

Minutes of the Meeting

Date: 11/12/2020

Time: 1 PM

Venue: Department of
Psychiatric Nsg.

A Meeting was held Between Mrs. Vaishali Tiwari and Members of Psychosocial Counselling Committee. The Main Purpose of the Meeting was to discuss about :-

1. Follow up issues of students.
2. Need for Tele-Counselling sessions.

The Meeting was started by Mrs. Vaishali Tiwari by explaining the agenda of the meeting.

Mrs. Vaishali discussed about the condition of Ms. X (Name-Confidential), as she was not having Regular follow ups for her treatment due to Pandemic situation; and she requires tele-counseling and psychoeducation sessions.

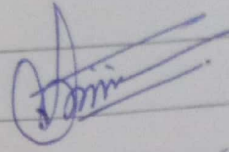
Mrs. Vaishali Tiwari gives responsibility to Mrs. Ramya talking to that student, and asked her for tele-counselling sessions.

If Ms. X agree for receiving tele-counselling then members would plan her sessions accordingly.

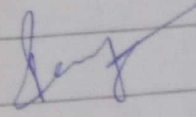
Mrs. Vaishali asked Mrs. Sunimal to Enquire about her current health status. Regarding Eating Pattern, Sleeping Pattern, Behaviour, thought process and Emotional state.

Signature of the Members: →

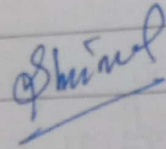
→ Mrs. Vaishali Tiwari



→ Mrs. Ramya Pillai



→ Mrs. Sunimol A. Kumar



Minutes of the Meeting

Date: 18/8/21

Time: 11:30 AM

Venue: Counselling Room

A Meeting was Conducted between Mrs. Vaishali Tiwari and members of Psychosocial Committee.

Discussion was Made on the Following Points →

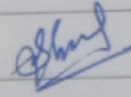
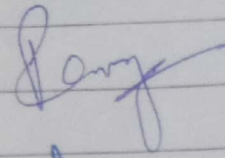
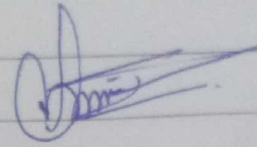
- Issues Resolved in last Meeting. (Review)
- Health Issues of Ms. X

The Meeting was started review of agenda addressed in last Meeting.

- Mrs. Romya reported that, Ms. X had not Resumed any tele-counselling sessions, she did not adhere for the treatment & tele-counselling sessions.
- Mrs. Sunimol Explained her current status;
- Mrs. Vaishali Tiwari reported about her discontinuation of treatment and about her episode of Panic Anxiety Exhibited by the student X during her Pre-university Examination.
- Mrs. Vaishali Discussed about her symptomatology Consultation with Psychiatrist and Counselling given her after Consultation with Psychiatrist.
- Ms. X also Provided with Psychoeducation and suggested to take Rest at home with Medications. This Incident reported to her brother also.
- Ms. X is at home and taking treatment as Prescribed her.

Signature of the Members.

1. Mrs. Vaishali Tiwari
2. Mrs. Ramya Pillai
3. Ms. Sunimol A Kumar



Minutes of the Meeting

Date: 5/10/2021

Time: 3 PM

Venue: Department of
Mental Health Nursing

A Meeting was held between Mrs. Vaishali Tiwari and Rest of members of the Psychosocial Committee.

Agenda of the Meeting :-

- Review of Ms. X health condition.
- Reporting of Ms. B, health Issues.

Discussion Made were:

- Mrs. Vaishali reported about Ms X Follow up Counselling sessions. Ms. X is Doing and Keeping well. Receiving her Regular follow ups with Medications. Academically she also Maintaining well.
- Mrs. Vaishali Explained about the Behaviour and Diagnosis of Ms. B. Parents of Mrs B, came to the College with Ms B. and reported about her illness.
- Parents of Ms. B suggested to Consult with Psychiatrist and give her treatment as prescribed by Dr at home.
- She never Received any Personal counselling sessions so Mrs. Vaishali assigned Mrs. Sunimal A. Kumar to take her tele-follow ups about her condition from the parents and report about the same.

Signature of the Members :

1. Mrs. Vaishali Tiwari
2. Mrs. Rameya Pillai
3. Mrs. Sunimol A. Kuman

