



# CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur  
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



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Website : www.choithramnursing.com

## 3.2.2 Number of workshops/seminars conducted on Intellectual Property Rights (IPR) Research methodology, Good Clinical, Laboratory, Pharmacy and Collection practices, writing for Research Grants and Industry-Academia Collaborations during the last five years

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## 3.2.2 Reports of workshop/seminar conducted 2018-19

**HEALTH CON' 2018**  
**HEALTH FOR ALL: EMERGING REALITIES**

DATE: 14<sup>th</sup>-15<sup>th</sup> SEP 18  
VENUE: SVVV AUDITORIUM

Health Con' 2018 was organised by Choithram College of Nursing and Shree Valishnav Vidhyapeeth. The theme for this year was "Health for All: Emerging Realities". Faculties and students from various colleges from Indore, Ujjain participated enthusiastically. total registration were 110.

Following are the sub themes of the conference:

- Development of advance technology for health care management.
- Human resources for health care management. Bridging the gap.
- Socio- economic conditions and rural hygienic programs.
- Changing role of health care education.
- Environmental protection and community health.
- Role of professionals in Ayurveda and homeopathy and dentists in health management.
- Role of wellness centres.
- Nurse practitioner and autonomy

**DAY - 1**  
**14<sup>th</sup> September, 2018**


**Inaugural ceremony**

The conference brought together national and international experts to build a road map for the future plans of effective implementation of health management programs. The inaugural ceremony of the conference began by invoking Maa Saraswati, The Goddess of Knowledge.

In welcome address, Vice Chancellor, SVVV, Dr. Upinder Dhar said that it is important to pay more attention in the areas of health care. As according to a study, more people are losing their lives due to cancer as compared to heart diseases which has caused only 28% deaths in 2018. Diabetes is yet another life taker that has hiked from 25 million to 65 million people across the world.

Shri Purshottam Dasji Fazeri and Shri Kamalnaryanji Bhumbha shared the journey and future plans of Shree Valishnav Trust.

The guest of Honor, Prof. Dr. Sharad Thora, Dean MGM Indore said that the need of the time is that we should understand that how to solve the issues coming in the areas of health care. We have high death ratio at the time of delivery. The main reason being the high death rate is unavailability of medical facilities in the rural areas. 70% of the medical services is dependent on the allied health care sciences and it is the most promising field.





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## Session II

After the lunch 2<sup>nd</sup> session started

Chairperson:- Dr. Anand Rajawat

Moderator of this session:- Prof. Shreeja Vijayan (CCON)

In the session the 1<sup>st</sup> speaker was **Dr. Dilshada wani**, vice principal MMINSR, J&K delivered session on independent nurse practitioner: Feasibility in Indian health care settings. In her session she highlighted that with additional training and qualification, nurses in several countries are recognised as independent professionals. She emphasized that Independent Nurse Practitioners will be able to provide cost effective, competent and safe , quality driven specialized nursing care to patients.



2<sup>nd</sup> speaker was **Dr. Mehmoeda Regu**, Principal, MM institute of nursing science and research, J&K she delivered session on nurses and midwives, the largest workforce in health care: Issue, Challenges and realities. She threw light upon the contribution of nurses and midwives towards the society and will play an pivotal role in improving health outcomes in coming years.





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## CHOITHRAM COLLEGE OF NURSING, INDORE

Department of Obstetrics & Gynecological Nursing

Workshop on International Midwives Day

Date- 5 may 2018

Choithram College of Nursing organized Marathon and workshop under the aegis of SOMI for post graduate students and faculty of Midwifery for different institutions of Indore. Flag off was done by Dr. Usha Ukande, Principal Choithram college of Nursing, Dr. Sunil Chandiwala, DMS CH&RC and Mrs. Margret Gowrinath, JDNS CH&RC. The theme of the Marathon was "Midwives' Marathon for Mothers". Marathon was followed by workshop with the theme "Towards Physiological Birth". The workshop started at 11:00 am After refreshment, lectures were taken on preparing a woman for normal birth and postnatal care etc. after refreshment there was skill station: Use of alternative therapies for 1st stage of labor, the birthing process, skin to skin contact just after birth etc.





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"A study to assess the knowledge and opinion about importance and implication of nursing informatics among staff nurses at selected hospital in Indore in year 2017" by Mrs. Sonam Dubey, RD, Gardi College of Nursing, Indore.

"Enhanced quality of clinical learning with educational audit of practice placement among Bsc nursing 1<sup>st</sup> year students" by Rahul Nigam, Bombay College of Nursing, Indore.

"An exploratory study to assess the risk factors of coronary artery disease among industrial employee at selected Industries of Indore in year 2017" by Mr. Sonveer Sharma, RD Gardi College of Nursing, Ujjain.

"An exploratory comparative study to assess and evaluate various guidelines of continuing nursing education (CNE) of selected nursing council" by Mr. Nischal Pathak, CCON, Indore

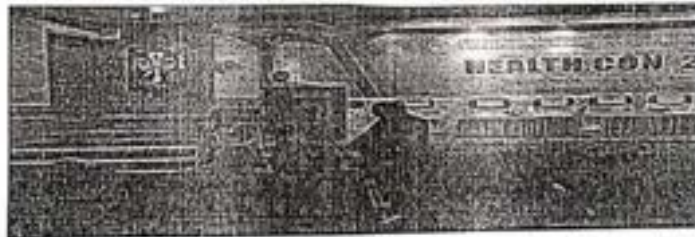
"A descriptive study to produce evidences of improved birthing process on maternal outcome at natural birthing centre" by Mrs. Prachi Awasthi, CCON, Indore

"A qualitative study to identify the predisposing factors contributing to suicide attempts among all age group in selected institutions in year 2016-17" by Mrs. Ranya Pillai, CCON, Indore

"Analyse the effectualness of medication administration exercise in prevention of high risk medication errors among staff nurses" by Rajeev Sen, Bombay College of Nursing, Indore

"Awareness availability and compliance of zinc supplement regimen among Argunwadi workers and primary care givers of under five children" by Kapil Gupta, RD, Gardi College of Nursing, Indore.

"Create awareness regarding proper disposal practices of soiled diapers through information pamphlet among caregivers. By Princy Koshy, Bombay College of Nursing, Indore.



The judges for the oral presentation were Mr. Mahtab Singh, Dr. and Dr. M.P Gautam (Head Forensic Dept.SVVV)

The 1<sup>st</sup> day conference ended with social gathering at Nakhrajji Dhuni, which contained mesmerizing cultural programs and a delicious Rajasthani Meal.





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(12:45-1:00)PM PPT: Practical aspect of surfactant therapy including In-Practical aspects dealt by Dr. Shikar Jain. He introduced the topic with the main indications for giving surfactant therapy, its types available in different forms, its advantages, complications and its effectiveness when used within a certain period of time.





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## REPORT: WORKSHOP ON CPAP AND BASIC VENTILATION UNDER THE AEGIS OF NHM.

DATE: 19<sup>th</sup> & 20<sup>th</sup> JULY 2018

TIME: 8:30am-5Pm

VENUE: Choithram Hospital and Research Centre &  
Choithram International School, INDORE (M.P)

Choithram Hospital and Research Centre under the aegis of NATIONAL HEALTH MISSION organized a two day workshop on CPAP and basic Ventilation on 19<sup>th</sup> & 20<sup>th</sup> JULY 2018 in Choithram International School Auditorium in coordination with Choithram college of Nursing. Dr. Shikhar Jain, Senior Pediatrician was the main coordinator for the workshop. Total 24 delegates were registered from Bhind, Sheopur, Rewa for workshop which included the doctors and staff nurses working in various SNCU'S of Madhya Pradesh.

The guest faculty and eminent speakers for the workshop were

- Dr. Nalini Panigrahi, Rainbow Hospital, (Hyderabad)
- Dr. Mamta Jajoo, CNBC ( Delhi)
- Dr. Shikhar Jain (Senior Pediatrician, CH&RC)





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## CHOITHRAM COLLEGE OF NURSING, INDORE

Department of Obstetrics & Gynecological Nursing

Workshop on "Empowering pregnancy, birthing, lactation and parenting"

Date: 23/07/2018

Time: 2:00PM to 5:00PM

Venue: Auditorium of CH&RC

Participants: 40 participants

Choithram College of Nursing organized a workshop on "Empowering pregnancy, birthing, lactation and parenting" under the aegis of SOMI. It was started with floral welcome of the guest speakers. Introduction of the speakers were given by Assoc. Prof. Prachi Awasthi (Obstetrics & Gynecology Nursing) Expert speakers for the workshop were Dr. Nidita Rawal (Obstetrician and Fertility Physician), Ms. Ruth Malik (Education manage ,Medela ), Mr. Abhishek Pasari (Parenting and life Coach).







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## CHOITHRAM COLLEGE OF NURSING, INDORE

Department of Obstetrics & Gynecological Nursing

### Workshop on "Birthing Practices that support breast feeding"

Date: 24/07/2018

Time: 11:00AM to 1:00PM

Venue: Auditorium of CH&RC

Participants: 35 participants

A workshop under the aegis of SOMI was organized by Choithram College of nursing on "Birthing practices that support breastfeeding". Expert speaker for the workshop was Ms. Ruth Malik (Education manager, Medela).

This workshop was organized for midwives, midwifery students & child health nursing students (Post graduate students) from various institutions and hospital (Index College of nursing, Government College of Nursing and Index Hospital, Indore) and faculty members of Choithram College of nursing.





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## CHOITHRAM COLLEGE OF NURSING NATIONAL WORKSHOP ON [Theme: "Sensitizing Nurses for NABH"]

Venue - Choithram College of Nursing Auditorium.  
Time - Morning 9 am to 5pm  
Date - 30/6/2018

Choithramcollege of Nursing has organized one-day National workshop, on the theme "Sensitizing Nurses for NABH" under the guidance of Dr. Usha Ukande, Principal of Choithram College of Nursing. The chief guest of the workshop was Dr. Amit Bhatt Deputy Director Medical Services, Choithram Hospital. The workshop started by enlightening the lamp followed by welcome address of Dr. Usha Ukande. Key note address given by Dr. Amit Bhatt. The main objective of this workshop was to impart knowledge regarding "National Accreditation Board for Hospitals" among Staff nurses, Administrative Personnel, Post Graduate Nursing Students and nursing faculty. The resource person for the workshop were, Dr. S. P. Jaiswal Quality Manager, HOD of clinical research and administrator, Choithram Hospital, Mr. Sunil Joshi Quality Nurse Manager Krishna Hospital Gujarat, Ms. Digna Thomas, Mr. Albin Joy, Quality Nurse Medanta Hospital, Ms. Vijaylaxmi Nair Nurse Manager Choithram Hospital, and Manju Kumar, Nurse educator, Choithram Hospital. In workshop these all topics were dealt by expert: Patient Safety and care, Management of medication and Infection Control, Nursing Audit and Quality Indicators.

Activity sessions were conducted after each scientific session. Total 150 Participants attended the workshop from different parts of the country such as Bhopal, Indore, Ujjain, Bangalore and Ahmedabad. The organizing secretary for the workshop was Prof. Shoetal Saxena, Choithram College of Nursing. The workshop ended with vote of thanks which was given by Miss Sinsa M.Sc. nursing Previous Year Student.





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## CHOITHRAM COLLEGE OF NURSING, INDORE

Department of Obstetrics & Gynecological Nursing

### WORKSHOP SAFE MOTHERHOOD DAY HEALTH CAMP -

Date-11 APRIL 2018

Venue- MARKAND NAGAR, INDORE (M.P)

Safe motherhood day is celebrated every year on 11th April. Choithram College of Nursing under the guidance of Principal Dr. Usha Ukande and Mrs. Prachi Awasthi, Asso. Prof. (OBG department) and with the coordination of Community health Nursing department we organized health camp under the aegis of SOMI in Markand Nagar Indore. Faculty of OBG department along with 10 MSc. Nursing students and 8 DMLT students participated in the camp. The program was organized with the coordination of Anganwadi worker of the area, and the camp was conducted in anganwadicenter of MarkandNagar. About 40 mothers and adolescent girls were benefited through the camp. There were sections divided for each activity's. The starting was with the registration of the mothers and a brief PPT presentation was given by Mrs. Prachi Awasthi on anemia, in which mothers were taught about all aspects of anemia emphasizing on its prevention among adolescent girls. Then the height and weight were measured for each individual mother, hemoglobin testing was done, blood pressure monitoring, was carried out for them. Then there was free distribution of medications to the mother such as calcium tablets, analgesics and iron folic acid tablets. Mothers were also counseled about their health problems and were advised accordingly. The adolescent girls were demonstrated about L4 and SP6 pressure points and their importance in minimizing menstrual pain.





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The judges for the oral presentation were Mr. Mahtab Singh, Dr. and Dr. M.P Gautam (Head Forensic Dept.SVVV)

The 1<sup>st</sup> day conference ended with social gathering at Nakhargli Dhani, which contained mesmerizing cultural programs and a delicious Rajasthani Meal.





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## 3.2.2 Reports of workshop/seminarconducted 2019-2020

**HEALTH CON' 2019**

**MENTAL HEALTH CARE IN INDIA: CHALLENGES AND OPPORTUNITIES**

DATE: 18/10/2019 -19/10/2019  
VENUE: SVVV AUDITORIUM


Health Con' 2019 was organised by Choithram College of Nursing and Shri Varaha Vidhyapeeth. The theme for this year was "Mental Health Care in India: Challenges and Opportunities" Faculties and students from various colleges from Indore, Ujjain, Bhopal, Jabalpur and Kolkata participated enthusiastically; total registration was 74. The sub themes of the conference as listed under:

**CHALLENGES**

- Mental Health: A public Health Issue
- Working men/women/corporate sector and Mental Health
- Young people/old age and Mental Health
- Mental Health and Medical Professionals
- Attitudes and beliefs about Mental Health
- Technology and Future of Mental Health care
- Challenges for youth transitioning to adulthood
- Access to support, services and treatment
- Perceptions of violence and mental illness

**OPPORTUNITIES**

- Suicide prevention is the key
- Role of schools in enriching early life experiences
- Positive psychology and mindfulness
- Stress management and child psychotherapy
- Mental health Nursing Psychiatry to ameliorate mankind
- Mental health awareness amongst various segments of the society
- Implications of early intervention
- Management of Mental Health disorders
- Cultural understanding of wellness models of clinical practice
- Etiology and Prevention of Mental illness
- Psychological aspects of Mental illness
- Advances in the diagnosis of Mental illness
- Advances in the diagnosis of mental illness
- Brain-stimulation treatments
- Psychiatric Rehabilitation: Stress management programs, Mental Health counselling and School mental health programs and power of yoga meditation





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**DAY – 1**  
**18<sup>th</sup> October, 2019**

## Inaugural ceremony

The conference brought together national and international experts to build a road map for the future plans of effective implementation of health management programs. The inaugural ceremony of the conference began by invoking Maa Saraswati, The Goddess of Knowledge.

Dr. Usha Ukande, Former Principal, Choithram College of Nursing and Convener Health Con 2019 gave the brief introduction about the HealthCon 19 and said that this conference will provide a platform to all the experts, scholars and educationalists to talk about innovative methods and technologies used in the area of mental health.

In welcome address, Vice Chancellor, SVVV, Dr. Upinder Dhar said that it is important to pay more attention in the areas of mental health care. As heavy load of mental illness leads to loss of productivity of human power and emerging issues related to mental health such as technology based addictions and over dependency are developing poor psychological and emotional instability among youth.

Dr. Sunil Chandniwal, Director Medical Services, Choithram Hospital and Research Centre, Indore addressed the listeners that, it is important to come up with new learnings in area of mental health to reduce the stigma and discrimination. He also said that it is OK to be diagnosed with Depression/Anxiety like other medical diseases i.e. Diabetic and Hypertension.

The chief guest Dr. Bharat Chhparwal enlightened the audience and said that awareness of mental illness leads to less disability and stigma among society.

Dr. Ramgolan Razdan, Medical Superintendent, Mental Hospital, Indore threw light on Prevalence of mental illness nationally and globally. He also talked about past and present scenario of mental health care services in India.

Dr. K.N Guruprasad, Chairperson and Organizing committee Healthcon 19 and Director SVIS proposed words of thanks.





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## VALEDICTORY FUNCTION

At 4:30 pm Valedictory function started. Chief Guest for valedictory function was Dr. K. Lalitha, Former Professor and Head, Nursing, NIMHANS Bengaluru. Mrs. Vaishali Tiwari, Asst. Professor, CCON presented the report of 2 days HEALTHCON. Chief guest Dr. K. Lalitha delivered the key message.

Result of oral presentation was declared, 1<sup>st</sup> prize was bagged by Ms. Shubha Lihala, Dance Psychotherapist, Kolkata and Mr. Anmol Joseph, CCON got the second prize and for poster presentation 1<sup>st</sup> prize was received by Mrs. Vaishali Tiwari, Asst. Professor, CCON and second prize by Mrs. Sonam Dubey, Asso.Profesor, Smt. R.D. Gardi college of Nursing. Vote of thanks was delivered by Dr. Shweta Agrawal, co-ordinator Healthcon'19,SVVV. Ceremony got concluded with National Anthem followed by tea.





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2<sup>nd</sup> speaker was **Dr. Dinesh Nagar**, Professor, Department of Psychology, BU, Bhopal. He delivered session on Perspective on Mental health issues and challenges in India. He discussed the concept of mental health and characteristics of mentally healthy person. He also briefed the delegates about shocking facts regarding mental health delivery and treatment gap. He also explained the connection between Psychology and mental health in form of Hope therapy, Well-being therapy and Quality of life therapy etc.



The 3<sup>rd</sup> speaker of session was **Dr. Uday Kumar Reddy**, CEO, Stress Mgt.Lab.President, International Stress Management Hyderabad. He dealt the topic of Stress management. He highlighted the sources of stress in day to day life and explained about stress management strategy in term of stress audit and use of Adaptogens (Nutraaceuticals for stress management). He also said that we should assess our own, mental health to develop resilience.



After 2 most knowledgeable session time was for high tea.

The 1<sup>st</sup> day conference ended with social gathering at Nakhrali Dhar, which included mesmerizing cultural programs and a delicious Rajasthani Meal.

## DAY II-October 19, 2019

### PLENARY SESSION III

**Chairperson:** Dr. Santosh Dhar, Dean Faculty of Doctoral Studies & Research SVVV

**Moderator:** Mrs. Sunimol Ajithkumar, Asst. Lecturer CCON

The first session of the second day of the conference was taken by **Mrs. Maya Bohra**, Founder & Director, Lakshay Child Development Centre, Suicide helpline SPANDAN, Indore. The topic of her talk was Suicide prevention. She emphasized that suicide is preventable if we are able to identify the warning signs of suicide. She also discussed the levels of suicide risk.



The second speaker of the session was **Mr. Anand Gaud**, Professor, Mental Health, Indore School of social work. The title of his talk was Rehabilitation of person with mental illness. He highlighted the importance of psychosocial rehabilitation and role of mental health professionals in psychiatric rehabilitation.







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## Session IV

After short tea break II<sup>nd</sup> session of the conference started.

**Chairperson:** Prof.Thampasana Devi, Principal, Index CON, Indore  
**Moderator:** Mrs. Vaishali Tiwari, Asst. Professor (CCON)



Oral presentation was given by 6 participants. The research titles of the participants are as follows:-



- Effect of Motivational Enhancement Therapy (MET) in association with Self- Control Anxiety Application on the level of Internet addiction among nursing students by Ms. Anmol Joseph, CCON, Indore.
- Effect of Mindfulness Based Stress Reduction (MBSR) on the level of Distress tolerance and Impulsivity among Adolescents by Mr. Lokendra Rana, CCO, Indore.
- Effectiveness of Psycho education based Parental Skill Training among Parents with Intellectual Disabled children by Ms. Binny Thomas, CCON, Indore.
- Effect of Coping Skill Training on Examination stress among school students by Mrs. Christy Abish, CCON, Indore.



- Lived experiences of patients admitted with Motor Vehicle Accidents by Mr. Vivek Joseph, CCON, Indore.
- Dance Movement Therapy in Parkinson's Disease- Rehabilitation with Environmental enrichment by Shubha Lilaha, Institute of Neuroscience, Kolkata.

The judges for the oral presentation were (Dr. Raja Princy, Professor, P.G. College of Nursing, Bhubli, and Dr. Swati Dubey Mishra, Asst. Professor (Vocational

Science) SVVV, Indore.





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## Session I

After short tea break 1<sup>st</sup> session of the conference started.

**Chairperson:** - Dr. Usha Ukandu

**Moderator of the session:** - Prof. Rakhi Chandel (CCON)

**Dr. Roja Princy**, Professor, P.G. College of Nursing, Bhilai, Chhatisgarh took the session on Mental health- A Public Health issue. She emphasized on mental health is a public health issue not a personal or individual. As disability due to caused by untreated mental illness affect productivity and growth of person, family, society and community as well.



**Dr. Ramchandra**, Former Principal, NIMHANS, College of Nursing explained about Changing Attitude and belief in mental health and illness. He also discussed about Past present and future perspective of mental illness as well as changing attitude of society for the same.



**Dr. K.Lalitha**, Former Professor and Head, Nursing, NIMHANS Bengaluru, delivered session on Brain Stimulation Treatment. She underlined the importance of Brain stimulation techniques in treating mental illnesses. She discussed various types of brain stimulations such as Electro convulsive therapy, vagus nerve stimulation, Repetitive Trans magnetic Stimulation (rTMS), Deep Brain Stimulation and Magnetic seizure Therapy. She also described that how magnetic stimulation is more effective and beneficial as compare to electric stimulation.



## Session II

After the lunch 2<sup>nd</sup> session started.

**Chairperson:** - Mrs. Anila Gangrade, Psychologist, MSW, M.Phil. Indore

**Moderator of the session:** - Prof. Shreeja Vijayan (CCON)

In the II session the 1<sup>st</sup> speaker was **Dr. Pali Rastogi**, Consultant Psychiatrist, Mental hospital, Indore. He took session on Physiology and prevention of Mental illness. In his session he highlighted about bio-psycho-social triad of mental disorders along with Preventive aspects of Psychiatry in terms of Primary, secondary and tertiary prevention. He also emphasized that prompt and early treatment may prevent further disability.





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## PLENARY SESSION V

After the lunch, 3<sup>rd</sup> session started.

**Chairperson:** Dr. K.N. Guru Prasad, SVVV

**Moderator:** Mrs. Shweta Pattnaik, Professor, CCON

**Dr. Blessy Antony**, Principal, St. Francis College of Nursing, Indore, was the first speaker of session V. She enlightened the listeners with her powerful talk emphasizing on the Mindfulness. She explained that being mindful strengthens our capacity to dealing with distress and harmonized our day to day life events with resilience.



**Dr. Binla Kapoor**, Frmr. Director & Professor School of Health Sciences, IGNOU, Delhi was the second speaker of the session. The title of her session was Young People/ Old age and Mental Health. She discussed about the psycho social factors associated with mental health of young people such as life style, digital technology and employment.



### Poster competition

There were total five poster on display for the poster competition. Judges for poster competition were Dr. Usha Ukande and Mrs. Rekha Arya, Professor, Department of Psychiatry, SVVV, Indore.

## PLENARY SESSION VI

**Chairperson:** Prof. M.P. Gautam, SVVVV, Indore

**Moderator:** Mr Nishal Pathak, Asst. Lecturer, CCON

The speaker of last session was **Dr. Akansha Ritesh**, Principal, The Deep International School Army Cantt. MHOW, Indore. The topic of her talk was "Role of School in enriching early life experiences." She discussed about the role of teachers as well as parents in developing the mental health of children at early life stages by putting case scenarios based on different developmental stages.



Second Session was dealt by **Dr. Hiral Kotadiya**, Child & Adolescent Psychiatrist, Dept. of Psychiatry, SAIMS, Indore. He delivered his talk on "Implication of early intervention". He briefed about childhood psychiatric disorders and advantages of early interventions.





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### 3.2.2 Reports of workshop/seminar conducted 2020 -2021

**INTERNATIONAL WEBINAR**  
**"ROLE OF ICU NURSE IN CURRENT SCENARIO"**

Date: 18<sup>th</sup> June, 2020  
Venue: Choithram College of Nursing  
Beneficiaries: Faculty and students of nursing

In the current healthcare landscape, the role of ICU nurses has become more critical than ever before. These dedicated healthcare professionals play a vital role in providing specialized care and monitoring for critically ill patients in the Intensive Care Unit (ICU). Their expertise and compassionate approach are essential in ensuring the best possible outcomes for patients. One of the primary responsibilities of ICU nurses is to closely monitor and assess patients' condition, including vital signs, oxygenation levels, and response to treatments. They are trained to recognize and respond quickly to any changes or deterioration in a patient's condition, ensuring prompt intervention and timely escalation of care. In addition to direct patient care, ICU nurses also play a crucial role in infection prevention and control. They adhere to strict protocols and guidelines to minimize the risk of healthcare-associated infections, implementing proper hand hygiene, wearing personal protective equipment, and maintaining a clean and sterile environment.

In the current scenario, ICU nurses have been at the forefront of the battle against the COVID-19 pandemic, caring for the sickest patients and adapting to new challenges. They have demonstrated resilience, adaptability, and dedication in the face of unprecedented demands. Girish Degavi, Faculty Department of Nursing, Bule Hora was the resource person.



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**Mrs. Anjans Menon**

**Senior Technical Advisor, Creax Healthcare Consultancy**

**Expert Lecture: Professional Development-Nurse Entrepreneur, Informatics and Quality Consultant- A way Forward**

**Date: 25th July 2020**

**Time: 11am-12MD**

**Venue: Choithram College of Nursing, Zoom Platform as well as You tube live.**

**Total Participants registered were 1000 and e-certificate were distributed at the end of the session.**





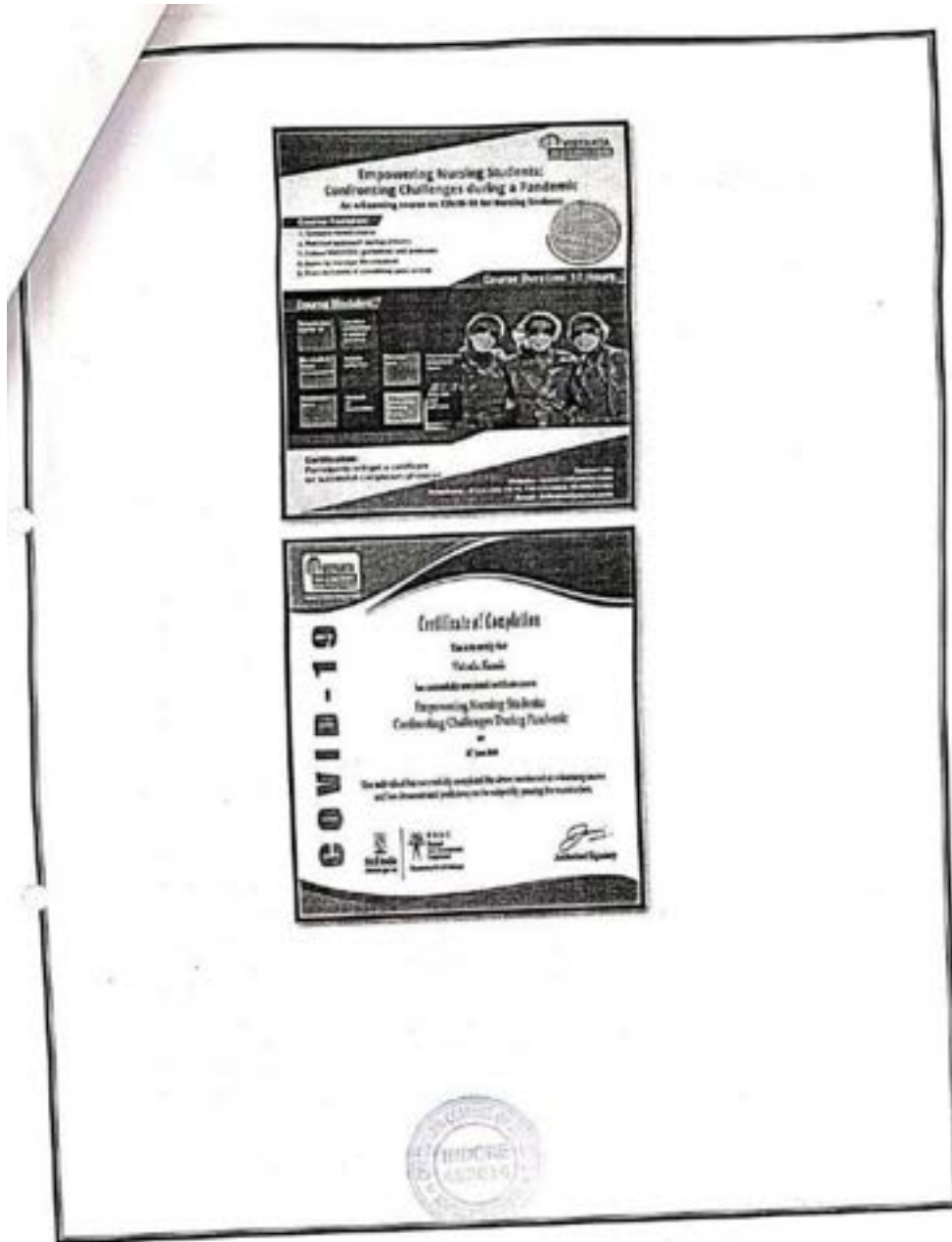
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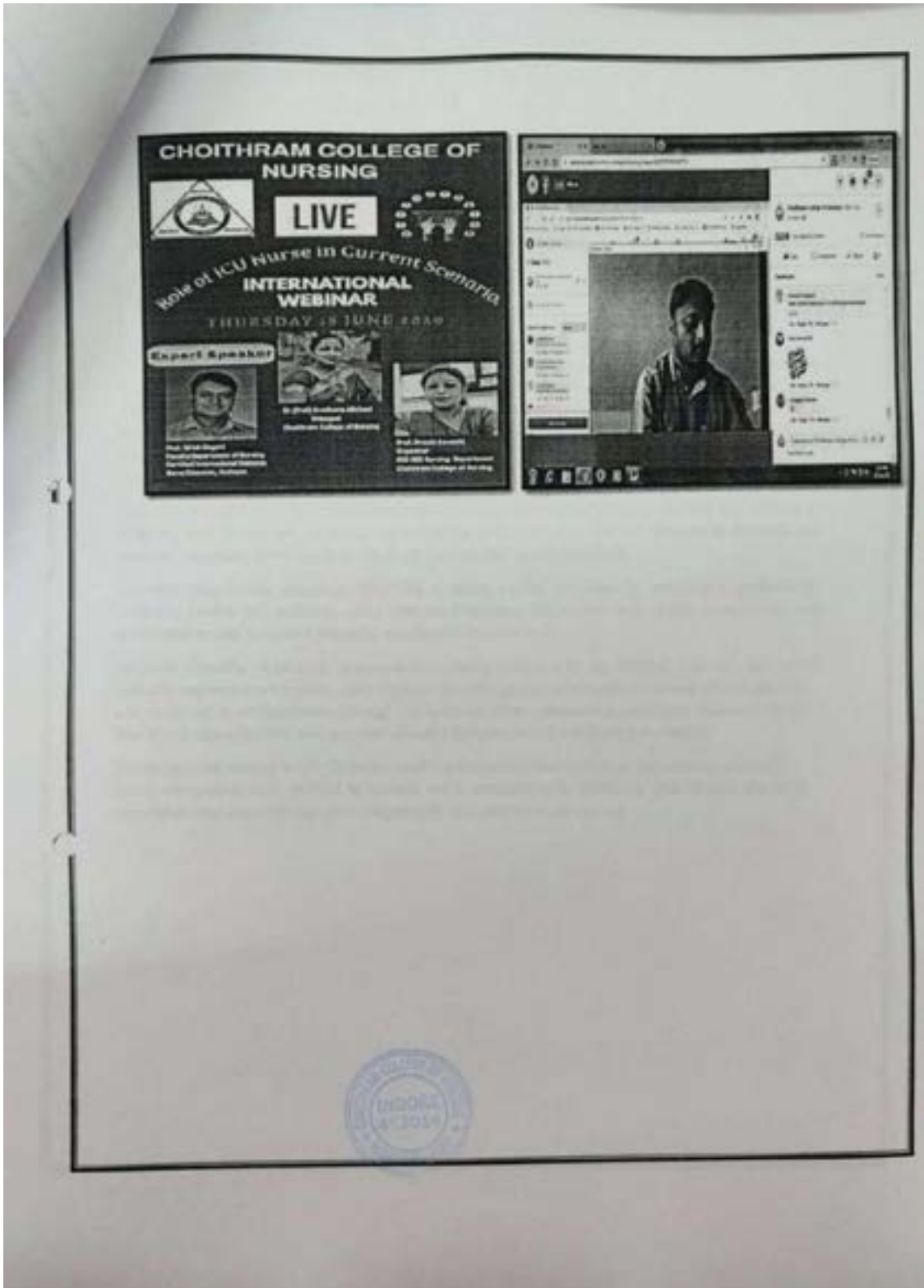
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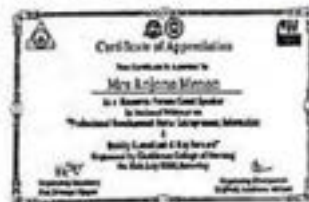
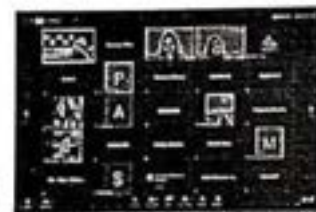
## NATIONAL WEBINAR ON PROFESSIONAL DEVELOPMENT: NURSE ENTREPRENEUR, INFORMATICS AND QUALITY CONSULTANT- A WAY FORWARD

Date: 25th July 2020

Time: 11am-12MD

Venue: Choithram College of Nursing, Zoom Platform

Choithram college Of Nursing organized a national Webinar on "PROFESSIONAL DEVELOPMENT: NURSE ENTREPRENEUR, INFORMATICS AND QUALITY CONSULTANT- A WAY FORWARD" under the guidance of Dr. Prof. Aradhana Michael, Organizing Chairperson, Prof. Shreeja Vijayan, Organizing Secretary on 25<sup>th</sup> July 2020. The eminent speakers were: Mrs. Anjana Menon, Senior Technical Advisor, Creax Healthcare Consultancy and Ms. Lisha Sherylly Babu, Health care Consultant. Webinar was conducted through zoom as well as You tube live. Participants from Lucknow, Betal, Jabalpur, Shajahpur, Kanpur, Puducherry, Himachal Pradesh, Kolkata, New Delhi, Dehradun, Gujarat, Guwahati and Bihar joined for the webinar. The sessions were very informative & Speakers mainly focused over exploring more opportunities and widening one's own thought process. Feedback received were really overwhelming and it really boosted up to bring more such innovative webinars to encourage each of the nurse to design a beautiful tomorrow for oneself and for our profession. E-Certificate were provided to the participants at the end of session.







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## INTERNATIONAL WEBINAR

### NURSING INFUSION PRACTICES

**Date:** 7<sup>th</sup> August 2020

**Time:** 11:30am-12:30PM

**Venue:** Choithram College of Nursing, Zoom Platform

Choithram college Of Nursing organized an international Webinar on Nursing Infusion Practices under the guidance of Dr. Prof. Aradhana Michael, Organizing Chairperson, Prof. Rakhi Chandel, Organizing Secretary on 7<sup>th</sup> August 2020. The guest speaker for the webinar was Mrs. Anu Rojo, RN, MN, Emergency Canada. Parenteral fluid administration has been an essential component of the care of hospitalized patients. The nurse plays a primary role in collaborating with other health care providers to maintain an infusion and to protect the patient from the hazards and complications associated with routine infusion. A proficient nurse minimizes the anxiety and pain associated with this experience. To deal with this very relevant clinical issue an international Webinar was streamed through zoom platform and total participants registered were 777. Participants from various states joined to gain knowledge and improve their knowledge regarding the same. Whole session was very effective and participants gained new knowledge out of it and feedback received was also very positive. E- Certificate were provided to the participants at the end of session.





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## NATIONAL WEBINAR

### THEME- CONFRONTING CHALLENGES TO ENTER WORKFORCE AMID COVID-19

**Date:**24/06/ 2020

**Time:** 11:30-12:30pm

**Venue:** Choithram College of Nursing, Zoom Platform

Entering the workforce during the COVID-19 pandemic can indeed present some unique challenges. The pandemic has significantly impacted the job market, leading to increased competition and limited opportunities in certain industries. However, by being proactive and adaptable, you can overcome these challenges and successfully enter the workforce. Here are some strategies to consider:

**Stay updated on industry trends:** Keep yourself informed about the industries that are thriving or adapting well during the pandemic. Research the skills and qualifications that are in demand, and consider acquiring those skills through online courses or certifications.

**Enhance your online presence:** Establish a strong online presence by creating a professional LinkedIn profile and utilizing other relevant platforms. Showcase your skills, experiences, and accomplishments to attract potential employers or recruiters.

**Network virtually:** Although in-person networking events may be limited, you can still build valuable connections virtually. Join industry-specific online communities, attend virtual job fairs, and reach out to professionals through LinkedIn or other networking platforms. Networking can lead to job opportunities and provide valuable insights into the current job market.

**Internships and remote work:** Consider seeking out remote internships or part-time opportunities. Many companies have shifted to remote work arrangements, allowing you to gain practical experience and demonstrate your adaptability in a remote work setting.





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**Ms. Lisha Shery Babu**  
**Health care Consultant**

**Expert Lecture: Professional Development-Nurse Entrepreneur, Informatics and Quality Consultant- A way Forward**

**Date: 25th July 2020**

**Time: 11am-12MD**

**Venue: Choithram College of Nursing, Zoom Platform as well as You tube live.**

**Total Participants registered were 1000 and e-certificate were distributed at the end of the session.**





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## NATIONAL WEBINAR

### THEME- PUBLICATION ETHICS & BIBLIOMETRICS

**Date:** 14/07/ 2020

**Time:** 11:30-12:30pm

**Venue:** Choithram College of Nursing, Zoom Platform

Publication ethics and bibliometrics are two important aspects of the academic publishing process. Publication ethics refers to the principles and standards that guide the behavior of authors, reviewers, and publishers in the dissemination of scientific research. Bibliometrics, on the other hand, is the quantitative analysis of publications, including citation patterns and other metrics used to evaluate the impact and visibility of scholarly work.

#### Publication Ethics:

- **Plagiarism:** Authors should not present someone else's work as their own and should properly cite and reference the sources they have used.
- **Authorship:** Only individuals who have made a significant intellectual contribution to the research should be listed as authors, and all listed authors should have reviewed and approved the final manuscript.
- **Data Integrity:** Researchers should accurately report their methods and results and should not manipulate or falsify data.
- **Conflict of Interest:** Authors, reviewers, and editors should disclose any potential conflicts of interest that could influence their judgment or the interpretation of the research.
- **Peer Review:** The peer review process should be fair, unbiased, and confidential. Reviewers should provide constructive feedback and not use their position for personal or competitive advantage.

#### Bibliometrics:





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Anu Rojo, RN.MN, Emergency Canada

**Expert Lecture: International Webinar on Infusion Nursing Practices**

**Date:** 7th August 2020

**Time:** 11:30am-12:30PM

**Venue:** Choithram College of Nursing, Zoom Platform

Total participants registered were 777. E- Certificate were provided to the participants at the end of session.





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## National Webinar on Theme: Compassion and Professional Experience

Date: 1<sup>st</sup> August 2020  
Venue: Choithram College of Nursing  
Beneficiaries: Faculty and students of nursing and Psychology Background from all over the country.

Department of Mental Health Nursing organized a National Webinar on the theme "Compassion and Professional Experience" on 1<sup>st</sup> August 2020 at 11:00 am under the guidance of Dr. Aradhna Michael, Principal, Choithram College of Nursing. Guest speaker of the webinar was Dr. Roja Princy, Professor and HOD, Mental Health Nursing, P.G. College of Nursing, Bilal, Chhattisgarh. Session was very informative and appreciated by the participants. At the end queries of participants were countered by Dr. Roja Princy and session was concluded by filling feedback form by the participants. Total 435 Participants from different parts of the country has attended the webinar. The whole session was moderated by Mrs. Vaishali Tiwari, Assistant Professor, Department of Mental Health Nursing, Choithram CON, Indore.





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- **Citation Analysis:** Bibliometrics often involves analyzing citation patterns to determine the impact and influence of individual articles, authors, or journals. The number of citations received by a publication can be an indicator of its quality and significance.
- **Journal Impact Factor (JIF):** The JIF measures the average number of citations received per article published in a particular journal. It is commonly used as a proxy for the quality and prestige of a journal, although it has limitations and should be interpreted with caution.
- **h-index:** The h-index is a metric that combines the number of publications and their citation impact. An author with an h-index of h has published h papers that have each been cited at least h times.
- **Altmetrics:** Altmetrics refers to alternative metrics that capture the attention and impact of scholarly work beyond traditional citations. These can include social media mentions, downloads, and media coverage, providing a broader view of the influence of research.
- **Research Evaluation:** Bibliometrics is often used in research evaluation processes, such as promotion and tenure decisions, funding allocations, and institutional rankings. However, it is important to consider a range of qualitative and quantitative indicators to avoid overreliance on bibliometric measures.

Both publication ethics and bibliometrics play crucial roles in the academic publishing landscape. Publication ethics ensures the integrity and trustworthiness of scientific research, while bibliometrics provides tools for assessing the impact and visibility of scholarly work. It is important for researchers, publishers, and institutions to adhere to ethical principles and use bibliometrics responsibly to foster a robust and reliable scientific ecosystem.







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## INTERNATIONAL WEBINAR EFFECTIVE COMMUNICATION SKILLS & EMOTIONAL INTELLIGENCE

**Date:** 17<sup>th</sup> July, 2020  
**Venue:** Choithram College of Nursing  
**Beneficiaries:** Faculty and students of nursing

Under the guidance of Principal Dr Aradhana Michael, An international webinar was organized on the topic-“Effective communication Skills & Emotional Intelligence” on 17 th July 2020 from 11:30 am onwards. Prof Sheetal Saxena was the organizing Secretary and convener of the webinar. Expert speaker of the session was Dr. Rennie Joshua, Dubai Health Authority, Dubai. Webinar was organized on ZOOM platform.

Session was live on Facebook page of Choithram College of Nursing, Indore. Response of 209 attendees was collected thru the feedback link. Participants from Madhya Pradesh, Gujarat, Delhi, Dubai, Bangalore attended the webinar. E certificates distributed to all the attendees after submitting their feed-back.





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continuing education credits or certificates of attendance, which can be valuable for professional development and accreditation purposes.

The Clinical Webinar Series is often organized by healthcare institutions, medical societies, pharmaceutical companies, or educational organizations. These entities collaborate to curate the content, invite speakers, and ensure the smooth execution of the webinar sessions. The series is usually conducted over a period of time, with regular webinars scheduled at specific intervals.

Overall, the Clinical Webinar Series serves as a platform for healthcare professionals to stay updated on the latest advancements in their respective fields, exchange knowledge with experts, and enhance their clinical practice. It fosters continuous learning and professional development, ultimately benefiting patient care and outcomes.

**Choithram College of Nursing**  
Choithram Hospital & Research Centre  
Invites You For  
**Clinical Webinar Series**  
Dr. (Prof.) Anusha Michael  
Proprietor for Institute  
14/09/2022 - 15/09/2022  
Free Registrations  
Zoom Meeting ID: 982 882 8828

**CHOITHRAM COLLEGE OF NURSING**  
**CERTIFICATE OF PARTICIPATION**  
This is to certify  
**Twinkle Gloria Daniel**  
for her participation in the  
Clinical Webinar Series  
Prof. Anusha Michael  
Prof. Sushil Kumar





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## INTERNATIONAL WEBINAR

### "NURSING PERSPECTIVES: DATA ANALYSIS IN RESEARCH"

**Date:** 18<sup>th</sup> -19<sup>th</sup> August, 2020

**Time:** 11:30am-12:30PM

**Venue:** Choithram College of Nursing, Zoom Platform

In the field of nursing, research plays a vital role in advancing evidence-based practice and improving patient outcomes. Data analysis is a critical component of the research process as it involves interpreting and making sense of the data collected during a study. Nursing researchers rely on data analysis techniques to uncover patterns, relationships, and trends within the data, enabling them to draw meaningful conclusions and inform clinical decision-making. The speaker for this session were Prof. Rupa Verma, Principal, MKSSS Sitabai, Nagpur, Dr. Anil Sharma, Principal, MTIN, Chusat, Changa, Anand Gujrat, Dr. Ganesh Kawadia, Former Dean Faculty of Social Sciences, DAVV, Navjet Kaur Vir, Post Registration Health Care, Derby, UK., Ms. Susan LeBlond, Programme Leader, PG Interpersonal Education, UK.

Data analysis in nursing research encompasses various methods and approaches, each tailored to the research question, study design, and type of data collected. Let's explore some common data analysis techniques used in nursing research:

1. **Descriptive Statistics:** Descriptive statistics involve summarizing and presenting data in a meaningful way. Researchers use measures such as mean, median, mode, standard deviation, and frequency distributions to describe the characteristics of a sample or population. Descriptive statistics help researchers understand the central tendency, dispersion, and distribution of the data, providing a foundation for further analysis.
2. **Inferential Statistics:** Inferential statistics allow researchers to draw conclusions and make inferences about a population based on a sample. Techniques such as hypothesis testing, t-tests, chi-square tests, and regression analysis are commonly used in nursing research. These statistical tests help determine the significance of relationships, differences, or associations between variables, providing valuable insights into the research question.
3. **Qualitative Data Analysis:** In addition to quantitative data, nursing research often involves qualitative data obtained through interviews, focus groups, or observations. Qualitative data analysis focuses on identifying themes, patterns, and meanings within textual or narrative data. Techniques like thematic analysis, content analysis, and grounded theory help researchers explore the richness and depth of qualitative data, providing a deeper understanding of the phenomenon under investigation.





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4. **Data Mining:** With the advancement of technology and the increasing availability of electronic health records, nursing researchers can utilize data mining techniques to extract valuable insights from large datasets. Data mining involves the application of algorithms and statistical models to identify patterns, relationships, and hidden knowledge within vast amounts of data. By mining electronic health records, researchers can discover trends, risk factors, and predictive models to improve patient care and clinical decision-making.
5. **Meta-analysis:** Meta-analysis is a systematic approach that combines and analyzes data from multiple studies on a specific research topic. By pooling data from various sources, researchers can increase the statistical power, generalize findings, and obtain more robust conclusions. Meta-analysis helps identify consistencies, discrepancies, or trends across different studies, providing a comprehensive overview of the research area and guiding evidence-based practice.

Effective data analysis in nursing research requires not only technical skills but also critical thinking and scientific reasoning. It is essential for researchers to have a thorough understanding of the research question, study design, and appropriate analytical techniques to ensure accurate interpretation of the data. Furthermore, ethical considerations, data integrity, and protecting patient confidentiality are crucial aspects that researchers must uphold throughout the data analysis process.

In conclusion, data analysis is a fundamental aspect of nursing research, enabling researchers to derive meaningful insights from collected data. By applying various statistical and qualitative analysis techniques, nursing researchers can uncover patterns, relationships, and trends, ultimately contributing to evidence-based practice and improving patient care outcomes.





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## NATIONAL WEBINAR ON

### THEME: CLINICAL WEBINAR SERIES "

**Date:** 14<sup>th</sup> -18<sup>th</sup> September 2020  
**Venue:** Choithram College of Nursing  
**Beneficiaries:** Faculty and students of nursing

The Clinical Webinar Series is an educational program designed to provide healthcare professionals with valuable insights and updates on various clinical topics. It is typically conducted online, allowing participants from different locations to attend and learn from expert speakers in the field.

The series aims to enhance the knowledge and skills of healthcare professionals, including doctors, nurses, pharmacists, and other allied healthcare professionals. The webinars cover a wide range of clinical areas, such as cardiology, oncology, neurology, infectious diseases, pediatrics, and many more. The topics are carefully selected to address current trends, emerging research, new treatment options, and best practices in patient care. Each webinar features a distinguished speaker who is an expert in the specific clinical field being discussed. These speakers may include renowned clinicians, researchers, academicians, or industry professionals with extensive knowledge and experience in their respective areas. They present the latest information, share case studies, and provide practical insights that can be applied to real-world clinical scenarios. Speakers for these sessions were Angelin Esther, Assot. Prof. College of Nursing, CMC Vellore , Prof. Elizabeth Varghese, Principal, College of Nursing, Mumbai , Prof. Neelam Dass, Mohan Dai Oswal College of Nursing, Mumbai, Ms. Shalini Chandran, Assot. Prof. College of Nursing, CMC Vellore , Pro. Suman Alexander, Dashmesh College of Nursing

Participants can engage with the speakers during the webinar through interactive features like live chat or Q&A sessions. This allows them to clarify doubts, seek further explanations, and gain a deeper understanding of the presented material. Additionally, some webinars may offer





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**CHOITHRAM COLLEGE OF NURSING**  
AN INTERNATIONAL CONFERENCE  
ON  
**NURSING PERSPECTIVES:  
DATA ANALYSIS IN RESEARCH**  
ON 18th & 19th AUGUST 2023

**KEYNOTE SPEAKERS:**

- Dr. N. S. Kulkarni, Ph.D., M.A., M.P.H., M.N., M.S., M.D., F.N., F.R.C.P., F.R.C.S., F.R.C.P.S., F.R.C.P.S.C., F.R.C.P.S.D., F.R.C.P.S.M., F.R.C.P.S.N., F.R.C.P.S.O., F.R.C.P.S.P., F.R.C.P.S.E., F.R.C.P.S.C., F.R.C.P.S.D., F.R.C.P.S.M., F.R.C.P.S.N., F.R.C.P.S.O., F.R.C.P.S.P., F.R.C.P.S.E.
- Dr. J. S. Kulkarni, Ph.D., M.A., M.P.H., M.N., M.S., M.D., F.N., F.R.C.P., F.R.C.S., F.R.C.P.S., F.R.C.P.S.C., F.R.C.P.S.D., F.R.C.P.S.M., F.R.C.P.S.N., F.R.C.P.S.O., F.R.C.P.S.P., F.R.C.P.S.E.
- Dr. S. S. Kulkarni, Ph.D., M.A., M.P.H., M.N., M.S., M.D., F.N., F.R.C.P., F.R.C.S., F.R.C.P.S., F.R.C.P.S.C., F.R.C.P.S.D., F.R.C.P.S.M., F.R.C.P.S.N., F.R.C.P.S.O., F.R.C.P.S.P., F.R.C.P.S.E.
- Dr. M. S. Kulkarni, Ph.D., M.A., M.P.H., M.N., M.S., M.D., F.N., F.R.C.P., F.R.C.S., F.R.C.P.S., F.R.C.P.S.C., F.R.C.P.S.D., F.R.C.P.S.M., F.R.C.P.S.N., F.R.C.P.S.O., F.R.C.P.S.P., F.R.C.P.S.E.

**CHOITHRAM COLLEGE OF NURSING**  
AN INTERNATIONAL CONFERENCE  
ON  
**NURSING PERSPECTIVES:  
DATA ANALYSIS IN RESEARCH**  
ON 18th & 19th AUGUST 2023

**PROGRAMME SCHEDULE**

**18th AUGUST 2023**

**19th AUGUST 2023**

**CONFERENCE CHAIRMAN**

**CONFERENCE SECRETARY**

**CONFERENCE COORDINATOR**

**CONFERENCE ASSISTANT**

**CONFERENCE SUPPORT STAFF**

**Certificate of Participation**

THIS IS TO CERTIFY THAT  
**Tinkle Gloria Daniel**  
has participated as Delegate in International Conference  
On  
**"Nursing Perspectives: Data Analysis in Research"**  
Organized by Choithram College of Nursing, Indore  
on 18th & 19th August 2023.

**Dr. N. S. Kulkarni**  
**Dr. J. S. Kulkarni**  
**Dr. S. S. Kulkarni**  
**Dr. M. S. Kulkarni**





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## CHOITHRAM COLLEGE OF NURSING



### *"Practice to Perfect-Interns Training Program"*

#### *Faculty Development Program*

### REPORT

**DATE : 30<sup>th</sup> August- 4<sup>th</sup> Sep.2021**

**TIME : 9am-5pm**

**VENUE : New Auditorium**

**Education is the most powerful weapon, which you can use to change the world.**

The work environment in which nurses provide care to patients can determine the quality and safety of patient care. Understanding the complexity of the work environment and engaging in strategies to improve its effects is paramount to higher-quality and safer care. Under the guidance of Prof. Dr. Aradhana Michael, Principal Choithram College of Nursing in collaboration with Choithram Hospital and Research Centre, Indore organized a one week training program for BSc Nursing 4<sup>th</sup> Year students from 30<sup>th</sup> August 2021 to 4<sup>th</sup> September 2021. The program coordinator was Prof. Shweta Pattnaik, HOD, Medical Surgical Nursing Dept. The training program included various theoretical and practical sessions dealt by faculty members of the college and heads of the hospital. B.Sc Nursing 4<sup>th</sup> year students were educated about practical procedures, NABH standards and clinical practices followed in our parent hospital as our organization has High-reliability cultures of safety and capitalize on evidence-based practice which offer favorable working conditions to nurses who are dedicated to improve the safety and quality care to our patients. Emphasis on the need to improve health care systems to enable nurses to not be at the "sharp end" was given so that they can provide the right care and ensure that patients will benefit from safe and quality care.





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## Day 1:

30.08. 2021 MON	Prof. Shweta Pattnaik  Introduction (9- 9.15am) cont.by Mr.Annel	Mr. Anmol Joseph  HR Orientation & Inducti on	Ms. Reetika William  Admission, Reg.,Disch arge	Ms. Reetika William  Admission Reg.,Disch arge	Lunch	Ms. Archana Netke  MOM	Ms. Archana Netke  MOM	Ms. Monika Chandore  All about ICU
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The day started with a welcome by co-ordinator of the program Prof.Shweta Pattnaik. Madam introduced about the preparation of the internship journey and explained the expected role of the students when they are going to start their work as interns in order to excel in the clinicals.

Thereafter the first session was dealt by Mr.Annol about HR orientation where Sir explained about the organization pattern and hierarchy of the hospital board members. Also the physical layout and policies to be followed as a staff nurse was discussed. Soon after this Ms.Reetika William well explained about the admission and discharge process, the formalities and procedures and points to be kept in mind while carrying out such procedures. Around 1-2pm all the students and teachers took a break for the lunch. Post lunch session was started by Ms.Archana Netke on Management of Medications, one of the most important procedure carried out by staff nurses. Thereafter Ms.Monika Chandore concluded the session with the last topic about ICU its orientation and role of nurses. The day ended up with a feedback and new learning that the students achieved.







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## Day 2:

31.08.2021 TUE	Ms. Priya Pandit Assessment	Ms. Priya Pandit Assessment	Ms. Ramya Pillai Nsg. Communication	Ms. Ramya Pillai Nsg. Communication	Lunch	Ms. Archana Netke Medication adm.(with documentation)	Ms. Archana Netke Medication adm.(with documentation)	Ms. Monika Chandore All about OT
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The next day started with a welcome note and the attendance with discussion of their new learning of the previous day. Ms. Priya Pandit started the session with the Assessment topic where she explained about the different forms used in the hospital and how to use them. Ms. Ramya Pillai explained about the communication and its role in our daily life and its importance during patient care. After lunch administration of different medications with special precautions was taken by Ms. Archana Netke and thereafter the OT protocols, physical layout, procedures conducted, nurses role was explained by Ms. Monika Chandore.



## Day 3:

01.09.2021 WED	Ms. Sinsu R Alex Role of Nurses	Ms. Sinsu R Alex Role of Nurses	Ms. Reetika William Quality Indicators	Ms. Reetika William Quality Indicators	Lunch	Ms. Vijaylaxmi Nair An interaction with Nurse Manager	Ms. Twinkle Daniel Nsg. Documentation & Procedures	Ms. Twinkle Daniel Nsg. Documentation & Procedures
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On third day a small feedback was taken from the students with a discussion on the new learning. One of the important topics was explained by Ms.Sinsu R Alex ie Role of Nurses. Ms.Reetika William discussed the quality indicators present in the hospital and how to work efficiently while keeping all the points in mind. After lunch a small discussion with the DMS CHRC Dr.Sunil Chandiwal was kept in order to guide and motivate the intern nurses for a fruitful journey. With this a photoshoot of all the interns with faculty members took place. After settling the students had an interaction with the Nurse manager Ms.Vijaylaxmi Nair where Madam beautifully explained the expected role of the interns when they join for the postings. Further Nursing documentation and different procedures carried out routinely was explained by Ms.Twinkle Daniel and the session got concluded thereafter.



### Day4:

02.09.2021	Ms. Sinsu R Alex	Ms. Sinsu R Alex	Ms.Sunimol K	Ms.Sunimol K	Lunch	Ms. Jyoti Chouhan	Mr.Chetan Sharma	Mr.Chetan Sharma
THU	Critical care	Critical care	Nurses Notes	Nurses Notes		All about Dialysis Unit	Infection Control Policies	Infection Control Policies

The day started with the attendance and discussion of new learning. Soon after this a session on critical care was taken up by Ms.Sinsu R Alex and after this how to document the nurses notes was explained by Ms.Sunimol KV. All about Dialysis was discussed by Ms Jyoti Chouhan and thereafter a detailed discussion on Infection control policies was discussed by Mr.Chetan Sharma Head of the Infection Control department, CHRC.





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Day 5:

03.09.2021	Ms. Deepika Singh Revising Basic Procedures	Ms. Deepika Singh Revising Basic Procedures	Ms. Rupal Chouhan Healthcare Terminologies	Ms. Ramya Pillai IVF administration with documentation	Lunch	Ms. Priya Pandit Demonstration (Insulin/Calcexane/BSR)	Mr. Anmol Joseph All about Insulin	Ms. Jyoti Chouhan All about Dialysis Unit
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Day 5 started with a revision class of basic procedures learned during these four years by Ms. Deepika Singh. After this Ms. Ramya Pillai discussed about the IV administration of certain important drugs and the key nursing responsibilities. Ms. Priya Pandit took the post lunch session on Subcutaneous injection administration with Insulin in detail and Mr. Anmol explained the same through videos. Lastly Ms. Jyoti completed the topic of dialysis and the day got concluded.



Day 6:

04.09.2021	Ms. Sinsu R Alex ECG, Use of spirometer & Rotacap	Ms. Divya Saxena About NABH	Ms. Divya Saxena About NABH	Prof. Shweta Pattanalk Discussion on Post test
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The last day of the session was planned for a half day. Ms. Sinsu explained about the special procedures carried out in the hospital. Thereafter Ms. Divya Saxena, Nurse Educator CHRC took a session on NABH and explained in detail about the chapters and different policies as per NABH standards. After this a 45 minutes Post test was conducted by the co-ordinator





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and then the group moved for the closing ceremony of the one week internship training program.

Prof. Shweta Pattnaik welcomed everyone present in the auditorium and called up one student for the feedback of the program. Ms.Dolly Ahir thanked to Principal Madam and all teachers for their efforts towards the successful completion of the training program. Thereafter the students were motivated by the Principal for their further journey as an intern nurse. Prof.Prachi Awasthi class teacher of the intern batch shared the timing of duties and details of the roster with them. Lastly the coordinator of the program delivered a short vote of thanks.

After this the discussion of the post test was done and sheets were evaluated. The training program was successfully concluded around 2pm.

**Prof.Shweta Pattnaik**  
**Program Co-ordinator**





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### 3.2.2 Reports of workshop/seminar conducted 2021 - 2022

<b>1<sup>st</sup> INSERVICE EDUCATION PROGRAM FOR TEACHERS</b>	
THEME: CLINICAL IMPLICATION OF NURSING PROCESS	
VENUE: CHOITHRAM HOSPITAL & RESEARCH CENTRE, AUDITORIUM	
DATE: 04/06/22	TIME: 9:30AM – 4:00PM

**"Education is the most powerful weapon which you can use to change the world."**

– Nelson Mandela

The need for in-service education of teachers cannot be underestimated; it is a necessity in enhancing work performance and motivation of teachers in the field. Absence of in-service training of teachers will retard professional growth of teachers as well as "missing gaps" between demands and actual achievement level. Keeping in mind an in-service education was organized for strengthening teacher's knowledge on 4/6/22 on the theme "Clinical Implication of Nursing Process" under the guidance of Dr. Prof. Aradhana Michael and In-Service Co-ordinator Prof. Shweta Pattnaik.

The programme started with the pre-test for the faculty. Total no. of participants involved in the session were 39.

The in-service education continued with the 1<sup>st</sup> Session on "Assessment, Objectives, Goals and Nursing Diagnosis" the speaker of the session was Prof. Rakhi Chandel, Child Health Nursing Department, CCON.

The programme was followed by the inaugural session conducted by Prof. Shweta Pattnaik. The lamp lighting was done by Dr. Prof. Aradhana Michael and the HODs of all the departments of CCON, followed by High-tea.

The 2<sup>nd</sup> Session on "Planning, Implementation and Evaluation" was continued by speaker Prof. Yasmin Sharma, Community Health Nursing, Department, CCON.

In order to enhance the practical skills of the participants a group activity was done by providing a case scenario to each group. A token of appreciation was given to the participants who were very active and enthusiastic and also to the best performing groups during the group activity. The prizes were distributed by Dr. Prof. Aradhana Michael, Prof. Shweta Pattnaik, Prof. Rakhi Chandel and Prof. Yasmin Sharma.

The post-test was conducted followed by a feedback given by Mr. Ankit Nand and Mrs. Ramya Pillai. Overall the program proved to be fruitful to the participants.

The session ended with a vote of thanks by Prof. Shweta Pattnaik.





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Website : www.choithramnursing.com

DATE - 09/08/22

TIME - 11am -12 Noon

VENUE - CHRC  
Auditorium

## CHOITHRAM COLLEGE OF NURSING

### REPORT ON " INTELLECTUAL PROPERTY RIGHTS "

Choithram College of Nursing organised a live Webinar , jointly with Department of Commerce and Industry ,GOI on " Intellectual Property Rights "with the Initiative of Government " Azadi ka Amrit Mahotsav " with the motto of spreading awareness to 1 million students about the topic through National Intellectual property awareness Mission, under guidance of Dr. Prof. Aradhana Michael, Principal, CCON.

A National Intellectual Property Awareness Mission (NIPAM) under the initiative of the Government's "Azadi ka Amrit Mahotsav", has been launched by Shri Anurag Jain, Secretary, and DPIIT (Department for Promotion of Industry and Internal Trade) on 8/12/2021. The pan-India ambitious mission aims to provide awareness on intellectual property and its rights to 1 million students. It aims to inculcate the spirit of creativity and innovation to students of higher education (classes 8 to 12) and ignite and inspire the students of college/Universities to innovate and protect their creations.

During the launch, Sh Jain emphasized the importance of the role of a strong IPR ecosystem in the advancement of a country and how IPR is an important tool for the IP holder to become a "Job giver rather than job seeker".

Sh. Rajendra Ratnoo, Joint Secretary, DPIIT and CGPDTM motivated the officers of CGPDTM (Controller General of Patents, Designs, and Trade Marks) to spread awareness on intellectual property so that a more conducive environment of innovation and creativity is established in the country.

For this program, Speaker was Ms. Nisha Jangra, Examiner of Patent and design ,Indian Patent office ,New Delhi, she explained difference about patents, designs, logos, inventions, how to fill the form for new inventions, inventive step and industrial application, and how to protect our own intellectual property with all ethical and legal responsibilities, in a very simple manner.

Coordinator of the Program was Prof. Shreeja Vijayan and Ms. Ramya Pillai ,CCON .  
Around 250 participants were sensitized on the topic including faculty, under graduate and post graduate students and everyone were provided certificate of participation, including certificate of appreciation for College from GOI.





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Prof. Shweta Pattnaik  
In-Service co-ordinator

Dr. Prof. Anitha Meno  
Principal



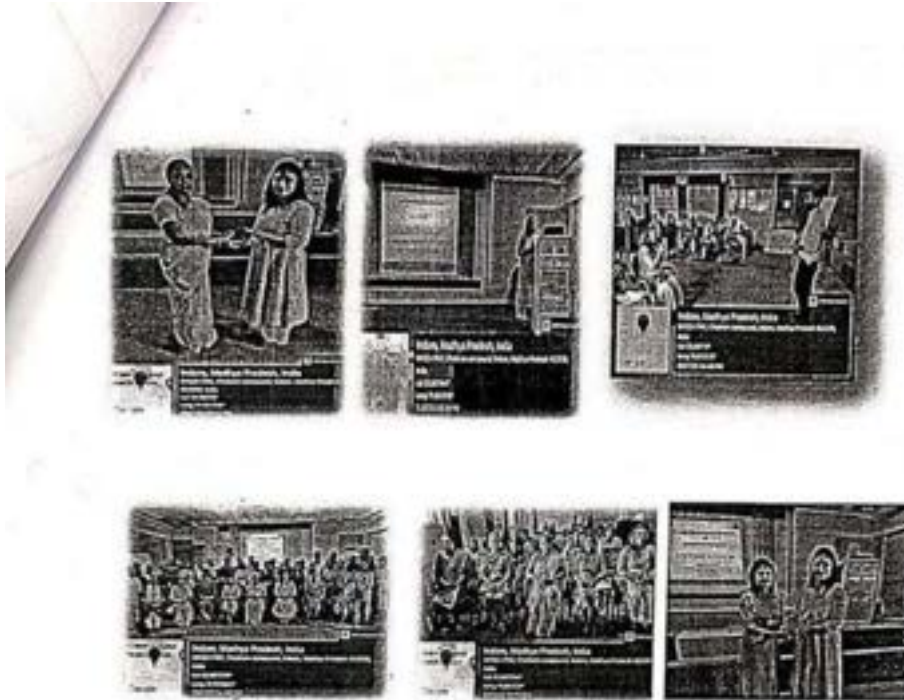
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Prof.ShwetaPattnaik  
Sign of FDP Coordinator

Dr.(Prof)Aradhana Michael  
Principal Sign







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## FACULTY DEVELOPMENT PROGRAM

TOPIC: SAMPLING IN RESEARCH

VENUE: CHOITHRAM HOSPITAL & RESEARCH CENTRE, AUDITORIUM

NO.OF PARTICIPANTS: 50

DATE:20/07/22

TIME: 2:45PM – 5:00PM

"Trust the process and it will bring out the hidden subject as the results."

-David Harris.

Research helps restore and protect memory and enhances mathematic and problem-solving skills. Therefore, it prepares the mind for a better understanding of concepts and theories. A person's learning capacity is improved and they can perform better in comparison that is reluctant to research. Keeping this in mind a Faculty Development Program was organized for strengthening teachers knowledge on 20/7/22 on the topic "Sampling in Research" under the guidance of Dr. Prof. Aradhana Michael and In-Service Co-ordinator Prof. Shweta Pattnaik.

The program started with the introductory welcome of the guest speaker Dr. Deepika Jain by Ms. Priya Pandit followed by welcome of the guest speaker with a bouquet by Prof. Sheetal Saxena. Total no. of participants involved in the session were 50.

Thereafter the speaker of the program started the session and discussed research background and sample size calculation methods for various research designs. Soon after a short tea break the next session started with Sampling techniques where different types of sampling techniques were described and explained beautifully by the speaker. The session inculcated new learning among the faculty members which can be implemented in the research study for enhancing the better student outcome.

A memento and certificate was presented to the guest speaker Dr. Deepika Jain by the Principal Dr. Prof. Aradhana Michael as a token of thanks. Overall the program proved to be fruitful to the participants as research without sampling is like a sailor in the sea without compass, therefore it helps in gaining new knowledge and direction to the researcher.

The session ended with a vote of thanks by Ms. Priya Pandit.





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## 3.2.2 Reports of workshop/seminar conducted 2022 – 2023


**ELSEVIER WORKSHOP  
ON  
“UNDERSTANDING RESEARCH METRICS”**

Date	: 6 <sup>th</sup> April 2023
Time	: 2.30pm – 6pm
Venue	: DAVV Auditorium Khandwa Road, Indore
Participants	: CCON Faculty & M. Sc (n) final year
Theme	: “Understanding research metrics & Elsevier’s science direct & Scopus”

On the 6<sup>th</sup> April 2023 we the members of Choithram college of nursing, Indore under the guidance of Dr. (Prof.) Aradhana Michael Principal of Choithram college of nursing got the opportunity to attend the conference. The conference theme was “**Understanding Research Metrics & Elsevier’s Science Direct & Scopus**”. The conference was organized by **International Institute of Professional Studies (IIPS) & Internal Quality Assurance Cell (IQAC), DAVV, Indore** in collaboration with Elsevier’s SCOPUS and Science Direct.

This conference was privileged to all heads of the departments, faculty members, PhD scholars, researchers & librarian from the different institutions from Indore. The expected take aways from the workshop were: Deep understanding Editor’s mindset during article review, best practices in research metrics, how science direct & Scopus can improve researcher productivity drastically.

The conference started with virtual attendance and manual attendance. The main anchor of this conference was Mrs. Geeta, Resource person Ms. Aishwarya Nayal- Costumer Consultant Elsevier was welcomed with floral welcome by Mr. Suresh Patidar, Mr. Pratosh Bansal- IQAC DAVV Coordinator. The key note address was delivered by Mrs. Renu Jain. The Research overview Devi Ahilya University was spoken by Mr. Aditya P Singh Senior Account Manager- Elsevier. After that Ms. Aishwarya Nayal talked over- how to effectively use Scopus to find journals, right collaborators and funding agencies, using Scopus to scout and analyse journals, importance of Scopus ID & how to link with ORCID, Scopus Quartiles and their relevance, how Science Direct can help in research planning & execution- A complete research





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ecosystem, understanding research and publication workflow, Research Metrics (Journal/Author/Article). After covering all the topics Questions and closing note was done by Ms. Aishwarya Nayal & Aditya P Singh.

Elsevier has partnered with leading science organisations and Economist Impact for a global collaboration to understand the impact of the pandemic on confidence in research- and to identify areas for action to support researchers. This conference was absolutely enlightened all the future researchers, it completely provided distinct vision to publish effective and efficient research in upcoming future.






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**Choithram College of Nursing**  
**Choithram Hospital & Research Centre**

**ORIENTATION & INDUCTION PROGRAM**  
*"Practice to Perfect- Clinical education program for student trainee nurse"*

**REPORT**




<b>Date</b>	: 13/02/2023 – 18/02/2023
<b>Time</b>	: 9am to 5 pm
<b>Venue</b>	: Old Auditorium & UG Block
<b>Participants</b>	: B.Sc. Nursing 4 <sup>th</sup> year students (Batch 2017-2022)

**"In learning you will teach, and in teaching you will learn"**

An induction training programme was organised from the 13th to 18th February, 2023 with a purpose to ensure that new nursing graduate joiners have a clear understanding of the hospital's policies, nursing protocols procedures, and culture, as well as their roles and responsibilities within the hospital. The induction programme also aimed to promote a sense of belonging and support among new joiners, and to facilitate their integration into the hospital team. The aim of the induction programme was to provide an overall orientation including its purpose, objectives, and structure as a part of institutional recruitment policy.

The induction programme was a multi-day event, spanning six days. The programme was organized by Choithram College of Nursing and overseen by the hospital's nursing administration department, in collaboration with nursing leadership and other key aspects. The day started with a lamp lighting ceremony by the principal of the nursing college Dr.(Prof) Aradhana Michael and the nursing heads of Choithram Hospital and Research Centre in the presence of the nursing faculties and new joiners. The event started with a welcome speech by Prof.Shweta Pattnaik followed by Prof.Shreeja Vijayan, Prof. Prachi Awasthi to mark the event. The Assistant nursing superintendent, Mrs Sunimol Nair and Nurse manager Mrs. Vijay Laxmi Nayar also gave a speech to commemorate the event.

The following is an overview of the structure of the induction programme:





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## Day 1: 13/02/2023

9-10am	10-11am	11-12	12-1pm	1-2	2-3pm	3-4pm	4-5pm
Prof. Shweta Pattnaik Introduction (cont.) & Mr. Anmol Joseph	Mr. Anmol Joseph HR Orientation & Introduction	Ms. Priya Pandit Assessment	Inauguration	Lunch	Ms. Blessy John Admission, Reg. Discharge	Ms. Blessy John Admission, Reg. Discharge	Ms. Monika Chandore All about ICU

## Day 2: 14/02/2023

Ms. Remya Pillai Infection Control Policies	Mr. Remya Pillai Infection Control Policies	Ms. Jennifer Lal Nsg. Communication	Ms. Jennifer Lal Nsg. Communication	Lunch	Ms. Monika Chandore All about OT	Ms. Christy Abish MOM	Ms. Christy Abish MOM
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## Day 3: 15/02/2023

Ms. Twinkle Daniel Nsg. Documentation & Procedures	Ms. Twinkle Daniel Nsg. Documentation & Procedures	Ms. Marlene Peter Quality Indicators	Ms. Marlene Peter Quality Indicators	Lunch	Ms. Vijaylaxmi Nair An interaction with Nurse Manager	Ms. Neha Gill Critical care	Ms. Neha Gill Critical care
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## Day 4: 16/02/2023

Ms. Sanghamitra Medication adm.	Ms. Sanghamitra Medication adm.	Ms. Richa Singh Role of Nurses	Ms. Richa Singh Role of Nurses	Lunch	Ms. Jyoti Chouhan All about Dialysis Unit	Ms. Deepika Singh Revising Basic Procedures	Ms. Deepika Singh Revising Basic Procedures
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Day 5: 17/02/2023

<b>Ms. Hemlata Birla</b> Healthcare Terminologies	<b>Ms. Remya Pillai</b> IVP administration with documentation	<b>Ms. Sunimol S Nair</b> Nurses Notes	<b>Ms. Sunimol S Nair</b> Nurses Notes	<b>Lunch</b>	<b>Ms. Jyoti Chouhan</b> All about Dialysis Unit	<b>Ms. Priya Pandit</b> Demonstration (Insulin/Clexane/BSR)	<b>Mr. Anmol Joseph</b> All about Insulin
--	--	---	---	--------------	---	--	--

Day 6: 18/02/2023

<b>Ms. Sunimol Ajith</b> ECG, Use of spirometer & Rotacap	<b>Mr. Lokesh Jain</b> About NABH	<b>Mr. Lokesh Jain</b> About NABH	<b>Prof. Shweta Pattnaik</b> Test & Conclusion
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The last day commenced with a post test for evaluation and feedback on the induction programme. The programme's objectives were achieved through a structured, multi-day event that offered training, networking opportunities, and ongoing support.

It was followed by an interactive session with the Director Medical Services Choithram Hospital and Research Centre, Dr. Sunil Chandiwala and the principal and senior faculty members of Choithram College of Nursing to encourage the new joiners to put forward their vision and ideas as a part of a comprehensive induction programme. The induction programme was conducted successfully by providing an overview of the hospital's history, mission, and values, familiarizing new joiners with the hospital's organizational structure and key personnel, explaining the hospital's policies and procedures related to patient care, safety, and confidentiality, introducing new joiners to the hospital's documentation and record keeping systems by providing an overview of the hospital's infection control policies and procedures and offering training on important clinical skills and procedures, such as medication administration and infection control policies.

  
**Prof. Shweta Pattnaik**  
Clinical Co-ordinator





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## CHOITHRAM COLLEGE OF NURSING

Name of the event- Seminar on - **ICMR GUIDELINES & NEW DRUGS & CLINICAL TRIALS RULES 2019**

Date	-	23 <sup>rd</sup> March 2023
Time	-	10:00 am to 1:00 pm
Venue	-	Hospital Auditorium
No of attendees	-	Students & Faculty members

On March 23, 2023, IQAC Cell of Choithram College of Nursing Indore organized a Seminar on "ICMR GUIDELINES & NEW DRUGS & CLINICAL TRIALS RULES 2019". The resource person and chief guest of the seminar were Dr. SP Jaiswal, Quality Manager, Consultant, Pathologist, Choithram Hospital & Research Centre, Indore.

**Choithram College of Nursing**

**Seminar on-**  
**ICMR GUIDELINES & NEW DRUGS & CLINICAL TRIALS RULES 2019**  
**23<sup>rd</sup> March 2023**

**RESOURCE PERSON**  
**DR. S.P. JAISWAL**  
Quality Manager  
Consultant, Pathologist  
Choithram Hospital & Research Centre, Indore

**Organized by IQAC Cell, Choithram College of Nursing, Indore**



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The event commenced with the welcoming of the chief guest by flowers. Prof Rakhi Chandel offered a Floral welcome to Dr. SP Jaiswal.



During the Seminar, Dr. SP Jaiswal explained that the Indian Council of Medical Research (ICMR) regularly releases guidelines and recommendations about various aspects of medical research and healthcare practices. Regarding the New Drugs and Clinical Trials Rules 2019 in India, these rules were introduced to streamline and expedite the process of drug approvals and clinical trials in the country. They aim to foster innovation, ensure patient safety, and improve the efficiency of the drug regulatory system. These rules were aimed at aligning India's regulatory framework with global standards while also addressing some of the unique challenges faced in the Indian context. They aimed to promote innovation and research while ensuring the safety and rights of clinical trial participants.







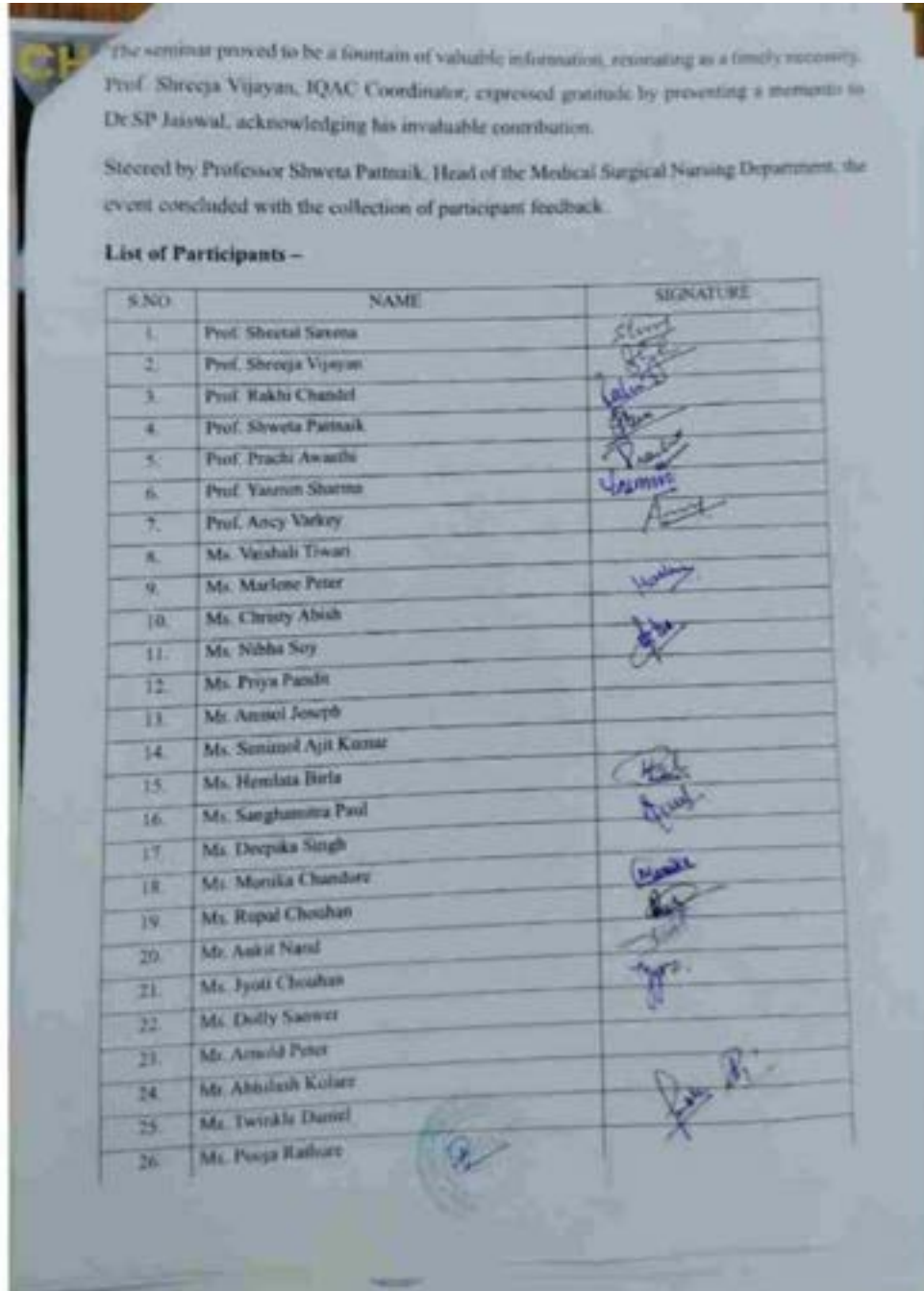
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28.	Ms. Athira Jadh	
29.	Ms. Nandini Verma	
30.	Ms. Eunice Solomon	
31.	Ms. Priyanka Tewari	
32.	Ms. Gitanjali Sharma	
33.	Ms. Priya Sharma	

Prof. Shreeraja Vijayan  
IQAC Coordinator



Prof. Yasmin Sharma  
Event Coordinator



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## CHOITHRAM COLLEGE OF NURSING

Name of the event- Seminar on -	Basics of Intellectual Property Rights (IPR)
Date -	15 <sup>th</sup> November 2022
Time -	10:00 am to 1:00 pm
Venue -	Meeting Room, CCON
No of attendees -	College Faculty Members

**Intellectual property rights are the rights given to persons over the creations of their minds.**

On November 15, 2022, IQAC Cell of Choithram College of Nursing Indore hosted an enlightening Seminar aimed at fostering awareness among educators about the “Basics of Intellectual Property Rights (IPR)”. Dr. Ajay Jain, National Coordinator at the Research Foundation of India and Professor in the Computer Science Department at Shree Cloth Market Commerce Girls College in Indore, served as the distinguished speaker for this significant event.





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Before the seminar's initiation, a traditional lamp-lighting ceremony accompanied by Saraswati Vandana set the auspicious tone. Professor Sheetal Saxena, Head of the Community Health Nursing Department, delivered the welcoming address, while Professor Rakhi Chandel, Head of the Nursing Foundation Department, extended a symbolic welcome to the esteemed resource person through the planting of a sapling.



During the seminar, Dr. Ajay Jain explained the significance of Intellectual Property Rights (IPR) and emphasized the importance of educators being well-versed in this domain. He delved into the various types of intellectual properties, providing insightful descriptions, and engaged with faculty members who posed questions, all of which were adeptly addressed by Dr. Ajay Jain.





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The seminar proved to be a fountain of valuable information, resonating as a timely necessity. Prof. Shreeja Vijayan, Head of the Child Health Nursing Department, expressed gratitude by presenting a memento to Dr. Ajay Jain, acknowledging his invaluable contribution.

Steered by Professor Shweta Pattnaik, Head of the Medical Surgical Nursing Department, the event concluded with the collection of participant feedback. The closing ceremony was marked by the rendition of the national anthem, followed by a delightful lunch, fostering camaraderie and networking among attendees.

### List of Participants –

S.NO.	NAME	SIGNATURE
1.	Prof. Shoetal Saxena	
2.	Prof. Shreeja Vijayan	
3.	Prof. Rakhi Chandel	
4.	Prof. Shweta Pattnaik	
5.	Prof. Prachi Awasthi	
6.	Prof. Yasmin Sharma	
7.	Prof. Ancy Verkey	
8.	Ms. Vaishali Tiwari	
9.	Ms. Marlene Peter	
10.	Ms. Christy Abish	
11.	Ms. Nibha Soy	
12.	Ms. Priya Pandit	
13.	Mr. Anmol Joseph	
14.	Ms. Sunamol Ajit Kumar	
15.	Ms. Hemlata Birla	
16.	Ms. Sanghamitra Paul	
17.	Ms. Deepika Singh	
18.	Ms. Monika Chandore	
19.	Ms. Rupal Choudhan	
20.	Mr. Arjit Nand	
21.	Ms. Jyots Choudhan	
22.	Ms. Dolly Sarwer	
23.	Mr. Arnold Peter	





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24.	Mr. Abhilash Kotaru	
25.	Ms. Damini Dandak	
26.	Ms. Pooja Raibore	
27.	Ms. Ayushi Chaudhan	
28.	Ms. Arhara Joshi	
29.	Ms. Nandini Verma	
30.	Ms. Esmat Saleem	
31.	Ms. Priyanka Timari	
32.	Ms. Gitanjali Sharma	
33.	Ms. Priya Sharma	

  
**Prof. Shreeja Vijayan**  
IQAC Coordinator

  
**Prof. Shweta Pattanaik**  
Event Coordinator





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## CHOITHRAM COLLEGE OF NURSING

### REPORT ON- SEMINAR ON- INTRODUCTION TO RESEARCH METHODOLOGY

Date	18/01/2023
Time	2pm - 3pm
Venue	Hospital Auditorium, Choithram College of Nursing
Beneficiaries	BSN III Year (old/new) & Faculty members

On January 18, 2023 IQAC Cell of Choithram College of Nursing, Indore conducted an Seminar on Introduction to Research Methodology by Dr. Deepika Jain, Biostatistician. Choithram Hospital & Research Centre, Indore served as the distinguished speaker for this significant event. The session aimed to provide participants with a comprehensive overview of the fundamental principles and techniques involved in conducting research.

**CHOITHRAM COLLEGE OF NURSING, INDORE**

**SEMINAR ON-**  
**Introduction to Research Methodology**

**SPEAKER**  
**DR. DEEPIKA JAIN**  
BIostatistician  
18th January 2023

**Organised by**  
IQAC Cell,  
Choithram College of Nursing, Indore





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The seminar began with the concept of research, emphasizing its significance in generating new knowledge, solving problems, and making informed decisions. Participants were introduced to the various types and purposes of research, including basic and applied research, exploratory research, descriptive research and experimental research.







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The seminar concluded with a recapitulation of the key concepts discussed and an encouragement for participants to apply the knowledge gained in their research endeavors.



The seminar on "Introduction to Research Methodology" provided participants with a comprehensive understanding of the fundamental principles, techniques, and ethical considerations involved in conducting research. In the end, Prof. Shreeja Vijayan, IQAC CO-Ordinator expressed gratitude by presenting memento to Dr. Deepika Jain.





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## CHOITHRAM COLLEGE OF NURSING SEMINAR ON- RESEARCH METHODOLOGY BSC NURSING III YEAR (Old)

S.No.	Name of the Students	Signature
1	Akansa Patel	A
2	Anjali Singh	Anjali Singh
3	Anju Ramesh	Anju Ramesh
4	Ankita Singh	Ankita Singh
5	Arpita Pearl Joshi	A
6	Ash Ambiyar	Ash Ambiyar
7	Asha Carpenter	Asha Carpenter
8	Asha	Asha
9	Ashly George	Ashly George
10	Chandni Yadav	Chandni Yadav
11	Fani J Prasad	Fani J Prasad
12	Isha Makhor	Isha Makhor
13	Jincy John	Jincy John
14	Josmi T Y	Josmi T Y
15	Kajal Bairagi	A
16	Kavita	Kavita
17	Kirti Gehlot	Kirti Gehlot
18	Kiribala Waskale	Kiribala Waskale
19	Komal	Komal
20	Lakshita Jhala	Lakshita Jhala
21	Lata Solanki	Lata Solanki
22	Lincy James	Lincy James
23	Mahima Patidar	Mahima Patidar
24	Manisha Dangi	Manisha Dangi
25	Megha Kawadkar	Megha Kawadkar
26	Megha M Thomas	Megha M Thomas
27	Merlin Mariyam Raju	Merlin Mariyam Raju
28	Milisenit Dass	Milisenit Dass
29	Namrata Songara	Namrata Songara
30	Nikita Rathod	A



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31	Nima Patel	<i>Nima</i>
32	Nitu Piploidiya	A
33	Pallavi Sharma	<i>Pallavi</i>
34	Pamiza Patras	A
35	Payal Dangl	<i>Payal</i>
36	Pooja Birla	<i>Pooja</i>
37	Poonam Borna	<i>Poonam</i>
38	Prajakta Joshi	<i>Prajakta</i>
39	Pratiksha Singh	<i>Pratiksha</i>
40	Priya Rathore	<i>Priya</i>
41	Priyanka Kujur	<i>Priyanka</i>
42	Priyanka	<i>Priyanka</i>
43	Priyanka Alawa	<i>Priyanka</i>
44	Radhika Dangl	<i>Radhika</i>
45	Rajnandani Patel	<i>Rajnandani</i>
46	Rani Chouhan	<i>Rani</i>
47	Ranu Patel	<i>Ranu</i>
48	Ranu Patidar	<i>Ranu</i>
49	Rosely Mariam Roy	<i>Rosely</i>
50	Ruby M Roy	<i>Ruby</i>
51	Rupali Gour	<i>Rupali</i>
52	Sakshi Yadav	<i>Sakshi</i>
53	Sakshi Rathore	<i>Sakshi</i>
54	Saloni Rathore	A
55	Sanja Jangade	<i>Sanja</i>
56	Sapna Gurjar	<i>Sapna</i>
57	Sapna Jamod	<i>Sapna</i>
58	Sarita Dangl	<i>Sarita</i>
59	Sarita Mishra	<i>Sarita</i>
60	Sejal Ernest	<i>Sejal</i>
61	Shifa Khan	<i>Shifa</i>
62	Sipora Mavi	<i>Sipora</i>
63	Sunita Parmar	<i>Sunita</i>
64	Suraksha Jadam	<i>Suraksha</i>
65	Swati Patel	<i>Swati</i>
66	Treasa Thomas	<i>Treasa</i>



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Website : [www.choithramnursing.com](http://www.choithramnursing.com)

67	Vanshali Pawar	<i>Vanshali</i>
68	Vansha Patidar	<i>Vansha</i>
69	Yashoda Dangi	<i>Yashoda</i>
70	Ravina Nagar	<i>Ravina</i>





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## CHOITHRAM COLLEGE OF NURSING SEMINAR ON- RESEARCH METHODOLOGY BSC NURSING III YEAR (New)

S.No.	Name of the Students	Signature
1	Aashma Nayta	
2	Adithya Ajith	
3	Akshaya Anil	-
4	Anjali Gautam	
5	Anjali Kochak	-
6	Anju Mishra	
7	Ankita Chandel	
8	Arya M Sudhakar	-
9	Ashlee Cathrin Amos	-
10	Chetna Rajput	-
11	Diksha Chouhan	
12	Divya Gurjar	
13	Gayatri Nimama	
14	Gracy Verma	
15	Harshita Manker	
16	Hemlata Lodh	
17	Isha Singh	
18	Isha Tank	
19	Jagratee Birla	
20	Jayshri Rathod	-
21	Jisa Rachel Abraham	-
22	Kajal Baival	-
23	Khushi Panwar	
24	Khushi Parmar	
25	Kritika Kushwaha	
26	Kunal Mukati	
27	Litta Abraham	
28	Mahaak Kotare	-
29	Mahima Masat	
30	Muziti Tomar	



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Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



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Website : www.choithramnursing.com

31	Megha Khalkho	Megha
32	Melveena Mathew	-
33	Mohini Bagdare	Mohini
34	Monalika Pagare	Monalika
35	Monika Sarjaliya	Monika
36	Muskan Khan	Muskan
37	Nancy Sahu	Nancy
38	Nandini Kushwah	Nandini
39	Neethu Saji	Neethu
40	Neha Bhalse	Neha
41	Neha Kanade	Neha
42	Neha Solanki	-
43	Nikita Kushwah	-
44	Nishika Roy	Nishika
45	Pooja Jaiswal	Pooja
46	Pooja Kanchole	Pooja
47	Pooja Prajapat	Pooja
48	Priti Verma	Priti
49	Priya Gupta	Priya
50	Rakshita Naiyar	Rakshita
51	Rama Patidar	-
52	Renuka Dhruv	Renuka
53	Sanju Kaneshi	Sanju
54	Shikha Kushwah	Shikha
55	Shivani Kumrawat	Shivani
56	Shivani Yadav	Shivani
57	Shyam Sundar	Shyam
58	Sneha Rathore	Sneha
59	Sonali Sharma	Sonali
60	Sonika Rathore	Sonika
61	Surbhi Ingale	Surbhi
62	Teena Panwar	Teena
63	Vaishnavi Kushwah	Vaishnavi
64	Veena Tomar	Veena
65	Yugita Verma	Yugita
66	Anantika Yadav	Anantika



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Website : [www.choithramnursing.com](http://www.choithramnursing.com)

67	Komal Meena	<i>Komal</i>
68	Shruti Gill	<i>Shruti</i>
69	Dewoo S	-
70	Ashly Shibu	<i>Ashly</i>





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## FACULTY ATTENDENCE LIST

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2.	Prof. Shweta Pattnaik	
3.	Prof. Vaishali Tiwari	
4.	Ms. Rupal Chouhan	
5.	Ms. Christy Abish	
6.	Ms. Monika Chandore	
7.	Ms. Dolly Sanwer	
8.	Ms. Twinkle Daniel	
9.	Mr. Ankit Nand	
10.	Mr. Arnold Peter	
11.	Ms. Priyanka Tiwari	
12.	Ms. Eunice Solomon	
13.	Ms. Priya Sharma	
14.	Ms. Cynthia	



**EVENT Co-Ordinator**





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## CHOITHRAM COLLEGE OF NURSING REPORT ON- EXPERT LECTURE ON- MANAGEMENT OF MEDICATION

Date	22/09/2023
Time	12pm – 1pm
Venue	Classroom- BSN 2 <sup>nd</sup> year, Choithram College of Nursing
Beneficiaries	BSN II Year & Faculty members

On September 22, 2023 Choithram College of Nursing, Indore conducted an Expert Lecture on Management of Medication (MOM) by Ms. Oshin David Nursing Superintendent, Motherhood Hospital, Indore served as the distinguished speaker for this significant event. The session aimed to delve into various aspects of medication management, including principles, challenges, and best practices.

CHOITHRAM COLLEGE OF NURSING

**EXPERT TALK ON**  
**MANAGEMENT OF MEDICATION**  
**22-09-2023**

**SPEAKER**

**Ms. Oshin David**  
NURSING SUPERINTENDENT  
MOTHERHOOD HOSPITAL, INDORE





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The session started with guest welcome. The speaker has emphasized the importance of medication management in optimizing patient outcomes while minimizing adverse effect. Overall, the session was covered with challenges in medication management, best practices for a n effective management.





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The lecture provided valuable insights into the complexities of medication management and the importance of adopting evidence-based practices to optimize patient care. At the end of the session felicitation of the event speaker was done by Prof. Sitreza Vijayan, IQAC Co-Ordinator by presenting token of love to Ms. Oshin David, acknowledging her valuable contribution.





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Website : www.choithramnursing.com

LIST OF PARTICIPANTS		
S.no.	Participants Name	Signature
1.	Aaryushi Manshare	Aaryushi
2.	Aksha Elizabeth Raju	Aksha
3.	Alezzena k Virkey	Alezzena
4.	Alpha Sagely Bihare	Alpha
5.	Anchal Kumari	Anchal
6.	Antim Bala Carpenter	Antim
7.	Aradhaya Bhawsar	Aradhaya
8.	Aspina Milkyas	Aspina
9.	Arshi Khan	Arshi
10.	Ami Nagar	-
11.	Ayushi Lakra	Ayushi
12.	Babli Nishad	Babli
13.	Bharti Nagar	-
14.	Bhumnika Mewada	Bhumnika
15.	Bushra Mansuri	Bushra
16.	Chandni Dhangar	Chandni
17.	Chetna Birla	Chetna
18.	Chetna Choudhan	Chetna
19.	Chinal Mehta	-
20.	Christin Jija	Christin
21.	Dehora Daniel	Dehora
22.	Gayatri Yadav	Gayatri
23.	Garja Soliya	Garja
24.	Garima Mary Devasia	Garima
25.	Isha Sharma	-
26.	Jagrati Rathore	Jagrati
27.	Kamini Choudhan	Kamini
28.	Kaenika Patidar	Kaenika
29.	Kashish Malviya	-
30.	Khyati Muramkar	Khyati



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32.	Kirti Patidar	Kirti
33.	Kankum Prajapat	Kankum
34.	Manjusha Kujur	Manjusha
35.	Merlin John	Merlin
36.	Muskan Katija	Muskan
37.	Naveen Pawar	-
38.	Neha Patel	Neha
39.	Neha Rathore	Neha
40.	Nikita Rathore	-
41.	Nikita Sitole	Nikita
42.	Pooja Dangri	Pooja
43.	Priska M Samuel	Priska
44.	Priya Barod	Priya
45.	Priya Rathore	Priya
46.	Priya Yadav	Priya
47.	Priyanka Malviya	Priyanka
48.	Priyanka Rani	Priyanka
49.	Purvi Rai	Purvi
50.	Radhika Sahu	-
51.	Rajan Varghese	Rajan
52.	Reetika Chowdhary	Reetika
53.	Richa Angel Joshy	Richa
54.	Ritika Ninama	Ritika
55.	Saloni Dhakad	Saloni
56.	Shainy Saji	Shainy
57.	Sham Solanki	Sham
58.	Sheetal Rathore	Sheetal
59.	Sheetal Verma	Sheetal
60.	Shivani Rai	Shivani
61.	Shraddha Gour	Shraddha
62.	Suhasani Singh Choudhan	Suhasani



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63.	Siya Rajcsh	<i>Siya</i>
64.	Smita Dhangar	<i>Smita</i>
65.	Sonam Pal	<i>Sonam Pal</i>
66.	Soumya Kaushal	<i>Soumya</i>
67.	Sunila Buriya	<i>Sunila</i>
68.	Tamanna Gill	<i>Tamanna</i>
69.	Vinita Kanude	<i>Vinita</i>
70.	Sapna Mewada	-





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3.	Ms. Rupal Chouhan	
4.	Ms. Christy Abish	
5.	Ms. Menika Chandore	
6.	Ms. Twinkle Daniel	
7.	Mr. Ankit Nand	
8.	Mr. Arnold Peter	
9.	Ms. Priyanka Tiwari	
10.	Ms. Eunice Solomon	
11.	Ms. Nandini Verma	

EVENT Co-Ordinator





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## CHOITHRAM COLLEGE OF NURSING

### REPORT ON- SEMINAR ON- NURSING INFORMATICS

Date	04/08/2023
Time	12pm - 1pm
Venue	Online Mode- Choithram College of Nursing
Beneficiaries	BSN III Year & Faculty members

On August 04, 2023 Choithram College of Nursing, Indore conducted an Online Seminar on Nursing Informatics by Dr. Blessy Antony Principal, St. Francis College of Nursing, Indore served as the distinguished speaker for this significant event.



### CHOITHRAM COLLEGE OF NURSING

## Seminar on- "Nursing Informatics"

Date: 04/08/23  
**Resource Person**  
*Dr. Blessy Antony*  
*Principal, St. Francis College Of Nursing, Indore*

Organized by IQAC Cell, Choithram College of Nursing  
Indore (M.P.)







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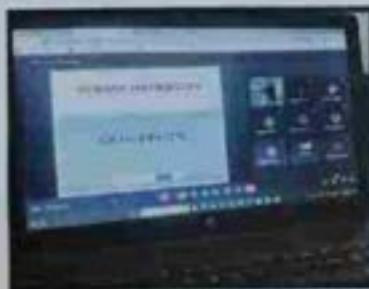
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Website : [www.choithramnursing.com](http://www.choithramnursing.com)

Seminar started with the Welcoming of the Speaker by Prof. Shweta Patnaik, HOD, Medical Surgical Nursing Department extended a heartfelt welcome to esteemed resource person.



The Seminar began with an overview of Nursing Informatics & its importance in healthcare. Nursing Informatics rapidly evolving field that integrates nursing science with information and computer sciences. The primary aim of the seminar was to enhance the knowledge amongst students regarding the management and communication of nursing data, information and to support decision making in healthcare setting. The key components of Nursing Informatics Seminar were data management which includes patient assessments, interventions and outcomes. Next, Information system- development & incorporation of CDS & EHR. The seminar was also focused on enhancement of nursing practice, and research and innovation.





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The Nursing Informatics Seminar was highly informative and engaging, providing participants with essential knowledge.

The seminar proved to be a fountain of valuable information. Prof. Shreeja Vijayan, IQAC coordinator, expressed gratitude to the event speaker Dr. Blessy Antony Principal, St. Francis College of Nursing.

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## CHOITHRAM COLLEGE OF NURSING SEMINAR ON- NURSING INFORMATICS BSC NURSING III YEAR

Date -04/08/2023

S.No.	Name of the Students	Signature
1	Aashma Nayta	
2	Adithya Ajith	
3	Akshaya Anil	
4	Anjali Gautam	
5	Anjali Kochak	
6	Anju Mishra	
7	Ankita Chandel	
8	Arya M Sudhakar	
9	Ashlee Cathrin Amos	
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20	Jayshri Rathod	
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22	Kajal Baisval	
23	Khushi Panwar	
24	Khushi Parmar	
25	Kritika Kushwah	
26	Kunal Mukati	
27	Litta Abraham	
28	Mahak Kolare	
29	Mahima Masar	





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30	Mansi Tomar	Mansi
31	Megha Khalkho	Megha
32	Melveena Mathew	Melveena
33	Mohini Bagdare	A
34	Monalika Pagare	Monalika
35	Monika Sarjaliya	Monika
36	Muskan Khan	Muskan
37	Nancy Saju	Nancy
38	Nandini Kushwah	Nandini
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44	Nishika Roy	Nishika
45	Pooja Jaiswal	Pooja
46	Pooja Kanchole	Pooja
47	Pooja Prajapat	Pooja
48	Priti Verma	-
49	Priya Gupta	Priya Gupta
50	Rakshita Naiyar	Rakshita
51	Ranu Patidar	Ranu
52	Renuka Dhruv	Renuka
53	Sanju Kanesh	Sanju
54	Shikha Kushwah	Shikha
55	Shivani Kumrawat	Shivani
56	Shivani Yadav	Shivani
57	Shyam Sundar	Shyam
58	Sneha Rathore	Sneha
59	Sonali Sharma	Sonali
60	Sonika Rathore	Sonika
61	Surbhi Ingle	Surbhi
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68	Shruti Gill	<i>[Signature]</i>
69	Dewoo S	<i>[Signature]</i>
70	Ashly Shibu	<i>[Signature]</i>





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3.	Prof. Rakhi Chandel	
4.	Ms. Jyoti Chouhan	
5.	Ms. Monika Chandore	
6.	Ms. Twinkle Daniel	
7.	Mr. Arnold Peter	
8.	Mr. Ankit Nand	
9.	Ms. Dolly Sanwer	
10.	Ms. Priyanka Tiwari	
11.	Ms. Eunice Solomon	



EVENT Co-Ordinator



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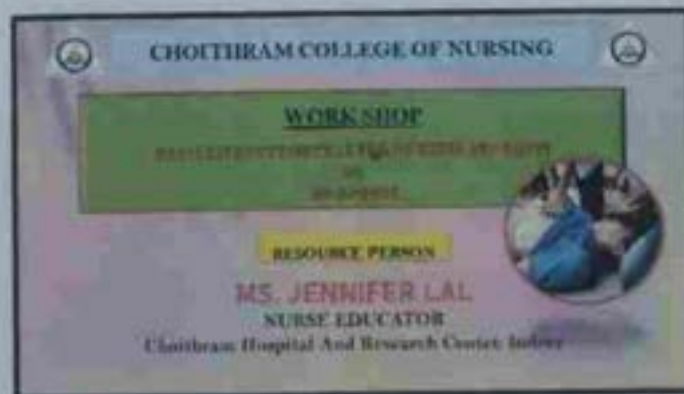
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## CHOITHRAM COLLEGE OF NURSING REPORT ON- WORKSHOP ON- BLS: BASIC LIFE SUPPORT FOR NURSING STUDENTS

Date	02/04/2022
Time	3pm - 4pm
Venue	Choithram College of Nursing
Beneficiaries	BSN II Year & Faculty members

On April 02, 2022, Choithram College of Nursing, Indore conducted an enlightening Workshop on BLS: Basic Life Support for Nursing Students with the aim of providing essential life-saving skills and knowledge to enhance their ability to respond effectively to emergency situations in healthcare settings. Ms. Jennifer Lal, Nurse Educator, Choithram Hospital & Research Centre, Indore, served as the distinguished speaker for this significant event.





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Website : [www.choithramnursing.com](http://www.choithramnursing.com)

Workshop began with the Welcoming of the Speaker by Prof. Shweta Pattnaik HOD, Medical Surgical Nursing Department extended a symbolic welcome to esteemed resource person through the planting of a sapling.



The workshop began with an overview of BLS, including its importance in healthcare and the key principles of emergency response. First, the assessment of patient's condition, identification of signs of cardiac arrest was delt. Thereafter, Practical demonstration and hands-on training were provided to teach students how to perform high-quality CPR, including chest compressions and rescue breathing. Also, they learnt the use of AED to deliver electric shocks to restore normal heart rhythm in cases of sudden cardiac arrest. Proper placement of AED pads and safety precautions were explained. The speaker has emphasized on the importance of effective communication and teamwork during resuscitation efforts was highlighted.







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The BLS workshop for the students was highly informative and engaging, providing participants with essential knowledge and skills to respond confidently and effectively to emergencies in clinical settings. By the end of the workshop, participants demonstrated proficiency in CPR techniques, as well as understanding of the importance of teamwork in emergency response.

The workshop proved to be a fountain of valuable information. Prof. Shreeja Vijayan, IQAC coordinator, expressed gratitude by presenting a memento to Ms. Jennifer Lal, acknowledging her invaluable contribution.





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## GLIMPSES OF THE EVENT





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## LIST OF PARTICIPANTS

S.no.	Participants Name	Signature
1	Aaryushi Manshare	Aaryushi
2	Aksha Elizabeth Raju	Aksha
3	Alenteena k Varkey	Alenteena
4	Alpha Sagely Bihare	Alpha
5	Anchal Kumari	Anchal
6	Antim Bala Carpenter	Antim
7	Aradhaya Bhawar	Aradhaya
8	Arpita Milkyas	Arpita
9	Arshi Khan	Arshi
10	Arti Nagar	Arti
11	Ayushi Lakra	Ayushi
12	Babli Nishad	Babli
13	Bharti Nagar	Bharti
14	Bhumika Mewada	Bhumika
15	Bushra Mansuri	Bushra
16	Chandini Dhangar	Chandini
17	Chetna Birla	Chetna
18	Chetna Chouhan	Chetna
19	Chinal Mehta	Chinal
20	Christin Jiju	Christin
21	Debora Daniel	Debora
22	Gayatri Yadav	Gayatri
23	Girja Soliya	Girja
24	Grains Mary Devasia	Grains
25	Isha Sharma	Isha
26	Jagrati Rathore	Jagrati
27	Kamini Chouhan	Kamini
28	Karnika Patidar	Karnika
29	Kashish Malviya	Kashish
30	Khyati Murumkar	Khyati



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Kirti Birla	Kirti Birla
Kirti Patidar	Kirti Patidar
Kumkum Prajapat	Kumkum Prajapat
Manjusha Kujur	Manjusha Kujur
Merlin John	Merlin John
6. Muskan Katiya	Muskan Katiya
7. Naveen Pawar	Naveen Pawar
18. Neha Patel	Neha Patel
39. Neha Rathore	Neha Rathore
40. Nikita Rathore	Nikita Rathore
41. Nikita Sitole	Nikita Sitole
42. Pooja Dangi	Pooja Dangi
43. Priska M Samuel	Priska M Samuel
44. Priya Barod	Priya Barod
45. Priya Rathore	Priya Rathore
46. Priya Yadav	Priya Yadav
47. Priyanka Malviya	Priyanka Malviya
48. Priyanka Rani	Priyanka Rani
49. Purvi Rai	Purvi Rai
50. Radhika Sahu	Radhika Sahu
51. Rajan Varghese	Rajan Varghese
52. Reetika Chowdhary	Reetika Chowdhary
53. Richa Angel Joshy	Richa Angel Joshy
54. Ritika Ninarna	Ritika Ninarna
55. Saloni Dhakad	Saloni Dhakad
56. Shainy Saji	Shainy Saji
57. Shani Solanki	Shani Solanki
58. Sheetal Rathore	Sheetal Rathore
59. Sheetal Verma	Sheetal Verma
60. Shivani Rai	Shivani Rai
61. Stradhna Gour	Stradhna Gour
Richaram Singh Choudhan	Richaram Singh Choudhan



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63.	Sriya Rajesh	
64.	Smita Dhangar	
65.	Sonam Pal	
66.	Sourya Kaushal	
67.	Sanika Buriya	
68.	Tamanna Gill	
69.	Vinita Kamode	
70.	Sagna Mewada	

## FACULTY LIST

S.no.	Participants Name	Signature
1.	Prof. Shweta Pattnaik	
2.	Ms. Monika Chandore	
3.	Mr. Aakrit Nand	
4.	Ms. Twinkle Daniel	
5.	Mr. Arnold Peter	
6.	Ms. Eunice Solomon	
7.	Ms. Priyanka Tiwari	
8.	Ms. Nandini Verma	





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## CHOITHRAM COLLEGE OF NURSING FACULTY DEVELOPMENT PROGRAM

**TOPIC:** "Journal club presentation"  
**Date:** 7/08/2022 to 12/08/2023  
**Time:** 3-4 pm  
**Venue:** Library  
**Beneficiaries:** 20-25 Faculty members  
**Organizing person:** Research committee

The research committee of Choithram College of Nursing had conducted the journal-club presentation by faculties with the aim to disseminate knowledge derived from recent research findings, allowing faculty members to stay updated on advancements in their field of study. All total approx. 20-25 faculty members were the beneficiaries of the program.

The journal presentations and discussions by different faculty helped the beneficiaries to enhance their professional development by engaging in scholarly discussions, exchanging ideas, and reflecting on the relevance of research findings to their teaching, research, and professional practice.

The outcome of the program was the faculty members gained new insight, evidence-based practices, and teaching strategies derived from the research findings, ultimately enhanced their effectiveness as educators.

  
Research Incharge



  
IQAC coordinator



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## CHOITHRAM COLLEGE OF NURSING

### Journal Club

Sr. No	Name of Faculty Date & Time Title of Research	Photo
1.	<b>Name:</b> Mrs. Marlene Peter <b>Date:</b> 07/08/2023 <b>Time:</b> 3 - 4 pm <b>Topic:</b> Introduction the CCON journal club & discussing the basic of journal presentation.	
2.	<b>Name:</b> Mrs. Arnold Peter <b>Date:</b> 08/08/2023 <b>Time:</b> 3:00 - 4 pm <b>Title:</b>	
3.	<b>Name:</b> Mrs. Dolly Sawner <b>Date:</b> 09/08/2023 <b>Time:</b> 3 - 4 pm <b>Title:</b> Effectiveness of structured teaching program on knowledge about anemia among tribal adolescent children with anemia.	








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<p>4. Name: Ms. Vibha Lal Date: 09/08/2023 Time: 12:00 - 1:00 pm Title: A correlational study to assess the knowledge and hygienic marks practices on leucorrhoea among general nursing students in selected school of nursing, Kallam district.</p>	
<p>5. Name: Ms. Priya Sharma Date: 10/08/2023 Time: 9:30-10:30 am Title: Asthma medication in children who are overweight/Obese: Justified treatment</p>	
<p>6. Name: Ms. Nandini Verma Date: 10/08/2023 Time: 9:30-10:30 am Topic: Physical activity among postoperative esophageal cancer patients</p>	
<p>7. Name: Mrs. Eunice S. Date: 11/08/2023 Time: 9:30-10:30 am Title:</p>	










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<p>8. <b>Name:</b> Ms. Jyoti Chauhan <b>Date:</b> 11/08/2023 <b>Time:</b> 9:30-10:30 am <b>Title:</b> Prevalence Of Dysmenorrhea Among Female Adolescent In Dubai: A Cross-Sectional Study</p>	
<p>10. <b>Name:</b> Mrs. Priyanka Tiwari <b>Date:</b> 12/08/2023 <b>Time:</b> 12:00 – 12:30 pm <b>Title:</b></p>	
<p>11. <b>Name:</b> Ms. Cyothia G. <b>Date:</b> 31/02/2024 <b>Time:</b> 9:30-10:30 am <b>Title:</b></p>	
<p>9. <b>Name:</b> Mr. Abhilash Kolare <b>Date:</b> 31/02/2024 <b>Time:</b> 9:30-10:30 am <b>Title:</b> Assessment of the Level of Internet Addiction among Nursing Students</p>	

  
Research Incharge



  
IQAC coordinator



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## CHOITHRAM COLLEGE OF NURSING

Name of the event- "Workshop on improving quality standards contrasting good briefing with poor briefing practices"

Date - 17<sup>th</sup> January 2023

Time - 09:00 am to 4:00 pm

Venue - Conference room, Choithram College of Nursing

No of attendees - Faculty members

On January 17, 2023, a Workshop was conducted aimed at improving quality standards through the enhancement of briefing practices. The workshop, organized for all faculty members, provided a platform to contrast effective and ineffective briefing methods, facilitated by esteemed speaker Dr. Prof. Prachi Awasthi, Simulation Trainer.



The workshop commenced with a warm welcome extended to Dr. Prof. Prachi Awasthi, led by Prof. Rakhi Chandel, event coordinator.





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Through interactive presentations and case studies, Dr. Awasthi illustrated the distinction between good briefing practices, which foster clarity and alignment, and poor briefing practices, which engender confusion and inefficiency.



Throughout the session, participants engaged in practical exercises, contrasting good briefing practices with poor ones. This interactive approach allowed for hands-on learning and immediate feedback. Faculty members were divided into small groups, where they actively practiced briefing techniques under the guidance of Dr. Awasthi.





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In recognition of her valuable contributions, Dr. Prof. Prachi Awasthi was presented with a token of appreciation after the workshop.



The smooth execution of the workshop was made possible by the efforts of Prof. Rakhi Chandel, the event coordinator.

The workshop was conducted under the auspices of the Internal Quality Assurance Cell (IQAC), reflecting the institution's commitment to continuous improvement and excellence in faculty development.





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## List of Participants -

S.NO.	NAME OF THE FACULTY	SIGNATURE
1.	Prof. Sheetal Saxena	
2.	Prof. Rakhi Chandel	
3.	Prof. Shweta Pattnaik	
4.	Prof. Yasmin Sharma	
5.	Ms. Marlene Peter	
6.	Ms. Nibha Soy	
7.	Mr. Anmol Joseph	
8.	Ms. Sunimol Ajit Kumar	
9.	Ms. Hemlata Birla	
10.	Ms. Sanghamitra Paul	
11.	Ms. Monika Chandore	
12.	Ms. Rupal Chouhan	
13.	Mr. Ankit Nand	
14.	Ms. Jyoti Chouhan	
15.	Ms. Dolly Sanwer	
16.	Mr. Arnold Peter	
17.	Ms. Twinkle Daniel	
18.	Ms. Pooja Rathore	
19.	Ms. Nandini Verma	
20.	Ms. Priya Sharma	
21.	Ms. Vibha Lal	
22.	Ms. Cynthia	

Prof. Shreeja Vijayan  
IQAC Coordinator

Prof. Rakhi Chandel  
Event Coordinator





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## CHOITHRAM COLLEGE OF NURSING

Name of the event-	Seminar on – “Quality Standards in Pressure Injury Prevention”
Date	- 22 <sup>nd</sup> October 2022
Time	- 10:00 am to 1:00 pm
Venue	- Conference room, Choithram College of Nursing
No of attendees	- Faculty members

The Seminar on “Quality Standards in Pressure Injury Prevention” held at Choithram College of Nursing on 22nd October 2022, aimed to explore into the essential aspects of maintaining quality standards in preventing pressure injuries. Ms. Neha Christina Kerketta, a Quality Nurse from Vishesh Jupiter Hospital, Indore, served as the resource person, bringing invaluable insights and expertise to the discussion.

**CHOITHRAM COLLEGE OF NURSING, INDORE**

**SEMINAR ON-**  
Quality Standards in Pressure Injury Prevention

**Speaker**

**Ms. Neha Christina Kerketta**  
Quality Nurse  
Vishesh Jupiter Hospital, Indore

Organized by IQAC Cell, Choithram College of Nursing, Indore





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After the seminar, IQAC Coordinator Prof. Shreeja Vijayan, along with Event Coordinator Prof. Yasmin Sharma, presented a certificate of appreciation to Ms. Neha Christina Kerketta for her invaluable contribution to the seminar.



**CHOITHRAM COLLEGE OF NURSING, INDORE**  
Seminar on -  
Quality Standards in Pressure Injury Prevention  
**RESOURCE PERSON**  
*Ms. Neha Christina Kerketta*  
Quality Nurse  
Vishakh Hospital, Hospital Indore  
Date - 22nd October 2022  
Time - 09:00 AM to 12:00 PM  
Venue - Conference Room, Choithram College of Nursing, Indore  
Organized by IQAC, Choithram College of Nursing, Indore

This seminar not only addressed a critical aspect of healthcare but also fostered collaboration and learning among nursing professionals, contributing to the enhancement of quality patient care standards.





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## List of Participants –

S.NO.	NAME OF THE FACULTY	SIGNATURE
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2	Prof. Rakhi Chandel	
3	Prof. Shweta Patsak	
4	Prof. Yasmin Sharma	
5	Ms. Marlene Peter	
6	Ms. Christy Abish	
7	Ms. Nibha Soy	
8	Mr. Anmol Joseph	
9	Ms. Sunimol Aji Kumar	
10	Ms. Hemlata Birla	
11	Ms. Sanghamitra Paul	
12	Ms. Monika Chandore	
13	Ms. Rupal Chouhan	
14	Mr. Arkit Nand	
15	Ms. Jyoti Chouhan	
16	Ms. Dolly Sarver	
17	Mr. Arnold Peter	
18	Mr. Abhilash Kodare	
19	Ms. Twinkle Daniel	
20	Ms. Pooja Rathore	
21	Ms. Nandini Verma	
22	Ms. Eunice Solomon	
23	Ms. Priyanka Triwari	
24	Ms. Priya Sharma	

Prof. Shreeja Vijayan  
IQAC Coordinator

Prof. Yasmin Sharma  
Event Coordinator







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## REPORT OF THE EVENT

### "BLADDER CATHETERIZATION SIMULATOR"

Date	13 <sup>th</sup> October 2022
Venue	Adult Health Nursing Lab, Choithram College of Nursing, Indore
Participants	70B.Sc. Nursing 3 <sup>rd</sup> Year Students, 20-25 faculty
Beneficiaries	25 Faculty and Students

On 13<sup>th</sup> October 2022 a demonstration class on bladder catheterization simulator was organized by Medical Surgical Nursing Department of Choithram College of Nursing under the guidance of Dr. Prof. Anshu Michael, Principal, CCN. The speaker and demonstrator was Dr. Rahul Tanwani, Professor Surgery, Inlax Medical College, Hospital and Research Centre Indore. Prof. Shweta Pattnaik, Clinical Co-ordinator introduced and welcomed the speaker. The demonstrated model is an innovation by him as he witnessed many life-threatening injuries related to improper catheterization techniques. Sir taught us about the dimensional internal view of the bladder catheterization process. This demonstration was helpful for our students as they are doing the practice of urinary catheterization during clinical posting. They were also taught about the common mistakes that occurred during the insertion and removal of Foley's catheter. The program lasted 1 hr from 1 pm to 2pm. The beneficiaries were 25 faculty and 70 B.Sc. Nursing 3<sup>rd</sup> year students. Sir cleared all the doubts of the participants and also shared his experiences. The session was very helpful for all. Seeing the benefits of the model and to prevent catheterization complications, it was further planned to have the simulator in the college lab also.





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## REPORT

### ONE DAY NATIONAL WORKSHOP ON "SENSITIZING NURSES FOR NABH"

A National Workshop on "Sensitizing Nurses For NABH" was successfully organized on 30th June at Choithram Hospital Auditorium. The workshop was inaugurated by Chief Guest Dr Amit Bhatt (Deputy Director Medical Services CH&RC), Dr Usha Ukande (Principal Choithram College of Nursing/ Chairperson workshop) and Resource person at 10am. Mementos to the chief guest and resource person were given.

Around 168 delegates were registered in the workshop from different places like Ahmedabad, Jabalpur, Bangalore, Hoshangabad, Bhopal, Ujjain and Indore.

The first Session was taken by Ms. Vijaylaxmi Nair, Nurse Manager, CH&RC, she highlighted the "Care of Patients and Management of Medication." after the first talk there was a tea break. A small group activity was also organized with the delegates.

Second speaker of the workshop was Mr. Sunil Joshi, Quality Nurse Manager, Krishna Hospital Anand, Gujrat. He dealt with the topic- "Patient Safety" in a very interesting manner. He also shows the videos related to importance of patient safety.

After the lunch break second session of the workshop started.

Third Speaker Ms. Manju Kumar, Infection Control Nurse, CH&RC, talked about the "Hospital Infection Control Policies and Procedures" The chairperson and moderator of the session were Prof. Shreeja Vijayan and Mr. Nishchal Pathak (Lecturer) Choithram College of Nursing, Indore.

Next topic of the workshop was "Nursing Audit" which was jointly taken by Ms Digna Thomas & Mr. Albin Joy, Quality Nurse Manager, Medanta Hospital Indore.

Topic "Quality Indicators" was dealt by Dr S. P. Jaiswal (Consultant Immunologist & Quality Manager, CH&RC) in which he throws light on important quality indicators which should be maintained in hospitals and role of nurse.

After the last talk post test was taken and valedictory was organized, feed back from the delegates was taken.

At the end certificates were distributed among participants. Tea and biscuit were arranged for the delegates and program was ended by 5:30 pm.

Master of Ceremony was Ms. Itisha Rose Prasad, Vote of thanks given by Ms. Sinsu Rachel and report was presented by Ms. Shreya.

The workshop was coordinated by Prof Sheetal Saxena.





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## CHOITHRAM COLLEGE OF NURSING



### *"Practice to Perfect-Interns Training Program"*

#### *Faculty Development Program*

### REPORT

DATE : 30<sup>th</sup> August- 4<sup>th</sup> Sep.2021

TIME : 9am-5pm

VENUE : New Auditorium

**Education is the most powerful weapon, which you can use to change the world.**

The work environment in which nurses provide care to patients can determine the quality and safety of patient care. Understanding the complexity of the work environment and engaging in strategies to improve its effects is paramount to higher-quality and safer care. Under the guidance of Prof. Dr. Aradhana Michael, Principal Choithram College of Nursing in collaboration with Choithram Hospital and Research Centre, Indore organized a one week training program for BSc Nursing 4<sup>th</sup> Year students from 30th August 2021 to 4th September 2021. The program coordinator was Prof. Shweta Pattnaik, HOD, Medical Surgical Nursing Dept. The training program included various theoretical and practical sessions dealt by faculty members of the college and heads of the hospital. B.Sc Nursing 4th year students were educated about practical procedures, NABH standards and clinical practices followed in our parent hospital as our organization has High-reliability cultures of safety and capitalize on evidence-based practice which offer favorable working conditions to nurses who are dedicated to improve the safety and quality care to our patients. Emphasis on the need to improve health care systems to enable nurses to not be at the "sharp end" was given so that they can provide the right care and ensure that patients will benefit from safe and quality care.





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## Day 1:

30.08. 2021 MON	Prof. Shweta Pattnaik	Mr. Anmol Joseph	Ms. Reetika William	Ms. Reetika William	Launch	Ms. Archana Netke	Ms. Archana Netke	Ms. Monika Chandore
	Introduc tion (9- 9.15am) cont.by Mr.Anm ol	HR Orienta tion & Inducti on	Admission, Reg.,Disch arge	Admission Reg.,Disch arge		MOM	MOM	All about ICU

The day started with a welcome by co-ordinator of the program Prof.Shweta Pattnaik. Madam introduced about the preparation of the internship journey and explained the expected role of the students when they are going to start their work as interns in order to excel in the clinicals.

Thereafter the first session was dealt by Mr.Anmol about HR orientation where Sir explained about the organization pattern and hierarchy of the hospital board members. Also the physical layout and policies to be followed as a staff nurse was discussed. Soon after this Ms.Reetika William well explained about the admission and discharge process, the formalities and procedures and points to be kept in mind while carrying out such procedures. Around 1-2pm all the students and teachers took a break for the lunch. Post lunch session was started by Ms.Archana Netke on Management of Medications, one of the most important procedure carried out by staff nurses. Thereafter Ms.Monika Chandore concluded the session with the last topic about ICU its orientation and role of nurses. The day ended up with a feedback and new learning that the students achieved.





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## Day 2:

31.08.2021 TUE	Ms. Priya Pandit Assessment	Ms. Priya Pandit Assessment	Ms. Ramya Pillai Nsg. Communication	Ms. Ramya Pillai Nsg. Communication	Lunch	Ms. Archana Netke Medication adm.(with documentation)	Ms. Archana Netke Medication adm.(with documentation)	Ms. Monika Chandore All about OT
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The next day started with a welcome note and the attendance with discussion of their new learning of the previous day. Ms. Priya Pandit started the session with the Assessment topic where she explained about the different forms used in the hospital and how to use them. Ms. Ramya Pillai explained about the communication and its role in our daily life and its importance during patient care. After lunch administration of different medications with special precautions was taken by Ms. Archana Netke and thereafter the OT protocols, physical layout, procedures conducted, nurses role was explained by Ms. Monika Chandore.



## Day 3:

01.09.2021 WED	Ms. Sinsu R Alex Role of Nurses	Ms. Sinsu R Alex Role of Nurses	Ms. Reetika William Quality Indicators	Ms. Reetika William Quality Indicators	Lunch	Ms. Vijaylaxmi Naik An Interaction with Nurse Manager	Ms. Twin Klee Daniel Nsg. Documentation & Procedures	Ms. Twin Klee Daniel Nsg. Documentation & Procedures
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Day 5:

03.09.2021 FRI	Ms. Deepika Singh Revising Basic Procedures	Ms. Deepika Singh Revising Basic Procedures	Ms. Rupal Chouhan Healthcare Terminologies	Ms. Ramiya Pillai IVF administration with documentation	Lunch	Ms. Priya Pandit Demonstration (Insulin/Calclexane/BSR)	Mr. Anmol Joseph All about Insulin	Ms. Jyoti Chouhan All about Dialysis Unit
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Day 5 started with a revision class of basic procedures learned during these four years by Ms. Deepika Singh. After this Ms. Ramiya Pillai discussed about the IV administration of certain important drugs and the key nursing responsibilities. Ms. Priya Pandit took the post lunch session on Subcutaneous injection administration with Insulin in detail and Mr. Anmol explained the same through videos. Lastly Ms. Jyoti completed the topic of dialysis and the day got concluded.



Day 6:

04.09.2021 SAT	Ms. Sinsu R Alex ECG, Use of spirometer & Retacap	Ms. Divya Saxena About NABH	Ms. Divya Saxena About NABH	Prof. Shweta Pattnaik Discussion on Post test
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The last day of the session was planned for a half day. Ms. Sinsu explained about the special procedures carried out in the hospital. Thereafter Ms. Divya Saxena, Nurse Educator CHRC took a session on NABH and explained in detail about the chapters and different policies as per NABH standards. After this a 45 minutes Post test was conducted by the co-ordinator





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and then the group moved for the closing ceremony of the one week internship training program.

Prof. Shweta Pattnaik welcomed everyone present in the auditorium and called up one student for the feedback of the program. Ms. Dolly Ahir thanked to Principal Madam and all teachers for their efforts towards the successful completion of the training program. Thereafter the students were motivated by the Principal for their further journey as an intern nurse. Prof. Prachi Awasthi class teacher of the intern batch shared the timing of duties and details of the roster with them. Lastly the coordinator of the program delivered a short vote of thanks.

After this the discussion of the post test was done and sheets were evaluated. The training program was successfully concluded around 2pm.

**Prof. Shweta Pattnaik**

**Program Co-ordinator**







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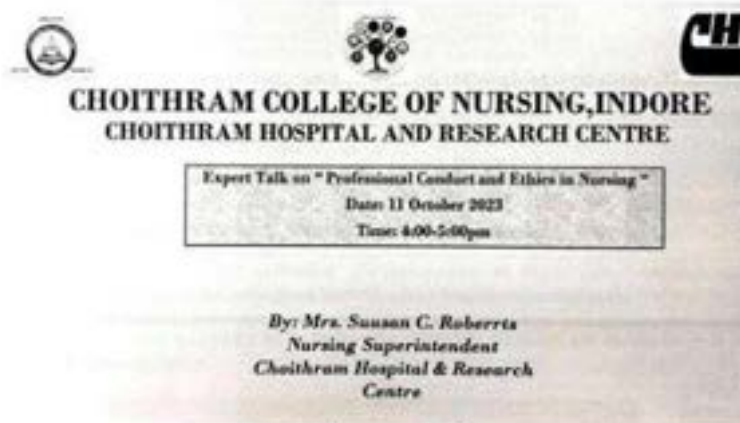


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## Choithram College of Nursing Report: "Expert Talk on Professional Conduct and Ethics"

Date	11/10/23
Time	4:00-5:00PM
Venue	Board Room, College of Nursing
Beneficiaries	30 Faculty members



E-Banner

Professional conduct and ethics are foundational principles in nursing practice. Nurses are entrusted with the care of individuals, families, and communities, and ethical behavior is essential to maintain trust, respect, and integrity within the profession.

Choithram College of Nursing has Organized an Expert Talk on the topic "Professional Conduct and ethics in Nursing" for Faculty of College of nursing, under the guidance of Principal Prof. Shreeja Vijayan on 11/10/23 at 4:00-5:00 PM.





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Overview of Event and Welcome of Guest  
Speaker

The expert for this event was Mrs. Sussan C Roberts, Nursing Superintendent, Choithram Hospital and Research Centre. Event commenced with formal welcome of Mrs. Roberts by Ms. Vaishali Tiwari, Event coordinator.

The presenter elucidated the concept of professional conduct in nursing, emphasizing the behaviors, attitudes, and standards expected of nurses in their professional roles.

Importance was placed on upholding professionalism to foster trust, respect, and confidence among patients, colleagues, and the wider healthcare community.

Each standard was explained with real-world examples to illustrate its application in various clinical scenarios.





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Session by Guest Speaker

The significance of maintaining patient confidentiality and privacy rights was highlighted, emphasizing nurses' responsibility to safeguard sensitive information.

The importance of maintaining appropriate professional boundaries with patients and colleagues was underscored.

The expert lecture on professional conduct and ethics in nursing provided a comprehensive overview of ethical principles and practices essential for delivering high-quality patient care. Attendees gained valuable insights into maintaining professionalism, upholding ethical standards, and navigating ethical dilemmas in their nursing practice.



Illustration by Real world Scenarios





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The organizers extend their gratitude to the presenter for delivering an insightful and engaging lecture on professional conduct and ethics in nursing. Special thanks are also extended to the attendees for their active participation and contributions to the discussion.



Token of Gratitude and Love





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CHOITHRAM COLLEGE OF NURSING  
EXPERT TALK ON "PROFESSIONAL CONDUCT AND ETHICS"  
DATE: 11/10/23  
LIST OF ATTENDEES

S. NO	NAME OF THE FACULTY	SIGNATURE
1.	Prof. Shreeja Vijayan	
2.	Dr. Sheetal Saxena	
3.	Prof. Shweta Pattnaik	
4.	Prof. Rakhi Chandel	
5.	Dr. Prachi Awasthi	
6.	Prof. Ancy Varkey	
7.	Prof. Yashini Sharma	
8.	Prof. Vaishali Tiwari	
9.	Ms. Sunimal A Kumar	
10.	Ms. Marlene Peter	
11.	Mrs. Christy Abish	
12.	Mr. Anmol Joseph	
13.	Ms. Nibha Soy	
14.	Ms. Hemlata Birla	
15.	Ms. Sangmitra Paul	
16.	Ms. Rupal Chouhan	





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17.	Ms. Monika Chandore	<i>M</i>
18.	Mr. Ankit Nand	<i>Ankit</i>
19.	Ms. Jyoti Chouhan	<i>Jyoti</i>
20.	Ms. Dolly Sawner	<i>Dolly</i>
21.	Mr. Arnold Peter	<i>Arnold</i>
22.	Mr. Abhilash Kolare	<i>Abhilash</i>
23.	Ms. Twinkle Daniel	<i>Twinkle</i>
24.	Ms. Pooja Rathore	<i>Pooja</i>
25.	Ms. Vibha Lal	<i>Vibha</i>
26.	MS. PRIYA SHARMA	<i>Priya</i>
27.	Miss Baganho Triwasi	<i>Baganho</i>
28.	Ms. Amice Blomon.	<i>Amice</i>
29.		
30.		

*[Signature]*  
Event Coordinator

*[Signature]*  
IQAC Coordinator





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## CHOITHRAM COLLEGE OF NURSING CRITICARE 2023 CONFERENCE REPORT

Date: 22<sup>nd</sup> & 23<sup>rd</sup> February 2023

Time: 9.30 am - 5pm

Venue: Brilliant Convention center, Indore (MP)

Participants & No.: 16 Faculty, 63 BSN III-year, 09 Trainee nurses, 30 CHRC staff nurses

Theme: Cost Effective Intensive Care with Humanization

### CRITICARE, 2023 CONFERENCE REPORT

On the 22<sup>nd</sup> & 23<sup>rd</sup> February 2023 we the members of Choithram college of nursing, Indore under the guidance of Dr. (Prof.) Aradhana Michael and medical surgical department got the opportunity to attend 29<sup>th</sup> Annual Conference of Indian Society of Critical Care Medicine. The conference theme was **Cost Effective Intensive Care with Humanization**. We were highly enlightened to be present there in the auspicious presence of some pioneers Dr. Susruta Bandyopadhyay (Mentor for the session), Chief Coordinator was Dr. Shyam sunder Tipparajs & Dr. Ranvir Tyagi, Local Coordinator Dr. Nilesh Sharma & Dr. Mayank Masand.

Over the two days, conference participants came together from across society, hospitals, community leaders, doctors, nursing staff, faculties from different institutes, policy makers, health authorities and others. The conference aimed to set new standards for cost effective intensive care with humanization. This whole workshop was mainly focused on nursing practice aspects.

#### DAY: 1

The conference started with registration followed by breakfast. The conference focused to get a deeper insight into the most recent advances, controversial issues, and technological developments in the field of critical care. The group divided into two groups, half group was attending critical care workshop and other half was attending BLS class. The first day had





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seven topic discussion sessions followed by lunch break. In the later part we also had workstations. There were four workstations, each workstation was about 30 min. These well-designed pre-conference sessions gave attendees a chance to gain new skills, improve their clinical & procedural knowledge, and become familiar with modern technology.

**WORKSTATION 1- Airway management/ components of crash cart for difficult intubation-** conducted by Faculty: Rajaeshi Roy & Nilesh Sharma

**WORKSTATION 2- Defibrillation & basic life support-** conducted by Faculty: Shyamsunder Tipparaju & Mayank Masand

**WORKSTATION 3- Familiarity with ventilators: Record keeping-** conducted by Ranvir Tyagi & Param Sood

**WORKSTATION 4- NIV/HFNC-** conducted by Sasruta Bandyopadhyay & Vivek Dave



## DAY: 2

The second day started with seven discussion sessions followed by tea break. Sessions were focused on infection control (setting & scene), nurse quality indicators, nutrition policies in







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ICU. In the later part there was workstation session arranged. Each session was about 30 min.

WORKSTATION 1- Proning, principles of ECMO- Conducted by Rajarshi Roy & Tanmay Dey

WORKSTATION 2- Hemodynamic monitoring (including shock states) setting up- conducted by Shyamsunder Tipparaju & Hiren Shah

WORKSTATION 3- ABG/ ECG – Made easy- Conducted by Susruta Bandyopadhyay & Pramod Sood

WORKSTATION 4- Nurse Handover- Conducted by Ranvir Tyagi & Satendra Rajput

WORKSTATION 5- RRT/ IABP – Conducted by Vivek Dave & Vivek Agnihotri





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**CONCLUSION:** This annual conference was hosted by Indian Society of Critical Care Medicine and it was a meeting place for researchers, professors and young doctors in Intensive Care across the globe to exchange their knowledge and to voice their innovations to the world. Topics were revisiting the clinical practices, new technologies and drugs, as well as - and very importantly the current initiatives to deal with new normal- the pandemic and post pandemic scenario of critical care. At this workshop, enhancement of nursing practice was the Main topic. We got an opportunity to get hands on practice on highly equipped mechanical manikins which provided great knowledge and experience.

