



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2362491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

2.3.4 Log Book of Mentor

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1.	Log Book	2-31



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CHOITHRAM COLLEGE OF NURSING

CHOITHRAM HOSPITAL & RESEARCH CENTER,
MANIK BAGH ROAD, INDORE

Recognized by Indian Nursing Council, New Delhi



STUDENT MENTORING CELL Mentoring Record Sheet



Student's Name	: <u>Agnes Francis</u>
Admission Year (Batch):	<u>2019 - 2023</u>
Name of Mentor	: <u>Mrs. Vaishali Awari</u>
Student Email Id.	: <u>agnesfrancis02@gmail.com</u>

Manik Bagh road, Indore (M.P.), Phone No.: +91-731-2362491-99 (ext. 407, 535), Fax: +91-731-2470068

Email: cconursing@yahoo.co.in, Web: www.cconursing.com



CHOITHRAM COLLEGE OF NURSING

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Choithram College of Nursing STUDENT MENTORING CELL Mentoring Record Sheet (Academic year 2019 / 2020)



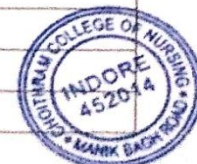
Group: of

Mentor Information-

Name of Mentor (Teacher)	Mrs Vaishali Gauri
Designation	Associate Professor.
Name of Department	Mental Health Nursing

Mentee's Personal Information-

Name of Student	Agnes Francis
Class	BSc (ND) 1 st Year
Enrollment Number	NP131N000019001
Mobile Number	6238513431
E-mail	agnesfrancis02@g-mail.com
Date of Birth	02/07/2001
Year of admission	2019
Present Residential Address	Kokkandathil (H) Kuthukuzhi P.O, Kothamangalam Ernakulam, Kerala, 686691
Mobile No.	9497794362
Mother tongue	Malayalam
Medium of Instruction upto 12 th class	English
Name of local guardian with address and Contact Number	Dr. Teena Kanyamattam Upasana Convent
Father's Details	Name: K.A. Francis
	Profession: Business
	Contact No.: 9497794362
Mother's Details	Name: Rosily Francis
	Profession: Homemaker
	Contact No.: 9496455503





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Goal Setting and Action Planning

Goals	Set up by Student	Reviewed by Mentor	Action required
Academic Goals	- To achieve marks above 80% - To develop hindi speaking skills	She is trying to improve her language	Need to work hard.
Aspirations	- To continue with clinicals and master in nursing - To look forward for new challenges	Enhanced the clinical skills and guided for further studies.	Continued her learning skills.

Signature:

Student: Agnes

Teacher: [Signature]

Date:





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CLASS: B.Sc (N) 1st year.

DATE: 18/10/19

A Academic Activity													
1. Classroom attendance	Regular >80% <input checked="" type="checkbox"/> Irregular <input type="checkbox"/> Reason for irregular attendance:												
2. Regularity in submission of assignments	Regular <input checked="" type="checkbox"/> Irregular <input type="checkbox"/>												
3. Academic performance (Internal Exams)	Outstanding <input type="checkbox"/> V. Good <input type="checkbox"/> Good <input checked="" type="checkbox"/> Need help <input type="checkbox"/>												
B Co-Curricular Activity													
1. Sports activities interested in-	1. <u>Badminton</u> 2. <u>Kho-Kho</u> 3. 4.												
2. Hobbies and interests	1. <u>Dancing</u> 2. <u>Singing</u> 3. <u>Drawing</u> 4.												
3. Participation in co-curricular activities	Good <input checked="" type="checkbox"/> Average <input type="checkbox"/> Poor <input type="checkbox"/>												
C. Personal traits													
1. Communication Skill (G: Good/ A: Average/ NI: Need Improvement)	<table border="0"> <tr> <td>Proficiency in</td> <td>Speak</td> <td>Read</td> <td>Write</td> </tr> <tr> <td>English</td> <td><input checked="" type="checkbox"/> A</td> <td><input checked="" type="checkbox"/> G</td> <td><input checked="" type="checkbox"/> A</td> </tr> <tr> <td>Hindi</td> <td><input checked="" type="checkbox"/> G</td> <td><input checked="" type="checkbox"/> G</td> <td><input checked="" type="checkbox"/> A</td> </tr> </table>	Proficiency in	Speak	Read	Write	English	<input checked="" type="checkbox"/> A	<input checked="" type="checkbox"/> G	<input checked="" type="checkbox"/> A	Hindi	<input checked="" type="checkbox"/> G	<input checked="" type="checkbox"/> G	<input checked="" type="checkbox"/> A
Proficiency in	Speak	Read	Write										
English	<input checked="" type="checkbox"/> A	<input checked="" type="checkbox"/> G	<input checked="" type="checkbox"/> A										
Hindi	<input checked="" type="checkbox"/> G	<input checked="" type="checkbox"/> G	<input checked="" type="checkbox"/> A										
2. Stress Factors	Academic <input type="checkbox"/> Friends <input type="checkbox"/> Family <input type="checkbox"/> Personal Health <input type="checkbox"/> Finances <input checked="" type="checkbox"/> Other <input type="checkbox"/>												
D Remedial Suggestions for Improvement (if required)	—												





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SWOT ANALYSIS OF THE STUDENT

<p>Strength: What do you see as your strengths?</p> <p>What do others see as your strengths?</p>	<p>She is having good helping mind</p> <p>She is obedient and co-operative</p>
<p>Weakness: What do you see as your weakness?</p> <p>What do others see as your weakness?</p>	<p>She is not able to speak English with proper grammar.</p> <p>Have stage phobia.</p>
<p>Opportunities: What opportunities are open to you?</p> <p>What trends could you take advantage of?</p>	<p>She is having opportunities in education, co-curricular and clinical experience</p>
<p>Threat/ Challenges: What key challenges do you find?</p> <p>What difficulties do you find to overcome these challenges?</p>	<p>She is having difficulty in communicating and understanding local language.</p>

MENTORING MEETING RECORD

Name of the Mentee : Agnes Francis

Class: B.Sc (N) 1st Year

Date: <u>18/10/19</u>	Time: <u>2-3 pm</u>	Place: <u>online</u>
<p>Session Summary: <u>Had a discussion of academic objectives.</u> <u>About college discipline and ethics.</u></p>		
Signature of Student: <u>Agnes</u>	Signature of Teacher: <u>[Signature]</u>	





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Date: 13/01/20	Time: 2-3pm	Place: Online.
Session Summary: Discussed about her study routines. -> she is good in F&N Lab procedures		
Signature of Student: <i>Agnes</i>	Signature of Teacher: <i>[Signature]</i>	

Date:	Time:	Place:
Session Summary:		
Signature of Student:	Signature of Teacher:	

Date:	Time:	Place:
Session Summary:		
Signature of Student:	Signature of Teacher:	

[Signature]
Signature of Class teacher

Signature of Principal



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CLASS: B.Sc (N) II year.

DATE: 13/10/20

A Academic Activity	
1. Classroom attendance	Regular >80% <input checked="" type="checkbox"/> Irregular <input type="checkbox"/> Reason for irregular attendance:
2. Regularity in submission of assignments	Regular <input checked="" type="checkbox"/> Irregular <input type="checkbox"/>
3. Academic performance (Internal Exams)	Outstanding <input type="checkbox"/> V. Good <input type="checkbox"/> Good <input checked="" type="checkbox"/> Need help <input type="checkbox"/>
B Co-Curricular Activity	
1. Sports activities interested in-	1. <u>Badminton</u> 2. <u>Kho-Kho</u> 3. 4.
2. Hobbies and interests	1. <u>Dancing</u> 2. <u>Drawing</u> 3. <u>Singing</u> 4.
3. Participation in co-curricular activities	Good <input checked="" type="checkbox"/> Average <input type="checkbox"/> Poor <input type="checkbox"/>
C. Personal traits	
1. Communication Skill (G: Good/ A: Average/ NI: Need Improvement)	Proficiency in English: Speak <input checked="" type="checkbox"/> Read <input checked="" type="checkbox"/> Write <input checked="" type="checkbox"/> Hindi: <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
2. Stress Factors	Academic <input type="checkbox"/> Friends <input type="checkbox"/> Family <input type="checkbox"/> Personal Health <input type="checkbox"/> Finances <input type="checkbox"/> Other <input checked="" type="checkbox"/>
D Remedial Suggestions for Improvement (if required)	—





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SWOT ANALYSIS OF THE STUDENT

Strength: What do you see as your strengths?	- She is obedient
What do others see as your strengths?	- Have dancing and drawing capabilities
Weakness: What do you see as your weakness?	- Having problems in time management
What do others see as your weakness?	- cannot control her emotions
Opportunities: What opportunities are open to you?	- She is having opportunity of more clinical experience
What trends could you take advantage of?	- Clinicals .
Threat/ Challenges: What key challenges do you find?	- Assignments and presentations
What difficulties do you find to overcome these challenges?	- Time management .

MENTORING MEETING RECORD

Name of the Mentee : Agnes Francis

Class: B.Sc (N) 1st year

Date: <u>13/10/20</u>	Time: <u>3-4 p</u>	Place: <u>UG Block</u>
Session Summary: <u>online session</u> <u>Discussed about syllabus of 2nd year and academic performance.</u> <u>clinical exposure and assignments.</u>		
Signature of Student: <u>Agnes</u>	Signature of Teacher: <u>[Signature]</u>	





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Date: 11/10/21	Time: 3-4 pm.	Place: Library
Session Summary: Discussed about academics and community posting exposure and assignment of PHC.		
Signature of Student: <i>Aagya</i>	Signature of Teacher: <i>[Signature]</i>	

Date: 14/04/21	Time: 3-4 pm.	Place: PG Block
Session Summary: Discussed regarding the academics, challenges and ways to overcome them.		
Signature of Student: <i>Aagya</i>	Signature of Teacher: <i>[Signature]</i>	

Date: 19/07/21	Time: 3-4 pm.	Place: Library
Session Summary: Discussed regarding the completion of assignments and course left.		
Signature of Student: <i>Aagya</i>	Signature of Teacher: <i>[Signature]</i>	

[Signature]
Signature of Class teacher

[Signature]
Signature of Principal




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Webiste : www.choithramnursing.com

CLASS: B.Sc (N) IIIrd year

DATE: 10/12/21

A Academic Activity													
1. Classroom attendance	Regular >80% <input checked="" type="checkbox"/> Irregular <input type="checkbox"/> Reason for irregular attendance:												
2. Regularity in submission of assignments	Regular <input checked="" type="checkbox"/> Irregular <input type="checkbox"/>												
3. Academic performance (Internal Exams)	Outstanding <input type="checkbox"/> V. Good <input type="checkbox"/> Good <input checked="" type="checkbox"/> Need help <input type="checkbox"/>												
B Co-Curricular Activity													
1. Sports activities interested in-	1. Badminton 2. Kho-Kho 3. 4.												
2. Hobbies and interests	1. Dancing 2. singing 3. Drawing 4.												
3. Participation in co-curricular activities	Good <input checked="" type="checkbox"/> Average <input type="checkbox"/> Poor <input type="checkbox"/>												
C. Personal traits													
1. Communication Skill (G: Good/ A: Average/ NI: Need Improvement)	<table border="1"> <thead> <tr> <th>Proficiency in</th> <th>Speak</th> <th>Read</th> <th>Write</th> </tr> </thead> <tbody> <tr> <td>English</td> <td><input type="checkbox"/> A</td> <td><input type="checkbox"/> G</td> <td><input type="checkbox"/> A</td> </tr> <tr> <td>Hindi</td> <td><input type="checkbox"/> G</td> <td><input type="checkbox"/> G</td> <td><input type="checkbox"/> A</td> </tr> </tbody> </table>	Proficiency in	Speak	Read	Write	English	<input type="checkbox"/> A	<input type="checkbox"/> G	<input type="checkbox"/> A	Hindi	<input type="checkbox"/> G	<input type="checkbox"/> G	<input type="checkbox"/> A
Proficiency in	Speak	Read	Write										
English	<input type="checkbox"/> A	<input type="checkbox"/> G	<input type="checkbox"/> A										
Hindi	<input type="checkbox"/> G	<input type="checkbox"/> G	<input type="checkbox"/> A										
2. Stress Factors	Academic <input type="checkbox"/> Friends <input type="checkbox"/> Family <input type="checkbox"/> Personal Health <input type="checkbox"/> Finances <input checked="" type="checkbox"/> Other <input type="checkbox"/>												
D Remedial Suggestions for Improvement (if required)	-												





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SWOT ANALYSIS OF THE STUDENT

Strength:	
What do you see as your strengths?	- Helping Nature
What do others see as your strengths?	- co-operative
Weakness:	
What do you see as your weakness?	- Difficulty in speak English
What do others see as your weakness?	- stage phobia
Opportunities:	
What opportunities are open to you?	- library - clinical duties - Good Mentors
What trends could you take advantage of?	→ she is having opportunities in education
Threat/ Challenges:	
What key challenges do you find?	→ she is having difficulty in communication and understanding local language.
What difficulties do you find to overcome these challenges?	

MENTORING MEETING RECORD

Name of the Mentee : Agnes Francis

Class: BScN 1st year

Date: <u>10/12/21</u>	Time: <u>2-3pm.</u>	Place: <u>library</u>
Session Summary: Had a discussion of academic objectives about college discipline and ethics, she is interested in Badminton and Kho-Kho.		
Signature of Student: <u>Agnes</u>	Signature of Teacher:	





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Date: 14/03/22	Time: 2-3 pm	Place: UG Block
Session Summary: Her Hobbies are: dancing, singing, drawing Her Co-curricular activities is Good, Her stress factor is finances.		
Signature of Student: <i>Agnes</i>	Signature of Teacher: <i>[Signature]</i>	

Date: 15/06/22	Time: 2-3 pm	Place: PG Block
Session Summary: She is Good in Fundamental of Nursing lab procedures, discussed About clinicals and study.		
Signature of Student: <i>Agnes</i>	Signature of Teacher: <i>[Signature]</i>	

Date: 12/09/22	Time: 2-3 pm	Place: library
Session Summary: Discussed About clinical Posting exposure and assignments, Discussed About opportunities are open to her - library, clinicals etc..		
Signature of Student: <i>Agnes</i>	Signature of Teacher: <i>[Signature]</i>	

Signature of Class teacher



Signature of Principal



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Webiste : www.choithramnursing.com

CLASS: B.Sc (N) IVth year

DATE: 12/01/23

A Academic Activity	
1.	Classroom attendance Regular >80% <input checked="" type="checkbox"/> Irregular <input type="checkbox"/> Reason for irregular attendance:
2.	Regularity in submission of assignments Regular <input checked="" type="checkbox"/> Irregular <input type="checkbox"/>
3.	Academic performance (Internal Exams) Outstanding <input type="checkbox"/> V. Good <input type="checkbox"/> Good <input checked="" type="checkbox"/> Need help <input type="checkbox"/>
B Co-Curricular Activity	
1.	Sports activities interested in- 1. <u>Badminton</u> 2. <u>Kho-Kho</u> 3. 4.
2.	Hobbies and interests 1. <u>Dancing</u> 2. <u>Drawing</u> 3. <u>Singing</u> 4.
3.	Participation in co-curricular activities Good <input checked="" type="checkbox"/> Average <input type="checkbox"/> Poor <input type="checkbox"/>
C. Personal traits	
1.	Communication Skill (G: Good/ A: Average/ NI: Need Improvement) Proficiency in Speak Read Write English <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> Hindi <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
2.	Stress Factors Academic <input type="checkbox"/> Friends <input type="checkbox"/> Family <input type="checkbox"/> Personal Health <input type="checkbox"/> Finances <input type="checkbox"/> Other <input checked="" type="checkbox"/>
D	Remedial Suggestions for Improvement (if required) <u>-</u>





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CLASS: B.Sc (N) IVth year

DATE: 12/01/23

A Academic Activity													
1. Classroom attendance	Regular >80% <input checked="" type="checkbox"/> Irregular <input type="checkbox"/> Reason for irregular attendance:												
2. Regularity in submission of assignments	Regular <input checked="" type="checkbox"/> Irregular <input type="checkbox"/>												
3. Academic performance (Internal Exams)	Outstanding <input type="checkbox"/> V. Good <input type="checkbox"/> Good <input checked="" type="checkbox"/> Need help <input type="checkbox"/>												
B Co-Curricular Activity													
1. Sports activities interested in-	1. Badminton 2. Kho-Kho 3. 4.												
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Proficiency in	Speak	Read	Write										
English	<input type="checkbox"/> G	<input type="checkbox"/> G	<input type="checkbox"/> G										
Hindi	<input type="checkbox"/> A	<input type="checkbox"/> G	<input type="checkbox"/> G										
2. Stress Factors	Academic <input type="checkbox"/> Friends <input type="checkbox"/> Family <input type="checkbox"/> Personal Health <input type="checkbox"/> Finances <input type="checkbox"/> Other <input checked="" type="checkbox"/>												
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Date: 10/04/23	Time: 3-4 p.	Place: PG Block
Session Summary: She is interested in Badminton, Kho-kho, she is interested in Dancing.		
Signature of Student: <i>Aagne</i>	Signature of Teacher: <i>[Signature]</i>	

Date: 20/07/23	Time: 3-4 p.	Place: UG BLOCK
Session Summary: Her co-curricular activities is Good. Need to improve in communication skills. Academic performance is Good.		
Signature of Student: <i>Aagne</i>	Signature of Teacher: <i>[Signature]</i>	

Date: 27/09/23	Time: 3:30-4:30PM	Place: PG Block
Session Summary: Discussed about Completion of Assignments and theory classes.		
Signature of Student:	Signature of Teacher: <i>[Signature]</i>	

[Signature]
Signature of Class teacher

Signature of Principal



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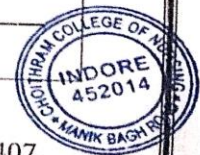
CHOITHRAM HOSPITAL & RESEARCH CENTER,
MANIK BAGH ROAD, INDORE

Recognized by Indian Nursing Council, New Delhi



STUDENT MENTORING CELL Mentoring Record Sheet

Student's Name	:	Ajeena S. Alex
Admission Year (Batch):	:	2019-2023
Name of Mentor	:	Mrs. Nishali Indore.
Student Email Id.	:	ajeenasusanalex@gmail.com



Manik Bagh road, Indore (M.P.), Phone No.: +91-731-2362491-99 (ext. 407,
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Webiste : www.choithramnursing.com



Choithram College of Nursing STUDENT MENTORING CELL Mentoring Record Sheet (Academic year 20.19.7.23)



Group: 01

Mentor Information-

Name of Mentor (Teacher)	Mrs. Vaishali Mishra
Designation	Associate Professor
Name of Department	Mental Health Nursing

Mentee's Personal Information-

Name of Student	Ajeena S. Alex
Class	Bsc (N) 1st year
Enrollment Number	NP131N000019006
Mobile Number	8075428050
E-mail	ajeenasusanalex@gmail.com
Date of Birth	22/01/2001
Year of admission	2019
Present Residential Address	Chakkalamuriyil - M. North P.O. Putanmedtom, Padbanarothitta, Kerala, 689343
Mobile No.	a
Mother tongue	Malayalam
Medium of Instruction upto 12 th class	English
Name of local guardian with address and Contact Number	Alexkutty, MR 10 Shyam Nagar Annex
Father's Details	Name: Alexander C.A.
	Profession: Business
	Contact No.:
Mother's Details	Name: Deenamma Alexander
	Profession: Housewife
	Contact No.:





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Goal Setting and Action Planning

Goals	Set up by Student	Reviewed by Mentor	Action required
Academic Goals	To achieve marks above 80% Develop speaking skills	She is trying to improve her speaking skills	Need to work hard
Aspirations	To continue with clinicals and master in nursing look forward for challenges	Enhanced the clinical skills and guided for further studies	Monitored learning skills

Signature: 

Student:

Teacher: 

Date:





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CLASS: B.SC (N) 1st year

DATE: 18/10/19

A Academic Activity													
1. Classroom attendance	Regular >80% <input checked="" type="checkbox"/> Irregular <input type="checkbox"/> Reason for irregular attendance:												
2. Regularity in submission of assignments	Regular <input checked="" type="checkbox"/> Irregular <input type="checkbox"/>												
3. Academic performance (Internal Exams)	Outstanding <input type="checkbox"/> V. Good <input type="checkbox"/> Good <input checked="" type="checkbox"/> Need help <input type="checkbox"/>												
B Co-Curricular Activity													
1. Sports activities interested in-	1. <u>Badminton</u> 2. <u>Kho-Kho</u> 3. 4.												
2. Hobbies and interests	1. <u>Dancing</u> 2. <u>Swimming</u> 3. <u>Drawing</u> 4.												
3. Participation in co-curricular activities	Good <input checked="" type="checkbox"/> Average <input type="checkbox"/> Poor <input type="checkbox"/>												
C. Personal traits													
1. Communication Skill (G: Good/ A: Average/ NI: Need Improvement)	<table border="0"> <tr> <td>Proficiency in</td> <td>Speak</td> <td>Read</td> <td>Write</td> </tr> <tr> <td>English</td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> <tr> <td>Hindi</td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </table>	Proficiency in	Speak	Read	Write	English	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Hindi	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Proficiency in	Speak	Read	Write										
English	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>										
Hindi	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>										
2. Stress Factors	Academic <input checked="" type="checkbox"/> Friends <input type="checkbox"/> Family <input type="checkbox"/> Personal Health <input type="checkbox"/> Finances <input checked="" type="checkbox"/> Other <input type="checkbox"/>												
D Remedial Suggestions for Improvement (if required)	—												





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SWOT ANALYSIS OF THE STUDENT

Strength:	
What do you see as your strengths?	+ She is having helping nature
What do others see as your strengths?	+ obedient and co-operative
Weakness:	
What do you see as your weakness?	- Language barrier during studying
What do others see as your weakness?	- Having stage phobia.
Opportunities:	
What opportunities are open to you?	- Having opportunities in education and clinical skills
What trends could you take advantage of?	
Threat/ Challenges:	
What key challenges do you find?	- Having academic related challenges.
What difficulties do you find to overcome these challenges?	- Having difficulties to study on time.

MENTORING MEETING RECORD

Name of the Mentee : Ajeena S. Alex
Class: B.Sc (N) 1 year.

Date:	<u>18/10/19</u>	Time:	<u>2-3 pm.</u>	Place:	<u>Online</u>
Session Summary: <u>Had a discussion of academic objectives about colleges discipline and ethics.</u>					
Signature of Student: <u>[Signature]</u>			Signature of Teacher: <u>[Signature]</u>		





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Date: 13/01/23	Time: 2-3 pm.	Place: online
Session Summary: Discussed about examination and academics Good th for lab procedures		
Signature of Student:	Signature of Teacher:	

Date:	Time:	Place:
Session Summary:		
Signature of Student:	Signature of Teacher:	

Date:	Time:	Place:
Session Summary:		
Signature of Student:	Signature of Teacher:	

Signature of Class teacher

Signature of Principal



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CLASS: B.Sc (N) 1st year.

DATE: 13/10/20.

A Academic Activity													
1.	Classroom attendance Regular >80% <input checked="" type="checkbox"/> Irregular <input type="checkbox"/> Reason for irregular attendance:												
2.	Regularity in submission of assignments Regular <input checked="" type="checkbox"/> Irregular <input type="checkbox"/>												
3.	Academic performance (Internal Exams) Outstanding <input type="checkbox"/> V. Good <input type="checkbox"/> Good <input checked="" type="checkbox"/> Need help <input type="checkbox"/>												
B Co-Curricular Activity													
1.	Sports activities interested in- 1. <u>Badminton</u> 2. <u>Kho-Kho</u> 3. 4.												
2.	Hobbies and interests 1. <u>Singing</u> 2. <u>Reading</u> 3. 4.												
3.	Participation in co-curricular activities Good <input checked="" type="checkbox"/> Average <input type="checkbox"/> Poor <input type="checkbox"/>												
C. Personal traits													
1.	Communication Skill (G: Good/ A: Average/ NI: Need Improvement) <table><tr><td>Proficiency in</td><td>Speak</td><td>Read</td><td>Write</td></tr><tr><td>English</td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr><tr><td>Hindi</td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr></table>	Proficiency in	Speak	Read	Write	English	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Hindi	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Proficiency in	Speak	Read	Write										
English	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>										
Hindi	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>										
2.	Stress Factors Academic <input type="checkbox"/> Friends <input type="checkbox"/> Family <input type="checkbox"/> Personal Health <input type="checkbox"/> Finances <input checked="" type="checkbox"/> Other <input type="checkbox"/>												
D Remedial Suggestions for Improvement (if required)													
-													





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SWOT ANALYSIS OF THE STUDENT

Strength: What do you see as your strengths? What do others see as your strengths?	- She is obedient - Having dancing and acting capabilities
Weakness: What do you see as your weakness? What do others see as your weakness?	- Having problems in time management - cannot control her emotions.
Opportunities: What opportunities are open to you? What trends could you take advantage of?	- She is having opportunities of more clinical experiences
Threat/ Challenges: What key challenges do you find? What difficulties do you find to overcome these challenges?	- Assignments and presentation - Time management

MENTORING MEETING RECORD

Name of the Mentee : Ajeena S. Alex

Class: B.Sc (N) 1st year

Date: <u>13/10/20</u>	Time: <u>3-4 pm</u>	Place: <u>PG Block</u>
Session Summary: - Discussed about syllabus of 2 nd year and academic performance - clinical exposure and assignments		
Signature of Student:	Signature of Teacher:	





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Date: 11/10/21	Time: 3-4pm	Place: UG Block
Session Summary: Discussed about academics and community pasting exposure and assignments of public health care.		
Signature of Student:	Signature of Teacher:	

Date: 14/04/21	Time: 3-4pm	Place: library
Session Summary: Discussed regarding the academic challenges and ways to overcome them.		
Signature of Student:	Signature of Teacher:	

Date: 19/07/21	Time: 3-4pm	Place: PG Block
Session Summary: Discussed regarding the completion of assignments and courses left.		
Signature of Student:	Signature of Teacher:	

Signature of Class teacher

Signature of Principal



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CLASS: B.S.C (N) - 1st year

DATE: 10/12/21

A Academic Activity	
1. Classroom attendance	Regular >80% <input checked="" type="checkbox"/> Irregular <input type="checkbox"/> Reason for irregular attendance:
2. Regularity in submission of assignments	Regular <input checked="" type="checkbox"/> Irregular <input type="checkbox"/>
3. Academic performance (Internal Exams)	Outstanding <input type="checkbox"/> V. Good <input type="checkbox"/> Good <input checked="" type="checkbox"/> Need help <input type="checkbox"/>
B Co-Curricular Activity	
1. Sports activities interested in-	1. Badminton 2. Kho-kho 3. 4.
2. Hobbies and interests	1. Singing 2. acting 3. 4.
3. Participation in co-curricular activities	Good <input checked="" type="checkbox"/> Average <input type="checkbox"/> Poor <input type="checkbox"/>
C. Personal traits	
1. Communication Skill (G: Good/ A: Average/ NI: Need Improvement)	Proficiency in Speak Read Write English <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> Hindi <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
2. Stress Factors	Academic <input type="checkbox"/> Friends <input type="checkbox"/> Family <input type="checkbox"/> Personal Health <input type="checkbox"/> Finances <input checked="" type="checkbox"/> Other <input type="checkbox"/>
D Remedial Suggestions for Improvement (if required)	





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SWOT ANALYSIS OF THE STUDENT

Strength:	
What do you see as your strengths?	able to communicate whenever or not they understand what you are teaching them
What do others see as your strengths?	
Weakness:	
What do you see as your weakness?	→ Public fear
What do others see as your weakness?	→ Having stage phobia
Opportunities:	
What opportunities are open to you?	- library, clinical exposure, having opportunities in education.
What trends could you take advantage of?	
Threat/ Challenges:	
What key challenges do you find?	- Having academic related challenges - difficulty in complete assignments
What difficulties do you find to overcome these challenges?	

MENTORING MEETING RECORD

Name of the Mentee : Ajeend S. Alex

Class : BSc (N) IIIrd year

Date: <u>10/12/21</u>	Time: <u>2-3pm</u>	Place: <u>PG Block</u>
Session Summary: <u>Discussed About syllabus of IIIrd year and academic performance, clinical exposure and assignments.</u>		
Signature of Student: <u>[Signature]</u>	Signature of Teacher: <u>[Signature]</u>	





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Date: 14/03/22	Time: 2-3pm.	Place: UG Block
Session Summary: she is interested in Badminton and Kho-Kho, her hobbies are dancing, singing, drawing		
Signature of Student:	Signature of Teacher:	

Date: 15/06/22	Time: 2-3pm.	Place: library
Session Summary: she is good in co-curricular activities her communication skill is good, her stress factor is academic		
Signature of Student:	Signature of Teacher:	

Date: 12/09/22	Time: 2-3pm.	Place: library
Session Summary: She is having difficulty in communication and understanding local language. Her co-curricular activities no goal.		
Signature of Student:	Signature of Teacher:	

Signature of Class teacher

Signature of Principal



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Webiste : www.choithramnursing.com

CLASS: BSC(N) IVth year

DATE: 12/01/20

A Academic Activity													
1. Classroom attendance	Regular >80% <input checked="" type="checkbox"/> Irregular <input type="checkbox"/> Reason for irregular attendance:												
2. Regularity in submission of assignments	Regular <input checked="" type="checkbox"/> Irregular <input type="checkbox"/>												
3. Academic performance (Internal Exams)	Outstanding <input type="checkbox"/> V. Good <input type="checkbox"/> Good <input checked="" type="checkbox"/> Need help <input type="checkbox"/>												
B Co-Curricular Activity													
1. Sports activities interested in-	1. <u>Badminton</u> 2. <u>Kho-kho</u> 3. 4.												
2. Hobbies and interests	1. <u>Dancing</u> 2. <u>Singing</u> 3. 4. <u>Drawing</u>												
3. Participation in co-curricular activities	Good <input checked="" type="checkbox"/> Average <input type="checkbox"/> Poor <input type="checkbox"/>												
C. Personal traits													
1. Communication Skill (G: Good/ A: Average/ NI: Need Improvement)	<table border="0"> <tr> <td>Proficiency in</td> <td>Speak</td> <td>Read</td> <td>Write</td> </tr> <tr> <td>English</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Hindi</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> </table>	Proficiency in	Speak	Read	Write	English	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hindi	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Proficiency in	Speak	Read	Write										
English	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>										
Hindi	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>										
2. Stress Factors	Academic <input checked="" type="checkbox"/> Friends <input type="checkbox"/> Family <input type="checkbox"/> Personal Health <input type="checkbox"/> Finances <input checked="" type="checkbox"/> Other <input type="checkbox"/>												
D Remedial Suggestions for Improvement (if required)													





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SWOT ANALYSIS OF THE STUDENT

Strength:	
What do you see as your strengths?	→ She is having helping nature
What do others see as your strengths?	→ Brave, confident self motivated and a good listener
Weakness:	
What do you see as your weakness?	→ Fear of Public speaking
What do others see as your weakness?	→ I am a shy person
Opportunities:	
What opportunities are open to you?	→ library, Co-curricular activities
What trends could you take advantage of?	→ More clinical exposure
Threat/ Challenges:	
What key challenges do you find?	→ assignments and presentation
What difficulties do you find to overcome these challenges?	→ Time Management

MENTORING MEETING RECORD

Name of the Mentee : Asheng S. Alex

Class : BSc(N) IV year

Date: 12/01/23 Time: 3-4 pm. Place: PG Block

Session Summary:
Discussed About syllabus of IVth year
her co-curricular activities is good
Need to improve in communication skills

Signature of Student:

Signature of Teacher:





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Date: 10/04/23.	Time: 3-4 pm.	Place: PG Block
Session Summary: opportunities are open to her library clinical exposure having opportunities in education		
Signature of Student:	Signature of Teacher:	

Date: 20/07/23.	Time: 3-4 pm	Place: PG Block
Session Summary: Discussed regarding the academic challenges and ways to overcome them		
Signature of Student:	Signature of Teacher:	

Date: 27/09/23	Time: 3:30-4:30 PM	Place: PG Block
Session Summary: Discussed About the assignments and clinical exposure and syllabus.		
Signature of Student:	Signature of Teacher:	

Signature of Class teacher



Signature of Principal