphygmomanometers or automatic devices were demonstrated.
 - The session highlighted the need for consistent positioning and accurate interpretation of readings to ensure reliable blood pressure measurement.
3. Respiratory Rate Assessment:





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- Teachers were instructed on how to count breaths for a full minute, observe chest rise and fall, and differentiate between normal and abnormal breathing patterns.
- Emphasis was placed on recognizing deviations that may indicate underlying health issues.

4. Temperature Measurement:

- Various methods for measuring temperature (oral, axillary, and rectal) were covered, along with the importance of selecting the appropriate method based on the clinical context.

5. Interpretation and Documentation:

- The session included guidance on interpreting normal ranges for each vital sign and recognizing deviations that could suggest potential health problems.
- The importance of accurate and timely documentation in patient records was stressed to ensure continuity of care and effective communication among healthcare providers.

6. Patient Communication and Comfort:

- Strategies for effectively communicating with patients during vital signs monitoring were discussed to ensure their comfort and cooperation.
- The training addressed managing patient concerns and explaining procedures to alleviate anxiety and enhance patient experience.

The training program successfully enhanced the knowledge and skills of the faculty at Choithram College of Nursing in vital signs monitoring, contributing to improved patient care practices. The session was interactive, allowing participants to engage in practical demonstrations and discussions, thereby reinforcing the theoretical aspects taught.

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Clinical Training Program for Teachers on Vital Signs Monitoring

Date	17.6.2022
Time	3 -5 pm
Venue	Nursing Foundation Lab
Participants	Nursing Faculty

Attendees -

ATTENDANCE

S.NO	NAME	SIGNATURE
1)	Prof. Sheetal Saxena	<i>Sheetal</i>
2)	Prof. Shreeja Vijayan	<i>Shreeja</i>
3)	Mrs. Shweta Pattnaik	<i>Shweta</i>
4)	Mrs. Rakhi Chandel	<i>Rakhi</i>
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"Clinical Skill training program on Bladder Catheterization Simulator"

Date	:	13 th October 2022
Venue	:	Adult Health Nursing Lab, Choithram College of Nursing,
Participants	:	25 faculty and 70 B.Sc. Nursing 3 rd year students
Beneficiaries	:	25 Faculty and 70 B.Sc. Nursing 3 rd year students

On 13th October 2022, the Medical Surgical Nursing Department of Choithram College of Nursing organized a **Clinical Skill training program on bladder catheterization using a simulator**. The event took place in the Adult Health Nursing Lab under the guidance of Dr. Prof. Aradhana Michael, Principal of Choithram College of Nursing (CCON). The session was conducted by Dr. Rahul Tanwani, Professor of Surgery at Index Medical College, Hospital and Research Centre, Indore. The demonstration was introduced and facilitated by Prof. Shweta Pattnaik, Clinical Coordinator, who welcomed Dr. Tanwani and provided an overview of the session.

Dr. Rahul Tanwani, an innovator of the demonstrated bladder catheterization model, shared his expertise and insights during the session. He developed this model after observing numerous life-threatening injuries resulting from improper catheterization techniques. The demonstration provided a detailed dimensional internal view of the bladder catheterization process, highlighting the anatomical considerations and procedural steps involved.

Given the success of the demonstration and the recognized benefits of using a catheterization simulator, the college has planned to acquire a simulator for the Adult Health Nursing Lab. This initiative aims to further improve the practical training and skills of nursing students and faculty, thereby preventing catheterization-related complications and promoting patient safety.

Overall, the session was highly educational and valuable, enhancing both the theoretical knowledge and practical skills of the participants in bladder catheterization.



“Clinical Skill training program on Bladder Catheterization Simulator”

Date	:	13th October 2022
Venue	:	Adult Health Nursing Lab, Choithram College of Nursing,
Participants	:	25 faculty and 70 B.Sc. Nursing 3rd year students
Beneficiaries	:	25 Faculty and 70 B.Sc. Nursing 3rd year students

Attendees -

ATTENDANCE

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 Principal

