



5.1.2 Detailed Report of Capability enhancement and other skill development schemes: 2022-23

INDEX

S. No	Activity	Nature/Category	Capabilities	Page No.
1.	Non-Verbal Communication: Dum Charades	Soft Skill Development	Team Building	1-5
2.	English Language Lab	Language and communication skill development	<ul style="list-style-type: none">Enhanced Academic PerformanceGreater ConfidenceConversation skills	6-11
3.	Yoga Sessions	Yoga and wellness	Physical fitness & Holistic development	12-21
4.	International Yoga Day Celebration			22-27
5.	Seminar on Nursing Informatics	Analytical skill development	<ul style="list-style-type: none">Improved Clinical Decision-MakingRisk Management	28-33
6.	Expert talk: Management of Medication			34-39
7.	Meditation as Medicine	Human value development	<ul style="list-style-type: none">Prevention and WellnessEmotional RegulationResponsibilityCommunity SpiritGratitudeStewardshipSustainability	40-46
8.	World Environment Day: “ <i>Humara paryavaran humare Jeevan ka aadhar</i> ”- Short Skit			47-51



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2362491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

9.	Rally: "Use heart for Every Heart"		Compassion	52-56
10.	Shram Daan : College Premises Cleanliness Program		<ul style="list-style-type: none">• Environmental Awareness• Ethical Responsibility• Respect	57-61
11.	Run for Unity: Unity Run		<ul style="list-style-type: none">• Inclusivity• Community Spirit• Civic Engagement• Social Responsibility	62-66
12.	National Youth Day		<ul style="list-style-type: none">• Empowerment• Leadership• Self-Esteem	67-71
13.	5 Days Sports Festival		<ul style="list-style-type: none">• Discipline• Sportsmanship• Goal Setting• Health and wellness	72-81
14.	Documentary on Unsung Heroes		<ul style="list-style-type: none">• Social Responsibility• Inspiration	82-86
15.	Celebration of 26 th January		<ul style="list-style-type: none">• Values• Patriotism• Feelings for Nation	87-93
16.	मानसिक स्वस्थ एवं आत्म रक्षा		<ul style="list-style-type: none">• Empowerment• Stress Management	94-97
17.	समाज में व्याप्त समस्याय व उनके निदान		<ul style="list-style-type: none">• Community Service• Responsibility	98-99
18.	Skit on menstrual Hygiene		<ul style="list-style-type: none">• Gender Sensitivity• Breaking Taboos• Leadership and Advocacy• Social Awareness	100
19.	नशा मुक्त भारत		<ul style="list-style-type: none">• Health Awareness	



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2362491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

			<ul style="list-style-type: none">• Prevention and Awareness• Self-Control	101
20.	Save Environment		<ul style="list-style-type: none">• Respect for Nature• Ethical Responsibility	102
21.	छत्रों में नेतृत्व विकसित करने पर चर्चा		<ul style="list-style-type: none">• Courage and Self-Confidence• Organization and Planning• Self-Reflection and Improvement	103-110
22.	Health Care Quality and patient safety	Personality and professional development	Improved clinical skills and knowledge	111-114
23.	Practice to Perfect – Clinical Training Program for Student Trainee Nurses	Employability skill development	Clinical Skills Proficiency	115-122
24.	International student cell		Preparation of Global nurses	123-125



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2362491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com



CHOITHRAM COLLEGE OF NURSING, INDORE

Topic : Nonverbal Communication – Dum Charads



Dancing



Rabbit



Phone



Sleeping



Airplane





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

Choithram College of Nursing

Date	25/10/22
Time	3:00-4:00PM
Venue	Class room, UG Block Choithram College of Nursing,
Beneficiaries	B.Sc. Nursing I Year Students (75)

A lecture was organized by Choithram College of Nursing for the B.Sc. (N) I Yr. students on "Dumb Charades- Non-verbal communication" on 25/8/2022 at 3:00-4:00 pm. The objective of the communication skills class was to enhance participants' abilities to communicate effectively in various personal and professional settings y *Prof. Sheetal Saxena, HOD Community health Nursing Department.*

Dumb Charades an interactive session of teaching learning was tried among B. Sc. (N) 1 year students under the subject CET in an attempt to give a healthy atmosphere of competitiveness in the class and also infuses a certain sense of team spirit; as it helps to overcome the stage fears and apprehensions of doing something in front of an audience. Students enjoyed the session and learn about the non-verbal communication, understand the body language and learn and remember the concepts.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

B.Sc. Nursing 1st Year

Year - 2022-23

Theme- Non-Verbal Communication: Dum Charades

S.no	Name of the Student	Signature
1	Aayushi Manshare	Aayushi
2	Aksa Elizabeth Raju	Aksa
3	Alenteena K Varkey	Alenteena
4	Alpha Sagely Bihare	Alpha
5	Anchal Kumari	Anchal
6	AntimBala Carpenter	Antimbala
7	Aradhaya Bhawsar	Aradhaya
8	Arpita Milkyas	Arpita
9	Arshi Khan	Arshi
10	Arti Nagar	Arti
11	Ayushi Lakra	Ayushi
12	Babli Nishad	Babli
13	Bharti Nagar	Bharti
14	Bhumika Mewada	Bhumika
15	Bushra Mansuri	Bushra
16	Chandini Dhangar	Chandini
17	Chetna Birla	Chetna
18	Chetna Chauhan	Chetna
19	Christin Jiju	Christin
20	Chinal Mehta	Chinal
21	Debora Daniel	Debora
22	Gayatri Yadav	Gayatri
23	Girja Soliya	Girja
24	Graina Mary Devasia	Graina
25	Isha Sharma	Isha
26	Jagrati Rathore	Jagrati
27	Kamini Chauhan	Kamini
28	Karnika Patidar	Karnika
29	Kashish Malviya	Kashish





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

30	Khyati Murumkar	<i>Khyati</i>
31	Kirti Birla	<i>Kirti</i>
32	Kirti Patidar	<i>Kirti</i>
33	KumkumPrajapat	<i>Kumkum</i>
34	Manjusha Kujur	<i>Manjusha</i>
35	Merlin John	<i>Merlin</i>
36	Muskan Katija	<i>Muskan</i>
37	Naveen Pawar	
38	Neha Patel	
39	NehaRathore	<i>Neha</i>
40	Nikita Rathore	<i>Nikita Rathore</i>
42	PoojaDangi	
43	Priska M Samuel	<i>Priska</i>
44	Priya Barod	<i>Priya</i>
45	PriyaRathore	<i>Priya</i>
46	Priya Yadav	<i>Priya</i>
47	PriyankaMulviya	<i>Priyanka</i>
48	Priyanka Rani	<i>Priyanka</i>
49	Purvi Rai	<i>Purvi</i>
50	Radhika Sahu	<i>Radhika</i>
51	Rajan Varghese	<i>Rajan</i>
52	Reetika Chowdhary	<i>Reetika</i>
53	Richa Angel Joshy	<i>Richa</i>
54	Ritika Ninama	<i>Ritika</i>
55	Saloni Dhakad	<i>Saloni</i>
56	Sapna Mewada	<i>Sapna</i>
57	Shainy Saji	<i>Shainy</i>
58	Shanu Solanki	<i>Shanu</i>
59	Sheetal Rathore	<i>Sheetal</i>
60	Sheetal Verma	<i>Sheetal</i>
61	Shivani Rai	
62	Shraddha Gaur	<i>Shraddha</i>
63	Sinhasani Singh Chouhan	<i>Sinhasani</i>
64	Siya Rajeesh	<i>Siya</i>
65	Smita Dhangar	<i>Smita</i>





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

66	Someya Koushal	<i>Someya</i>
67	Sonam Pal	<i>Sonam</i>
68	Sunila Bhuriya	<i>Sunila</i>
69	Tamna Gill	<i>Tamna</i>
70	Vinita Kanude	<i>Vinita</i>





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

ENGLISH LANGUAGE LAB REPORT

2022-2023

A language lab plays an important role in the language learning process. Choithram College of Nursing has a well-functioned language lab that facilitates the nursing students to practice and learn the English language. It focuses on the development of student's language and communication skills, critical thinking, and problem-solving skills through the understanding of 4 pillars of English language viz. Listening, Speaking, Reading and writing.

The effective use of the lab enhance active vocabulary and improve proficiency in speaking the language. The use of the language lab allows students to have access to the information quickly and personalizing the learning process. This lab provides a different experience from the traditional system of teaching and learning languages, offering more advance features and functionalities. The English lab proves beneficial for those students who are poor in speaking English Language. The present session (2022-2023) dealt with B.Sc. Nursing 1st Year Batch . 71 students were taken for the English Language Lab.

OBJECTIVES

- To prepare the students with good communication skills.
- To emphasize the need for English in the nursing field.
- To train the students for the art of conversation and discussion.
- To prepare the nursing students for interviews and future job environments.
- To build confidence among students for interactions and presentations in English.
- To provide students a platform to enhance English Language skills, communication skills.
- To enhances grammatical accuracy.
- To improve the fluency of students in spoken English and neutralize their mother tongue influence.
- To train students to use English language appropriately for public speaking.
- To enable students develop their listening skills so that they may appreciate its role in the LSRW skills approach to language and improve their pronunciation.

CRITERIA FOR ENROLLING IN LANGUAGE LAB

Assessment criteria for enrolling students for language lab:-

- Identify the student through their class performance (using paragraph, writing, comprehensive reading and speaking in English on particular topics) who are weak in any of the skill like reading, writing and speaking in English language.
- Students also identify on the basis of their test performance through finding difficulty in writing answer in English. Students who are finding difficulty in understanding lecture in English are also enrolled for English language lab.
- Students who are slow learners in English subject.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

- Interested students can also enroll if they want to improve their proficiency in English language.

CONDUCTED SESSION IN ENGLISH LANGUAGE LAB

- Grammar of English Language: Practice and Exercises
- Vocabulary Building Skill
- Active Listening Skill
- Reading Comprehension
- Active writing skills
- Oral Presentation (self-Introduction, Public Speech)
- Understanding Importance of Body Language
- Encourage Students for self-evaluation of their own performances so that they can identify the areas that need to be improved or changed.

ACTIVITIES PLANNED

Vocabulary Building Skill- Vocabulary means a sum or stock of words employed by a language, a group, an individual or a work or in a field of knowledge. It is the collection of words and terms available for used in communication. Developing good vocabulary is not only important to writers and speakers. It is important in everybody's life both personally as well as professionally. The three main reasons to improve one's vocabulary are:

- It sharpens the communication
- It opens students mind
- Vocabulary helps students to become successful

What we do and assess in lab?

Improve the vocabulary of the students. Students who have poor vocabulary and stops more number of times while reading a passage. Every time he/she comes across a new word, he/she stops and tries to understand the meaning. In such situations, we make them understanding the gist of the passage. Having good vocabulary improves reading speed and it also helps in understanding the passage better and saves a lot of time.

ACTIVE WRITING SKILLS- The skill of writing has taken last place in communicative skills. To acquire this ability continuous practice and involvement are necessary. Good writing skills allow you to communicate with a larger audience effectively with clarity and ease. It enables the students to meet the demands of life. Good writing skills create impression and avoid negative reactions.

What we do and assess in lab?

We teach students about the letters writing(Formal & Informal letters), E-mails, command over writing, Re-Drafting.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

The Language lab is equipped with 5 computers with high-speed internet facility and audio-visual aids to refine the linguistic skills of the students.

The lab can accommodate 5 students at a time and provide adequate facilities for effective teaching and learning of various aspects and skills of English language. Teacher in charge of Language Lab is Ms. Twinkle Gloria Daniel.

Weekly planning for activities to be conducted in language lab

Week	Topic	Contact hour	Assignment
1	Self Introduction	2	Oral presentation
2	Note-taking/ Making based on Audio visual	2	Graded exercise
3	Group discussion	2	Briefing on the specific topic of group discussion; practice exercise
4	Extempore	2	Graded exercise: speaking based on a given topic of theme.
5	Ideation/Infographic Posters	2	Process of expanding on a theme or a topic both creatively.
6	Reflection- Speak & record	2	Graded activity
7	Reading session	2	Individual comprehensive reading
8	Basic Listening session	2	Graded activity





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING B.Sc. Nursing 1st Year Year - 2022-23

ENGLISH LANGUAGE LAB

S.no	Name of the Student	Signature
1	Aayushi Manshare	Aayushi
2	Aksha Elizabeth Raju	Aksha
3	Alenteena K. Varkey	Alenteena
4	Alpha Sagely Bihare	Alpha
5	Anchal Kumari	Anchal
6	AntimBala Carpenter	AntimBala
7	Aradhaya Bhawar	Aradhaya
8	Arpita Milkyas	Arpita
9	Arshi Khan	Arshi
10	Arti Nagar	Arti
11	Ayushi Lakra	Ayushi
12	Babli Nishad	Babli
13	Bharti Nagar	Bharti
14	Bhumika Mewada	Bhumika
15	Bushra Mansuri	Bushra
16	Chandini Dhangar	Chandini
17	Chetna Birla	Chetna
18	Chetna Chauhan	Chetna
19	Christin Jiju	Christin
20	Chinai Mehta	Chinai
21	Debora Daniel	Debora
22	Gayatri Yadav	Gayatri
23	Girja Soliya	Girja
24	Graina Mary Devnsia	Graina
25	Isha Sharma	Isha
26	Jagrati Rathore	Jagrati
27	Kamini Chauhan	Kamini
28	Karnika Patidar	Karnika
29	Kashish Malviya	Kashish



Scanned with CamScanner



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

30	Khyati Murunkar	Khyati
31	Kirti Birla	Kirti
32	Kirti Patidar	Kirti
33	KumkumPrajapat	Kumkum
34	Manjusha Kujur	Manjusha
35	Merlin John	Merlin
36	Muskan Katija	Muskan
37	Naveen Pawar	Naveen
38	Neha Patel	Neha
39	NehaRathore	Neha
40	Nikita Rathore	Nikita
42	PoojaDangi	Pooja
43	Priska M Samuel	Priska
44	Priya Barod	Priya
45	PriyaRathore	Priya
46	Priya Yadav	Priya
47	PriyankaMalviya	Priyanka
48	Priyanka Rani	Priyanka
49	Purvi Rai	Purvi
50	Radhika Sahu	Radhika
51	Rajan Varghese	Rajan
52	Reetika Chowdhary	Reetika
53	Richa Angel Joshy	Richa
54	Ritika Ninama	Ritika
55	Saloni Dhakad	Saloni
56	Sapna Mewada	Sapna
57	Shainy Saji	Shainy
58	Shanu Solanki	Shanu
59	Sheetal Rathore	Sheetal
60	Sheetal Verma	Sheetal
61	Shivani Rai	Shivani
62	Shraddha Gaur	Shraddha
63	Sinhasani Singh Chouhan	Sinhasani
64	Siya Rajeesh	Siya
65	Smita Dhangar	Smita



Scanned with CamScanner



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

66	Someya Koushal	<i>Someya</i>
67	Sonam Pal	<i>Sonam Pal</i>
68	Sunila Bhuriya	<i>Sunila</i>
69	Tamna Gill	<i>Tamna Gill</i>
70	Vinita Kanude	<i>Vinita</i>
71	Nitika Sitole	<i>Nitika</i>



Scanned with CamScanner



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING YOGA REPORT

DATE	10/03/2022-13/04/2023
PROGRAM	REGULAR PRACTICE
PARTICIPANTS	B.Sc. NURSING FIRST YEAR STUDENTS
BENEFICIARIES	B.Sc. NURSING FIRST YEAR
VENUE	CHOITHRAM COLLEGE OF NURSING
TIME	5:30 PM-6:30 PM (1 HOUR)

"Yoga is a light, which once lit will never dim. The better your practice, the brighter your flame."

A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily, in both, body and the mind. Yoga postures, Pranyama and meditation are effective techniques to release stress. By correctly doing yoga poses, one can improve their posture and prevent the many health problems that result from poor posture. Meditation is relaxation which gives calm mind, good concentration and rejuvenates the body and mind. Asanas starting with warming up and stretching were followed by a series of Padmasanas, Sukhasan, Tadasana, Bhujang Asana and ending with Shavasana. Exercises for relieving stress, reducing joint pain and enhancing the flexibility of the back were also done for the benefit of the students. While eustress helps one to work towards their goals in a better way, without adopting a careless attitude towards development, distress can prove to hamper the productivity of students drastically. To handle the situation of distress, yoga helps the students to calm themselves. A routine practice of yoga can help one to minimize distress. By correctly doing yoga poses, one can improve their posture and prevent the many health problems that result from poor posture. Yoga offers a lot of physical benefits for the students





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

such as maintaining good blood circulation, blood pressure, pulse rate. It will help you to keep away from cardio and gastrointestinal problems with several other health issues.

The main aims of yoga practice, Yoga education helps in self discipline and self-control, leading to immense amount of awareness, concentration and higher level of consciousness. Briefly the aims and objectives of Yoga education are:

- To enable the student to have good health. To practice mental hygiene.
- To possess emotional stability.
- To integrate moral values.
- To attain higher level of consciousness.

All these objectives could be dealt with in an integrated manner.

The course seeks to transmit yoga information, skills, and techniques so that the students can become yoga professionals with formal qualifications. On all working days, classes are held everyday from 5:30pm to 6:30pm in the evening (Monday to Friday), 45 hours students practice yoga and take home certificate for yoga competition.

20 hours for course classes of meditation

Topic- Course content:

- Yoga & General Guidelines for yoga practices.

DO'S:

1. Śauca means cleanliness - an important prerequisite for Yoga practice. It includes cleanliness of surroundings, body and mind.
2. Aanas should be practiced on an empty stomach. Consume small amount of honey in lukewarm water if you feel weak.
3. Bladder and bowels should be empty before starting Yogic practices.
4. Practice sessions should start with a prayer or an invocation as it creates a conducive environment to relax the mind.
5. Yogic practices shall be performed slowly, in a relaxed manner, with awareness of the body and breath.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

6. A Warm up or loosening exercise and stretches before asanas is mandatory to avoid injuries.
7. Asanas should be done slowly and one should move to advanced postures with practice.
8. Try to eat *Sattvik* food (Avoid meat, eggs, onion, garlic and mushrooms from diet).
9. Stay hydrated before going into yoga practice
10. Wear supportive and comfortable clothing. Light and comfortable cotton clothes are preferred to facilitate easy movement of the body.
11. Yoga should be practiced in a well ventilated room with a pleasant draft of air
12. Use a mat with a good grip to do Yogasanas
13. Be aware of breathing while doing Yogasanas.
14. Complete the yoga session with relaxation techniques to cool down
15. Do not hold the breath unless it is specially mentioned to do so during the practice.
16. Breathing should be always through the nostrils unless instructed otherwise.
17. Do not hold the body tight or give undue jerks to the body.
18. Perform the practices according to one's capacity. It takes some time to get good results, so persistent and regular practice is very essential.
19. There are contra-indications/ limitations for each Yoga practice and such contra-indications should always be kept in mind.
20. Yoga session should end with meditation/ deep silence / Sankalpa / Śānti pāṭha etc.

DON'TS:

1. Yoga should not be performed in a state of exhaustion, illness, in a hurry or in an acute stress conditions.
2. Women should refrain from regular yoga practice especially asanas during their menses. Relaxation techniques and pranayama can be done instead.
3. Don't perform yoga immediately after meals. Wait until 2 to 3 hours after a large meal.
4. Don't shower or drink water or eat food for 30 minutes after doing yoga.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

5. During illness, surgeries, or any sprains or fractures, one should refrain from Yoga Practice. They can resume yoga after consulting experts.
6. Don't do strenuous exercises after yoga.
7. Don't practice yoga in adverse and extreme weather conditions (too hot, too cold or humid)
8. According to the yoga texts for the spiritual seeker one needs to follow The *yamas* or restraints. They are the basic principles which are to be followed to lead spiritual growth.
 - Yoga practices:
 - Prayer/ Meditation
 - Yogic sukshma vyama
 - Yoga sthula vyama
 - Asanas:
 - Tadasana
 - Padhastasana
 - ArdhaChakarasana
 - Suryanamaskar
 - Trikonasana
 - Katichakarana
 - Shavasana
 - Pawanmuktasana
 - Setubandasana
 - Bhujangasansa
 - Bhadrasana
 - Vakrasana
 - Vajrasana
 - Padmasana
 - Sukhasana
 - Pranayama:





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

- Deep Breathing- 10 breaths
- Nadi Shodhan Pranayama- 20 Breaths
- Bhramari Pranayama- 10 rounds
- Meditation:
 - Om chanting
 - Soham chanting
 - Chakra Meditation
- Yoga



Date-10/03/2022-13/04/2023

Time: 5:30-6:30pm

Venue-Choithram Hospital Auditorium



Date-10/03/2022-13/04/2023

Time: 5:30-6:30pm

Venue-Choithram Hospital Auditorium





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com



Date-16/03/2022-13/04/2023

Time: 5:30-6:30pm

Venue-Choithram Hospital Auditorium



Date-16/03/2022-13/04/2023

Time: 5:30-6:30pm

Venue-Choithram Hospital Auditorium

Wankar
Yoga Incharge





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

B.Sc. Nursing 1st Year

Year - 2022-23

Theme- Yoga Sessions

S.no	Name of the Student	Signature
1	Aayushi Manshare	Aayushi
2	Aksa Elizabeth Raju	Aksa
3	Alenteena K Varkey	Alenteena
4	Alpha Sagely Bihare	Alpha
5	Anchal Kumari	Anchal
6	AntimBala Carpenter	Antimbala
7	Aradhaya Bhawsar	Aradhaya
8	Arpita Milkyas	Arpita
9	Arshi Khan	Arshi
10	Arti Nagar	Arti
11	Ayushi Lakra	Ayushi
12	Babli Nishad	Babli
13	Bharti Nagar	Bharti
14	Bhumika Mewada	Bhumika
15	Bushra Mansuri	Bushra
16	Chandini Dhangar	Chandini
17	Chetna Birla	Chetna
18	Chetna Chauhan	Chetna
19	Christin Jiju	Christin
20	Chinal Mehta	Chinal
21	Debora Daniel	Debora
22	Gayatri Yadav	Gayatri
23	Girja Soliya	Girja
24	Graina Mary Devasia	Graina
25	Isha Sharma	Isha
26	Jagrati Ruthore	Jagrati
27	Kamini Chauhan	Kamini
28	Karnika Patidar	Karnika
29	Kashish Malviya	Kashish





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

30	Khyati Murumkar	Khyati
31	Kirti Birla	Kirti
32	Kirti Patidar	Kirti
33	KumkumPrajapat	Kumkum
34	Manjusha Kujur	Manjusha
35	Merlin John	Merlin
36	Muskan Katija	Muskan
37	Naveen Pawar	Naveen
38	Neha Patel	Neha
39	NehaRathore	Neha
40	Nikita Rathore	Nikita
42	PoojaDangi	Pooja
43	Priska M Samuel	Priska
44	Priya Barod	Priya
45	PriyaRathore	Priya
46	Priya Yadav	Priya
47	PriyankaMalviya	Priyanka
48	Priyanka Rani	Priyanka
49	Purvi Rai	Purvi
50	Radhika Sahu	Radhika
51	Rajan Varghese	Rajan
52	Reetika Chowdhary	Reetika
53	Richa Angel Joshy	Richa
54	Ritika Ninama	Ritika
55	Saloni Dhakad	Saloni
56	Sapna Mewada	Sapna
57	Shainy Saji	Shainy
58	Shanu Solanki	Shanu
59	Sheetal Rathore	Sheetal
60	Sheetal Verma	Sheetal
61	Shivani Rai	Shivani
62	Shraddha Gaur	Shraddha
63	Sinhasani Singh Chouhan	Sinhasani
64	Siya Rajeesh	Siya
65	Smita Dhangar	Smita





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

66	Someys Koushal	<i>soniya</i>
67	Sonam Pal	<i>Sonam Pal</i>
68	Sunila Bhuriya	<i>Sunila</i>
69	Tamna Gill	<i>Tamna</i>
70	Vinita Kanude	<i>Vinita</i>





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

INTERNATIONAL YOGA DAY, 2023

DATE	21 ST JUNE 2023
TIME	8 AM – 9 AM
VENUE	Choithram Hospital Auditorium
BENEFICIARIES	B.Sc. Nursing first year (70) students
ORGANIZED BY	Choithram College of Nursing collaboration with sunderbai phoolchandji adarsh shiksha sansthan (SBPASS), Indore (M.P)

Choithram College of Nursing observed the International Yoga Day on 21st June 2023. Under the guidance of principal Dr. (Prof) Aradhana Michael. This year theme was vaudhav kutumbakam, the program was organized by Choithram College of Nursing collaboration with sunderbai phoolchandji adarsh shiksha sansthan (SBPASS), at Choithram Hospital Auditorium. The theme of this year makes it more special, which is – Vaudhav kutumbakam, which means earth is my home. Yoga not only promotes physical relaxation but also eases mental and emotional tension. The yoga session was taken by the yoga trainers, Ms. Sakshi yadav, Ms. Roshani gallani, and Mr. Suraj lod.

Yoga trainers explained different types of yoga asanas to the beneficiary and faculties and get them to do asanas. A few minutes of yoga during the day can be a great way to get rid of stress that accumulates daily, in both, body and the mind.

The overall programme was organized and guided by Dr. (Prof) Sheetal Saxena.

The programme was addressed by Ms. Monika Chandore, and Ms. Dolly Sawner, honoured the guest by giving flower buds.

At the end of the programme the guest was honoured by Dr. (Prof) Sheetal Saxena by giving them token of love.

The yoga session was participated by B.Sc. Nursing 1st year students.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com



Photo's Of International Yoga Day, 2023





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

B.Sc. Nursing 1st Year

Year - 2022-23

Theme- International Yoga Day Celebration

S.no	Name of the Student	Signature
1	Aayushi Manshare	Aayushi
2	Aksa Elizabeth Raju	Aksa
3	Alenteena K Varkey	Alenteena
4	Alpha Sagely Bihare	Alpha
5	Anchal Kumari	Anchal
6	AntimBala Carpenter	Antimbala
7	Aradhaya Bhawar	Aradhaya
8	Arpita Milkyas	Arpita
9	Arshi Khan	Arshi
10	Arti Nagar	Arti
11	Ayushi Lakra	Ayushi
12	Babli Nishad	Babli
13	Bharti Nagar	Bharti
14	Bhumika Mewada	Bhumika
15	Bushra Mansuri	Bushra
16	Chandini Dhangar	Chandini
17	Chetna Birla	Chetna
18	Chetna Chauhan	Chetna
19	Christin Jiju	CHRISTIN
20	Chinal Mehta	Chinal
21	Debora Daniel	Debora
22	Gayatri Yadav	Gayatri
23	Girja Soliya	Girja
24	Graina Mary Devasia	Graina
25	Isha Sharma	Isha
26	Jagrati Rathore	Jagrati
27	Kamini Chauhan	Kamini
28	Karnika Patidar	Karnika





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

29	Kashish Malviya	Kashish
30	Khyati Murumkar	Khyati
31	Kirti Birla	Kirti
32	Kirti Patidar	Kirti
33	KumkumPrajapat	Kumkum
34	Manjusha Kujur	Manjusha
35	Merlin John	Merlin
36	Muskan Katija	Muskan
37	Naveen Pawar	Naveen
38	Neha Patel	Neha
39	NehaRathore	Neha
40	Nikita Rathore	Nikita
42	PoojaDangi	Pooja
43	Priska M Samuel	Priska
44	Priya Barod	Priya
45	PriyaRathore	Priya
46	Priya Yadav	Priya
47	PriyankaMalviya	Priyanka
48	Priyanka Rani	Priyanka
49	Purvi Rai	Purvi
50	Radhika Sahu	Radhika
51	Rajan Varghese	Rajan
52	Reetika Chowdhary	Reetika
53	Richa Angel Joshy	Richa
54	Ritika Ninama	Ritika
55	Saloni Dhakad	Saloni
56	Sapna Mewada	Sapna
57	Shainy Saji	Shainy
58	Shanu Solanki	Shanu
59	Sheetal Rathore	Sheetal
60	Sheetal Verma	Sheetal
61	Shivani Rai	Shivani
62	Shraddha Gaur	Shraddha
63	Sinhasani Singh Chouhan	Sinhasani
64	Siya Rajeesh	Siya





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

65	Smita Dhangar	<i>Smita</i>
66	Someya Koushal	<i>Someya</i>
67	Sonam Pal	<i>Sonam</i>
68	Sunila Bhuriya	<i>Sunila</i>
69	Tamna Gill	<i>Tamna</i>
70	Vinita Kanude	<i>Vinita</i>





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)





● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING REPORT ON- SEMINAR ON- NURSING INFORMATICS

Date	04/08/2023
Time	12pm - 1pm
Venue	Online Mode- Choithram College of Nursing
Beneficiaries	BSN III Year & Faculty members

On August 04, 2023 Choithram College of Nursing, Indore conducted an Online Seminar on Nursing Informatics by Dr. Blessy Antony Principal, St. Francis College of Nursing, Indore served as the distinguished speaker for this significant event.



CHOITHRAM COLLEGE OF NURSING

Seminar on- "Nursing Informatics"

Date- 04/08/23
Resource Person
Dr. Blessy Antony
Principal, St. Francis College Of Nursing, Indore

Organized by IQAC Cell, Choithram College of Nursing
Indore (M.P.)





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

Seminar started with the Welcoming of the Speaker by Prof. Shweta Patnaik HOD, Medical Surgical Nursing Department extended a heartfelt welcome to esteemed resource person.



The Seminar began with an overview of Nursing Informatics & its importance in healthcare. Nursing Informatics rapidly evolving field that integrates nursing science with information and computer sciences. The primary aim of the seminar was to enhance the knowledge amongst students regarding the management and communication of nursing data, information and to support decision making in healthcare setting. The key components of Nursing Informatics Seminar were data management which includes patient assessments, interventions and outcomes. Next, Information system- development & incorporation of CDS & EHR. The seminar was also focused on enhancement of nursing practice, and research and innovation.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

The Nursing Informatics Seminar was highly informative and engaging, providing participants with essential knowledge.

The seminar proved to be a fountain of valuable information. Prof. Shreeja Vijayan, IQAC coordinator, expressed gratitude to the event speaker Dr. Blessy Antony Principal, St. Francis College of Nursing.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2362491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

B.Sc (N) IIIrd Year

2019-2020

Theme- Seminar on Nursing Informatics

S.No	Name	REMARK
1	Aashma Nayta	Aashma
2	Adithya Ajith	Adithya
3	Akshaya Anil	Akshaya
4	Anantika Yadav	Anantika
5	Anjali Gautam	Anjali
6	Anjali Kochak	Anjali
7	Anju Mishra	Anju
8	Ankita Chandel	Ankita
9	Arya M Sudhakar	Arya
10	Ashley Shibu	Ashley
11	Chetna Rajput	Chetna
12	Dewoo S	Dewoo
13	Diksha Chouhan	Diksha
14	Divya Gujjar	Divya
15	Gayatri Nimama	Gayatri
16	Gracy Verma	Gracy
17	Harshita Manker	Harshita
18	Hemlata Lodhi	Hemlata
19	Isha Singh	Isha
20	Isha Tank	Isha
21	Jagratee Birla	Jagratee
22	Jayshri Rathod	Jayshri
23	Jisa Rachel Abraham	Jisa
24	Kajal Baisval	Kajal
25	Khushi Panwar	Khushi
26	Khushi Parmar	Khushi
27	Komal Meena	Komal
28	KritikaKushwah	Kritika
29	KunalMukati	Kunal
30	Litta Abraham	Litta





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2362491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

31	MahakKolare	Mahakolare
32	MahimaMasar	Mahimang
33	Mansi Tomar	Mansi
34	MeghaKhalkho	Megha
35	Melveena Mathew	Melveena
36	MohiniBagdare	Mohini
37	MonalikaPagare	Monalika
38	Monika Sarjaliya	Monika
39	Muskan Khan	Muskan
40	Nancy Saju	Nancy
41	NandiniKushwah	Nandini
42	NeethaSaji	Neetha
43	Neha Bhalse	Neha
44	Neha Karade	Neha
45	Neha Solanki	Neha
46	Nishika Roy	Nishika
47	Pooja Jaiswal	Pooja
48	Pooja Kanchole	Pooja
49	Pooja Prajapat	Pooja
50	Priti Verma	Priti
51	Priya Gupta	Priya
52	RakshitaNaiyar	Rakshita
53	RanuPatidar	Ranu
54	RenukaDhruv	Renuka
55	SanjuKanesh	Sanju
56	ShikhaKushwah	Shikha
57	ShivaniKumarawat	Shivani
58	Shivani Yadav	Shivani
59	Shruti Gill	Shruti
60	ShyamSundar	Shyam
61	SnehaRathore	Sneha
62	Sonali Sharma	Sonali
63	SonikaRathore	Sonika
64	Surbhi Ingle	Surbhi
65	Teena Panwar	Teena





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, • Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

66	VaishnaviKushwah	<i>Vaish</i>
67	VeenaTomar	<i>Thomas</i>
68	YogitaVerma	<i>Yogita</i>





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING
REPORT ON- EXPERT LECTURE ON- MANAGEMENT OF
MEDICATION

Date	22/09/2023
Time	12pm - 1pm
Venue	Classroom- BSN 2 nd year, Choithram College of Nursing
Beneficiaries	BSN II Year & Faculty members

On September 22, 2023 Choithram College of Nursing, Indore conducted an Expert Lecture on Management of Medication (MM) by Ms. Oshin David Nursing Superintendent, Motherhood Hospital, Indore served as the distinguished speaker for this significant event. The session aimed to delve into various aspects of medication management, including principles, challenges, and best practices.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

The session started with guest welcome. The speaker has emphasized the importance of medication management in optimizing patient outcomes while minimize adverse effect. Overall, the session was covered with challenges in medication management, best practices for a n effective management.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

The lecture provided valuable insights into the complexities of medication management and the importance of adopting evidence-based practices to optimize patient care. At the end of the session felicitation of the event speaker was done by Prof. Shreeja Vijayan, IQAC Co-Ordinator by presenting token of love to Ms. Oshin David, acknowledging her valuable contribution.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

B.Sc. Nursing 1st Year
Year - 2022-23

MANAGEMENT OF MEDICATION

S.no	Name of the Student	Signature
1	Aayushi Manshare	Aayushi
2	Aksa Elizabeth Raju	Aksa
3	Alenteena K Varkey	Alenteena
4	Alpha Sagely Bihare	Alpha
5	Anchal Kumari	Anchal
6	AntimBala Carpenter	AntimBala
7	Aradhaya Bhawsar	Aradhaya
8	Arpita Milkyas	Arpita
9	Arshi Khan	Arshi
10	Arti Nagar	Arti
11	Ayushi Lakra	Ayushi
12	Babli Nishad	Babli
13	Bharti Nagar	Bharti
14	Bhumika Mewada	Bhumika
15	Bushra Mansuri	Bushra
16	Chandini Dhangar	Chandini
17	Chetna Birla	Chetna
18	Chetna Chauhan	Chetna
19	Christin Jiju	Christin
20	Chinal Mehta	Chinal
21	Debora Daniel	Debora
22	Gayatri Yadav	Gayatri
23	Girja Soliya	Girja
24	Graina Mary Devasia	Graina
25	Isha Sharma	Isha
26	Jagrati Rathore	Jagrati
27	Kamini Chauhan	Kamini
28	Karnika Patidar	Karnika
29	Kashish Malviya	Kashish



Scanned with CamScanner



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

30	Khyati Murumkar	Khyati
31	Kirti Biria	Kirti
32	Kirti Putidar	Kirti
33	KumkamPrajapat	Kumkam
34	Manjusha Kujur	Manjusha
35	Merlin John	Merlin
36	Muskan Katija	Muskan
37	Naveen Pawar	Naveen
38	Neha Patel	Neha
39	NehaRathore	Neha
40	Nikita Rathore	Nikita
42	PoojaDangi	Pooja
43	Priska M Samuel	Priska
44	Priya Barod	Priya
45	PriyaRathore	Priya
46	Priya Yadav	Priya
47	PriyankaMalviya	Priyanka
48	Priyanka Rani	Priyanka
49	Purvi Rai	Purvi
50	Radhika Sahu	Radhika
51	Rajan Varghese	Rajan
52	Reetika Chowdhary	Reetika
53	Richa Angel Joshy	Richa
54	Ritika Ninama	Ritika
55	Saloni Dhakad	Saloni
56	Sapna Mewada	Sapna
57	Shainy Saji	Shainy
58	Shanu Solanki	Shanu
59	Sheetal Rathore	Sheetal
60	Sheetal Verma	Sheetal
61	Shivani Rai	Shivani
62	Shraddha Gaur	Shraddha
63	Sinhasani Singh Chouhan	Sinhasani
64	Siya Rajeeesh	Siya
65	Smita Dhangar	Smita



Scanned with CamScanner



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

66	Someya Koushal	<i>Someya</i>
67	Sonam Pal	<i>Sonam Pal</i>
68	Sunila Bhuriya	<i>Sunila</i>
69	Tamna Gill	<i>Tamna Gill</i>
70	Vinita Kanude	<i>Vinita</i>



Scanned with CamScanner



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

REPORT

HEALTH WELLBEING SPORTS: AGENDA FOR YOUTH

DATE	: 21/4/2023
TIME	: 12:30pm to 1:30pm
VENUE	: CHRC Auditorium
PARTICIPANTS:	80 students, 28 CCON faculty, 4 Paramedical college faculty
TOPIC	: "Meditation as Medicine"

On 21st April 2023 Choithram college of Nursing has organised a talk session in collaboration with Youth Wing & Brahma Kumaris's (Zonal Officer) under the guidance of Dr. Prof. Aradhana Michael Principal Choithram College of nursing and Prof. Sheetal Saxena. The guest speaker for the talk session was Prof. EV Girish Behavioural Trainer he is a competent management professional & trainer with over 10 years of experience in imparting behavioural training programs for Corporate Houses, educational & social institutions.

Brahma Kumaris (Estb. In 1936) is a women-led spiritual organisation, spread across 137 countries in 5 continents, with thousands of service centres committed to world renewal through spiritual empowerment of individuals. The services which they provide philanthropic and open to all irrespective of nationality, religion, caste, creed, colour, gender, etc. They are designated official representatives to the United Nations, working as NGO in General Consultative Status with the ECOSOC & UNICEF.

The session was started with welcoming the Honourable guests. Prof. EV Gireesh was welcomed by Dr. Sunil Chandiwal DMS, CH&RC with rose bud. Prof. Sheetal Saxena welcomed BK Vika with a rose bud. Prof. Shreeja Vijyan, HOD of Child Health Nursing welcomed BK Sarika with the rose bud. Dr. Prof. Aradhana Michael Principal of Choithram College of Nursing welcomed Dr. Sunil Chandiwal DMS, CH&RC. Dr. Satish Pathak Senior Consultant Pathologist got welcomed by Prof. Shweta Pattnaik, HOD of Medical surgical dept. BK Vivek was welcomed by Prof. Rakhi Chandel HOD of Foundation of nursing. Dr. Vinod Naneriya was welcomed by Prof. Prachi Awasthi HOD of OBG Dept. with rose bud.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

Afterwards Dr. Satish Pathak Senior Consultant Pathologist introduce the session amongst the audience and also addressed the guest speaker Prof. EV Gireesh.

In talk session Prof. EV Gireesh emphasized on Life, Happiness and way to happiness through the meditation. Thereafter a short meditation session conducted by BK Vika, she guided us all through the meditation, thus ending the session thereby and creating an ambience of peace and self-reflection. After that they distributed their brochure. At the end of the program Vote of thanks was given by Prof. Yasmin Sharma.

The whole session was very interactive and we were highly delighted as Prof. EV Gireesh had a unique style and ability to inspire people.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

आर्ट गैलरी के मुख्य आकर्षण



आओ चलें स्वर्णिम युग की ओर



राजयोग से कर्मेन्द्रियों पर विजय



सर्वशुभ सम्पन्न जीवन,
मानव से देवत्व की ओर



योग द्वारा सर्व शक्तियों की प्राप्ति

वर्तमान चलते गुरुभ्य में व्याप्त चिंता, श्रय, तबाव, डिप्रेसन, अक्रिया
आदि सर्व नाबालक एवं शारीरिक रोगों से मुक्त हो जीवन में सर्वांगीण विकास
के लिये आओ सीखें राजयोग मेडिटेशन

वि: शुल्क रूप से राजयोग मेडिटेशन
सीखने हेतु आप सादर आमंत्रित हैं।

समय

प्रतिदिन: सुबह 8 से 12 एवं
संध्या 5 से रात्रि 9 वजे
(के बीच कोई भी एक घंटा का समय)





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

B.Sc. Nursing 1st Year

Theme- Expert Talking: Management of Medication

S.no	Name of the Student	Signature
1	Aayushi Manshare	Aayushi
2	Aksa Elizabeth Raju	Aksa
3	Alenteena K Varkey	Alenteena
4	Alpha Sagely Bihare	Alpha
5	Anchal Kumari	Anchal
6	AntimBala Carpenter	Antimbala
7	Aradhaya Bhawsar	Aradhaya
8	Arpita Milkyas	Arpita
9	Arshi Khan	Arshi
10	Arti Nagar	Arti
11	Ayushi Lakra	Ayushi
12	Babli Nishad	Babli
13	Bharti Nagar	Bharti
14	Bhumika Mewada	Bhumika
15	Bushra Mansuri	Bushra
16	Chandini Dhangar	Chandini
17	Chetna Birla	Chetna
18	Chetna Chauhan	Chetna
19	Christin Jiju	Christin
20	Chinal Mehta	Chinal
21	Debora Daniel	Debora
22	Gayatri Yadav	Gayatri
23	Girja Soliya	Girja
24	Graina Mary Devasia	Graina
25	Isha Sharma	Isha
26	Jagrati Rathore	Jagrati
27	Kamini Chauhan	Kamini
28	Karnika Patidar	Karnika
29	Kashish Malviya	Kashish





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

30	Khyati Murumkar	Khyati
31	Kirti Birla	Kirti
32	Kirti Patidar	Kirti
33	KumkumPrajapat	Kumkum
34	Manjusha Kujur	Manjusha
35	Merlin John	Merlin
36	Muskan Katija	Muskan
37	Naveen Pawar	Naveen
38	Neha Patel	Neha
39	NehaRathore	Neha
40	Nikita Rathore	Nikita
42	PoojaDangi	Pooja
43	Priska M Samuel	Priska
44	Priya Barod	Priya
45	PriyaRathore	Priya
46	Priya Yadav	Priya
47	PriyankaMalviya	Priyanka
48	Priyanka Rani	Priyanka
49	Purvi Rai	Purvi
50	Radhika Sahu	Radhika
51	Rajan Varghese	Rajan
52	Reetika Chowdhary	Reetika
53	Richa Angel Joshy	Richa
54	Ritika Ninama	Ritika
55	Saloni Dhakad	Saloni
56	Sapna Mewada	Sapna
57	Shainy Saji	Shainy
58	Shanu Solanki	Shanu
59	Sheetal Rathore	Sheetal
60	Sheetal Verma	Sheetal
61	Shivani Rai	Shivani
62	Shraddha Gaur	Shraddha
63	Sinhasani Singh Chouhan	Sinhasani
64	Siya Rajeeesh	Siya
65	Smita Dhangar	Smita





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

66	Someya Koashal	<i>Someya</i>
67	Sonam Pal	<i>Sonam Pal</i>
68	Sunila Bhuriya	<i>Sunila</i>
69	Tamna Gill	<i>Tamna</i>
70	Vinita Kanude	<i>Vinita</i>





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING Year - 2022-23

S.no	Name of the Student	Signature
1	Priyanka Tiwari	<i>Priyanka Tiwari</i>
2	Shreya	<i>Shreya</i>
3	Priya Sharma	<i>Priya Sharma</i>
4	Nandani Sharma	<i>Nandani Sharma</i>
5	Eunice Solomon	<i>Eunice Solomon</i>
6	Cynthia Geoffery	<i>Cynthia Geoffery</i>
7	Akanksha Ninama	<i>Akanksha Ninama</i>
8	Sakshi sohani	<i>Sakshi sohani</i>
9	Shweta Nigam	<i>Shweta Nigam</i>
10	Dolly Nagle	<i>Dolly Nagle</i>





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

चोइथराम कॉलेज ऑफ नर्सिंग राष्ट्रीय सेवा योजना हमारा पर्यावरण हमारे जीवन का आधार

Date	29 th September 2022
Theme	हमारा पर्यावरण हमारे जीवन का आधार
Venue	Government School Kalariya
Beneficiaries	Class 9 th students
Participants	100 NSS Volunteers
Hours	8 hours

हमारा पर्यावरण हमारे जीवन का आधार है, पर्यावरण का अभिन्न होने के नज़े यह हमारा दायित्व है कि हम हर एक मनुष्य इसे संजोने में अपना योगदान दे। विद्यार्थी आने वाले भविष्य के रक्षक हैं। यदि हम उन्हें पर्यावरण के प्रति सचेत करेंगे तो आनेवाले समय को हम बेहतर बना सकते हैं। इसी उद्देश्य के साथ चोइथराम कॉलेज ऑफ नर्सिंग की राष्ट्रीय सेवा योजना इकाई द्वारा दिनांक 29/09/2022 को प्रथम कक्षा के शासकीय विद्यालय के छात्र-छात्राओं को पर्यावरण संरक्षण विषय पर लघु नाटिका के द्वारा जानकारी दी और उन्हें इस दिशा में संवेदनशील बनाने का प्रयास किया।

लघु नाटिका में मनुष्य द्वारा उपयोग किये जा रहे प्राकृतिक संसाधनों का हनन कैसे बढ़ रहा है तथा सरल उपायों द्वारा हम कैसे इससे रोक सकते हैं दर्शाया गया।

पर्यावरण की जिम्मेदारी हेतु स्वेच्छिक जिम्मेदारी पर कुछ छात्रों को पोथे वितरित कर पौधरोपण करवाया गया तथा उनकी देखभाल हेतु पौधों के साथ छात्र का नाम लिखवाया गया।

कार्यक्रम में शासकीय विद्यालय की शिक्षिका उपस्थित थी। कार्यक्रम का संचालन प्रोफ. राखी चंदित ने डॉ. आराधना माइकल प्राचार्य चोइथराम कॉलेज ऑफ नर्सिंग के मार्ग दर्शन में किया।

Action taken measures :-

- Recycle the plastic material
- Kitchen garden/ School garden
- Do not throw garbage plastic in river/ ponds.
- Save water
- Save electricity/ switch off lights & fans when not in use.
- Plant trees
- Create a classroom compost center.
- Make a diary and note how much you have contributed.
- Bring your own cloth bags.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

NATIONAL SERVICE SCHEME

YEAR 2022-23

ENROLLMENTLIST

S.NO	NAME OF STUDENT	SIGNATURE
1.	SHIVANI PANWAR	[Signature]
2.	PREETI SAWNER	[Signature]
3.	ASHIMA STANLEY	[Signature]
4.	SURABHI MAKODE	[Signature]
5.	SHERINSHAJI	[Signature]
6.	HEPHZIBA GEORGE	[Signature]
7.	BHAWANA	[Signature]
8.	NEVYA RAJ	[Signature]
9.	KOSNA JOSEPH	[Signature]
10.	PRIYANKA BAI	[Signature]
11.	ARTI MANDLOI	[Signature]
12.	POOJA	[Signature]
13.	ESHIKA DAVID	[Signature]
14.	MAHIMA RATHORE	[Signature]
15.	MINAL KATARA	[Signature]
16.	ARTI KHEDDE	[Signature]
17.	URVASHI	[Signature]
18.	DEEPIKA PATEL	[Signature]
19.	NISHA THOMAS	[Signature]
20.	PREETIBALA VERMA	[Signature]
21.	MAHIMA LOOHI	[Signature]
22.	PINKY	[Signature]
23.	SUBI VARGHESE	[Signature]
24.	VINTI ARTHUR	[Signature]
25.	LINI	[Signature]
26.	SELIN THOMAS	[Signature]
27.	REESAJACOB ABRAHAM	[Signature]
28.	SONASAJI	[Signature]
29.	ANCY	[Signature]
30.	JUSLIN VARGHESE	[Signature]
31.	FEBARAVI	[Signature]
32.	MEGHA LOWRENCE	[Signature]
33.	ALVITHOMAS	[Signature]
34.	FEBABABU	[Signature]
35.	KEZIA	[Signature]
36.	ALEENASOBY	[Signature]
37.	ANUSHA	[Signature]





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

38.	AYANA	Ayana
39.	ADHEENA	Adheena
40.	DANIMOL	Danimol
41.	AAGNES FRANZIS	Aagnes
42.	JUSTINA JOSE	Justina Jose
43.	NIHARIKA BARASKAR	Niharika
44.	RAVEEAN NAGAR	Raveean
45.	PRIYANKA BARIA	Priyanka
46.	JISSA ABRAHAM	Jissa
47.	AKSA SUNNY	Aksa
48.	SHERINANNA ABRAHAM	Sherinanna
49.	ALMA SAVIO	Alma
50.	REETU REGI	Reetu
51.	MERIN YOHANNAN	Merin
52.	KIRTIYADAV	Kirti
53.	ANKITA SINGH	Ankita
54.	ARPITA P JOSHI	Arpita
55.	ASHA MIJIYAR	Asha
56.	ASHA	Asha
57.	ASHLEY GEORGE	Ashley
58.	CHANDANI YADAV	Chandani
59.	FAMI J. PRASAD	Fami
60.	ISHA MAKHORE	Isha
61.	JENCYJOHN	Jency
62.	JOSMET.Y.	Josmet
63.	KAJAL BAIRAGI	Kajal
64.	KAVITA MANDLOI	Kavita
66.	KIRTI GAHLOD	Kirti
67.	KIRTIBALA WASKALE	Kirtibala
68.	LATA SOLANKI	Lata
69.	LAKSHITA JHALA	Lakshita
70.	LINCY JAMES	Lincy
71.	MAHIMA PATIDAR	Mahima
72.	MANISHA DANGI	Manisha
73.	MEGHA KA WADKAR	Megha
74.	MERLINE MARIUMRAJU	Merline
75.	MILISENT DAS	Milisent
76.	NAMTRATA SONGARA	Namtrata
77.	NIMA PATEL	Nima
78.	PRATI KSHA SINGH	Pratiksha
79.	PRAJAKTA JOSHI	Prajakta
80.	POONAM BORNA	Poonam
81.	POOJA BIRLA	Pooja
82.	PAYAL DANGI	Payal
83.	PARRIZA PATRAS	Parriza
84.	PALLAVI SHARMA	Pallavi





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

85. PRIYA RATHORE	Priya
86. PRIYANKA	Priyanka
87. PRIYANKLA ALAWA	Priyanka
88. PRIYANKA KUJUR	Priyanka
89. RAJNANDINI PATEL	Rajnandini
90. RANI CHAOUHAN	Rani
91. RANU PATEL	Ranu
92. RANU PATIDAR	Ranu
93. RUPALI GAUR	Rupali
94. SAKSHI RATHORE	Sakshi
95. SAKSHI YADAV	Sakshi
96. SANJA JANGAD	Sanja
97. SAPNA JAMOD	Sapna
98. JAKANSHA PATEL	Jakansha
99. ANJALI SINGH	Anjali
100. ANJUTHAMEL	Anjuthamel


PROF. RAJKHANDEL
Program Officer





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

चोइथराम कॉलेज ऑफ नर्सिंग वर्ल्ड हार्ट डे

DATE	29/09/2022
PROGRAM	WORLD HEART DAY
PARTICIPANTS	100 NSS Volunteers
BENEFICIARIES	B.SC. NURSING STUDENTS
VENUE	CHOITHRAM COLLEGE OF NURSING INDORE GROUND
TIME	6 Hours.

- हर साल विश्व हृदय दिवस को एक थीम के तहत मनाया जाता है. इस साल 2022 में विश्व हृदय दिवस की थीम "यूज हार्ट फॉर एवरी हार्ट" Use Heart for Every Heart है. विश्व हृदय दिवस की स्थापना के बाद से हर साल, विश्व स्तर पर हृदय स्वास्थ्य जागरूकता अभियान को बढ़ावा देने के लिए मनाया जाता है। Use Heart* यानि दिल का उपयोग करने का मतलब है "अलग तरह से सोचना। सही निर्णय लेना। हिम्मत के साथ कार्य करना। दूसरों की मदद करना। दिल एकमात्र अंग है जिसे आप सुन और महसूस कर सकते हैं। यह हम सभी लोगों को एकजुट रखने की क्षमता रखता है। "For Every Heart" यानि "हर दिल के लिए" इस विषय को लोगों तक पहुंचाने पर ध्यान केंद्रित करता है, जिससे विश्व हृदय दिवस संदेश हर दिल के लिए जिसका तात्पर्य है कार्डियोवैस्कुलर स्वास्थ्य प्राप्त करने में मदद करने के लिए अधिक से अधिक व्यक्तियों तक पहुंचे। रैली, पोस्टर व जागरूकता बस के माध्यम से लोगों को जागरूक किया। कार्यक्रम का संचालन प्रोफ. राखी चंदेल ने डॉ. आराधना माइकल प्राचार्य चोइथराम कॉलेज ऑफ नर्सिंग के मार्ग दर्शन में किया।





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com



PHOTO OF WORLD HEART DAY
29/09/2022





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING
NATIONAL SERVICE SCHEME
YEAR 2022-23

WORLD HEART DAY

S.NO	NAME OF STUDENT	SIGNATURE
1.	SHIVANI PANWAR	[Signature]
2.	PREETI SAWNER	[Signature]
3.	ASHIMA STANLEY	[Signature]
4.	SURABHI MAKODE	[Signature]
5.	SHERINSHAJI	[Signature]
6.	HEPHZIBA GEORGE	[Signature]
7.	BHAWANA	[Signature]
8.	NIYYA RAJ	[Signature]
9.	JOSNA JOSEPH	[Signature]
10.	PRIYANKA BAIS	[Signature]
11.	ARTI MANDELOI	[Signature]
12.	POOJA	[Signature]
13.	ESHIKA DAVID	[Signature]
14.	MAHIMA RATHORE	[Signature]
15.	MINAL KATARA	[Signature]
16.	ARTI KHEDE	[Signature]
17.	URVASHI	[Signature]
18.	DEEPIKA PATEL	[Signature]
19.	NISHA THOMAS	[Signature]
20.	PREETIBALA VERMA	[Signature]
21.	MAHIMA LODHI	[Signature]
22.	PINKY	[Signature]
23.	SUBI VARGHESE	[Signature]
24.	VINITI AKTHER	[Signature]
25.	LINI	[Signature]
26.	SELIN THOMAS	[Signature]
27.	REESAJACOB ABRAHAM	[Signature]
28.	SONASAJI	[Signature]
29.	JANCY	[Signature]
30.	JUSLIN VARGHESE	[Signature]
31.	FEBARAVI	[Signature]
32.	MEGHA LAWRENCE	[Signature]
33.	ALVITHOMAS	[Signature]
34.	FEBABABI	[Signature]
35.	KEZIA	[Signature]
36.	ALEENASOBY	[Signature]
37.	ANUSHIA	[Signature]





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

38. AYANA	Ayana
39. ADHEENA	Adheena
40. DANIMOL	Danimol
41. AAGNES FRANSES	Agnes
42. JUSTINA JOSE	Justina Jose
43. NIHARIKA BARASKAR	Niharika
44. RAVEEAN NAGAR	Raveean
45. PRIYANKA BARIA	Priyanka
46. BISSA ABRAHAM	Bissa
47. AKSA SUNNY	Aksa
48. SHERINANNA ABRAHAM	Sherinanna
49. ALMA SAVIO	Alma
50. REETU REGI	Reetu
51. MERIN YOHANNAN	Merin
52. KIRTIYADAV	Kirti
53. ANKITA SINGH	Ankita
54. ARPITA P JOSHI	Arpita
55. ASHA MLIYAR	Asha
56. ASHA	Asha
57. ASHLEY GEORGE	Ashley
58. CHANDANI YADAV	Chandani
59. FAMI J. PRASAD	Fami
60. ISHA MAKHORE	Isha
61. JINCYJOHN	Jincy
62. JOSMIT.Y.	Josmit
63. KAJAL BAIKAGI	Kajal
64. KAVITA MANDLOI	Kavita
66. KIRTI GAHLOD	Kirti
67. KIRTI BALA WASKALE	Kirti
68. LATA SOLANKI	Lata
69. LAKSHITA JHALA	Lakshita
70. LINCY JAMES	Lincy
71. MAHIMA PATIDAR	Mahima
72. MANISHA DANGI	Manisha
73. MEGHA KA WADKAR	Megha
74. MERLINE MARIUMRAJU	Merline
75. MILISENT DAS	Milisent
76. NAMTRATA SONDARA	Namtrata
77. NIMA PATEL	Nima
78. PRATIKSHA SINGH	Pratiksha
79. PRAJAKTA JOSHI	Prajakta
80. POONAM BORNA	Poonam
81. POOJA BIRLA	Pooja
82. PAYAL DANGI	Payal
83. PAURIZIA PATRAS	Paurizia
84. PALLAVI SHARMA	Pallavi





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

85. PRIYA RATHORE	<i>Priya</i>
86. PRIYANKA	<i>Priyanka</i>
87. PRIYANKLA ALAWA	<i>Priyanka</i>
88. PRIYANKA KUUR	<i>Priyanka</i>
89. RAJNANDINI PATEL	<i>Rajnandini</i>
90. RANI CHAUGHAN	<i>Rani</i>
91. RANU PATEL	<i>Ranu</i>
92. RANU PATIDAR	<i>Ranu</i>
93. RUPALI GAUR	<i>Rupali</i>
94. SAKSHI RATHORE	<i>Sakshi</i>
95. SAKSHI YADAV	<i>Sakshi</i>
96. SANJA JANGAD	<i>Sanja</i>
97. SAPNA JAMOD	<i>Sapna</i>
98. AKANSHA PATEL	<i>Akansha</i>
99. ANJALI SINGH	<i>Anjali</i>
100. ANJURHAMEL	<i>AnjurhameL</i>

[Signature]
PROF. BIRKHICHANDEL
Program Officer





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

चोइथराम कॉलेज ऑफ़ नर्सिंग परिसर स्वच्छता

Date	29 th October 2022
Theme	Clean Campus
Venue	Choithram College campus
Beneficiaries	B.Sc. Nursing Students
Participants	100 NSS Volunteers
Hours	6 hours

स्वच्छ परिसर स्वच्छता को बढ़ावा देता है, यह परिसर में स्वच्छता के स्तर में सुधार करता है और बीमारी के प्रसार को कम करने में भी मदद करता है, स्वच्छ कॉलेज के वातावरण को बनाए रखना छात्रों के लिए एक अच्छा उदाहरण है। स्वच्छता शरीर, मन और आत्मा को स्वच्छ और प्रतिपूर्ति रखकर एक अच्छे प्रतिन को जन्म देती है। स्वच्छता को बनाए रखना स्वस्थ जीवन का अनिवार्य अंग है क्योंकि स्वच्छता ही है जो बाहरी और आंतरिक रूप से स्वच्छ रहकर हमारे प्रकृतिक को बेहतर बनाने में मदद करती है।

स्वच्छता अभियान के एक भाग के रूप में, एनएसएस ने 22 अक्टूबर 2022 को डॉ. प्रोफेसर आराधना माइकल एवं एनएसएस प्रोग्राम ऑफिसर प्रोफेसर राखी चंदेल के मार्गदर्शन में एक स्वच्छ परिसर अभियान का आयोजन किया था। पर्यटन परिसर की सफाई में 100 एनएसएस स्वयंसेवक ने बढ़-बढ़कर हिस्सा लिया। एनएसएस स्वयंसेवकों ने उखाड़फूंक असावधान के क्षेत्रों में फैले प्लास्टिक कचरे और सूखे पत्तों को एकत्र किया। और उसका नैपटाउन किचन छात्रों को सलाह दी गई कि वे कैम्पस के लॉग, लाइब्रेरी, सिटिंग रीरिंग, कॉरिडोर, क्लबा रूम, पाथवे और अन्य खुले क्षेत्रों में पेपर स्लेट, पानी की बोतल, पैपर कप, टिश्यू और कई अव्यक्त चीजों न फेंके। सफाई अभियान का मुख्य विचार लोगों को स्वच्छता बनाए रखने की आवश्यकता के बारे में जागरूक करना था।

प्रत्येक कॉलेज में बीमारियों के प्रसार को कम करने की बात आती है तो स्वच्छता अविश्वसनीय रूप से महत्वपूर्ण है और इसका मतलब है कि कर्मचारी और छात्र सीखने के आरामदायक माहौल का आनंद लेने में सक्षम हैं। यह स्वच्छता के स्तर में भी सुधार करता है और बीमारी के प्रसार को कम करने में मदद कर सकता है।





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com



PHOTOS OF CAMPUS CLEANING





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING
NATIONAL SERVICE SCHEME
YEAR 2022-23
CLEAN CAMPUS

S.NO	NAME OF STUDENT	SIGNATURE
1.	SHIVANI PANWAR	[Signature]
2.	PREETI SAWNER	[Signature]
3.	ASHIMA STANLEY	[Signature]
4.	SURABHI MAKODE	[Signature]
5.	SHERINSHAJI	[Signature]
6.	HEPHEZIBA GEORGE	[Signature]
7.	BHAWANA	[Signature]
8.	NIVYA RAJ	[Signature]
9.	JOSNA JOSEPH	[Signature]
10.	PRIYANKA BAIS	[Signature]
11.	ARTI MANDLOI	[Signature]
12.	POOJA	[Signature]
13.	ESHIKA DAVID	[Signature]
14.	MAHIMA RATHORE	[Signature]
15.	MINAL KATARA	[Signature]
16.	ARTI KHEDE	[Signature]
17.	URVASHI	[Signature]
18.	DEEPIKA PATEL	[Signature]
19.	NISHA THOMAS	[Signature]
20.	PREETIBALA VERMA	[Signature]
21.	MAHIMA LODHI	[Signature]
22.	PENKY	[Signature]
23.	SUBI VARGHESE	[Signature]
24.	VENTI ARTHUR	[Signature]
25.	LINI	[Signature]
26.	SELIN THOMAS	[Signature]
27.	REESAJACOB ABRAHAM	[Signature]
28.	SONASAJI	[Signature]
29.	ANCY	[Signature]
30.	JUSLIN VARGHESE	[Signature]
31.	FEBARAVI	[Signature]
32.	MEGHA LOWRENCE	[Signature]
33.	ALVI THOMAS	[Signature]
34.	FEBABABU	[Signature]
35.	KEZIA	[Signature]
36.	ALEBNASOBY	[Signature]
37.	JANUSHA	[Signature]





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

38. AYANA	<i>Ayana</i>
39. ADHEENA	<i>Adheena</i>
40. DANIMOL	<i>Danimol</i>
41. AAGNES FRANZIS	<i>Aagnes</i>
42. JUSTINA JOSE	<i>Justina Jose</i>
43. NIHARIKA BARASKAR	<i>Niharika</i>
44. RAVEEAN NAGAR	<i>Raveean</i>
45. PRIYANKA BARIA	<i>Priyanka</i>
46. JESSA ABRAHAM	<i>Jessa</i>
47. AKSA SUNNY	<i>Aksa</i>
48. SHERINANNA ABRAHAM	<i>Sherinanna</i>
49. ALMA SAVIO	<i>Alma</i>
50. REETU REGI	<i>Reetu</i>
51. MERIN YOHANNAN	<i>Merin</i>
52. KIRTIYADAV	<i>Kirti</i>
53. ANKITA SINGH	<i>Ankita</i>
54. ARPITA P. JOSHI	<i>Arpita</i>
55. ASHA MLIYAR	<i>Asha</i>
56. ASHA	<i>Asha</i>
57. ASHLEY GEORGE	<i>Ashley</i>
58. CHANDANI YADAV	<i>Chandani</i>
59. FAMI J. PRASAD	<i>Fami</i>
60. ISHA MAKHORE	<i>Isha</i>
61. JINCY JOHN	<i>Jincy</i>
62. JOSMIT.Y.	<i>Josmit</i>
63. KAJAL BAIRAGI	<i>Kajal</i>
64. KAVITA MANDEOI	<i>Kavita</i>
66. KIRTI GAHLOD	<i>Kirti</i>
67. KIRTIBALA WASKALE	<i>Kirtibala</i>
68. LATA SOLANKI	<i>Lata</i>
69. LAKSHITA JHALA	<i>Lakshita</i>
70. LINCY JAMES	<i>Lincy</i>
71. MAHIMA PATIDAR	<i>Mahima</i>
72. MANISHA DANGI	<i>Manisha</i>
73. MEGHA KA WADKAR	<i>Megha</i>
74. MERLINE MARUMRAJU	<i>Merline</i>
75. MILISENT DAS	<i>Milisent</i>
76. NAMTRATA SONGARA	<i>Namtrata</i>
77. NIMA PATEL	<i>Nima</i>
78. PRATIKSHA SINGH	<i>Pratiksha</i>
79. PRAJAKTA JOSHI	<i>Prajakta</i>
80. POONAM BORNA	<i>Poonam</i>
81. POOJA BIRLA	<i>Pooja</i>
82. PAYAL DANGI	<i>Payal</i>
83. PARRIZA PATRAS	<i>Parriza</i>
84. PALLAVI SHARMA	<i>Pallavi</i>





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

85.	PRIYA RATHORE	Priya
86.	PRIYANKA	Priyanka
87.	PRIYANKLA ALAWA	Priyanka
88.	PRIYANKA KUJUR	Priyanka
89.	RAJNANDINI PATEL	Rajnandini
90.	RANI CHACUHAN	Rani
91.	RANU PATEL	Ranu
92.	RANU PATIDAR	Ranu
93.	RUPALI GAUR	Rupali
94.	SAKSHI RATHORE	Sakshi
95.	SAKSHI YADAV	Sakshi
96.	SANTA JANGAD	Santa
97.	SAPNA JAMOD	Sapna
98.	AKANSHA PATEL	Akansha
99.	ANJALI SINGH	Anjali
100.	ANJUHAMEL	Anju


PROF. RAKHICHANDEL
Program Officer





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

चोइथराम कॉलेज ऑफ नर्सिंग राष्ट्रीय सेवा योजना राष्ट्रीय एकता दिवस

Date	31 st October 2022
Theme	Run For Unity, Unity Run with NSS
Venue	College Campus
Participants	100 NSS Volunteers
Hours	6 Hours

प्रत्येक वर्ष 31 अक्टूबर सरदार कलश भाई पटेल की पुण्यतिथि को, राष्ट्रिय एकता दिवस के रूप में मनाया जाता है. इस वर्ष चोइथराम कॉलेज ऑफ नर्सिंग इंदौर को राष्ट्रिय सेवा योजना एकाई द्वारा इस दिवस को मनाया गया। दिए गए निर्देशानुसार महाविद्यालय द्वारा यूनिटी रन तथा रापथ प्रज्ञा का कार्यक्रम आयोजित किया गया। महाविद्यालय परिसर में विद्यार्थियों द्वारा दौड़ लगाई गई जिसमें शिक्षकगण भी उपस्थित हुए कार्यक्रम के अंत में श्री जनमोत जोसफ के द्वारा विद्यार्थियों को एकता की रापथदिलाई गई।

कार्यक्रम में कुल 100 एनएसएस स्वयंसेवक उपस्थित रहे। कार्यक्रम का संचालन प्रोफ. राखी चंदेल ने डॉ. आराधना माइकल प्रामार्थ चोइथराम कॉलेज ऑफ नर्सिंग के मार्ग दर्शन में किया।

राष्ट्रीय एकता दिवस - वचन

मैं राष्ट्रियता से शपथ लेता हूँ कि मैं राष्ट्र की एकता, अखंडता और सुरक्षा को बनाए रखने के लिए अपने को समर्पित करूँगा और अपने देशवासियों के बीच यह संदेश फैलाने का भी अटल संकल्प लेऊँगा। मैं यह शपथ अपने देश की एकता की रक्षा के लिये करता हूँ जिसे अटल कलशभाई पटेल की दूरदर्शिता एवं कार्यो द्वारा संभव बनाया जा सका। मैं अपने देश की अखंडता सुरक्षा सुनिश्चित करने के लिए अपना योगदान करने का भी अखंड संकल्प लेता हूँ।

RASHTRIYA EKTA DIVAS PLEDGE

I solemnly pledge that I dedicate myself to preserve the unity, integrity and security of the nation and also strive hard to spread this message among my fellow countrymen. I take this pledge in the spirit of unification of my country which was made possible by the vision and actions of Sardar Vallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure internal security of my country.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING Year - 2022-2023

RUN FOR UNITY

S.No	Name	Signature
1	Aashna Nayta	
2	Adithya Ajith	
3	Akshaya Anil	
4	Anantika Yadav	
5	Anjali Gautam	
6	Anjali Kochak	
7	Anju Mishra	
8	Ankita Chandel	
9	Arya M Sudhakar	
10	Ashley Shibu	
11	Chetna Rajput	
12	Dewoo S	
13	Diksha Chouhan	
14	Divya Gurjar	
15	Gayatri Nimama	
16	Gracy Verma	
17	Harshita Marker	
18	Hemlata Lodhi	
19	Isha Singh	
20	Isha Tank	
21	Jagratee Birla	
22	Jayshri Rathod	
23	Jisa Rachel Abraham	
24	Kajal Baisval	
25	Khushi Panwar	
26	Khushi Parmar	
27	Komal Meena	
28	KritikaKushwah	
29	KunalMukati	
30	Litta Abraham	





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

31	MahakKolare	Mahak
32	MahimaMasar	Mahima
33	Mansi Tomar	Mansi
34	MeghaKhalkho	Megha
35	Melveena Mathew	Melveena
36	MohiniBagdare	Mohini
37	MonalikaPagare	Monalika
38	Monika Sarjaliya	Monika
39	Muskan Khan	Muskan
40	Nancy Saju	Nancy
41	NandiniKushwah	Nandini
42	NeethuSaji	Neethu
43	Neha Bhalse	Neha
44	Neha Kanade	Neha
45	Neha Solanki	Neha
46	Nishika Roy	Nishika
47	Pooja Jaiswal	Pooja
48	Pooja Kanchole	Pooja
49	Pooja Prajapat	Pooja
50	Priti Verma	Priti
51	Priya Gupta	Priya
52	RakshitaNaiyar	Rakshita
53	RanuPatidar	Ranu
54	RenukaDhruv	Renuka
55	SanjuKanesh	Sanju
56	ShikhaKushwah	Shikha
57	ShivaniKumrawat	Shivani
58	Shivani Yadav	Shivani
59	Shruti Gill	Shruti
60	ShyamSundar	Shyam
61	SnehaRathore	Sneha
62	Sonali Sharma	Sonali
63	SonikaRathore	Sonika
64	Surbhi Ingle	Surbhi
65	Teena Panwar	Teena
66	VaishnaviKushwah	Vaishnavi





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

67	VeenaTomar	
68	YogitaVerma	





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

चोइधराम कॉलेज ऑफ नर्सिंग राष्ट्रीय युवा दिवस

DATE	12/01/2023
PROGRAM	NATIONAL YOUTH DAY
PARTICIPANTS	100 NSS VOLUNTEERS
BENEFICIARIES	B.SC. NURSING 1 ST YEAR
VENUE	CHOITHRAM COLLEGE OF NURSING INDORE GROUND
TIME	6 Hours.

भारत गौरव स्वामी विवेकानंद की जयंती के दिन हर साल 12 जनवरी को राष्ट्रीय युवा दिवस के रूप में मनाया जाता है। स्वामी विवेकानंद के कारण ही भारत को विश्व युवा का दर्जा मिला। उनके विचारी और शिक्षा को न सिर्फ भारत में बल्कि दुनिया के कई हिस्सों में एक प्रेरणा की तरह देखा जाता है। युवाओं के अंदर अभावसिक्तता और ज्ञान का संसार करने वाले स्वामी विवेकानंद की विचारों को बढ़ाते रहना ही है। इस कार्यक्रम का संयोजन प्रोफेसर राखी चंदेल रा.से.पी. इकाई कार्यक्रम अधिकारी और प्राध्यापिका डॉ. आरुषा मदनकर के मार्गदर्शन में किया गया। राष्ट्रीय युवा दिवस केवल एक उत्सव ही नहीं बल्कि सकलसामक ऊर्जा से भरा हुआ एक संदेश है। राष्ट्रीय युवा दिवस का उद्देश्य देश में युवा पीढ़ियों को देश के लिए अच्छे कार्य करने तथा अपने जीवन को सफल बनाने का है। स्वामी विवेकानंद ने अपने पूरे जीवन काल में स्वयं युवा पीढ़ियों को उच्च शिक्षा प्रदान की है। राष्ट्रीय युवा दिवस मनाने वाले सबसे मुख्य उद्देश्य स्वामी जी के विचारी की दुनिया में चर्चा तर्क फैलाना है। डॉ. प्रोफ आरुषा मदनकर प्राध्यापिका, प्रोफेसर राखी चंदेल रा. से. पी. इकाई कार्यक्रम अधिकारी के द्वारा दीप प्रज्वलित कर कार्यक्रम का शुभ आरंभ किया गया चोइधराम कॉलेज ऑफ नर्सिंग के छात्रों ने राष्ट्रीय युवा दिवस के उपलक्ष्य में दूरदर्शन भी किया एवं स्वामी विवेकानंद जी के प्रेरणादायक चरित्र का दर्शन किया।





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com



NATIONAL YOUTH DAY PHOTO

12/01/2023





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

Year - 2022-2023

NATIONAL YOUTH DAY.

S.No	Name	REMARK
1	Aashma Nayta	Aashma
2	Adithya Ajith	Adithya
3	Akshaya Anil	Akshaya
4	Anantika Yadav	Anantika
5	Anjali Gautam	Anjali
6	Anjali Kochak	Anjali
7	Anju Mishra	Anju
8	Ankita Chandel	Ankita
9	Arya M Sudhakar	Arya
10	Ashley Shibu	Ashley
11	Chetna Rajput	Chetna
12	Dewoo S	Dewoo
13	Diksha Chouhan	Diksha
14	Divya Gurjar	Divya
15	Gayatri Nimsama	Gayatri
16	Gracy Verma	Gracy
17	Harshita Manker	Harshita
18	Hemlata Lodhi	Hemlata
19	Isha Singh	Isha
20	Isha Tank	Isha
21	Jagratee Birla	Jagratee
22	Jayshri Rathod	Jayshri
23	Jisa Rachel Abraham	Jisa
24	Kajal Baisval	Kajal
25	Khushi Panwar	Khushi
26	Khushi Parmar	Khushi
27	Komal Meena	Komal
28	KritikaKushwah	Kritika
29	KunalMukati	Kunal
30	Litta Abraham	Litta





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

31	MahakKolare	Mahak
32	MahimaMasar	Mahima
33	Mansi Tomar	Mansi
34	MeghaKhalkho	Megha
35	Melveena Mathew	Melveena
36	MohiniBagdare	Mohini
37	MonalikaPagare	Monalika
38	Monika Sarjaliya	Monika
39	Muskan Khan	Muskan
40	Nancy Saju	Nancy
41	NandiniKushwah	Nandini
42	NeethuSaji	Neethu
43	Neha Bhalse	Neha
44	Neha Kanade	Neha
45	Neha Solanki	Neha
46	Nishika Roy	Nishika
47	Pooja Jaiswal	Pooja
48	Pooja Kanchole	Pooja
49	Pooja Prajapat	Pooja
50	PritiVerma	Priti
51	Priya Gupta	Priya
52	RakshitaNaiyar	Rakshita
53	RanuPatidar	Ranu
54	RenukaDhruv	Renuka
55	SanjuKanesh	Sanju
56	ShikhaKushwah	Shikha
57	ShivaniKumrawat	Shivani
58	Shivani Yadav	Shivani
59	Shruti Gill	Shruti
60	ShyamSundar	Shyam
61	SnehaRathore	Sneha
62	Sonali Sharma	Sonali
63	SonikaRathore	Sonika
64	Surbhi Ingle	Surbhi
65	Teena Panwar	Teena
66	VaishnaviKushwah	Vaishnavi





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, • Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

67	VeenaTomar	<i>Veena</i>
68	YogitaVerma	<i>Yogita</i>





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

चोइथराम कॉलेज ऑफ़ नर्सिंग पांच दिवसीय खेल महोत्सव

DATE	21/01/2023 – 25/01/2023
PROGRAM	ANNUAL SPORTS MEET
PARTICIPANTS	100 NSS VOLUNTEERS
BENEFICIARIES	B.S.C. NURSING STUDENTS
VENUE	CHOITHRAM COLLEGE OF NURSING INDORE GROUND
TIME	45 Hours.

स्पोर्ट्स और अच्छी शिक्षा दोनों ही एक साथ एक बच्चे के जीवन में सफलता प्राप्त करने के लिए बहुत ही आवश्यक हैं। हमें इन दोनों को ही कलेजों में बच्चों को आगे बढ़ाने और विद्यार्थियों का भविष्य उज्ज्वल बनाने के लिए समान प्राथमिकता देनी चाहिए। खेल का अर्थ न केवल शारीरिक व्यायाम से है बल्कि की इसका अर्थ विद्यार्थियों की पढ़ाई की और एकाग्रता स्तर को बढ़ावा देना से भी है। खेलों के बारे में आमतौर पर, कहा जाता है कि, "एक स्वस्थ शरीर में स्वस्थ मन रहता है", जिसका अर्थ है कि, जीवन में आगे बढ़ने और जीवन में सफलता प्राप्त करने के लिए तंदुरुस्त शरीर में एक स्वस्थ मन होना चाहिए। जिसके लिए हमें अपने जीवन में खेलों को अपनाना होगा। चोइथराम कॉलेज में तीन दिवसीय खेल महोत्सव का आयोजन प्राचार्या डॉ प्रोफ़ आराधना माइकल के मार्गदर्शन में किया गया। इस खेल महोत्सव में सभी NSS स्वयं सेवकों ने बड़ चढ़ के भाग लिया। कुछ प्रसिद्ध टेनिस, 100 मीटर, 200 मीटर और 400 मीटर दौड़, रस्सी कूद, ऊँची और लम्बी कूद, डिस्कस थ्रो, बैडमिंटन, खो-खो, कबड्डी, आदि खेल खेले गए। खेल शरीर और मन, सुख और दुख के बीच सन्तुलन बनाने के द्वारा लाभ-हानि को ज्ञात करने का सबसे अच्छा तरीका है। प्रतियोगिता में उत्कृष्ट प्रदर्शन करने वाले प्रथम, द्वितीय और तृतीय स्थान पर रहने वाले प्रतिभागियों को मेडल और प्रमाण पत्र प्रदान किया। इस दौरान मुख्य अतिथि ने प्रतिभागियों को उत्साहित करते हुए कहा कि खेलकूद हमारे जीवन में आवश्यक है और स्वस्थ जीवन के लिए खेलना और व्यायाम अति आवश्यक है।





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com



PHOTOS OF ANNUAL SPORTS MEET





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

B.Sc. NURSING 3rd YEAR

BATCH 2022-2023

ANNUAL SPORTS MEET

S.NO.	NAME OF THE STUDENT	
1.	Akansha Patel	Akansha
2.	Anjali Singh	Anjali
3.	Anju Jhanel	Anju
4.	Ankita Singh	Ankita
5.	Arpita Peral Joshi	Arpita
6.	Ash Amliyar	Ash
7.	Asha Carpenter	Asha
8.	Asha	Asha
9.	Ashly George	Ashly
10.	Chandini Yadav	Chandini
11.	Farni J Prasad	Farni
12.	Isha Makhore	Isha
13.	Jincy John	Jincy
14.	Josmi T Y	Josmi
15.	Kajal Bairagi	Kajal
16.	Kavita	Kavita
17.	Kirti Gehlot	Kirti
18.	Kirtibala Waskale	Kirtibala
19.	Komal Amlawar	Komal
20.	Lakshita Jhala	Lakshita
21.	Lata Solanki	Lata
22.	Lincy James	Lincy
23.	Mahima Patidar	Mahima
24.	Manisha Dangi	Manisha
25.	Megha Kawadkar	Megha
26.	Megha M Thomas	Megha
27.	Merlin Mariyam Raju	Merlin
28.	Milicent Dass	Milicent
29.	Namrata Songara	Namrata
30.	Nikita Rathode	Nikita
31.	Nirna Patel	Nirna
32.	Nitu Pipodiya	Nitu
33.	Pallavi Sharma	Pallavi
34.	Parriza Patras	Parriza
35.	Payal Dangi	Payal
36.	Pooja Birla	Pooja
37.	Poonam Borra	Poonam
38.	Joshi Projakta Kishore	Projakta
39.	Pratikshu Singh	Pratikshu
40.	Priya Rathore	Priya
41.	Priyanka	Priyanka





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

42.	Priyanka Alawa	Priyanka
43.	Priyanka Kujur	Priyanka
44.	Radhika Dangi	Radhika
45.	Rajnandani Patel	Rajnandani
46.	Rani Chouhan	Rani
47.	Ranu Patel	Ranu
48.	Ranu Patidar	Ranu
49.	Rosely Mariam Roy	Rosely
50.	Ruby M Roy	Ruby
51.	Rupali Gour	Rupali
52.	Sakshi Rathore	Sakshi
53.	Sakshi Yadav	Sakshi
54.	Saloni Rathore	Saloni
55.	Sanja Jangade	Sanja
56.	Sapna Gurjar	Sapna
57.	Sapna Jamod	Sapna
58.	Sarita Dangi	Sarita
59.	Sarita Mishra	Sarita
60.	Sejal Ernest	Sejal
61.	Shifa Khan	Shifa
62.	Sipora Mavi	Sipora
63.	Sunita Parmar	Sunita
64.	Sunaksha Jadav	Sunaksha
65.	Swati Patel	Swati
66.	Treasa Thomas	Treasa
67.	Vaishali Pawar	Vaishali
68.	Varsha Patidar	Varsha
69.	Yashoda Dangi	Yashoda
70.	Muskan Rathore	Muskan
71.	Ravina Nagar	Ravina





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

Year - 2022-2023

ANNUAL SPORTS MEET

S.NO	Students Name	Remarks
1	Aagnes Francis	Aagnes
2	Aarti khede	Aarti
3	Aarti kochale	Aarti Kochale
4	Aashima Benjamin	Aashima
5	Adheena Therese Geomon	Adheena
6	Ajeena Susan Alex	Ajeena
7	Aksa Sunry	Aksa
8	Aleena Soby	Aleena
9	Alma Savio	Alma
10	Alvi Thomas	Alvi
11	Ancy Mariyam Philip	Ancy
12	Anusha Joseph Kutty	Anusha
13	Arti Mandloi	Arti
14	Ayana Maria Geomon	Ayana
15	Bindu Rathore	Bindu
16	Bhawna Nagar	Bhawna
17	Dani Mol Sebastin	Dani
18	Dipika Patel	Dipika
19	Eshika David	Eshika
20	Feba P Babu	Feba
21	Feba Ravi	Feba
22	Hephziba Elsa Biju	Hephziba
23	Jissa Abraham	Jissa
24	Josna Joseph	Josna
25	Jesslin Varghese	Jesslin
26	Justina Jose	Justina
27	Kezia M Reji	Kezia
28	Kirti Yadav	Kirti
29	Lini Mary Abraham	Lini
30	Mahima Lodhi	Mahima
31	Mahima Rathore	Mahima
32	Megha Lawrence	Megha
33	Merin Yohannan	Merin
34	Minal Katara	Minal
35	Niharika Baraskar	Niharika
36	Nisha Mariyam Thomas	Nisha
37	Nivya Raj	Nivya
38	Pallavi Wankhede	Pallavi





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

39	Pinki Panwar	Pinki
40	Pooja Patidar	Pooja
41	Praisya James	Praisya
42	Preeti Sawner	Preeti
43	Pritibala Verma	Pritibala
44	Priyanka Bais	Priyanka
45	Priyanka Bariya	Priyanka
46	Rakhi Patle	Rakhi
47	Ranu Thakur	Ranu
48	Ravina Nagar	Ravina
49	Reesa Mariam Jacob	Reesa
50	Reetu Regi	Reetu
51	Selin Mariamma Thomas	Selin
52	Shefali Narware	Shefali
53	Sherin Anna Abraham	Sherin
54	Sherin Shaji	Sherin
55	Sona saji	Sona
56	Shivani Panwar	Shivani
57	Subi Merlin Varghese	Subi
58	Surbhi Makode	Surbhi
59	Teena Namdev	Teena
60	Urvarshi Septa	Urvarshi
61	Vijetha Nikanth	Vijetha
62	Vinti Arther	Vinti
63	Vishaka pal	Vishaka
64	Varsha Dixit	Varsha





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

Year - 2022-23

ANNUAL SPORTS MEET

S.no	Name of the Student	Signature
1	Aayushi Manshare	Aayushi
2	Aksha Elizabeth Raju	Aksha
3	Alenteena K Varkey	Alenteena
4	Alpha Sagely Bihare	Alpha
5	Anchal Kumari	Anchal
6	AntimBala Carpenter	Antimbala
7	Aradhaya Bhawsar	Aradhaya
8	Arpita Milkyas	Arpita
9	Arshi Khan	Arshi
10	Arti Nagar	Arti
11	Ayushi Lakra	Ayushi
12	Babli Nishad	Babli
13	Bharti Nagar	Bharti
14	Bhumika Mewada	Bhumika
15	Bushra Mansuri	Bushra
16	Chandini Dhangar	Chandini
17	Chetna Birla	Chetna
18	Chetna Chauhan	Chetna
19	Christin Jiju	Christin
20	Chinal Mehta	Chinal
21	Debora Daniel	Debora
22	Gayatri Yadav	Gayatri
23	Girja Soliya	Girja
24	Graina Mary Devasia	Graina
25	Isha Sharma	Isha
26	Jagrati Rathore	Jagrati
27	Kamini Chauhan	Kamini
28	Karnika Patidar	Karnika
29	Kashish Malviya	Kashish





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

30	Khyati Murumkar	Khyati
31	Kirti Birla	Kirti
32	Kirti Patidar	Kirti
33	KumkumPrajapat	Kumkum
34	Manjusha Kujur	Manjusha
35	Merlin John	Merlin
36	Muskan Katija	Muskan
37	Naveen Pawar	Naveen
38	Neha Patel	Neha
39	NehaRathore	Neha
40	Nikita Rathore	Nikita
42	PoojaDangi	Pooja
43	Priska M Samuel	Priska
44	Priya Barod	Priya
45	PriyaRathore	Priya
46	Priya Yadav	Priya
47	PriyankaMalviya	Priyanka
48	Priyanka Rani	Priyanka
49	Purvi Rai	Purvi
50	Radhika Sahu	Radhika
51	Rajan Varghese	Rajan
52	Reetika Chowdhary	Reetika
53	Richa Angel Joshy	Richa
54	Ritika Ninama	Ritika
55	Saloni Dhakad	Saloni
56	Sapna Mewada	Sapna
57	Shainy Saji	Shainy
58	Shanu Solanki	Shanu
59	Sheetal Rathore	Sheetal
60	Sheetal Verma	Sheetal
61	Shivani Rai	Shivani
62	Shraddha Gaur	Shraddha
63	Sirhasani Singh Chouhan	Sirhasani
64	Siya Rajeesh	Siya
65	Smita Dhangar	Smita





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

66	Someya Koushal	<i>Someya</i>
67	Sonam Pal	<i>Sonam</i>
68	Sunila Bhuriya	<i>Sunila</i>
69	Tamna Gill	<i>Tamna</i>
70	Vinita Kanude	<i>Vinita</i>





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

चोइधराम कॉलेज ऑफ नर्सिंग डाक्यूमेंट्री स्वतंत्रता के वीर

DATE	25 जनवरी 2023
TIME	शाम 4:00 - 5:00 बजे तक
VENUE	देवी अहिल्या विश्वविद्यालय, नालंदा परिसर, आर.एन.टी. मार्ग, इंदौर
PARTICIPANTS	100 NSS VOLUNTEERS
BENEFICIARIES	स्कूल और कॉलेजों के प्रधानाचार्य और संकाय सदस्य
HOURS	6 घंटे

देवी अहिल्या विश्वविद्यालय, नालंदा परिसर, आर.एन.टी. मार्ग, इंदौर में आयोजित 'देशभक्ति और गुमनाम नायकों' पर आयोजित बैठक में चोइधराम कॉलेज ऑफ नर्सिंग से श्री अभिलष कुंतारे ने भाग लिया था। कार्यक्रम में कई महाविद्यालयों एवं विद्यालयों के प्राचार्य एवं शिक्षक शामिल हुए।

छात्रों को पूरे स्कूल या कॉलेज वर्ष में देशभक्ति और गुमनाम स्वतंत्रता सेनानियों के बारे में पढ़ाया जाना चाहिए। देशभक्ति का अर्थ बहुत अधिक हो सकता है और किसी के द्वारा अपने तरीके से अभ्यास किया जा सकता है। यदि देशभक्ति की शिक्षा स्कूलों या कॉलेजों में दी जाए तो छात्रों में धीरे-धीरे विकास होगा और उनमें अपने देश के लिए गर्व की भावना पैदा होगी। छात्र यह भी समझेंगे कि देश की गूढ़भूत संरचनाओं का सम्मान करना क्यों महत्वपूर्ण है। छात्रों को सरकार और संविधान जैसे महत्वपूर्ण संस्थानों के बारे में भी पठ मित सकता है। छात्रों को यह समझने का मौका मिलता है कि समाज में उनका एक उद्देश्य है। यह छात्रों के चरित्र निर्माण में मदद करता है। उनमें गर्व की भावना बढ़ती है कि उनकी राष्ट्रियता के साथ दृढ़ता से पहचान करने में कुछ भी गलत नहीं है। इस बैठक का उद्देश्य उन कहानियों को फिर से बनाना और सामने लाना था, जो अतीत की धुंधली पारों के रूप में हैं, जो आने वाली पीढ़ियों के लिए प्रेरणा और प्रोत्साहन का माध्यम बनेगी। उन्होंने अनसंग हीरोज के बारे में भी चर्चा की। महात्मा गांधी, जवाहरलाल नेहरू, सुभाष चंद्र बोस जैसे कुछ लोकप्रिय स्वतंत्रता सेनानियों ने भारत को ब्रिटिश राज से मुक्त करने का बीड़ा उठाया। इन स्वतंत्रता सेनानियों के अलावा, कई अन्य लोग ब्रिटिश शासन से भारत को मुक्त कराने के लिए आगे आए थे। लेकिन इन बेहरो को हम कई कारणों से अच्छी तरह से नहीं जानते हैं। उन्होंने एक बेहतर कत के लिए अपने जीवन और अपनी सुधियों को नौछावर कर दिया है। गुमनाम स्वतंत्रता सेनानियों की उपलब्धियों को भी महत्व दिया जाना चाहिए और उनका सम्मान किया जाना चाहिए, और कॉलेज और हाई स्कूल में छात्रों को उनके बारे में उची तरह शिक्षित किया जाना चाहिए जैसे हम प्रतिष्ठित स्वतंत्रता सेनानियों की उपलब्धियों को महत्व देते हैं। बैठक काफी फलदायी रही।





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

विद्यार्थीओ को स्वतंत्र संग्राम के कुछ गुमनाम नायकों के विषय में डॉक्यूमेंट्री फिल्म दिखाई , जिसके द्वारा विद्यार्थीओ को उनके द्वारा दिए गए बलिदानों से अवगत कराया।





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

NATIONAL SERVICE SCHEME

YEAR 2022-23

DOCUMENTORY MOVIE

SNO	NAME OF STUDENT	SIGNATURE
1.	SHIVANI PANWAR	[Signature]
2.	PREETI SAWNER	[Signature]
3.	ASHIMA STANLEY	[Signature]
4.	SURABHI MAKODE	[Signature]
5.	SHERINSHAJI	[Signature]
6.	HEPHIZIBA GEORGE	[Signature]
7.	BHAWANA	[Signature]
8.	NIVYA RAJ	[Signature]
9.	JOSNA JOSEPH	[Signature]
10.	PRIYANKA BAIS	[Signature]
11.	ARTI MANDLOI	[Signature]
12.	POOJA	[Signature]
13.	ESHIKA DAVID	[Signature]
14.	MAHIMA RATHORE	[Signature]
15.	MINAL KATARA	[Signature]
16.	ARTI KHEDE	[Signature]
17.	URVASHI	[Signature]
18.	DEEPIKA PATEL	[Signature]
19.	NISHA THOMAS	[Signature]
20.	PREETIBALA VERMA	[Signature]
21.	MAHIMA LODHI	[Signature]
22.	PINKY	[Signature]
23.	SUBI VARGHESE	[Signature]
24.	VINTI ARTHUR	[Signature]
25.	LINI	[Signature]
26.	SELIN THOMAS	[Signature]
27.	REESAJACOB ABRAHAM	[Signature]
28.	SONASAJI	[Signature]
29.	ANCY	[Signature]
30.	JUSLIN VARGHESE	[Signature]
31.	FEBARAVI	[Signature]
32.	MEGHA LAWRENCE	[Signature]
33.	ALVI THOMAS	[Signature]
34.	FEBABABU	[Signature]
35.	KEZIA	[Signature]
36.	ALEENASOBY	[Signature]
37.	ANUSHA	[Signature]





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

38. AYANA	Ayana
39. ADHEENA	Adheena
40. DANIMOL	Danimol
41. AAGNES FRANZIS	Agnes
42. JUSTINA JOSE	Justina Jose
43. NIHARIKA BARASKAR	Niharika
44. RAVEEAN NAGAR	Raveean
45. PRIYANKA BARIA	Priyanka
46. JISSA ABRAHAM	Jissa
47. AKSA SUNNY	Aksha
48. SHERINANNA ABRAHAM	Sherin
49. ALMA SAVIO	Alma
50. REETU REGI	Reetu
51. MERIN YOHANNAN	Merin
52. KIRTIYADAV	Kirti
53. ANKITA SINGH	Ankita
54. ARPITA P.JOSHI	Arpita
55. ASHA MLIYAR	Asha
56. ASHA	Asha
57. ASHLEY GEORGE	Ashley
58. CHANDANI YADAV	Chandani
59. FAMI J. PRASAD	Fami
60. ISHA MAKHORE	Isha
61. JINCYJOIN	Jincy
62. JOSMET.Y.	Josmet
63. KAJAL BAIRAGI	Kajal
64. KAVITA MANDLOI	Kavita
66. KIRTI GAHLOD	Kirti
67. KIRTIBALA WASKALE	Kirtibala
68. LATA SOLANKI	Lata
69. LAKSHITA JHALA	Lakshita
70. LINCY JAMES	Lincy
71. MAHIMA PATIDAR	Mahima
72. MANISHA DANGI	Manisha
73. MEGHA KA WADKAR	Megha
74. MERLINE MARIUMRAJU	Merline
75. MILISENT DAS	Milisent
76. NAMTRATA SONGARA	Namtrata
77. NIMA PATEL	Nima
78. PRATIKSHA SINGH	Pratiksha
79. PRAJAKTA JOSHI	Prajakta
80. POONAM BORNA	Poonam
81. POOJA BIRLA	Pooja
82. PAYAL DANGI	Payal
83. PARRIZA PATRAS	Parriza
84. PALLAVI SHARMA	Pallavi





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

85.	PRIYA RATHORE	Priya
86.	PRIYANKA	Priyanka
87.	PRIYANKLA ALAWA	Priyanka
88.	PRIYANKA KUJUR	Priyanka
89.	RAJNANDINI PATEL	Rajnandini
90.	RANI CHAOUHAN	Rani
91.	RANU PATEL	Ranu
92.	RANU PATIDAR	Ranu
93.	RUPALI GAUR	Rupali
94.	SAKSHI RATHORE	Sakshi
95.	SAKSHI YADAV	Sakshi
96.	SANJA JANGAD	Sanja
97.	SAPNA JAMOD	Sapna
98.	AKANSHA PATEL	Akansha
99.	ANJALI SINGH	Anjali
100.	ANJUHAMEL	Anju


PROF. RAKHICHANDEL
Program Officer





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2362491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

चोइथराम कॉलेज ऑफ़ नर्सिंग ७४ गणतंत्र दिवस समारोह २०२३

DATE	26 th JANUARY 2023
VENUE	Choithram Nursing College Campus
BENEFICIARIES	NSS Volunteers B.Sc. Nursing 100 students
HOURS	8 Hours

‘कोई भी राष्ट्र पूर्ण नहीं है; इसे पूर्ण बनाने की आवश्यकता है,
मेरी पहचान मेरा भारत’

भारत हर साल 26 जनवरी को अपने गणतंत्र दिवस के रूप में मनाता है। 2023 में देश अपना 74वां गणतंत्र दिवस मना रहा है। गणतंत्र दिवस, हमारे लोकतंत्र और गणतंत्र के मूल्यों को मनाने का एक शुभ अवसर। यह हमारे समाज और राष्ट्र में स्वतंत्रता, बंधुत्व और समानता के प्रति हमारी प्रतिबद्धता की पुष्टि करने का दिन है। जबकि भारत ने 1947 में ब्रिटिश राज से स्वतंत्रता प्राप्त की, यह 26 जनवरी, 1950 तक नहीं था, कि भारतीय संविधान लागू हुआ, और भारत एक गणराज्य घोषित करते हुए एक संग्रभु राज्य बन गया।

चोइथराम कॉलेज ऑफ़ नर्सिंग की राष्ट्रीय सेवा योजना इकाई के द्वारा प्राचार्या डॉ. (प्रो.) आराधना माइकल व एनएसएस को-ऑर्डिनेटर प्रो. राखी चंदेल के मार्गदर्शन में हर साल की तरह गणतंत्र दिवस गर्व और देशभक्ति के साथ मनाया गया। दिन के लिए मुख्य अतिथि लेफ्टिनेंट कर्नल आशा शोरावत थीं। कार्यक्रम की शुरुआत प्राचार्या व मुख्य अतिथि ने राष्ट्रीय ध्वज फहराकर व ध्वजारोहण कर की। ध्वजारोहण के बाद चारों सदनों के छात्र-छात्राओं ने मार्च पास्ट कर राष्ट्रीय ध्वज का सम्मान किया। चोइथराम कॉलेज ऑफ़ नर्सिंग के छात्रों ने भाषण देकर और गौरवशाली दिन के बारे में देशभक्ति के गीत गाकर कार्यक्रम में सक्रिय रूप से भाग लिया। छात्रों ने एकता की भावना को महिमामंडित करने और मनाने में गर्व महसूस किया। सुश्री मार्लिन जॉन डी.एससी। (एन) प्रथम वर्ष के छात्र ने गणतंत्र दिवस के महत्व पर भाषण दिया। समारोह की शुरुआत करते हुए, मुख्य अतिथि लेफ्टिनेंट कर्नल आशा शोरावत ने सभी को संबोधित किया, उन्होंने जोर देकर कहा कि महिलाएं शक्ति का केंद्र हैं और उन्होंने सभी को एक गणतंत्र देश के नागरिक होने की गरिमा बनाए रखने के लिए प्रेरित किया और इस अवसर पर सभी को बधाई दी और इसके लिए प्रयास किए। सांस्कृतिक प्रस्तुतियों में छात्रों द्वारा। प्रिंसिपल डॉ. प्रो. आराधना माइकल और मुख्य अतिथि लेफ्टिनेंट कर्नल आशा शोरावत ने खेल आयोजन के विजेताओं को पुरस्कार और पदक प्रदान किए।

कार्यक्रम का अंत श्री अनमोल जोसेफ असिस्टेंट प्रोफेसर द्वारा प्रस्तावित धन्यवाद प्रस्ताव के बाद हार्ड टी के साथ हुआ।





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2362491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

Winners of Sports Event 2023

SPORTS	NAME OF WINNER	HOUSE
200 M Race Girls	1. Neethu Saji	1. Amrita
	2. Alvi Thomas	2. Arundhati
	3. Komal Meena	3. Arundhati
200 M Race Boys	1. Christin Jiju	1. Amrita
	2. Aayush Vishwakarma	2. Mahadevi

SPORTS	NAME OF WINNER	HOUSE
Long Jump (Girls)	1. Sherin Saji	1. Arundhati
	2. Bushra Mansuri	2. Sarojini
Long Jump (Boys)	1. Kunal Mukati	1. Sarojini
	2. Naveen Pawar	2. Mahadevi

SPORTS	NAME OF WINNER	HOUSE
Short Put (Girls)	1. Aksa Sunny	1. Arundhati
	2. Aleena Soby	2. Sarojini
	3. Aksa Elizabeth Raju	3. Arundhati
Short Put (Boys)	1. Shyam Sundar Kumawat	1. Amrita
	2. Aayush Vishwakarma	2. Mahadevi

SPORTS	NAME OF WINNER	HOUSE
Discuss Throw	1. Pooja Prajapat	1. Amrita
	2. Mahima	2. Mahadevi
	3. Mahak Kolare	3. Arundhati

SPORTS	NAME OF WINNER	HOUSE
Legged Race	1. Megha & Pooja	1. Amrita
	2. Sona Saji & Someya Kousal	2. Sarojini

SPORTS	NAME OF WINNER	HOUSE
--------	----------------	-------





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

Relay Race	1. Alvi & Group 2. Neetha & Group	1. Arundhati 2. Amrita
------------	--------------------------------------	---------------------------

SPORTS	NAME OF WINNER	HOUSE
Sac Race	1. Ashma 2. Chinnal Mehta	1. Arundhati 2. Sarojini

SPORTS	NAME OF WINNER	HOUSE
Kabaddi	1. Sherin & Group 2. Aksh & Group	1. Amrita 2. Mahadevi

SPORTS	NAME OF WINNER	HOUSE
Tag of War	1. Sherin & Group 2. Aksh & Group	1. Amrita 2. Mahadevi

SPORTS	NAME OF WINNER	HOUSE
Kho-Kho	1. Dipika Patel & Group 2. Pritibala Verma & Group	1. Arundhati 2. Mahadevi

SPORTS	NAME OF WINNER	HOUSE
Table Tennis	1. Manjusha Kujur 2. Sibin Laby	1. Sarojini 2. Arundhati

SPORTS	NAME OF WINNER	HOUSE
Chess	1. Kunal Mukati 2. Jeeva Joseph	1. Sarojini 2. Sarojini

SPORTS	NAME OF WINNER	HOUSE
Carrom	1. Naveen Prwaz 2. Arya M. Sudhakar	1. Mahadevi 2. Mahadevi





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com



GPS Map Camera



Indore, Madhya Pradesh, India
MVQ2+7W2, Choltram compound, Indore, Madhya Pradesh 452009, India
Lat 22.687789°
Long 75.851778°
28/01/23 10:49 AM GMT +05:30





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING
NATIONAL SERVICE SCHEME
YEAR 2022-23

S.NO	NAME OF STUDENT	SIGNATURE
1.	SHIVANI PANWAR	[Signature]
2.	PREETI SAWNER	[Signature]
3.	ASHIMA STANLEY	[Signature]
4.	SURABHI MAKODE	[Signature]
5.	SHERINSHAJI	[Signature]
6.	HEPHZIBA GEORGE	[Signature]
7.	BHAWANA	[Signature]
8.	NIVYA RAJ	[Signature]
9.	JOSNA JOSEPH	[Signature]
10.	PRIYANKA BAIS	[Signature]
11.	ARTI MANDLOI	[Signature]
12.	POOJA	[Signature]
13.	ESHKA DAVID	[Signature]
14.	MAHEMA RATHORE	[Signature]
15.	MINAL KATARA	[Signature]
16.	ARTI KHEDE	[Signature]
17.	URVASHI	[Signature]
18.	DEEPIKA PATEL	[Signature]
19.	NISHA THOMAS	[Signature]
20.	PREETIBALA VERMA	[Signature]
21.	MAHIMA LODHI	[Signature]
22.	PINKY	[Signature]
23.	SUBI VARGHESE	[Signature]
24.	VINTI ARTHUR	[Signature]
25.	LINI	[Signature]
26.	SELIN THOMAS	[Signature]
27.	REESA JACOB ABRAHAM	[Signature]
28.	SONASAJI	[Signature]
29.	ANCY	[Signature]
30.	JUSLIN VARGHESE	[Signature]
31.	FEBARAVI	[Signature]
32.	MEGHA LOWRENCE	[Signature]
33.	ALVITHOMAS	[Signature]
34.	FEBABABU	[Signature]
35.	KEZIA	[Signature]
36.	ALEENASOBY	[Signature]
37.	ANUSHA	[Signature]





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

38. AYANA	Ayana
39. ADHEENA	Adheena
40. DANIMOL	Danimol
41. AAGNES FRANZIS	Aagnes Franzis
42. JUSTINA JOSE	Justina Jose
43. NIHARIKA BARASKAR	Niharika Baraskar
44. RAVEEAN NAGAR	Raveean Nagar
45. PRIYANKA BARIA	Priyanka Baria
46. JISSA ABRAHAM	Jissa Abraham
47. AKSA SUNNY	Aksa Sunny
48. SHERINANNA ABRAHAM	Sherinanna Abraham
49. ALMA SAVIO	Alma Savio
50. REETU REGI	Reetu Regi
51. MERIN YOHANNAN	Merin Yohannan
52. KIRTIYADAV	Kirti Yadav
53. ANKITA SINGH	Ankita Singh
54. ARPITA P.JOSHI	Arpita P. Joshi
55. ASHA MLIYAR	Asha Mliyar
56. ASHA	Asha
57. ASHLEY GEORGE	Ashley George
58. CHANDANI YADAV	Chandani Yadav
59. FAMI I. PRASAD	Fami I. Prasad
60. ISHA MAKHORE	Isha Makhore
61. JINCY JOHN	Jincy John
62. JOSMIT.Y.	Josmit.Y.
63. KAJAL BAIRAGI	Kajal Bairagi
64. KAVITA MANDLOI	Kavita Mandloi
66. KIRTI GAHLOD	Kirti Gahlod
67. KIRTIBALA WASKALE	Kirtibala Waskale
68. LATA SOLANKI	Lata Solanki
69. LAKSHITA JHALA	Lakshita Jhala
70. LINCY JAMES	Lincy James
71. MAHIMA PATIDAR	Mahima Patidar
72. MANISHA DANGI	Manisha Dangi
73. MEGHA KA WADKAR	Megha Ka Wadkar
74. MERLINE MARIUMRAJU	Merline Mariumraju
75. MILISENT DAS	Milisent Das
76. NAMTRATA SONGARA	Namtrata Songara
77. NIMA PATEL	Nima Patel
78. PRATIKSHA SINGH	Pratiksha Singh
79. PRAJAKTA JOSHI	Prajakta Joshi
80. POONAM BORNA	Poonam Borna
81. POOJA BIRLA	Pooja Birla
82. PAYAL DANGI	Payal Dangi
83. PARRIZA PATRAS	Parriza Patras
84. PALLAVI SHARMA	Pallavi Sharma





CHOITHRAM COLLEGE OF NURSING


Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

85. PRIYA RATHORE	Priya
86. PRIYANKA	Priyanka
87. PRIYANKLA ALAWA	Priyanka
88. PRIYANKA Kujur	Priyanka
89. RAJNANDINI PATEL	Rajnandini
90. RANI CHAOUHAN	Rani
91. RANU PATEL	Ranu
92. RANU PATEDAR	Ranu
93. RUPALI GAUR	Rupali
94. SAKSHI RATHORE	Sakshi
95. SAKSHI YADAV	Sakshi
96. SANJA JANGAD	Sanja
97. SAPNA JAMOD	Sapna
98. AKANSHA PATEL	Akansha
99. ANJALI SINGH	Anjali
100. ANJUHAMEL	Anju


PROF. RSKHICHANDEL
Program Officer





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

शिविर का दूसरा दिन – दिनांक -06/02/2023

शिविर के दूसरे दिन, दिनांक 06 /02 /2023, सभी स्वयंसेवकों ने शिविर दिनचर्या के अनुसार, प्रातः 6 बजे जागरण के उपरांत, प्रातः 6:45 से योग एवं व्यायाम से शिविर की शुरुआत की, प्रातः 7:15 से 7:45 बजे तक चाय एवं नाश्ता संपन्न किया गया।



YOGA & EXERCISE



FOOD PREPARATION



परियोजना कार्य –

प्रातः 7:45 बजे से परियोजना कार्य के अंतर्गत सभी NSS स्वयंसेवकों को प्रोत्साहित करने के लिए राष्ट्रीय सेवा योजना लक्ष्य गीत -उठे समाज के लिए, उठे गाया गया।

परियोजना कार्य के अन्तर्गत सबसे पहले गांव का सर्वे हुआ एवं वहाँ की समस्याओं को समझने का प्रयास किया गया, निम्नलिखित समस्याएँ स्वयंसेवकों द्वारा पाई गई –

- लोगों में शारीरिक स्वच्छता एवं पर्यावरण स्वच्छता की कमी व विषय के प्रति संवेदनहीनता
- बालिका शिक्षा स्तर की कमी
- हर घर में कोई न कोई नशे की आदत





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

इस दिन राष्ट्रीय सेवा योजना स्वयंसेवकों ने घर घर जाकर लोगों को हाथों की स्वच्छता के महत्व को समझाया एवं उसकी जानकारी भी दी।

ततपश्चात् गाँव की आंगनवाड़ी में 5 वर्ष से कम उम्र के बच्चों के साथ कुछ गतिविधियाँ करवाई गईं, जैसे कहानी, खेल के द्वारा पढ़ना आदि। स्वयंसेवकों ने आंगनवाड़ी कार्यकर्ता से आंगनवाड़ी सम्बंधित जानकारी ली, जिसमें समय सरणी, भोजन पदार्थ आदि सम्मिलित है।

आंगनवाड़ी के २५ बच्चों का कुपोषण परीक्षण किया गया, जिसमें ८ बच्चे कुपोषित पाए गए जिनकी जानकारी आंगनवाड़ी कार्यकर्ता एवं अभिभावकों को दे दी गई।

ग्राम सरपंच श्री सुरेश जी एवं मुख्य संस्थाक श्री संदीप जी के द्वारा ग्राम अभिविन्यास के लिए सभी स्वयंसेवकों को पंचायत भवन में आमंत्रित किया गया व उन्हें ग्रामीण योजनाओं और उनके लाभों के बारे में बताया जिसमें कुछ योजनाएँ इस प्रकार हैं - लाडली लक्ष्मी योजना, विधवा पेंशन योजना, किसान सम्मान निधि योजना, उज्वला योजना, बी प ल कार्ड सम्बन्धित 2.0 योजना, किसान को मिलने वाले लाभों के बारे में विस्तार में समझाया एवं हमारे द्वारा किये गए प्रश्नों एवं संदेहों का निदान किया गया। गाँव के घरों की संख्या, महिला, पुरुष संख्या की जानकारी भी दी गई।





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

समय सरणी के अनुसार दोपहर ११:३० से 12 :30 तक, स्नान के उपरांत दोपहर १२:३० से 1 :30 को दोपहर का भोजन किया गया, जिसका प्रबंधन समुह ब के द्वारा किया गया था।

उसके बाद 1 :30 -2 :30 pm तक विश्राम किया।

2 :30 pm से सभी NSS स्वयं सेवक बौद्धिक कार्यक्रम के लिए एकत्रित हुए, जिसका विषय था -अपने मानसिक स्वास्थ्य को कैसे विकसित किया जाये , इसके अलावा आत्म रक्षा के बारे मे बताया गया जिसका सञ्चालन दल डी के द्वारा किया गया।





CHOITHRAM COLLEGE OF NURSING

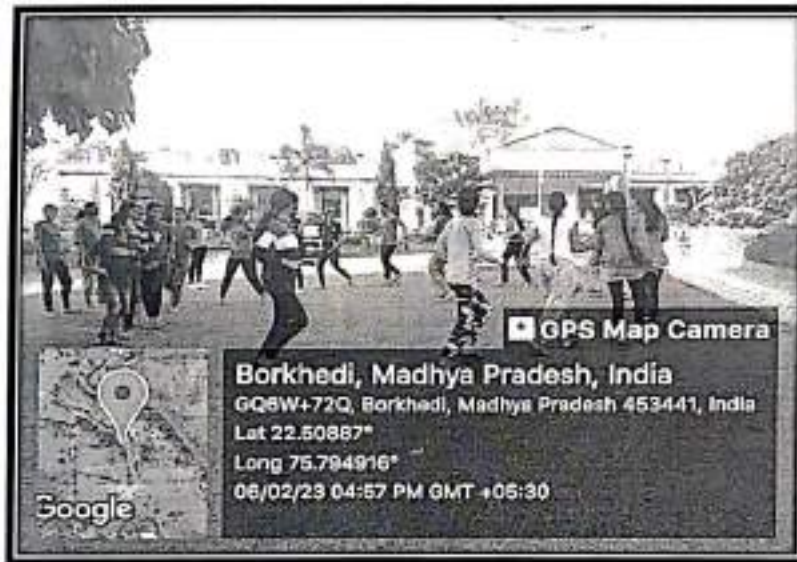
Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, • Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

शाम 4 :15 pm से 4 :30 pm चाय का समय था। 4 :30 pm -6 :00 pm बजे तक स्वयंसेवकों द्वारा खेल खेले गए जिसका आयोजन ग्रुप इ के द्वारा किया गया था, जिसमें सम्मिलित थे - कितने भाई कितने , रुमाल झप्पटा आदि।



6 :00pm -6:30pm तक विश्राम का समय दिया गया। 6:30pm से 7 :00pm को समितियों की बैठक एवं कार्यों का आंकलन किया गया।

रात्रि 7 :00pm -8 :00pm तक भोजन किया गया।

8 :00pm -10 :00 pm तक सांस्कृतिक कार्यक्रम का आयोजन ग्रुप एफ के द्वारा किया गया जिसमें स्वयं सेवकों ने पंजाबी लोक नृत्य प्रस्तुत किया।

रात्रि 10:00 बजे शयन के लिए चले गए।





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

शिविर का चौथा दिन - दिनांक -08/02/2023

शिविर के चौथे दिन दिनांक 08/02/2023 को दिए गए शिविर समय सारणी के अनुसार सभी स्वयंसेवकों ने अपने दिन की शुरुवात करी।

परियोजना कार्य -

दिनांक को परियोजना कार्य के अंतर्गत, स्वयंसेवकों ने शिविर स्थल के आस-पास के क्षेत्र में सफाई एवं कचरा निपटाराण के तरीके बताये।

शिविर स्थल एक मंदिर के समीप था जिसमें लोग प्रायः पूजा के लिए आते हैं व वन्ही कचरा फेकते है, कचरा निपटाराण के लिए वहां कोई इंतजाम नहीं था एवं लोगो का रवैया भी ठीक नहीं था।

रा. से. यो. स्वयंसेवकों ने ग्रामीण जनो को इसके प्रति जागरूक किया व उनके सहयोग से २ किलोमीटर लम्बे रास्ते व 400 मीटर जंगल क्षेत्र की सफाई की साथ वहां कचरा न करने के बोर्ड लगाये।

बौधिक कार्यक्रम -

इसके अंतर्गत रा. से. यो. स्वयंसेवकों ने एक परिचर्चा का आयोजन किया, जिसका विषय था- "समाज में व्याप्त समस्याएँ व उनके निदान ". विषय पर विद्यार्थियों में अपने विचार व्यक्त किये।





CHOITHRAM COLLEGE OF NURSING


Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com



<p>Before</p>	<p>After</p>	<p>PROJECT WORK CLEANNESS OF 2 KM ROADSIDE AND 400 METER FOREST AREA</p> 	
----------------------	---------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

शिविर का पांचवा दिन - दिनांक -09/02/2023

शिविर के पांचवे दिन दिनांक 09/02/2023 को दिए गए शिविर समय सारणी के अनुसार सभी स्वयंसेवकों ने अपने दिन की शुरुवात करी।

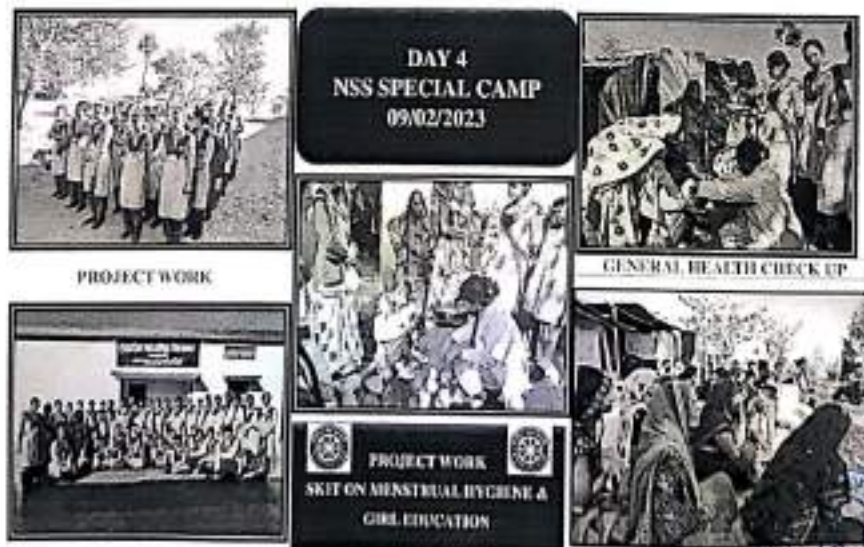
परियोजना कार्य -

दिनांक को परियोजना कार्य के अंतर्गत, स्वयंसेवकों ने नुककड़ नाटक के माध्यम से बेटी बचाओ बेटी पढ़ाओ विषय पर जागरूकता फैलाई।

नुककड़ नाटक में महिलाओं में शिक्षा का महत्त्व, आज के समय में रोजगार के अवसर व महिला स्वस्थ विषय पर सबका ध्यान केन्द्रित किया।

वैधिक कार्यक्रम -

इसके अंतर्गत रा. से. यो. स्वयंसेवकों ने "संचार के माध्यम" विषय पर परिचर्चा का आयोजन किया जिसके अंतर्गत विद्यार्थियों ने एक नाटिका के जरिये संचार के विभिन्न माध्यमों को समझाया।





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2362491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

शिविर का छठा दिन - दिनांक -10/02/2023

शिविर के छठवे दिन दिनांक 10/02/2023 को दिए गए शिविर समय सारणी के अनुसार सभी स्वयंसेवकों ने अपने दिन की शुरुवात करी।

परियोजना कार्य -

दिनांक को परियोजना कार्य के अंतर्गत, स्वयंसेवकों ने "नशा मुक्त भारत" के लिए रैली निकाली, रैली द्वारा पुरे गाँव का भ्रमण किया गया, रा. से. यो. स्वयंसेवकों ने गाँव के चौराहे पर नुक्कड़ नाटक भी प्रस्तुत किया जिसमें उन्होंने नशे के दुष्परिणाम को दर्शाया नाटक के अंत में उपस्थित दर्शकों से शपथ दिलावाई की वे कभी नशे का सेवन नहीं करेंगे न ही अपने परिवार में किसी को नशे का आदी होने देंगे।

रैली में रा. से. यो. स्वयंसेवकों ने नारे लगाकर लोगो का ध्यान केन्द्रित किया व इस बुरी आदत के प्रति लोगो को संवेदनशील बनाने का प्रयास किया।





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

बौधिक कार्यक्रम -

इसके अंतर्गत रा. से. यो. स्वयंसेवकों ने "पर्यावरण संरक्षण" विषय पर परिचर्चा का आयोजन किया जिसके अंतर्गत विद्यार्थियों ने जल संरक्षण, पर्यावरण स्वच्छता एवं वृक्षारोपण विषय पर अपने विचार व्यक्त किये साथ ही पर्यावरण को बचने के उपायों पर चर्चा की।

शाम के कार्यक्रम के उपरांत सभी विद्यार्थियों ने कैप फायर किया और रा. से. यो. के गीत गए।





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

चोइथराम कॉलेज ऑफ़ नर्सिंग छात्रों में नेतृत्व विकसित करने पर चर्चा

DATE	21 st February 2023
TIME	2:00pm - 4:00 pm
VENUE	School of Economics, DAVV
BENEFICIARIES	100 NSS Volunteers of Choithram College of Nursing, Indore
HOURS	2 Hours

दिनांक २१/०२/२३ मंगलवार को ५ सक्रिय रा.से.यो स्वसेवक प्रति इकाई को कॉलेज द्वारा भेजा गया। स्कूल ऑफ इकोनॉमिक्स डीएवीवी यूनिवर्सिटी में राष्ट्रीय सेवा योजना की बैठक हुई। चोइथराम कॉलेज ऑफ नर्सिंग से एनएसएस के टीम सदस्य श्री अभिलाष कोतारे के साथ बी.एस.सी. नर्सिंग तृतीय वर्ष के ५ रा.से.यो. स्वसेवकों ने हिस्सा। राष्ट्रीय सेवा योजना जिला संगठक श्री राविन शर्मा और श्री प्रकाश गडवाल (एन एस एस समन्वयक) द्वारा स्कूल ऑफ इकोनॉमिक्स, डीएवीवी विश्वविद्यालय से आयोजित बैठक का सञ्चालन किया गया। बैठक में भाग लेने के लिए इंदौर की विभिन्न संस्थाओं से एनएसएस के पांच स्वसेवक पहुंचे। इस बैठक में विभिन्न विद्ओं पर चर्चा की गई -

- एनएसएस में कौन-कौन सी गतिविधियां की जाती हैं और बैठक का मुख्य उद्देश्य सैन्ट्रिक समुदायिक सेवा के माध्यम से छात्र युवाओं के व्यक्तित्व और चरित्र का विकास करना है।
- सेवा के माध्यम से शिक्षा एनएसएस का उद्देश्य है। एनएसएस का आदर्श वाक्य "में नहीं बल्कि आप" है।
- एनएसएस स्वसेवक को प्रोत्साहित किया कि वह 'समुदाय' को 'स्वयं' से पहले रखे। इंदौर में कितने जिलों में एनएसएस गतिविधि की जा रही है, इसका उल्लेख किया गया था।
- सात दिवसीय एनएसएस शिविर में प्रत्येक प्रतिभागी को 100 रुपये मिलते हैं, जबकि एक दिवसीय एनएसएस कार्यक्रम में भाग लेने वालों को अत्याहार के लिए 20 रुपये मिलते हैं। उन्होंने कहा कि वे एक वृहत्समूह चुन बनाएंगे जहां प्रत्येक समूह के 5 नर्सिंग स्वसेवक और नेता एनएसएस की सभी गतिविधियों का अद्यतनीकरण करेंगे। राष्ट्रीय और राज्य स्तरीय एनएसएस शिविर आयोजित किया जाएगा, जिसमें से प्रत्येक समूह से 10 छात्रों का चयन किया जाएगा।
- यदि एनएसएस गतिविधि के लिए निर्धारित कार्य समय पर समाप्त हो जाता है, तो ए ग्रेड और बी ग्रेड प्रमाण पत्र दिया जाएगा। साथ ही, उन्होंने एनएसएस गतिविधियों के लिए नई अवधारणाएं पेश कीं। शाम 4 बजे मीटिंग खत्म हुई।





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2362491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CAMP

MISS

DATE: 10/10/2024
PLACE: CHUNDA, RAJASTHAN

Sl. No.	Name of student	Father's Name	DOB	Class	Mobile No.	Days 1	Days 2	Days 3	Days 4	Days 5
1	Pooja, Feroza	K.A. Feroza	08/07/2001	BSc (N) 4 th Year	96497714562	Day 1	Day 2	Day 3	Day 4	Day 5
2	Diya, Sachin	Ketan, Kachari	10/01/2001	BSc (N) 4 th Year	91344120141	Day 1	Day 2	Day 3	Day 4	Day 5
3	Aarushi, Anoop	Raj, Shakti	11/01/2001	BSc (N) 4 th Year	93700262712	Day 1	Day 2	Day 3	Day 4	Day 5
4	Prachi, Anurag	Arjun, Anurag	25/05/2001	BSc (N) 4 th Year	77330235330	Day 1	Day 2	Day 3	Day 4	Day 5
5	Prachi, Anurag	P.S. Anurag	12/11/2001	BSc (N) 4 th Year	32406060017	Day 1	Day 2	Day 3	Day 4	Day 5
6	Prachi, Anurag	Sahil, Anurag	21/05/2001	BSc (N) 4 th Year	93406233624	Day 1	Day 2	Day 3	Day 4	Day 5
7	Prachi, Anurag	Sahil, Anurag	21/05/2001	BSc (N) 4 th Year	7381323268	Day 1	Day 2	Day 3	Day 4	Day 5
8	Prachi, Anurag	Anurag, Joseph	19/07/2001	BSc (N) 4 th Year	9308224188	Day 1	Day 2	Day 3	Day 4	Day 5
9	Prachi, Anurag	Prachi, Anurag	30/11/2001	BSc (N) 4 th Year	940524153	Day 1	Day 2	Day 3	Day 4	Day 5
10	Prachi, Anurag	Anurag, Anurag	12/09/2001	BSc (N) 4 th Year	9805050626	Day 1	Day 2	Day 3	Day 4	Day 5
11	Prachi, Anurag	Anurag, Anurag	09/04/2001	BSc (N) 4 th Year	9922262408	Day 1	Day 2	Day 3	Day 4	Day 5
12	Prachi, Anurag	Anurag, Anurag	09/04/2001	BSc (N) 4 th Year	9282222208	Day 1	Day 2	Day 3	Day 4	Day 5
13	Prachi, Anurag	Anurag, Anurag	16/01/2001	BSc (N) 4 th Year	7882451812	Day 1	Day 2	Day 3	Day 4	Day 5
14	Prachi, Anurag	Anurag, Anurag	14/11/2001	BSc (N) 4 th Year	9302651815	Day 1	Day 2	Day 3	Day 4	Day 5
15	Prachi, Anurag	Anurag, Anurag	14/11/2001	BSc (N) 4 th Year	7179948009	Day 1	Day 2	Day 3	Day 4	Day 5
16	Prachi, Anurag	Anurag, Anurag	20/11/2001	BSc (N) 4 th Year	982049376	Day 1	Day 2	Day 3	Day 4	Day 5
17	Prachi, Anurag	Anurag, Anurag	18/08/2001	BSc (N) 4 th Year	9835193481	Day 1	Day 2	Day 3	Day 4	Day 5
18	Prachi, Anurag	Anurag, Anurag	31/07/2001	BSc (N) 4 th Year	9551264401	Day 1	Day 2	Day 3	Day 4	Day 5
19	Prachi, Anurag	Anurag, Anurag	01/02/2001	BSc (N) 4 th Year	9502222101	Day 1	Day 2	Day 3	Day 4	Day 5
20	Prachi, Anurag	Anurag, Anurag	21/07/2001	BSc (N) 4 th Year	8520881101	Day 1	Day 2	Day 3	Day 4	Day 5
21	Prachi, Anurag	Anurag, Anurag	01/01/2001	BSc (N) 4 th Year	9029037316	Day 1	Day 2	Day 3	Day 4	Day 5
22	Prachi, Anurag	Anurag, Anurag	10/01/2001	BSc (N) 4 th Year	9803950503	Day 1	Day 2	Day 3	Day 4	Day 5
23	Prachi, Anurag	Anurag, Anurag	20/08/2001	BSc (N) 4 th Year	9828282011	Day 1	Day 2	Day 3	Day 4	Day 5
24	Prachi, Anurag	Anurag, Anurag	27/07/2001	BSc (N) 4 th Year	9508142274	Day 1	Day 2	Day 3	Day 4	Day 5
25	Prachi, Anurag	Anurag, Anurag	18/03/2001	BSc (N) 4 th Year	7308212354	Day 1	Day 2	Day 3	Day 4	Day 5
26	Prachi, Anurag	Anurag, Anurag	21/01/2001	BSc (N) 4 th Year	9811101008	Day 1	Day 2	Day 3	Day 4	Day 5
27	Prachi, Anurag	Anurag, Anurag	26/02/2001	BSc (N) 4 th Year	9322477297	Day 1	Day 2	Day 3	Day 4	Day 5
28	Prachi, Anurag	Anurag, Anurag	21/01/2001	BSc (N) 4 th Year	9678211176	Day 1	Day 2	Day 3	Day 4	Day 5
29	Prachi, Anurag	Anurag, Anurag	23/09/2001	BSc (N) 4 th Year	9808147163	Day 1	Day 2	Day 3	Day 4	Day 5
30	Prachi, Anurag	Anurag, Anurag	27/03/2001	BSc (N) 4 th Year	9920876348	Day 1	Day 2	Day 3	Day 4	Day 5
31	Prachi, Anurag	Anurag, Anurag	20/04/2001	BSc (N) 4 th Year	849936015	Day 1	Day 2	Day 3	Day 4	Day 5
32	Prachi, Anurag	Anurag, Anurag	16/01/2001	BSc (N) 4 th Year	9562051271	Day 1	Day 2	Day 3	Day 4	Day 5



Scanned with OKEN Scanner



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



Phone: 0731-2352491 to 99, Ext. No.: 407/578
Principal: +91-731-4939909

E-mail: cconursing@yahoo.co.in, choithramoffice@gmail.com
Website: www.choithramnursing.com

Sr No.	Name of Student	Enrollment No.	DOB	Class	Mobile No.	Day 1 Roll No.	Day 2 Roll No.	Day 3 Roll No.	Day 4 Roll No.	Day 5 Roll No.	Day 6 Roll No.	Day 7 Roll No.
35	Pareek Anurag	Devraj Singh Sood	2/2/2000	BSc (N) 4 th Year	9154077575	1001	1002	1003	1004	1005	1006	1007
36	Pandey Manu	Pratiksh Verma	16/10/2001	BSc (N) 4 th Year	8305943432	1008	1009	1010	1011	1012	1013	1014
37	Pandey Anshu	Hemant Patel	2/10/2000	BSc (N) 4 th Year	9179625350	1015	1016	1017	1018	1019	1020	1021
38	Pandey Anshu	Karishma Bhatnagar	18/10/2000	BSc (N) 4 th Year	91798495206	1022	1023	1024	1025	1026	1027	1028
39	Rathi Pallavi	Madhavi Rathi	11/2/1991	BSc (N) 4 th Year	9131526154	1029	1030	1031	1032	1033	1034	1035
40	Rana Thakur	Jyoti Singh	2/4/2000	BSc (N) 4 th Year	7596238765	1036	1037	1038	1039	1040	1041	1042
41	Rana Anshu	Jyoti Singh	2/4/2000	BSc (N) 4 th Year	9171389108	1043	1044	1045	1046	1047	1048	1049
42	Saha Anshu	Jyoti Singh	11/2/2000	BSc (N) 4 th Year	7034690333	1050	1051	1052	1053	1054	1055	1056
43	Sahani Anshu	K.P. Singh	2/5/2000	BSc (N) 4 th Year	8823980791	1057	1058	1059	1060	1061	1062	1063
44	Sharma Anshu	K.P. Singh	19/10/2000	BSc (N) 4 th Year	9306199702	1064	1065	1066	1067	1068	1069	1070
45	Sharma Anshu	Shrey M.D.	19/5/2000	BSc (N) 4 th Year	8231950020	1071	1072	1073	1074	1075	1076	1077
46	Sharma Anshu	Saty Singh	22/11/2000	BSc (N) 4 th Year	6265851176	1078	1079	1080	1081	1082	1083	1084
47	Sera Anshu	Saty Singh	4/3/2001	BSc (N) 4 th Year	8138099442	1085	1086	1087	1088	1089	1090	1091
48	Saha Anshu	Saty Singh	5/3/2000	BSc (N) 4 th Year	6269729606	1092	1093	1094	1095	1096	1097	1098
49	Saha Anshu	Rajesh Mishra	8/2/2000	BSc (N) 4 th Year	7753484201	1099	1100	1101	1102	1103	1104	1105
50	Uranis Anshu	Rajesh Mishra	20/9/2000	BSc (N) 4 th Year	9098329539	1106	1107	1108	1109	1110	1111	1112



Principal
Choithram College
Indore 452014

NSS Programme Officer: Prof. Rakhi Chandel
Treasurer: Ms. Rakhi Chandel
Secretary: Ms. Sanghvi

Scanned with OKEN Scanner



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

NATIONAL SERVICE SCHEME

YEAR 2022-23

ENROLLMENT LIST

S.NO	ENROLLMENT NUMBER	NAME OF STUDENT	FATHERS NAME	CAST	CLASS	ADDRESS
1.	CCONNSS/2022-23/001	SHIVANI PANWAR	SURAJ PANWAR	General	BSc Nursing III Year	Choithram College of Nursing, Indore
2.	CCONNSS/2022-23/002	PREETI SAWNER	DEVISINGH SAWNER	General	BSc Nursing III Year	Choithram College of Nursing, Indore
3.	CCONNSS/2022-23/003	ASHIMA STANLEY	AJAY STANLEY	General	BSc Nursing III Year	Choithram College of Nursing, Indore
4.	CCONNSS/2022-23/004	SURABHI MAKODE	RAJESH MAKODE	OBC	BSc Nursing III Year	Choithram College of Nursing, Indore
5.	CCONNSS/2022-23/005	SHERIN SHAJI	SHAJI M.O.	General	BSc Nursing III Year	Choithram College of Nursing, Indore
6.	CCONNSS/2022-23/006	HEPHZIBA GEORGE	BIJU GEORGE	General	BSc Nursing III Year	Choithram College of Nursing, Indore
7.	CCONNSS/2022-23/007	BHAWANA	PUNAM CHAND	OBC	BSc Nursing III Year	Choithram College of Nursing, Indore
8.	CCONNSS/2022-23/008	NIVYA RAJ	RAJU N.M.	General	BSc Nursing III Year	Choithram College of Nursing, Indore
9.	CCONNSS/2022-23/009	JOSNA JOSEPH	M.J. JOSEPH	General	BSc Nursing III Year	Choithram College of Nursing, Indore
10.	CCONNSS/2022-23/010	PRIYANKA BAIS	HEERALAL BAIS	OBC	BSc Nursing III Year	Choithram College of Nursing, Indore
11.	CCONNSS/2022-23/011	ARTI MANDLOI	RAMCHAND MANDLOI	ST	BSc Nursing III Year	Choithram College of Nursing, Indore
12.	CCONNSS/2022-23/012	POOJA	RADHESHYAM	OBC	BSc Nursing III Year	Choithram College of Nursing, Indore
13.	CCONNSS/2022-23/013	ESHIKA DAVID	RAJNISH DAVID	General	BSc Nursing III Year	Choithram College of Nursing, Indore
14.	CCONNSS/2022-23/014	MAHIMA RATHORE	DHIRAJ RATHORE	SC	BSc Nursing III Year	Choithram College of Nursing, Indore
15.	CCONNSS/2022-23/015	MINAL KATARA	RAJESH KATARA	ST	BSc Nursing III Year	Choithram College of Nursing, Indore
16.	CCONNSS/2022-23/016	ARTI KHEDE	DINESH KHEDE	SC	BSc Nursing III Year	Choithram College of Nursing, Indore
17.	CCONNSS/2022-23/017	URVASHI	RADHESHYAM	OBC	BSc Nursing III Year	Choithram College of Nursing, Indore
18.	CCONNSS/2022-23/018	DREEPIKA PATEL	MAHESH PATEL	OBC	BSc Nursing III Year	Choithram College of Nursing, Indore
19.	CCONNSS/2022-23/019	NISHA THOMAS	THOMAS JOHN	General	BSc Nursing III Year	Choithram College of Nursing, Indore
20.	CCONNSS/2022-23/020	PREETIBALA VERMA	PRAKASH VERMA	OBC	BSc Nursing III Year	Choithram College of Nursing, Indore
21.	CCONNSS/2022-23/021	MAHIMA LODHI	SULTAN SINGH LODHI	OBC	BSc Nursing III Year	Choithram College of Nursing, Indore





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

22.	CCONNSS/2022-23/022	PINKY	AMAR SINGH	General	BSc Nursing III Year	Choithram College of Nursing, Indore
23.	CCONNSS/2022-23/023	SUBI VARGHESE	SABU VARGHESE	General	BSc Nursing III Year	Choithram College of Nursing, Indore
24.	CCONNSS/2022-23/024	VINTI ARTHAR	VINAY ARTHAR	ST	BSc Nursing III Year	Choithram College of Nursing, Indore
25.	CCONNSS/2022-23/025	LINI	M.V.ABRAHAM	General	BSc Nursing III Year	Choithram College of Nursing, Indore
26.	CCONNSS/2022-23/026	SELIN THOMAS	THOMAS	General	BSc Nursing III Year	Choithram College of Nursing, Indore
27.	CCONNSS/2022-23/027	REESA JACOB ABRAHAM	JACOB ABRAHAM	General	BSc Nursing III Year	Choithram College of Nursing, Indore
28.	CCONNSS/2022-23/028	SONA SAJI	SAJIMOL SAMUAL	General	BSc Nursing III Year	Choithram College of Nursing, Indore
29.	CCONNSS/2022-23/029	ANCY	PHILIP GEORGE	General	BSc Nursing III Year	Choithram College of Nursing, Indore
30.	CCONNSS/2022-23/030	JUSLIN VARGHESE	VARGHESE GEORGE	General	BSc Nursing III Year	Choithram College of Nursing, Indore
31.	CCONNSS/2022-23/031	FEBE RAVI	RAVI ACHARY	General	BSc Nursing III Year	Choithram College of Nursing, Indore
32.	CCONNSS/2022-23/032	MEGHA LOWRENCE	LOWRENCE P.A.	General	BSc Nursing III Year	Choithram College of Nursing, Indore
33.	CCONNSS/2022-23/033	ALVI THOMAS	THOMAS JOSEPH	General	BSc Nursing III Year	Choithram College of Nursing, Indore
34.	CCONNSS/2022-23/034	FEBE BABU	BABU JOHN	General	BSc Nursing III Year	Choithram College of Nursing, Indore
35.	CCONNSS/2022-23/035	KEZIA	REJI JOHN	General	BSc Nursing III Year	Choithram College of Nursing, Indore
36.	CCONNSS/2022-23/036	ALEENA SOBY	SOBY MATHEW	General	BSc Nursing III Year	Choithram College of Nursing, Indore
37.	CCONNSS/2022-23/037	ANUSHA	JOSEPH KUTTY	General	BSc Nursing III Year	Choithram College of Nursing, Indore
38.	CCONNSS/2022-23/038	AYANA	GEOMON FRANSIS	General	BSc Nursing III Year	Choithram College of Nursing, Indore
39.	CCONNSS/2022-23/039	ADHEENA	GEOMON FRANSIS	General	BSc Nursing III Year	Choithram College of Nursing, Indore
40.	CCONNSS/2022-23/040	DANI MOL	SEBASTIAN EMMANUEL	General	BSc Nursing III Year	Choithram College of Nursing, Indore
41.	CCONNSS/2022-23/041	AAGNES FRANSIS	K.A. FRANSIS	General	BSc Nursing III Year	Choithram College of Nursing, Indore
42.	CCONNSS/2022-23/042	JUSTINA JOSE	JOSE M.	General	BSc Nursing III Year	Choithram College of Nursing, Indore
43.	CCONNSS/2022-23/043	NIHARIKA BARASKAR	INDRADEV BARASKAR	OBC	BSc Nursing III Year	Choithram College of Nursing, Indore
44.	CCONNSS/2022-23/044	RAVEEAN NAGAR	MAHARAJ SINGH NAGAR	SC	BSc Nursing III Year	Choithram College of Nursing, Indore
45.	CCONNSS/2022-23/045	PRIYANKA BARIJA	KAMAL BARIYA	ST	BSc Nursing III Year	Choithram College of Nursing, Indore
46.	CCONNSS/2022-23/046	JISSA ABRAHAM	K.ABRAHAM	General	BSc Nursing III Year	Choithram College of Nursing, Indore





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2362491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

47.	CCONNSS/2022-23/047	AKSA SUNNY	P.SUNNY	General	BSc Nursing III Year	Choithram College of Nursing, Indore
48.	CCONNSS/2022-23/048	SHERIN ANNA ABRAHAM	K.P.ABRAHAM	General	BSc Nursing III Year	Choithram College of Nursing, Indore
49.	CCONNSS/2022-23/049	ALMA SAVIO	SABU JOSEPH	General	BSc Nursing III Year	Choithram College of Nursing, Indore
50.	CCONNSS/2022-23/050	REETU REGI	REGI SAMUEL	General	BSc Nursing III Year	Choithram College of Nursing, Indore
51.	CCONNSS/2022-23/051	MERIN YOHANNAN	YOHANNAN M.K.	General	BSc Nursing III Year	Choithram College of Nursing, Indore
52.	CCONNSS/2022-23/052	KIRTI YADAV	JAGDISH YADAV	OBC	BSc Nursing III Year	Choithram College of Nursing, Indore
53.	CCONNSS/2022-23/053	ANKITA SINGH	MANOJ KUMAR SINGH	General	BSc Nursing II Year	Choithram College of Nursing, Indore
54.	CCONNSS/2022-23/054	ARPITA P.JOSHI	ARVIND JOSHI	General	BSc Nursing II Year	Choithram College of Nursing, Indore
55.	CCONNSS/2022-23/055	ASH AMLIYAR	ANU SINGH	ST	BSc Nursing II Year	Choithram College of Nursing, Indore
56.	CCONNSS/2022-23/056	ASHA	DEVNARAYAN	General	BSc Nursing II Year	Choithram College of Nursing, Indore
57.	CCONNSS/2022-23/057	ASHLEY GEORGE	P.L.GEORGE	General	BSc Nursing II Year	Choithram College of Nursing, Indore
58.	CCONNSS/2022-23/058	CHANDANI YADAV	RAMESH YADAV	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
59.	CCONNSS/2022-23/059	FAMI J. PRASAD	MJ.PRASAD	General	BSc Nursing II Year	Choithram College of Nursing, Indore
60.	CCONNSS/2022-23/060	ISHA MAKHORE	SARDAR MAKHORE	ST	BSc Nursing II Year	Choithram College of Nursing, Indore
61.	CCONNSS/2022-23/061	JINCY JOHN	C.V.JOHN	General	BSc Nursing II Year	Choithram College of Nursing, Indore
62.	CCONNSS/2022-23/062	JOSMI T.Y.	T.Y.YOHANNAN	General	BSc Nursing II Year	Choithram College of Nursing, Indore
63.	CCONNSS/2022-23/063	KAJAL BAIKAGI	MOHAN DAS BAIKAGI	SC	BSc Nursing II Year	Choithram College of Nursing, Indore
64.	CCONNSS/2022-23/064	KAVITA MANDLOI	RAJU MANDLOI	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
65.	CCONNSS/2022-23/065	KIRTI GAHLOD	BHAGIRATH GEHLOT	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
66.	CCONNSS/2022-23/066	KIRTIBALA WASKALE	PANNALAL WASKALE	ST	BSc Nursing II Year	Choithram College of Nursing, Indore
67.	CCONNSS/2022-23/067	KOMAL AMLAWAR	ASHISH AMLAWAR	ST	BSc Nursing II Year	Choithram College of Nursing, Indore
68.	CCONNSS/2022-23/068	LATA SOLANKI	AVDHESH SOLANKI	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
69.	CCONNSS/2022-23/069	LAKSHITA JHALA	PRAHLAD SINGH JHALA	General	BSc Nursing II Year	Choithram College of Nursing, Indore
70.	CCONNSS/2022-23/070	LINCY JAMES	JAMES JOHN	General	BSc Nursing II Year	Choithram College of Nursing, Indore
71.	CCONNSS/2022-23/071	MAHIMA PATIDAR	OMPRAKASH PATIDAR	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

72.	CCONNSS/2022-23/072	MANISHA DANGI	MOHANLAL DANGI	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
73.	CCONNSS/2022-23/073	MEGHA KAWADKAR	NAMDEV KAWADKAR	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
74.	CCONNSS/2022-23/074	MERLINE MARIJUM RAJU	RAJU KOSHY	General	BSc Nursing II Year	Choithram College of Nursing, Indore
75.	CCONNSS/2022-23/075	MILISENT DAS	ANIL DAS	ST	BSc Nursing II Year	Choithram College of Nursing, Indore
76.	CCONNSS/2022-23/076	NAMTRATA SONGARA	SHANKAR SINGH SONGARA	General	BSc Nursing II Year	Choithram College of Nursing, Indore
77.	CCONNSS/2022-23/077	NIMA PATEL	NARENDRA KUMAR PATEL	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
78.	CCONNSS/2022-23/078	PALLAVI SHARMA	ANIL KUMAR SHARMA	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
79.	CCONNSS/2022-23/079	PARRIZA PATRAS	VINAY PATRAS	General	BSc Nursing II Year	Choithram College of Nursing, Indore
80.	CCONNSS/2022-23/080	PAYAL DANGI	MOHANLAL DANGI	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
81.	CCONNSS/2022-23/081	POOJA BIRLA	PYARELAL BIRLA	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
82.	CCONNSS/2022-23/082	POONAM BORNA	RANJIT SINGH BORNA	SC	BSc Nursing II Year	Choithram College of Nursing, Indore
83.	CCONNSS/2022-23/083	PRAJAKTA JOSHI	KISHORE SINGH JOSHI	General	BSc Nursing II Year	Choithram College of Nursing, Indore
84.	CCONNSS/2022-23/084	PRATIKSHA SINGH	SHIV SHANKAR SINGH	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
85.	CCONNSS/2022-23/085	PRIYA RATHORE	MAHESH RATHORE	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
86.	CCONNSS/2022-23/086	PRIYANKA	MADANLAL	SC	BSc Nursing II Year	Choithram College of Nursing, Indore
87.	CCONNSS/2022-23/087	PRIYANKLA ALAWA	KARAN SINGH ALAWA	ST	BSc Nursing II Year	Choithram College of Nursing, Indore
88.	CCONNSS/2022-23/088	PRIYANKA KUJUR	NEERAJ KUJUR	ST	BSc Nursing II Year	Choithram College of Nursing, Indore
89.	CCONNSS/2022-23/089	RAJNANDINI PATEL	DINESH PATEL	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
90.	CCONNSS/2022-23/090	RANI CHAOUHAN	ATMARAM CHOCHAN	SC	BSc Nursing II Year	Choithram College of Nursing, Indore
91.	CCONNSS/2022-23/091	RANU PATEL	LAXMI NARAYAN PATEL	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
92.	CCONNSS/2022-23/092	RANU PATIDAR	DURGA PRASAD PATIDAR	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
93.	CCONNSS/2022-23/093	RUPALI GAUR	ANIL GAUR	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
94.	CCONNSS/2022-23/094	SAKSHI RATHORE	VINOD RATHORE	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
95.	CCONNSS/2022-23/095	SAKSHI YADAV	BIRBAL YADAV	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

96.	CCONSS/2022-23/096	SANJA JANGAD	BEERAMAL LAL	SC	BSc Nursing II Year	Choithram College of Nursing, Indore
97.	CCONSS/2022-23/097	SAPNA JAMOD	KAILASH JAMOD	ST	BSc Nursing II Year	Choithram College of Nursing, Indore
98.	CCONSS/2022-23/098	AKANSHA PATEL	ANIL KUMAR PATEL	OBC	BSc Nursing II Year	Choithram College of Nursing, Indore
99.	CCONSS/2022-23/099	ANJALI SINGH	KRISHNA BIHARI SINGH	General	BSc Nursing II Year	Choithram College of Nursing, Indore
100	CCONSS/2022-23/100	ANJU JHAMEL	MUKAM SINGH	ST	BSc Nursing II Year	Choithram College of Nursing, Indore


PROF. RAKHI CHANDEL
Program Officer





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Website : www.choithramnursing.com

Report on Professional and Personality Development : Health Care Quality and Patient Safety

Date	12-13/11/ 2022
Program	Health Care Quality and Patient Safety
Beneficiaries	Faculty and B.Sc. Nursing students
Venue	CHRC Hospital Auditorium

Overview:

Health Care Quality and Patient Safety was a comprehensive two-day event that brought together experts and professionals from various disciplines to discuss and advance quality improvement and patient safety in healthcare settings. It was meticulously organized by the Departments of Obstetrics & Gynecology and Pediatrics.

Key Sessions and Activities:

1. Quality Improvement in Hospital Care:

- Identifying a Problem and Writing an Aim Statement:
Sessions focused on how to pinpoint specific issues within healthcare settings and articulate clear, actionable goals to address them.
- Analyzing the Problem and Measuring Quality of Care:
These sessions delved into techniques for thorough problem analysis and the metrics used to assess the quality of care provided.
- Developing Changes and Testing PDSA Cycles:
Attendees learned about the Plan-Do-Study-Act (PDSA) cycle, a key method for implementing and testing changes in healthcare practices.
- Sustaining Improvement:
Strategies for maintaining and building upon improvements in healthcare quality were discussed, ensuring long-term benefits and patient safety.

Participation:

The final year B.Sc. Nursing students from Choithram College of Nursing actively engaged in the pre-conference workshop, where they gained hands-on experience and practical insights into quality improvement processes. Their involvement in the various sessions enriched their understanding and provided valuable opportunities for professional growth and development.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2362491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

Conclusion:

The conference was a significant educational and professional experience for the attendees from Choithram College of Nursing. It facilitated the exchange of ideas, promoted best practices in healthcare quality, and reinforced the importance of continuous improvement in patient safety. The knowledge and skills gained from this event will undoubtedly contribute to their future endeavours in the nursing field.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING

BATCH 2022-2023

HEALTH CARE QUALITY & PATIENT SAFETY

S.NO.	NAME OF THE STUDENT	
1.	Akansha Patel	Akansha
2.	Anjali Singh	Anjali
3.	Anju Jhamel	Anju
4.	Ankita Singh	Ankita
5.	Arpita Peral Joshi	Arpita
6.	Ash Anliyar	Ash
7.	Asha Carpenter	Asha
8.	Asha	Asha
9.	Ashly George	Ashly
10.	Chandini Yadav	Chandini
11.	Fani J Prasad	Fani
12.	Isha Makhore	Isha
13.	Jincy John	Jincy
14.	Josmi T Y	Josmi
15.	Kajal Bairagi	Kajal
16.	Kavita	Kavita
17.	Kirti Gehlot	Kirti
18.	Kirtibala Waskale	Kirtibala
19.	Komal Amlawar	Komal
20.	Lakshita Jaisla	Lakshita
21.	Lata Solanki	Lata
22.	Lincy James	Lincy
23.	Mahima Patidar	Mahima
24.	Manisha Dangri	Manisha
25.	Megha Kawadkar	Megha
26.	Megha M Thomas	Megha
27.	Merlin Mariyam Raju	Merlin
28.	Milicent Dass	Milicent
29.	Namrata Songara	Namrata
30.	Nikita Rathode	Nikita
31.	Nima Patel	Nima
32.	Nita Pipodiya	Nita
33.	Pallavi Sharma	Pallavi
34.	Parrizo Patras	Parrizo
35.	Payal Dangri	Payal
36.	Pooja Birla	Pooja
37.	Poonam Borna	Poonam
38.	Jeshi Prajakti Kishore	Jeshi
39.	Pratiksha Singh	Pratiksha
40.	Priya Rathore	Priya
41.	Priyanka	Priyanka





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

42.	Priyanka Alawa	Priyanka
43.	Priyanka Kujur	Priyanka
44.	Radhika Dangi	Radhika
45.	Rajnandani Patel	Rajni
46.	Rani Choshan	Rani
47.	Rani Patel	Rani
48.	Rani Patidar	Rani
49.	Rosely Mariam Roy	Rosely
50.	Ruby M Roy	Ruby
51.	Rupali Gour	Rupali
52.	Sakshi Rathore	Sakshi
53.	Sakshi Yadav	Sakshi
54.	Saloni Rathore	Saloni
55.	Sanja Jangade	Sanja
56.	Sapna Gurjar	Sapna
57.	Sapna Jamod	Sapna
58.	Sarita Dangi	Sarita
59.	Sarita Mishra	Sarita
60.	Sejal Ernest	Sejal
61.	Shifa Khan	Shifa
62.	Sipora Mavi	Sipora
63.	Sunita Parmar	Sunita
64.	Sureksha Jadam	Sureksha
65.	Swati Patel	Swati
66.	Treesa Thomas	Treesa
67.	Vaishali Pawar	Vaishali
68.	Varsha Patidar	Varsha
69.	Yashoda Dangi	Yashoda
70.	Muskan Rathore	Muskan
71.	Ravina Nagar	Ravina





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

CHOITHRAM COLLEGE OF NURSING REPORT : INDUCTION TRAINING PROGRAM "PRACTICE TO PERFECT" CLINICAL EDUCATION PROGRAM FOR STUDENT TRAINEE NURSES.

Date:	29/01/2024- 03/2/2024
Venue:	Choithram College of Nursing
Beneficiaries:	60 students of B.Sc. Nursing IV years students (Batch 2018-2023)

Nursing is a divine profession where hands-on skill and humanity is of utmost importance.

Keeping this in view, Choithram College of Nursing has organized a 6 days orientation and induction training program, "Practice to Perfect" for B.Sc. Nursing IV year students ahead of joining to hospital.

The motto was revising the practical aspects which are most relevant for interns in and to update the protocols and documents in concern to hospital.

The training session started on 29/01/2024 with the introduction class where the students were given brief description and outline of the schedule and motivated to stay knowledgeable and cohesive.

The schedule continued till Saturday as arranged.

The following sessions were included

Day 1:

Introduction- all about internship training and various related facts to be inculcated in the students
HR. Orientation, Nursing assessment with relevance to all medications and documentation in hospital, Admission and discharge with focus on new interns in general, Management of medication.

Day 2:

Quality indicators, nursing and communication strategies focus on nurse patient interaction, effectiveness of communication in all areas, basic terminologies and OT -its overall facts.

Day 3:

ICU and related all evidence based knowledge and practices to be followed in initial stages and continuity, all important documents and its recording in general, Hospital protocol and





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

nurses practices which should be notified and followed, all about dialysis and patient management in critical stages in dialysis unit and quick revision of all important and relevant basic procedure.

Day 4:

All medication routes- related concept, role of nurses in the hospital while doing the job as interns, critical care path to be followed and practiced in the such important area for assertion in quality.

Day 5:

Nurses notes- its relevance, very detailed coverage of NABH in practical with knowledge impart in simple manner, BSR, insulin administration and detailed explanation of inj. Clexane.

Day 6:

ECG basics, usage and related important aspects of administration of rota cap and spirometer use in depth. Test and followed by valedictory.

Faculty of Choithram College of Nursing and Choithram Hospital also contributed to enhance and update the essentials in nursing as a career while looking into the motto.

There was valedictory session on last day of the training where dignitaries were invited to share their expectations and views about the forwarding of students as interns to the hospital. Mr. Sumit Nandedkar, CEO of Choithram Charitable Trust, Mr. Rajesh Awasthi, ESU Director, Dr. Sunil Chundiwal, DMS, CH&RC, Mrs. Susan Robert, N.S, CH&RC and Ms. Vijaylakshmi Nair, ANS, CH&RC ere invited for the session. The program started with update of internship training program, followed by address by all dignitaries. Principal Prof. Shreeja Vijayan also gave brief account of why the students are posting as interns and their do's and don't's.

B.Sc. N. IV years students who attended the training session also gave their feedback. All faculty and staff from CH&RC attended the program. The program ended with light refreshment and ended at 1pm.





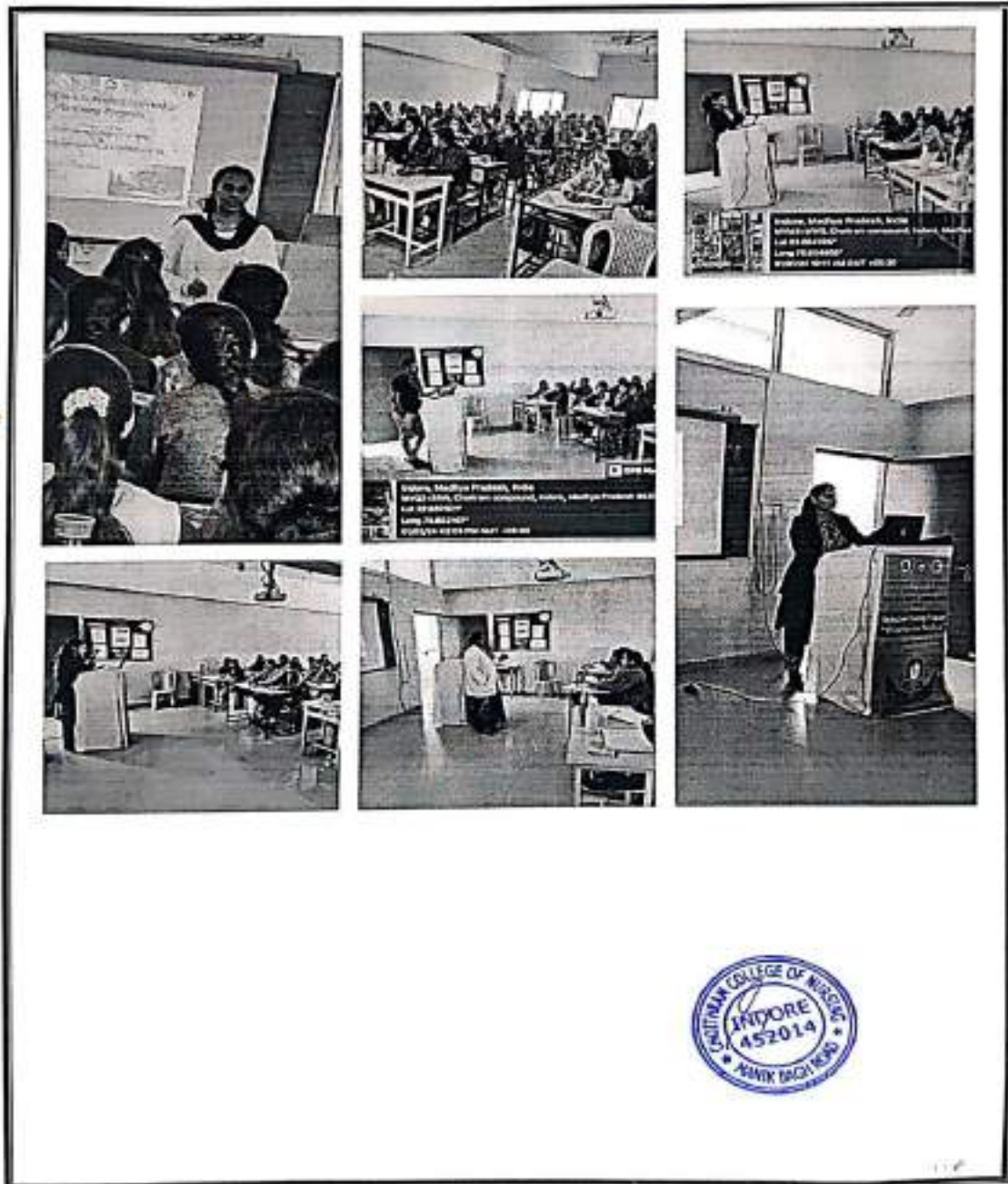
CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com





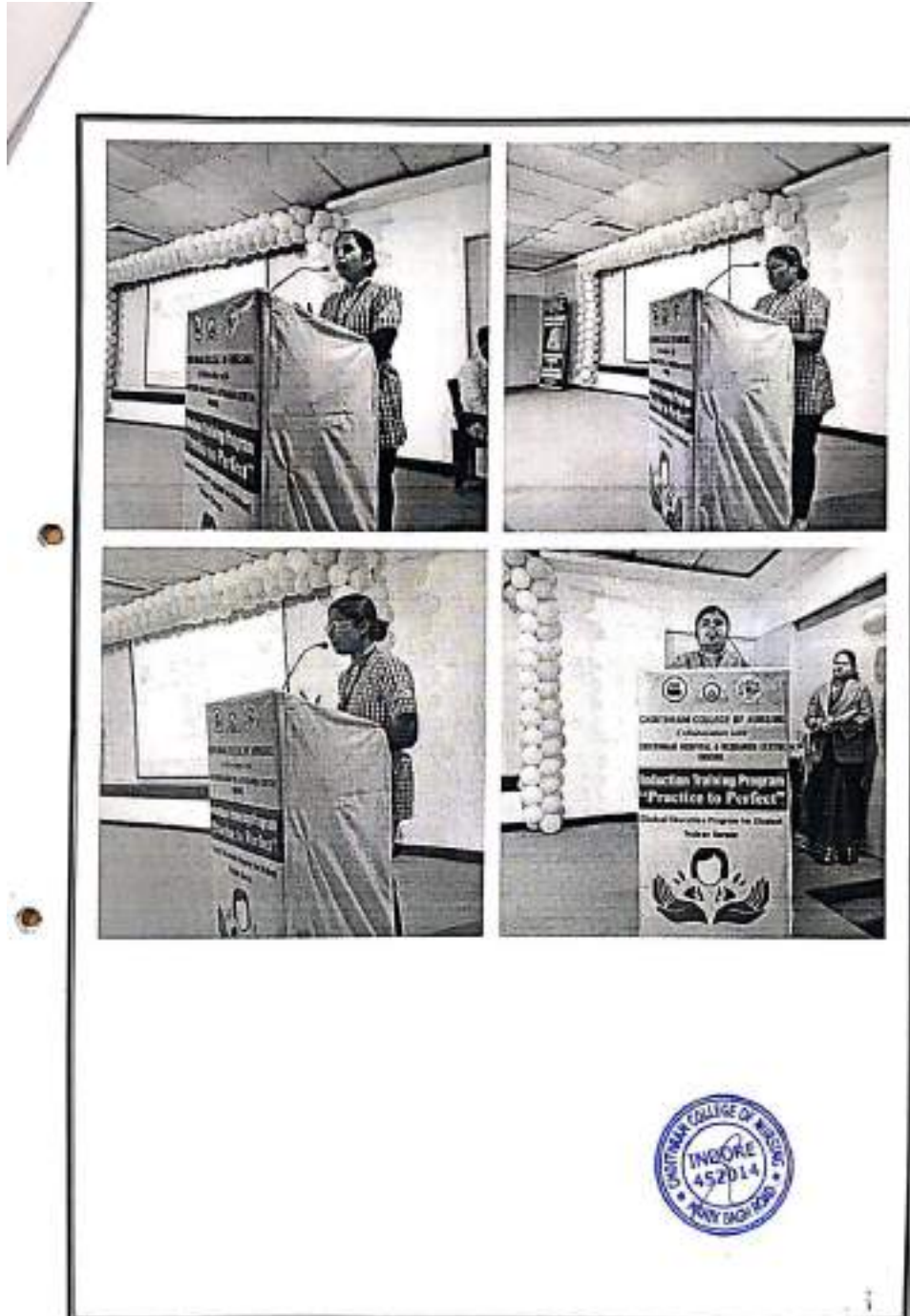
CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



- Phone: 0731-2352491 to 99, • Ext. No.: 407/578
- Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com





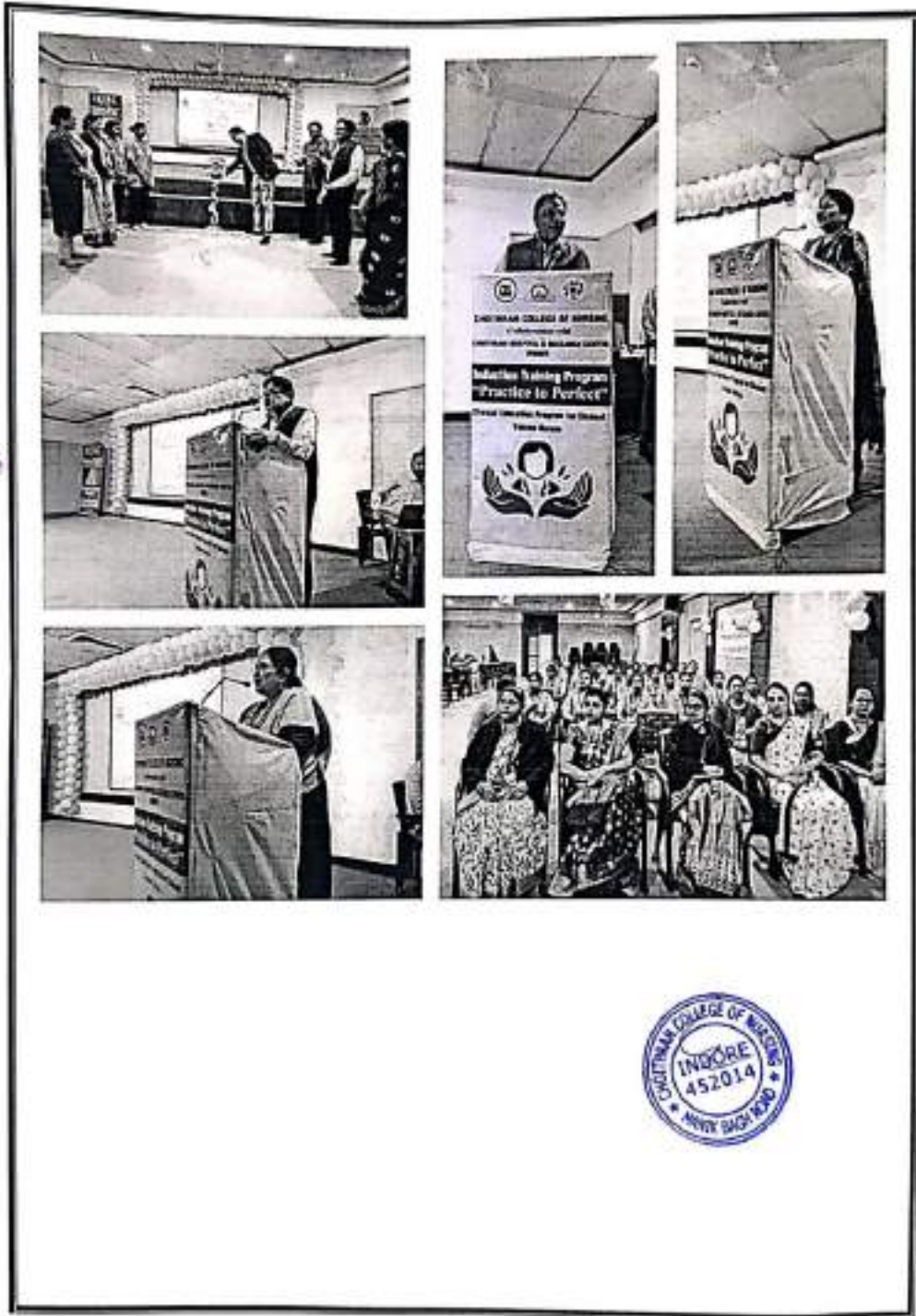
CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



Phone: 0731-2352491 to 99, Ext. No.: 407/578
Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

29/01/2024 - 31/02/2024

CHOITHRAM COLLEGE OF NURSING INDUCTION TRAINING PROGRAM "PRACTICE TO PERFECT" CLINICAL EDUCATION PROGRAM FOR STUDENT TRAINEE NURSES B.Sc NURSING IV YEAR ATTENDANCE LIST

DATE:-

S. No	Name of students	Date/Signature					
		29/01/2024	30/01/24	31/1/24	1/02/24	2/02/24	3/02/24
1	Aagnes Francis	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
2	Aarti khedo	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
3	Aarti kochale	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
4	Aashima Benjamin	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
5	Adheena Therese Geomon	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
6	Ajeena Susan Alex	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
7	Aksha Sunny	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
8	Aleena Soby	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
9	Alma Savio	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
10	Alvi Thomas	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
11	Ancy Mariyam Philip	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
12	Anusha Joseph-Kutty	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
13	Arti Mandloi	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
14	Ayana Maria Geomon	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
15	Bindu Rathore	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
16	Bhawna Nagar	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
17	Dani Mol Sebastian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
18	Dipika Patel	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
19	Eshika David	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
20	Feba P Babu	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
21	Feba Ravi	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
22	Hephziba Elza Biju	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
23	Jisaa Abraham	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
24	Josna Joseph	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
25	Jesslin Varghese	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2362491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

26	Justina Jose	Justina	Justina	Justina	Justina	Justina	Justina
27	Kezia M Reji	Kezia	Kezia	S.L.	S.L.	S.L.	S.L.
28	Kirti Yadav	Kirti	Kirti	Kirti	Kirti	Kirti	Kirti
29	Lini Mary Abraham	Lini	Lini	Lini	Lini	Lini	Lini
30	Mahima Lodhi	Mahima	Mahima	Mahima	Mahima	Mahima	Mahima
31	Mahima Rathore	Mahima	A	A	Mahima	Mahima	Mahima
32	Megha Lawrence	Megha	Megha	Megha	Megha	Megha	Megha
33	Merin Yohannan	Merin	Merin	Merin	Merin	Merin	Merin
34	Minal Katara	Minal	Minal	Minal	Minal	Minal	Minal
35	Niharika Baraskar	Niharika	Niharika	Niharika	Niharika	Niharika	Niharika
36	Nisha Mariyam Thomas	Nisha	Nisha	Nisha	Nisha	Nisha	Nisha
37	Nivya Raj	Nivya	Nivya	Nivya	Nivya	Nivya	Nivya
38	Pallavi Wankhede	Pallavi	Pallavi	Pallavi	Pallavi	Pallavi	Pallavi
39	Pinki Panwar	Pinki	Pinki	Pinki	Pinki	Pinki	Pinki
40	Pooja Patidar	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja
41	Praisy James	Praisy	Praisy	Praisy	Praisy	Praisy	Praisy
42	Preeti Sawner	Preeti	Preeti	Preeti	Preeti	Preeti	Preeti
43	Pritibala Verma	Pritibala	Pritibala	Pritibala	Pritibala	Pritibala	Pritibala
44	Priyanka Bais	Priyanka	Priyanka	Priyanka	Priyanka	Priyanka	Priyanka
45	Priyanka Bariya	Priyanka	Priyanka	Priyanka	Priyanka	Priyanka	Priyanka
46	Rakhi Patle	Rakhi	Rakhi	Rakhi	Rakhi	Rakhi	Rakhi
47	Rano Thakur	Rano	Rano	Rano	Rano	Rano	Rano
48	Reesa Mariam Jacob	Reesa	Reesa	Reesa	Reesa	Reesa	Reesa
49	Reetu Regi	Reetu	Reetu	Reetu	Reetu	Reetu	Reetu
50	Selin Mariamma Thomas	Selin	Selin	Selin	Selin	Selin	Selin
51	Shelfali Narware	Shelfali	Shelfali	Shelfali	Shelfali	Shelfali	Shelfali
52	Sherin Anna Abraham	Sherin	Sherin	Sherin	A	Sherin	Sherin
53	Sherin Shaji	Sherin	Sherin	Sherin	Sherin	Sherin	Sherin
54	Sona Saji	Sona	Sona	Sona	Sona	Sona	Sona
55	Shivani Panwar	Shivani	Shivani	Shivani	Shivani	Shivani	Shivani
56	Subi Merlin Varghese	Subi	Subi	Subi	Subi	Subi	Subi
57	Surbhi Makode	Surbhi	Surbhi	Surbhi	Surbhi	Surbhi	Surbhi
58	Teena Namdev	Teena	Teena	Teena	Teena	Teena	Teena





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

59	Urvarshi Septa	A	A	A	A	A	A
60	Vijetha Nikanith	A	A	A	A	A	A
61	Vini Arther	A	A	A	A	A	A
62	Vishakha Pal	A	A	A	A	A	A
63	Varsha Dixit	A	A	A	A	A	A
64	Akansa Upadhyay	A	A	A	A	A	A

PROF. SHWETA PATTNAIK
CO-ORDINATOR

PROF. ...
...





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

International Students Cell:

The International Students Cell (ISC) in our nursing college aims to create a supportive and inclusive environment for students from diverse cultural backgrounds. We strive to promote cross-cultural understanding, provide resources for academic and personal growth, and foster a sense of belonging among international students.

Objectives:

- Ensuring comprehensive support for international students throughout their academic journey, from enrolment to graduation.
- Fostering friendly relationships between international students and both their peers and faculty members.
- Integrating international students into the various activities and events held within the institution.

Functions:

- Obtain information on annually enrolled international students in B.Sc., and M.Sc. Nursing courses and collaborate with relevant departments.
- Orient newly enrolled international students about the purpose, operations, and role of the cell, and provide contact details for grievance resolution.
- Organize biannual or triannual meetings with student representatives to address their concerns effectively.
- Offer counselling sessions on social issues and conduct special tutorials to aid in the comprehension of the local language.
- Facilitate seamless integration of international students into college activities and premises.
- Handle grievances from international students regarding academics, accommodation, admissions, evaluations, or any other concerns during their tenure.
- Provide international students with information about local customs, language nuances, and civic amenities.
- Install drop boxes across the college campus for students to submit complaints, grievances, or suggestions.
- Furnish international students with contact details of committee members for 24/7 emergency assistance and encourage direct communication with the Member Secretary for grievance resolution.





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2352491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

Inaugural Of International Students Cell

The ISC was inaugurated by Dr. Prof Aradhana Michael, Principal Choithram College of Nursing on 16/10/2023.

The inaugural event was attended by Prof. Shreeja Vijayan, Chairperson of IQAC, Dr. Prof Sheetal Saxena Vice Principal, Prof Shweta Pattnaik Chairperson of the committee. Prof Prachi Awasthi, Secretary, along with other committee members, faculty, and students. Subsequently, the International Students Cell (ISC) convened a meeting with its chairperson and members to outline future activities. It was decided that regular meetings would be held every three months, with additional meetings scheduled as required, including an orientation program for newly enrolled students. Detailed minutes of these meetings will be documented, and any issues arising during students' tenure on campus will be promptly addressed in consultation with the chairperson.

The ISC comprises six members, including one student representative:

S. No	Names	Designation	Post Held	E-mail id
1.	Dr. Aradhana Michael	Principal	Member	Aradhana.michael@choithram.org
2.	Prof. Shreeja Vijayan	IQAC Coordinator	Member	shreeja.Vijayan@choithramnursing.com
3.	Dr. Sheetal Saxena	Vice- Principal	Member	sheetal.saxena@choithramnursing.com
4.	Prof. Shweta Pattnaik	Professor	Chairperson	shweta.pattnaik@choithramnursing.com
5.	Dr. Prachi Awasthi	Professor	Secretary	prachi.awasthi@choithramnursing.com
6.	Ms. Priya Pandit	Asst. Professor	Member@choithramnursing.com
7.	Ms. Ishika David	Student	Student Representative	ishikadavid@gmail.com
8.	Ms. Fami J Prasad	Student	Student Representative	Fami.j.prasad@gmail.com

Activities:





CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



• Phone: 0731-2352491 to 99, • Ext. No.: 407/578
• Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

- Conduct comprehensive orientation sessions to familiarize new international students with campus facilities, academic resources, cultural norms, and support services available to them.
- Organize cultural exchange events where international students can share their traditions, cuisines, and cultural practices with their peers and faculty members. This fosters cross-cultural understanding and promotes a sense of community.
- Offer language support workshops or language exchange programs to help international students improve their proficiency in the local language. This can include conversational practice, language tutoring, and language immersion activities.
- Provide workshops and seminars on academic skills such as time management, study techniques, research methods, and academic writing tailored to the needs of international students.
- Host social events, networking sessions, and outings to help international students connect with each other, build friendships, and expand their social networks both on and off campus.
- Organize health and wellness workshops, yoga classes, meditation sessions, and recreational activities to promote the physical, mental, and emotional well-being of international students.
- Encourage international students to participate in community service projects, volunteer opportunities, and outreach programs to engage with the local community and contribute positively to society.
- Offer workshops on resume writing, interview skills, job search strategies, and career development resources to help international students prepare for their future careers in nursing or related fields.
- Establish peer mentoring programs where senior international students or domestic students can mentor and support new international students, providing guidance, advice, and encouragement as they navigate their academic and personal journeys.
- Implement feedback mechanisms such as suggestion boxes, surveys, or regular meetings with ISC members to gather input from international students and address their concerns or suggestions effectively.

Conclusion:

The International Students Cell serves as a vital resource for fostering a welcoming and inclusive environment where international students can thrive academically, socially, and personally. By promoting cross-cultural exchange, providing support services, and organizing various activities, we strive to enrich the college experience for all students and cultivate global citizens who are equipped to contribute positively to an interconnected world.

